“Within every grey cloud is a sliver of silver waiting to shine through.”

Silver Linings, 2018
Oil on canvas by Ria Rajan
MANAGING COMMITTEE 2018-19 (as on 31.03.2019)

**Harmala Gupta, Honorary Founder - President**
Cancer survivor and pioneer in cancer support services in India; Founder of Cancer Sahyog, first cancer support group in India; Founder President Cancer Care India; Board Member, International Association for Hospice and Palliative Care.

**Ravi Bhoothalingam, Member**
Founder and Chairman of Manas Advisory, a Consultancy practice focusing on Leadership Coaching as well as on business and Cultural Relations with China, Mongolia and Myanmar; Former President of The Oberoi Group of Hotels.

**Mannmohan Malhoutra, Honorary Treasurer**
Ex IAS; Trustee of Indira Gandhi Memorial Trust and Jawaharlal Nehru Memorial Fund.

**Sophie Ahmed, Member**
Philanthropist with a special concern for young cancer patients. Founder of Luba Hamied Children’s Foundation in Mumbai whose Discovery Centre helps children with cancer through art, Origami models and games.

**Radhika Shapoorjee, Honorary Secretary**
Reputation and risk management expert; Former President, Hill + Knowlton Strategies, South Asia; Aspen fellow; Jury member at Cannes Festival of PR and Advertising.

**Vishal Sood, Member**
Software Engineer and MBA from Ahmedabad; Experienced in investment banking, private equity and software development; Presently working as MD SAIF Partners.

**Dr Bhawna Sirohi, Member**
Consultant Medical Oncologist for GI & Breast Cancers; Director, Medical Oncology – Max Institute of Cancer Care; Secretary- EBMT Committee on Nuclear Accidents; President, Oncology Section – Royal Society of Medicine; Honorary Consultant, Queen Mary University London, UK.

**Prerna Tandon, Member**
Currently Senior Vice President at State Street Corporation based in Bangalore; Held Business Leadership roles at Price Waterhouse, USAID, GE Capital, Infosys and ANZ Bank.

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**Sub-Committees**

<table>
<thead>
<tr>
<th>OPERATIONS</th>
<th>INVESTMENT &amp; RESOURCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harmala Gupta</td>
<td>Harmala Gupta</td>
</tr>
<tr>
<td>Mannmohan Malhoutra</td>
<td>Mannmohan Malhoutra</td>
</tr>
<tr>
<td>Radhika Shapoorjee</td>
<td>Ravi Bhoothalingam</td>
</tr>
<tr>
<td>Vishal Sood</td>
<td>Vishal Sood</td>
</tr>
</tbody>
</table>
MESSAGE FROM THE FOUNDER - PRESIDENT

As the year ends, I am happy to report that CanSupport has moved on, both figuratively and literally. We now occupy premises spacious enough to house our administrative office, training centre, helpline, resource mobilisation unit as well as serve as a base for the South Delhi home care teams. Activities like the day care and out-patient clinic also function from here. Being under one roof will undoubtedly improve our efficiency, help us economise and lead to better integration.

Growth in our home care activities this past year continued unabated. After establishing a second home care team in Amritsar, we are now ready to expand to another city in Punjab, Bhatinda. The states of Haryana and UP (Uttar Pradesh), where we currently operate, will also see us set up more home care teams. Our programme in Delhi continues as our community outreach teams link up with more and more people in need of our care.

While our services are free they come at a cost. We could not run them without the backing of generous benefactors. The Tom & Sheila Springer Charity have been supporting us since 2006. As their funding ends, we thank all their trustees, especially Dr. Robin Mulcahy, for championing our cause. We are also grateful to those who partner with us for raising awareness, skill development and training. For 2018-19, Tech Mahindra Foundation and ONGC Ltd. led the field.

A new fundraising initiative, titled Soul Fest, was held last winter. Money was raised from stalls that sold a variety of attractive products and services. We are indebted to the British High Commissioner, Sir Dominic Asquith, and to Lady Asquith, for allowing us the use of their lovely garden. They were gracious enough to inaugurate the event and mingle with the participants. We look forward to a bigger and better Soul Fest next year so that it, along with the Walk for Life, will become a much awaited annual event on the Delhi calendar.

I am always eager to acknowledge the support of all our donors and well wishers as well as of our staff and volunteers and Managing Committee members. Each one serves as a model of selfless service and deserves our thanks. No one fitted this description better than Sunita Kapur, CanSupport’s Honorary Secretary. Her untimely death has left all of us bereft and grieving. I extend my heartfelt condolences on behalf of CanSupport to her courageous family.

Looking ahead, we shall continue to persevere and strive to live up to the expectation that Sunita and thousands like her have from us: that we shall not rest till we have eased the pain and suffering of every last person living with a life limiting illness like cancer.

Harmala Gupta
Founder - President
CanSupport
MESSAGE FROM THE CEO

Our patients’ journeys are our journeys too.....

I have the privilege of working every day with a team of passionate and awesome people, both staff and volunteers, working with patients and their families to make a difference that really matters at a really difficult time. Each day we are warmed and moved by their stories, from dealing with distressing symptoms to helping to make a special moment into a very important memory.

The 250 people involved in the work of CanSupport today believe that palliative care can make each day count irrespective of the depths of suffering and no matter what the outcome. Therefore, every person who comes into contact with us, whatever their background or circumstance, receives care and support that enables them to live well with cancer. In this Annual Report you’ll read about some of the ways we’re responding to the palliative care needs of our communities.

Throughout 2018-19 we were able to reach out to over 30,000 people on different stages of their journey with cancer through our wide range of care programs. In addition to expanding services in the communities of Delhi, National Capital Region and Amritsar, we have seen an 8% increase in referrals across the service as a whole. Our ongoing feedback survey revealed that 93% of our home care beneficiaries consider the service we delivers to be ‘very good’ or ‘outstanding’. We are confident that our reach to those who most need our help is increasing, but we know that there are still many people in our catchment area who could benefit from our services.

One of our strategic priorities is an ongoing commitment to education and research. It is imperative if we want to effect wider improvements in care for those with cancer. Last year alone, over 3000 people attended one of our education or training programs.

It is also our responsibility to increase public awareness of palliative care, dispel myths and empower people around seeking this vital care right from the start. In the last year, we’ve continued to invest in several community initiatives to help us achieve this ambition.

Some of you will have visited the new CanSupport offices in Gulmohar Park. They are located perfectly for the work we undertake and represent a significant uplift in the facilities we have to work in.

I would like to thank our Managing Committee. It is a pleasure working with such a dynamic and engaged group who take their role seriously and steer the organization towards a value-based work culture and a sustainable future.

Our services are provided free of charge and we can only do what we do thanks to the wonderful donations of our supporters, both individuals and institutional partners. We make sure that it is used wisely and always for the good of patients and their loved ones.

As we look forward to the rest of 2019 and the years ahead, we know there will be many more opportunities to bring exceptional palliative care to even more patients in the communities we serve and beyond. We are actively engaged in this work, and know that we cannot do it without your support. I thank you all for partnering with us on this exciting journey and the important part you play in the life of CanSupport.

Dr. Ambika Rajvanshi
## VISION

A caring and supportive society where people with cancer and their families live with dignity, hope and comfort.

## MISSION

To enable people with advanced cancer and their families to make informed choices and decisions and to receive appropriate physical, emotional, social and spiritual support.

## VALUES

The members of CanSupport

- Aim for the highest professional and ethical standards of care,
- Respect and value the knowledge, skills & contributions of all in the organization,
- Respect the rights, choices & confidentiality of patients and their families,
- Maintain transparency in interactions with patients, donors & well wishers, and
- Strive to be responsible stewards of resources.
**WHAT WE DO**

We are a group of palliative care experts committed to enabling a caring and supportive society around cancer management. We help patients, families and society at large to work together to maximize the quality of life with cancer in a meaningful and compassionate manner, whilst fully respecting the dignity of the individual. We follow a patient-centered philosophy, where patient care preferences and goals are central to care provision.

Our history is long and distinguished and now spans 22 years, during which time our contribution to the development of palliative care services can be seen across North India. Our wide-ranging programs are designed to help patients of all ages and cancers throughout their cancer journey; right from the day of diagnosis, across all curative therapies and as a continuum of care adapting to the unique needs in case cancer progresses into its terminal phase. The support extends even after the death of the patient through bereavement and rehabilitative support to the families.

Our highly skilled teams of doctors, nurses and counselors bring our care to the doorstep of patients too sick to travel and make regular visits providing medical, nursing and psychosocial support. We have a license to procure and dispense oral morphine thereby saving those under our care from unnecessary pain. Patients and their families also have access to outpatient clinics, cancer helpline, day care, peer support and counseling services, patient navigation and resource facilitation as well as bereavement and rehabilitative support.

The organization serves as a source of learning for many individuals and organizations focused on improving the quality of life of people with cancer. While some organizations have drawn their inspiration and early ideas for development from CanSupport, others have been trained in its Model of care through capacity building collaborations.

We help to fill a critical gap in services for the care of cancer patients, especially those who are poor or destitute. Our services are aimed at the less privileged and are entirely free of charge.

**STRATEGIC GOALS 2017 – 2022**

<table>
<thead>
<tr>
<th>OPERATIONAL SCALE</th>
<th>SUSTAINABLE FUNDING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maximise the number of patients benefitting from palliative care services.</td>
<td>Ensure that expansion of services is based upon sustainable and secure funding arrangements.</td>
</tr>
<tr>
<td>• Serve 3400 concurrent Home Care patients through 40 Home Care teams across 4 States of Delhi, Haryana, Uttar Pradesh and Punjab.</td>
<td>• Mobilise funds to cover 100% annual expense (from Rs. 660 lakh, in FY 2017-18 increasing to estimated Rs. 1250 lakh, in FY 2021-22).</td>
</tr>
<tr>
<td>• Serve 2400 patients /13000 patient visits through 3 Outpatient Clinics in the National Capital Region.</td>
<td>• Build reserves to maintain at least 110% of the annual budget in any given year (from Rs. 725 lakh end FY 2017-18 to Rs. 1375 lakh end FY 2021-22).</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>INTERNAL EXCELLENCE</th>
<th>BRAND LEADERSHIP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strengthen the framework of internal excellence and quality of care through adoption of technical and managerial best practices.</td>
<td>Build the CanSupport Brand as the largest and most trusted organization for home-based palliative care for people with cancer in India.</td>
</tr>
<tr>
<td>• Safeguard &amp; nurture the CanSupport work culture within teams.</td>
<td></td>
</tr>
</tbody>
</table>

CanSupport Annual Report 2018-19
TOTAL STAFF = 135 (as on 31.03.2019)

<table>
<thead>
<tr>
<th></th>
<th>Full Time</th>
<th>Part Time</th>
<th>Total</th>
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<tbody>
<tr>
<td>Female</td>
<td>98</td>
<td>2</td>
<td>100</td>
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<tr>
<td>Male</td>
<td>33</td>
<td>2</td>
<td>35</td>
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<tr>
<td>Total</td>
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MANAGING COMMITTEE

OPERATIONS SUB-COMMITTEE

INVESTMENT & RESOURCE SUB-COMMITTEE

CHIEF EXECUTIVE OFFICER

PALLIATIVE CARE FIELD SERVICES

SUPPORTIVE CARE SERVICES

TELE-HELPLINE 2 SR. EXECUTIVES 1 EXECUTIVE

THIRD PARTY RESOURCE FACILITATION 3 SOCIAL WORKERS

DAY CARE 5 VOLUNTEER COORDINATORS 30 VOLUNTEERS HOUSEKEEPER

INSTITUTIONS

INDIVIDUALS

MANAGER ASST MANAGER LOGISTICS COORDINATOR

MARKETING EVENTS & COMMUNICATION

RELATIONSHIP MANAGEMENT

CONSULTANT ADMIN & HR

SR EXECUTIVE FIN

EXECUTIVE FIN

EXECUTIVE ADMIN

HOUSEKEEPER 2 DRIVERS

No. of Staff in each unit
The Program

CanSupport Home-based Palliative Care Program is a pioneering model in North India directed at patients suffering from advanced and terminal cancer. It is the largest of its kind in the country and has been replicated in various States. The Model has also earned CanSupport the World Health Organisation Public Champion Award in 2017 among others honors.

The goals of Home Care are extremely concrete: skilled pain and symptom management, supportive nursing care, psychological and spiritual care and a support system to sustain the individual's family as well as bereavement support and counseling. Professional multidisciplinary teams of doctors, nurses and counselors regularly visit patients registered with them in their homes, offering:

- Factual pertinent information about the illness to facilitate informed choices and decisions about their care.
- Medications for pain and symptom management aimed at maximizing comfort and improving quality of life.
- Comprehensive nursing care.
- Guidance and equipment support to achieve control and dignity in activities of daily living.
- Education and hands-on skills for family caregivers in taking care of their loved one effectively at home.
- Psychological, emotional and spiritual support and guidance to patients and families.
- Grief and bereavement support.
- Community mobilization for socio-economic rehabilitation of destitute patients and family members.

The teams are available on the telephone to patients and their families round the clock outside visiting hours.

Highlights FY 2018-19

- To accommodate the growing demand of our Home Care service, two new teams were operationalized, one each in West Delhi and Amritsar Punjab. This brought the total number of Home Care teams to 31.
- A total of 2353 new admissions were enrolled through referrals from our Helpline (56%), hospitals (23%) and word of mouth from past and existing beneficiaries (21%).
- The teams served a total of 4330 patients and their families through 39964 home visits in the year. The number of patients being cared for at any given time at the end of the financial year were 2302.
- About 76% of the total patients belonged to the lower income/destitute group, 20% to the middle income group and 4% to the upper-middle income group.
- The Community Networking Officers continued to reach out to underserved colonies, slum clusters and villages in Delhi-NCR and regularly participated in health awareness camps in these areas, disseminating information about our services.
- The Hospital Networking Officers regularly visited cancer hospitals, pharmacies, diagnostic laboratories and nursing homes in different parts of the district. They organized 4 cancer screening camps in collaboration with the Department of Obs-Gynae at AIIMS and other community based organizations. The networking teams helped navigate 1250 patients across 15 hospitals and mobilized 1122 referrals for the Home Care teams.
- We lost 1706 patients with advanced disease out of which 94% died at home and 6% in hospital.
- Families of 1232 (76%) patients who died received bereavement support and counseling for at least one to six months after the loss. A total of 1770 bereavement visits were made in the year.
• 76 destitute patients/families received rehabilitative support (food ration, sewing machines, hand carts, small enterprises).

• Beneficiary satisfaction with care was recorded at 93% very satisfied to satisfied, 5% neutral and 2% with at least one concern (based on the 30,284 feedback calls made by Quality Assurance executives immediately after home care visits and 495 post bereavement feedback visits). This exercise gives very important feedback to teams on the quality of service given to the beneficiaries.

• Although the home visits were completely free of charge to the beneficiaries, each home visit cost the organization about Rs. 1300.
HOME CARE

TOTAL HOME CARE PATIENTS LOOKED AFTER

<table>
<thead>
<tr>
<th>Year</th>
<th>Total</th>
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<tbody>
<tr>
<td>2008-09</td>
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</tr>
<tr>
<td>2009-10</td>
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</tr>
<tr>
<td>2010-11</td>
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<td></td>
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<tr>
<td>2017-18</td>
<td></td>
</tr>
<tr>
<td>2018-19</td>
<td></td>
</tr>
</tbody>
</table>

NUMBER OF HOME VISITS

CONCURRENT PATIENTS UNDER CARE

<table>
<thead>
<tr>
<th>Year</th>
<th>Total</th>
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<td>2011-12</td>
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<td>2015-16</td>
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<td>2016-17</td>
<td></td>
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<tr>
<td>2017-18</td>
<td></td>
</tr>
<tr>
<td>2018-19</td>
<td></td>
</tr>
</tbody>
</table>

PLACE OF DEATH

<table>
<thead>
<tr>
<th>Location</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home</td>
<td>94%</td>
</tr>
<tr>
<td>Hospital</td>
<td>6%</td>
</tr>
<tr>
<td>Hospice</td>
<td></td>
</tr>
</tbody>
</table>

TOTAL NUMBER OF DEATHS: 1,706
OUTPATIENT CLINICS

The Program

CanSupport Outpatient Clinics (OPC) were established in 2013 to extend palliative and supportive care beyond the ambit of home visits for patients who were mobile or were receiving active curative therapies in hospitals. The two Clinics are located near cancer hospitals and associated dharamshalas in South and East Delhi and operate from Monday to Friday.

The clinics facilitate early intervention of palliative care in the cancer trajectory, enabling improved patient outcomes and continuity of care. Effective management of side effects enables patients to cope with their therapies and remain motivated to complete them. Comprehensive nursing care complemented with psychosocial and spiritual support to patients as well as their caregivers preserves the holistic nature of the care even in an outpatient set up.

Highlights FY 2018-19

OPC East Delhi

- The East Delhi Outpatient Clinic is located in Tahirpur and extends its services to patients visiting Delhi State Cancer Institute and Guru Tegh Bahadur Hospital or staying in Sir Sobha Singh Dharamshala.
- The Clinic enrolled 707 new patients and serviced a total of 6880 patient visits in the year.

OPC South Delhi

- The South Delhi Outpatient Clinic is located in Gulmohar Park and extends its services to patients taking treatment at AIIMS Institute Rotary Cancer Hospital, Safdarjung Hospital and associated dharamshalas.
- The Clinic enrolled 383 new patients and served a total of 1979 patient visits in the year.
OUTPATIENT CLINICS
DAY CARE

For Children (CDC)

The Program

The Day Care Program provides children with cancer a safe and comforting platform that offers opportunities for self-expression under caring resource people. Each Monday, our volunteers bring children and their parents/caregivers from the Institute Rotary Cancer Hospital (IRCH) at AIIMS and Safdarjung Hospital to the Day Care Centre for 3-4 hours. Here, the children participate in a range of creative and educational activities and receive nutritional supplements as well as age-appropriate emotional support.

Their parents/caregivers get time to interact with one another to seek advice or reassurance from our volunteers specially trained to answer their queries. All attendees are provided with nutritious home food.

Highlights FY 2018-19

- The Daily Breakfast Program helped children maintain adequate nutrition to stay healthy, cope with the side effects of treatments and boost immunity.
- A variety of age-appropriate activities helped children to break from the relentless demands of their disease and reassured them that cancer hadn’t changed who they were.
- A team of six youngsters from Ramboll India Private limited visited Day Care. They held an origami session with the children and played Tambola with the parents.
- An outing to watch the movie ‘102 not out’ was organized for the children.
- Screening of ‘Secret Superstar’ for kids and their caregivers was organized at the centre.
- Caregivers were provided family counselling and offered respite options for self-care, re-energizing them in providing care to their children.
- Tapasya, Prateek and Rahul brought Clown Therapy to Day Care. It focused on connecting with individuals and releasing stress.
- Anju and Sanya (mother and daughter duo) organized a crafts session for the kids.
- A Fresh Chapter volunteers planned a group activity joining children and their parents in make a large painting.
- Under the Storydancer Project initiative brought by Zuleikha, the caregivers and kids enjoyed the three R’s of TSP self-care: “re-set, relieve, and refresh.”
For Teenagers and Young Adults (TDC)

The Program

The Thursday Day Care for teenagers is an extension of the Children’s Day Care Program to focus on specific age-appropriate needs of the teenage patients. In addition to providing support for physical and emotional wellbeing that forms the core of our Day Care program, our aim is to help the teenagers grow into confident and self-sustaining young adults. Towards this end, the program offers a diverse set of activities that lay emphasis on healing and relaxation, health and nutrition, education and information and personality and skill development. A wide range of exposure trips help in broadening their perspectives.

Highlights FY 2018-19

- A Corporate exposure trips to Barco Electronic System Pvt Ltd was organized.
- Informative outings to Nehru Planetarium was organized by Optum.
- Cooking and Nutrition workshops was conducted by Aanchal from Tastesutra.
- Music group Mystic Manzil gave a musical performance for the teenagers.
- Dance and Movement workshop was conducted by Giles Chuyen.
- Zuleikha held Dance and Movement Therapy for the teenagers and their Caregivers.
- Group counselling sessions on diverse subjects of personality development, handling insecurity and fear, peer support, etc. were held by Komal.
- Healing and relaxation sessions such as Rene Mey, Access Bar therapy, Tai-Chi, Dream Box Meditation, Yoga, Acupressure, etc were organised by specialists.
- Art and craft, English reading and writing, Educational games - Maths, Geography and General Knowledge sessions were conducted by Volunteers.
- A Fresh Chapter volunteers took the teenagers to Deer Park. The day was filled with interactive games and team building exercises followed by a sumptuous lunch.
- Nand Ahuja celebrated Kapil Sharma’s Wedding with Day Care teenagers. On the occasion a screening of comedy acts from Kapil Sharma Show was screened.
- Mala Vohra Khanna and Arti Punj conducted group counselling session for the teenagers.
- Numerous talks on generic issues such as fears and concerns, health and hygiene, positive attitude, nutrition, etc. were conducted by visiting guests.
For Adults (ADC)

The Program

On Wednesdays and Fridays, the volunteers bring in cancer patients and their care givers who are from out of town and are temporarily residing in nearby Dharamshalas (government dormitories) during the long course of their treatment.

There is an intense feeling of isolation since they are away from home, in an alien city, fighting a disease that brings both fear and daily tribulations. The relaxed and caring atmosphere of the Day Care and healing therapies offered by our volunteers lifts their spirits giving everyone a well earned break from the stress and strain of enduring an illness far away from home. At the end of Day Care a nutritious home cooked meal is also provided to the patients and caregivers.

Highlights FY 2018-19

South Delhi

- Happy pillow making activity was conducted by Anita where patients made ‘pillows’ with a smiley sketch on the pillow.
- Students of Heritage School organized games for the patients and their caregivers.
- Students of Hansraj College had a fun-filled Antakshri and team building games with the patients.
- Rajvinder took a session on financial assistance schemes run by various Government and Private agencies to support cancer patients.
- Members of Lions Club distributed blankets and milk powder to patients at the Day Care.
- A Fresh Chapter Volunteers took the patients to Picnic in Nehru Park. The volunteers had organized games and food for the patients and their care givers.
- A Team from Barco Electronic Systems Pvt Ltd visited the Day Care and played music and sang songs with the patients.
- Savita Luka, Chief Nurse Trainer, took a session on ‘precautions during cancer therapies’.
- A variety of activities such as painting, acupressure therapy, Nada Yoga, etc. were organized by volunteers that helped patients and their caregiver cope with cancer.

East Delhi

- The East Delhi Day Care witnessed a steady increase in number of patients to 115.
- The volunteers helped patients and caregivers channelize their skills to make some merchandise for CanSupport like caps and bags. The resources for the merchandise was donated by CanSupport volunteers. Rehana, who had lost her young son to cancer, was able to sustain herself through this project.
- Devansh, an 18 year old thyroid cancer survivor was helped in getting training in acting and is now doing small roles in plays with good directors and is also helping backstage.
- Mrs. SS Jain continued to arrange lunch for destitute patients visiting the Day Care.
- Anndan by Sh. MH Dalmia through Feeding India for patients visiting the centre four days a week.
# DAY CARE STATISTICS

<table>
<thead>
<tr>
<th>PARTICULARS</th>
<th>CDC</th>
<th>TDC</th>
<th>ADC</th>
<th>TOTAL</th>
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<tbody>
<tr>
<td>Day Care Sessions</td>
<td>50</td>
<td>44</td>
<td>90</td>
<td>184</td>
</tr>
<tr>
<td>Attending Patients</td>
<td>2297</td>
<td>1455</td>
<td>6302</td>
<td>10054</td>
</tr>
<tr>
<td>Attending Caregivers</td>
<td>1898</td>
<td>0</td>
<td>3575</td>
<td>5473</td>
</tr>
<tr>
<td>Patients Receiving Daily Breakfast</td>
<td>2297</td>
<td>1455</td>
<td>6302</td>
<td>10054</td>
</tr>
<tr>
<td>Non-Formal Education Activities</td>
<td>37</td>
<td>7</td>
<td>0</td>
<td>44</td>
</tr>
<tr>
<td>Outdoor Activities</td>
<td>5</td>
<td>8</td>
<td>4</td>
<td>17</td>
</tr>
<tr>
<td>Emotional Healing &amp; Relaxation Therapy Sessions</td>
<td>71</td>
<td>35</td>
<td>80</td>
<td>186</td>
</tr>
<tr>
<td>One-on-one Counseling Sessions</td>
<td>291</td>
<td>84</td>
<td>364</td>
<td>739</td>
</tr>
<tr>
<td>Group Counseling Sessions</td>
<td>35</td>
<td>26</td>
<td>76</td>
<td>137</td>
</tr>
<tr>
<td>Patients/Families Hand-held Outside Day Care</td>
<td>3</td>
<td>7</td>
<td>12</td>
<td>22</td>
</tr>
</tbody>
</table>

## Art & Craft
- Drawing & Coloring
- Craft with Waste Material
- Doll Making
- Wool Craft

## Fun Activities
- Mehndi
- Clay Modeling
- Vegetable Painting
- Quilling

## Games

## Therapies
- Music
- Laughter
- Dance
- Reflexology
- Yoga
- Meditation
- Self-Hypnosis
- Visualization
- Clown
- Acupressure
- Movement

## Counseling
- Befriending
- Group Counseling
- Individual Counseling
- Peer Support
The Program

The Cancer Helpline provides information and emotional support to callers as well as facilitates networking and coordination with care/service providers for callers’ cancer-related needs. This is a confidential service that overcomes the barrier of physical distance and seeks to support the caller both empathetically and practically. The helpline is manned by trained counsellors who are equipped with information related to financial support, blood banks, cancer detection centers, hospitals, nursing bureaus, wigs, medical equipment and prostheses, ambulances, chemist shops, and other modes of assistance that may be useful to cancer patients, caregivers and families.

Our Counselors are available on the Helpline from Monday to Friday (9:30 am to 5:30 pm).

Highlights FY 2018-19

<table>
<thead>
<tr>
<th>PARTICULARS</th>
<th>NUMBERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Calls</td>
<td>6257</td>
</tr>
<tr>
<td>Average Calls per month</td>
<td>522</td>
</tr>
<tr>
<td>Emotional Call</td>
<td>484</td>
</tr>
<tr>
<td>Face-to-face counseling sessions</td>
<td>728</td>
</tr>
<tr>
<td>Referrals to CanSupport services</td>
<td>1336</td>
</tr>
<tr>
<td>Referrals for volunteer enrollment</td>
<td>24</td>
</tr>
</tbody>
</table>

- The Helpline also conducted a workshop for NGOs which operate Helpline in Delhi. The purpose of the workshop was to provide a common forum to discuss, share good practices in order to make the work more effective for patients.
- The Helpline counselors attended 12 training sessions focusing on stress management, quality of life and communication skills, etc.
- Kamlesh Chaudhary, Senior Counselor, presented a poster on “Assessment of information and emotional need of callers using a palliative care helpline” at IAPCON, Kochi in February, 2019.
The Program

The Third Party Resource Facilitation program was started in 2014 to address the much needed support required by cancer patients in form of financial aid for treatment, laboratory investigations and imaging tests as well as other resources and equipment. This Program aims to support and mobilize resources through various National and State Government schemes and networks with other allied organizations.

Highlights FY 2018-19

- Of the 1246 patients who enrolled this year, 1104 were successfully helped, a success rate of 88%.
- Grants amounting to Rs. 310 lakh from Central and State Government Schemes were successfully mobilised for 100 patients with an additional 25 applications still under process at the end of the year.
- Provision of other resources for daily activities of living, including prosthetic bras, wheel chairs, artificial limbs etc. was also mobilized for 1004 patients through various networks, with a total valuation of Rs. 175 lakh.
The Program

At CanSupport, we are committed to running outstanding educational programs in palliative care for doctors, nurses, paramedical staff, medical/nursing students, psychologists, counselors, social workers, etc., to build their competence and confidence in providing palliative care to their patients. These include CME workshops, Foundation Courses and tailor-made Certificate Courses for different audience groups. In the past years, State Governments have invited CanSupport to replicate the model in their healthcare institutions in Patiala, Srinagar, Bikaner and Raipur. CanSupport is one of the National Training Centres for National Fellowship in Palliative Medicine & Nursing, End of life Nursing Education Consortium (ELNEC) and Indo-American Cancer Association Residential Courses.

Highlights FY 2018-19

(a) Capacity Building of Cansupport Palliative Care Staff

CanSupport invests deeply in its people. It not only offers its teams of doctors, nurses and counselors enriching opportunities to hone their clinical skills, add to their current knowledge and build their capacity as world class professionals in this specialized care, but also takes steps to nurture them as compassionate and empathetic human beings who effect holistic healing and bring peace with their therapeutic presence.

a) In-House Capacity Enhancement Sessions

- Intensive capacity building sessions, ranging from 4-10 weeks duration, were conducted for the 25 new program staff appointed in the FY 2018-19.
- A total of 190 capacity enhancement sessions were held by in-house and guest faculty, including 40 sessions for the multidisciplinary teams and 150 for distinct professional groups.

- A continuous audit and research led learning program was in place to ensure high quality of care.
- Fortnightly self-care therapy sessions (meditation, yoga, laugher therapy, art and craft, etc) were held thanks to Mala Barua, Amy Potter, Zuleikha and Delhi Laughter Club.
- Work - culture sessions were held by Harmala Gupta and Radhika Shapoorjee.

b) Special Training Sessions

- Pain Management in Paediatric Cancer: Dr. Veronique Dinand, Dept. of Pediatric Hematology Oncology, Sir Ganga Ram Hospital.
- Psychosocial Issues workshop: Dr. Tushti Bhardwaj, Dept. of Social Work, Dr. Bhim Rao Ambedkar College.
- Communication and Counseling workshop: Prof. Santosh K. Chaturvedi, NIMHANS.
c) External Training Opportunities for Field Staff

- Three-day Fellowship Program in Palliative Medicine and Palliative Care organised by Tata Trusts in October 2018 in Mumbai: Dr. Reena Sharma, Savita Luka and Sindhu Raj.

- 7th National Bioethics Conference organised by Indian Journal of Medical Ethics in December 2018 in Bengaluru: Dr. Francis Dias and Anil Sharma.

- National Fellowship in Palliative Medicine: Dr. Anita Harish attended contact programs at Institute of Palliative Medicine Calicut, Cipla Palliative Care & Training Centre Pune and Karunashraya Hospice Trust Bengaluru.

- End of life Nursing Education Consortium: Ifthekar Bi completed her 2-year training to become a certified ELENEC Trainer.

d) Participation in Forums and Conferences

- Dr. Ambika Rajvanshi was invited by the Pfizer Corporation Hong Kong Limited to attend the 5th Asia Pacific Oncology Stakeholder Forum in Singapore in August 2018.

- Bhanu Seth represented CanSupport at PHOSSCON 2018 in Bengaluru from 30 November to 1 December, 2018. The annual conference is organized with the objective to build parent, survivor and social support organizations for childhood cancer to encourage and share best practices.

- Pukhraj Singh, Coordinator of Teen and Young Adults Day Care, represented CanSupport at the 16th All India Conference of Cancer Care India from 7 to 9 December 2018 at Bengaluru and presented a session on “Running a Daycare for adult cancer patients and their caregivers”.

- A team of 9 members from CanSupport participated in the 26th International Conference of Indian Association of Palliative Care (IAPCON), Kochi held from 8 to 10 February 2019.

(B) Training & Education for other Healthcare Professionals

CanSupport equips practicing healthcare professionals as well as medical and nursing students with requisite knowledge, skills, and attitudes in palliative care that can be tailored to their unique practice settings. The following training courses were held in the year:

a) Cansupport Certificate Courses:

- Certificate Course in Palliative Medicine :
  - 4 week course from June 11 to July 11, 2018: 3 doctors trained.

- Certificate Course in Palliative Nursing :
  - 4 week course from June 18 to July 18, 2018: 3 nurses trained.

- Certificate Course in Counseling in Palliative & End-of-Life Care:
  - September 4 to October 31, 2018: 5 counselors trained.
  - January 14 to 11 March, 2019: 3 Counselors trained.

b) 18th Annual Foundation Course in Palliative Care

The Annual Foundation Course in Palliative Care was held in collaboration with Dr B.R.A. Institute Rotary Cancer Hospital, AIIMS on November 20 and 21, 2018 at AIIMS. Sh. A.K. Kaushal, Drugs Controller of Delhi Govt and Lee Po Wah - CEO of Lien Foundation Singapore were the Chief Guests for the inaugural function and Guests of Honour were Prof. Santosh Mehta, (Dean, College of Nursing, SGT University); Navin Simon, (Director of Admissions, NOIDA International University); and Prof. Pauline Sharmila (Principal, College of Nursing, Sharda University). The Course was attended by 275 participants from Private and Government Hospitals and 25 Nursing Colleges.
c) Training Partner For National – International Courses In Palliative Care

Indo American Cancer Association Residential Course in Palliative Care

CanSupport, in partnership with the Indo American Cancer Association, organized its 4th & 5th Residential Training in Palliative Care. A total of six doctors and five nurses from across India were selected to undertake the 6-week course which ran from March 19 to April 27, 2018 and September 4 to October 12, 2018.

End of Life Nurses Education Consortium

CanSupport is one of the first five ‘End of Life Nurses Education Consortium’ (ELNEC) specialty training centers in the country. It promotes palliative care nursing education and developing nurse training centers in India.

National Fellowship in Palliative Medicine

National Fellowship in Palliative Medicine is a one year distance learning program in Palliative Medicine conducted by IPM Kozhikode, Calicut in association with Christian Medical Association of India (CMAI). Both doctors (MBBS) and dentists (BDS) are eligible for this course.

d) Multidisciplinary Workshops on Palliative Care

In order to promote a learning experience in palliative care and counselling, CanSupport organized multiple Two-day Introductory Workshops in college and institutions of Delhi/NCR and Amritsar. Nearly 3000 + people including practicing healthcare professionals and students from nursing and psychology disciplines participated in the workshops. The participating Institutions were:

Delhi/NCR
  - Dr Ram Manohar Lohia Hospital
  - Amogha College of Nursing, Ghaziabad
  - Zakir Hussain College
  - Ramanujan College
  - Dr. B.R. Ambedkar College
  - Ambedkar University, Delhi

Amritsar
  - Chief Khalsa Diwan College of Nursing
  - Amritsar College of Nursing
  - Royal Institute of Nursing
  - SGRD College of Nursing
  - Govt. College of Nursing
  - Khalsa College of Nursing
  - Anand College of Nursing

e) Visiting Trainees/Visitors at CanSupport

- 28 Nursing students along with their faculty from CMC, Bengaluru visited our home care and outpatient clinics for an orientation visit.
- 31 Doctors and 8 Nurse visited us from AIIMS to get Practical Training under the initiative “3rd Palliative Care Training Program for Cancer Treatment Centers in India”.

CanSupport Annual Report 2018-19
{C} Internship
CanSupport welcomed four International interns in FY 2018-19: Winnie, from San Francisco; Dr. Sarah Hallaway, from California; Young Joo Choi and Joonho Jo from Princeton University.

Young Joo Choi
“During the past eight weeks, I have had the privilege and honor of meeting patients through my work for CanSupport. It has taught me the importance of a patient’s mental wellbeing for their physical treatments. CanSupport has taught me what difference a smile and high-five can make for a child who is suffering from cancer. Despite the language barrier, I have made friends in Day Care sessions from all age groups. CanSupport has also taught me my duty to share happiness with others.”

Joonho Jo
“My internship at CanSupport has been nothing but memorable. For the past two months, I have had the opportunity to explore all of the different aspects of care that CanSupport offers. Through these experiences, I have rediscovered the humanistic facet of medicine that I hope to integrate into my future career. As an aspiring physician, I could only hope to strive to build the deep parent connections that have been forged as well as provide the same amount of emotional and physical care. Thank you to CanSupport for the unforgeable experiences that will be a part of me.”

{D} Research
CanSupport Staff presented six research studies at IAPCON Kochi.

- Dr. Reena Sharma, Head of Palliative Care Field Services, gave her presentations on “Voices from Delhi Slums” and “Prevalence of pain due to non-adherence to oral morphine and reasons for the same in adult patients with advanced cancer”.
- Savita Luka, Chief Nurse Trainer, spoke on “Nursing issues and challenges in Dementia patients” in a case based discussion.
- Sindhu Raj, Senior Nurse, presented her research on “Impact of palliative home care on quality of life of head and neck cancer patients”.
- Dr. Ravinder Mohan, Head of Training and Education did a poster presentation on “Symptoms burden in cancer patients during last week of life in home based care”. He also did a presentation on “American Society of Clinical Oncology (ASCO) Guidelines for palliative care in resource restricted settings”.
- Pallika Chaudhary, Senior Counselor, presented a poster on “Conjugal intimacy and role of palliative care counselling”.
- Bina Akhtar, Chief Counselor Trainer, presented a poster on “Stress in informal women caregivers of cancer patients under home based supportive care”.
- Kamlesh Chaudhary, Senior Executive - Helpline, presented a poster on “Assessment of information and emotional need of callers using a palliative care helpline”. 
CANCER AND PALLIATIVE CARE AWARENESS SESSIONS

- Ambience School
- Amogha College of Nursing
- Baba Ramdev Govt School
- Badarpur NGO school
- Batla House Public Library
- Binary Semantics LLP
- Customs & Excise Office
- D.I.E.T Daryaganj
- Diageo
- Diksha Ladies Club
- Dr. Bhim Rao Ambedkar College
- Google Office, Gurgaon
- Govt. Girls School Srinivasapuri
- HDFC Bank- Green Park
- HDFC Bank- Vikas Puri
- HDFC Sales- Vasant Vihar
- Hope NGO school
- Infogix International Pvt. Ltd.
- Jamia Nagar Institute
- Jove Foundation
- Kendriya Vidyalaya Gol Market
- Ministry of Finance
- Omax Auto
- Oriental Insurance Corporation Ltd.
- Parineeta Ladies Club
- PNBHFL -Green Park
- PNBHFL - Noida
- PNBHFL -CP
- Rajkiya Prathibha Govt. School
- Rajkiya Sarvodaya Kanya Vidyalaya
- Ram Manohar Lohia College of Nursing
- Ramanujan College
- Tech Mahindra
- V-Mart
- Zakir Hussain College

No. of organization reached : 55+
No. of people made aware : 5000+
The Storydancer Project by Zuleikha
This year Zuleikha brought the work of The Storydancer Project (TSP) into many programs of CanSupport. The simple and effective self-care exercises elicited feelings of enthusiasm and joy, giving moments of uplifting relief to patients in difficult life situations. Zuleikha helped patients to relax and take time to remember the gratitude of life. Through the partnership of CanSupport and TSP, Zuleikha led these movements in big outpatient groups in the Out Patient Clinic in Dilshad Garden area, as well as for children and adult Daycare programs in the main office. The ongoing trainings for counselors in the Home Care Teams are bringing TSP’s relaxation and social-emotional support into the homes of hundreds of palliative cancer patients year round. Both administrative staff and home care team sessions enjoyed the three R’s of TSP self-care: “re-set, relieve, and refresh.”

A Fresh Chapter India Odyssey
CanSupport hosted a two-week India Odyssey program in Delhi for 10 volunteers from A Fresh Chapter from 25 February to 8 March 2019. As NGO partners, we helped AFC volunteers to connect with cancer patients and cancer survivors in Delhi through our various programs.

The AFC Volunteers had the opportunity to spend time and exchange their stories with children, teenagers and adult cancer patients. Their visit with home care teams left great impact with volunteers as they saw CanSupport work, especially learning how Home Care teams are helping cancer patients who are deprived of having basic amenities. The volunteers organized a picnic for Day Care children and teenagers at Lodhi Gardens.

CanSupport Palliative Care and Training Centre at Gulmohar Park
In January 2019, CanSupport programs from various sites were brought together at a common premises in Gulmohar Park. The CanSupport Palliative Care and Training Centre now houses our administrative office, training centre, helpline and resource mobilisation unit as well as serve as a base for the South Zone home care teams. Activities like the day care and out-patient clinic also function from here.
EVENTS

WORLD HOSPICE & PALLIATIVE CARE DAY

The World Hospice & Palliative Care Day was celebrated on 26 October, 2018 at the Bahá’í House of Worship Information Centre Auditorium to commemorate World Hospice and Palliative Care Day.

The evening started with the release of a Souvenir by Harmala Gupta along with cancer patients followed by the screening of a song - ‘Because You Matter’ composed and sung by the students of DPS International, Saket, as a tribute to mark the occasion.

The main event was a soulful performance by Coke Studio fame Sufi Singer Dhruv Sangari and his ensemble. His rendition enthused the audience, which included cancer patients accompanied by their families, donors, CanSupport staff and volunteers.

We are grateful to Sophie Ahmed for supporting the event with the necessary funds for its organisation and Bahá’í House of Worship for giving us the venue free of charge.

REMEMBRANCE DAY

The Annual Remembrance Day was observed on 24 November, 2018 at the Bahá’í House, Parliament Street. Over 400 family members gathered during this memorial service honoring the memory of their loved ones lost to cancer. Harmala Gupta welcomed the families and thanked them for trusting the home care teams with the care of their dear ones.

While the home care teams shared stories of extraordinary courage showed by patients and families alike in the face of illness, the caregivers reminisced about caring moments and took the teams back to the time when they worked together to make the challenging time for their loved ones more manageable and meaningful.

Remembrance Day offers an opportunity for closure to the family members of the patients being cared for by CanSupport Home Care teams. The evening concluded with family members and caregivers lighting diyas in the memory of their loved ones. They also wrote messages on the Tribute Tree and released balloons carrying message cards to the sky.
SOULFEST

Soul Fest was launched as a new event in the year and was held at the picturesque British High Commissioner’s residence lawns in New Delhi on 1 December, 2018. Sir Dominic and Lady Asquith inaugurated the event with the auspicious lighting the lamp. This was followed by a stunning performance by India’s first Symphony Orchestra ‘AIMR’. The harmony between their woodwind and brass instruments enraptured the audience and the band received a thunderous applause after their performance.

The event had four zones, each dedicated to four most prominent cancer awareness programmes depicted by the colours for breast cancer (pink), ovarian cancers (teal), prostate cancer (light blue) and pancreatic cancer (purple). Soul Food had different mouth-watering cuisines and dishes from famous gourmet chefs while Soul Therapy comprised of aura readers, tarot card readers, Reiki healers, etc. Soul Style had stalls of trendy apparels and accessories while Soul Craft exhibited different handicrafts and artworks from professional artists. There was an ‘Ask the Expert’ stall as well where oncologists offered their assistance and guided the visitors on different aspects of cancer.

The ‘Clownselors’ spread happiness through fun activities and mimicry acts. The event was a hit among the young ones indeed as they seemed to be having a time of their lives at the bouncy and mini golf area in the kids section. Soul Fest was finally concluded by Djembe Drummers’ magical performance and everyone swayed and immersed themselves in the melody of their spellbinding music.

We acknowledge our supporters and partners who helped us in our endeavor and encouraged us to make this event a regular feature in coming years.

CANSUPPORT PARTICIPATION IN OTHER EVENTS

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambience School Gurgaon</td>
<td></td>
</tr>
<tr>
<td>American Welcome Association Mela</td>
<td></td>
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<tr>
<td>Blind School Diwali Mela</td>
<td></td>
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<tr>
<td>Bliss Foundation</td>
<td></td>
</tr>
<tr>
<td>CanSupport Day Care Diwali Mela at Vasant Kunj</td>
<td></td>
</tr>
<tr>
<td>Dastkar Nature Bazar Mela</td>
<td></td>
</tr>
<tr>
<td>Delhi University Women’s Association Diwali Mela</td>
<td></td>
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<tr>
<td>Deshbandu College Diwali Mela</td>
<td></td>
</tr>
<tr>
<td>Delhi Commonwealth Women’s Association Mela</td>
<td></td>
</tr>
<tr>
<td>Dwarka Half Marathon</td>
<td></td>
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<tr>
<td>Festival of Light at Dastkar</td>
<td></td>
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<tr>
<td>Food Festival Heritage School</td>
<td></td>
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<tr>
<td>Food Stall Veer Ji Tha Dhaba</td>
<td></td>
</tr>
<tr>
<td>PSRI Walkathon</td>
<td></td>
</tr>
<tr>
<td>Rang Rekhta</td>
<td></td>
</tr>
<tr>
<td>School of Inspired Leadership, Diwali Mela</td>
<td></td>
</tr>
<tr>
<td>Super Sikh Run</td>
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<tr>
<td>T10 Corpo Jumble</td>
<td></td>
</tr>
<tr>
<td>Tamana Winter Carnival</td>
<td></td>
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<tr>
<td>The Annual Garden Sale by Shades of India</td>
<td></td>
</tr>
<tr>
<td>Vasundara Enclave Diwali Mela</td>
<td></td>
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<tr>
<td>Wellness Expo</td>
<td></td>
</tr>
</tbody>
</table>
CanSupport organized its 12th annual walkathon, Walk for Life: Stride against Cancer, on 3 February 2019, supported by Associate Partner ONGC Limited, CORE Diagnostics, Boeing International Corporation India Private Limited and Max India Foundation.

The Walk started with a Zumba session by Fantezy Private Limited followed by an awareness talk by Dr. Bhawna Sirohi, Director, Medical Oncology, Max Hospitals and Member of CanSupport Managing Committee. This year we had a special dance performance by young patients who attend our Day Care. The inaugural ceremony began with Harmala Gupt giving a welcome address followed by a speech by the Guest of Honor Jeannie Mulford wife of Ex. US Ambassador to India, David Mulford. Our Guest of Honour, Smt. Gursharan Kaur, Wife of Ex-Prime Minister Dr. Manmohan Singh, flagged off the Walk.

Other dignitaries who came to extend their support at the walk were: Dr. A.P Maheshwari, DG Bureau of Police Research & Development; Marykay L. Carlson, Deputy Chief Of Mission, US Embassy; Shashi Prasad, DGM-HR, Incharge CSR, ONGC Limited; Mohini Daljeet Singh, CEO, Max India Foundation and Praveena Yagambhatt, Leader for Boeing Global Engagement India.

This year, the walk saw youth actively taking the lead with around 8000 participants including individuals from more than 29 Corporates and students from around 47 Schools & Colleges. Iron Men-Harley Davidson Bikers Group also rode along with the participants. The BSF Band and Djembe Circle drummers also added to the spirit of celebration giving out the message that there is life after cancer.
Trophies were given in the following categories:

- Largest Participating Group (Corporate): **Optum Global Solution Private Limited**
- Largest Participating Group (Education): **New Era Public School, Mayapuri**
- Highest Pledge Raising Institute: **Pathways School, Noida**
- Biggest Volunteer Group: **Rotaract**
- Highest Pledge Raising Individual (Adult): **Juhi Kilachand**
- Highest Sunny Pledge raiser (Student): **Manha Abrar, DPS International, Saket**

We would like to acknowledge all our supporters and partners who helped us in organizing this walk and making it a success.

- Associate Partner: **ONGC Limited**
- Supporters: **CORE Diagnostics, OXXY Healthcare, Border Security Force**
- Long Standing Supporters: **Boeing International Corporation India Private Limited; Max India Foundation**
- Media Partner: **Reader's Digest**
- Snack Partner: **Unibic**
- Entertainment Partner: **Djembe Circle**
- Beverage Partner: **Moksha & Nava Food**
- Hydration Partner: **Shanti Hospitality Management Services & Coca Cola**
- Gift Partner: **Jaypore**
- Ambulance Partners: **Tech Mahindra Foundation & Max Healthcare**
- Promotion Partner: **Select Citywalk**
- Logistics Partner: **Interem Relocations**
- Manpower Partner: **Physical Education Foundation of India (PEFI)**
- Fitness Partner: **Fantezy Private Limited**

We thank our committed team of volunteers who steadily supported the CanSupport Staff at all our events during FY 2018-19.
Main Accounting Policies & Notes on Accounts

Basis of Accounting
The financial statements are prepared in accordance with the historical cost basis. Income and Expenses are accounted on accrual basis following generally accepted accounting principles and practices as well as accounting standards issued by the Institute of Chartered Accountants of India.

Fixed Assets
Fixed assets are stated at cost charge. All fixed assets are taken on the stock register. Annual stock verifications are carried out. Valuation of assets received in kind is done as a nominal value.

Depreciation
Depreciation on fixed assets is charged on written down value method at rates specified under the Income Tax Act, 1961.

Investments
Long term investments include fixed deposits of Public & Private Sector Banks. These are made after ascertaining the rate of interest offered by various banks and the period of investment. Investment decisions are taken by an Investment Committee, a sub-committee of the Managing Committee. Monthly review of Income-Expenditure is carried out. Any surplus in the savings bank account is invested in the Liquid-Deposit Account with the bank in order to earn maximum interest.

Employee Provident Fund & Employees’ State Insurance
Employee Provident Fund contributions are made as per EPF rules. Annual statement of the EPF is handed over to each employee at the end of the Financial Year. There were a total of 105 employees covered under EPF as on 31.03.2019. Employees’ State Insurance contributions are made as per the ESI rules. There was a total of 59 employees covered under ESI as on 31.03.2019.

Taxes on Income
Current tax is determined in accordance with applicable Income Tax laws of India. Tax is deducted at source from salaried and other vendor bills as per the Income Tax rules. Form 16 is issued to employees & Form 16A to vendors annually.

Transparency Disclosures & Legal Compliances
- No remuneration, sitting fee, or any other form of compensation was paid to any member on the Managing Committee.
- No National or International Travel costs incurred by any CanSupport member were borne by CanSupport.
- All donor requirements were duly complied with.
- CanSupport followed a rigorous bi-annual audit process. The Statutory Auditor with a fixed remuneration was appointed at the Annual General Body Meeting.
- Auditor’s Report and Financial Statements were shared at the Annual General Body Meeting.

FCRA Compliances
Statutory provisions of Foreign Contribution (Regulation) Act, 2010 are duly complied with. Annual Return in form FC-4 is filed in accordance with FCRA rules. Foreign donations received are updated on MHA and CanSupport website every quarter.
## Income and Expenditure

### Income (in lakh INR) FY 2018-19

<table>
<thead>
<tr>
<th>Income Type</th>
<th>Amount (lakh INR)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Grants</td>
<td>542.48</td>
</tr>
<tr>
<td>Program Donations</td>
<td>26.48</td>
</tr>
<tr>
<td>General Donations</td>
<td>112.17</td>
</tr>
<tr>
<td>Corpus Fund Donations</td>
<td>16.40</td>
</tr>
<tr>
<td>Fund Raising Events</td>
<td>56.76</td>
</tr>
<tr>
<td>Other Income</td>
<td>4.56</td>
</tr>
<tr>
<td>Interest Income</td>
<td>77.89</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>836.74</strong></td>
</tr>
</tbody>
</table>

### Expenditure (in lakh INR) FY 2018-19

<table>
<thead>
<tr>
<th>Expenditure Type</th>
<th>Amount (lakh INR)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Care Programs</td>
<td>576.07</td>
</tr>
<tr>
<td>Training, Education and Research</td>
<td>23.14</td>
</tr>
<tr>
<td>Awareness Programs</td>
<td>16.23</td>
</tr>
<tr>
<td>Fundraising &amp; Communication</td>
<td>50.24</td>
</tr>
<tr>
<td>Administration</td>
<td>72.10</td>
</tr>
<tr>
<td>Depreciation</td>
<td>1.34</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>739.12</strong></td>
</tr>
</tbody>
</table>

### Surplus/(Deficit) (in lakh INR)

- **Surplus** includes:
  - Rs. 16.40 lakh received as income in Corpus Fund. This is not available for use as it is mandatory to invest it to generate regular income for Corpus Fund.
  - Rs. 77.89 lakh received as interest on invested corpus and other reserves. CanSupport ensures that expansion of its services is based upon sustainable and secure funding arrangements and one of the strategies is to build its reserves to about 110% of its annual budget in the running financial year.
Staff Salary Distribution as on 31.03.2019

<table>
<thead>
<tr>
<th>Slab of monthly gross salary including benefits (INR)</th>
<th>Female Staff</th>
<th>Male Staff</th>
<th>Total Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;=5000</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>5,001 – 10,000</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>10,001 – 25,000</td>
<td>71</td>
<td>20</td>
<td>91</td>
</tr>
<tr>
<td>25,001 – 50,000</td>
<td>17</td>
<td>7</td>
<td>24</td>
</tr>
<tr>
<td>&gt;50,000</td>
<td>11</td>
<td>8</td>
<td>19</td>
</tr>
</tbody>
</table>

Staff National & International Travel by Air

International Travel by Air : Dr. Ambika Rajvanshi visited Singapore to attend 5th Asia Pacific Oncology Stakeholder Forum. All expenses supported by Pfizer Corporation, Hong Kong.

National Travel by Air (Economy) : All for training purposes

<table>
<thead>
<tr>
<th>Name</th>
<th>Name of Training</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Francis Dias</td>
<td>7th National Bioethics Conference organised by Indian Journal of Medical Ethics</td>
</tr>
<tr>
<td>Anil Sharma</td>
<td></td>
</tr>
<tr>
<td>Dr. Reena Sharma</td>
<td>Fellowship Program in Palliative Medicine and Palliative Care organised by Tata Trusts</td>
</tr>
<tr>
<td>Sindhu Raj</td>
<td></td>
</tr>
<tr>
<td>Savita Luka Masih</td>
<td></td>
</tr>
<tr>
<td>Dr. Ambika Rajvanshi</td>
<td>IAPCON KOCHI, 2019</td>
</tr>
<tr>
<td>Dr. Ravinder Mohan</td>
<td></td>
</tr>
<tr>
<td>Dr. Reena Sharma</td>
<td></td>
</tr>
<tr>
<td>Sindhu Raj</td>
<td></td>
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<td>Savita Luka Masih</td>
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<td>Bina Aktar</td>
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<tr>
<td>Pallika Chaudhary</td>
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<tr>
<td>Kamlesh Chaudhary</td>
<td></td>
</tr>
<tr>
<td>Dr. Anita Harish</td>
<td>National Fellowship in Palliative Medicine</td>
</tr>
</tbody>
</table>
WE THANK OUR VOLUNTEERS FY 2018 - 19

- Abha Sanghi
- Achala Kaul
- Aditi Jain
- Amardeep Bardhan
- Amy Potter
- Anchal Bhalia
- Anjali Gulati
- Anjali Singh
- Anjana Bakht
- Anju Abbot
- Anmol Chawla
- Anuradha Mittal
- Arti Punj
- Asha Gupta
- Ashna Kochhar
- Bhagayashree
- Bhanu Seth
- Bineeta Malhotra
- Chitra Mehta
- Deepesh Jain
- Devi Ahluwalia
- Doll Singh
- Dolly Randhawa
- Dr. Deepita Dalal
- Dr. Nidhi Agarwal
- Dr. Anita Marwaha
- Dr. Choudhary
- Dr. Dalji Kaur Uppal
- Dr. Gurpreet Kaur
- Dr. Veena Nigam
- Era Singh
- Gargi Nanda
- Gaurav Bhatia
- Gita Agarwal
- Gp. Capt. P. Bhatia
- Gunwanti Gandi
- Harmala Kaur Gupta
- J.S. Negi
- Jaspal Kaur
- Jyoti Nariman
- K. Yoga Poojitha
- Kamal Mohan
- Kanchan Punetha
- Kaveri Ganguly
- Komal Mathur
- Komal Negi
- Mani Datta
- Manju Rajpal
- Meena Rastogi
- Meenu Budhiraja
- Meera Bakhru
- Mona Bhatia
- Nadira Chaturvedi
- Navaz Z. Aria
- Neelam Bhagat
- Nilima Chawla
- Nimishya Joon
- Parul Subramanian
- Prabhav Rajvanshi
- Pragati Kapoor
- Pragyan Patnaik
- Puja Gupta
- Pukhraj Singh
- Punam Narendra Singh
- Purnima Aggarwal
- Radhika Choudhary
- Rajni Bhagat Arora
- Rashmi Sobti
- Renu Mital
- Rohini Khullar
- Sagarika Das
- Seema Chugh
- Seema Narang
- Shirin Jain
- Shivranjini Wahal
- Shubha Khanna
- Shweta Bhatia
- Shweta Moolchandani
- Shweta Sharma
- Sidharth Ghosh
- Simran Preet
- Sindhu K. George
- Smriti Vohra
- Sonia Chugh
- Swati Anand
- Swati Gupta
- Taranjit Sabharwal
- Tina Rajan
- Usha Aggarwal
- Usha Kala
- Vinita Idnani
- Virender Walia
- Yashika Gupta
- Yogita Chib

We profusely thank Nadira Chaturvedi and Anjali Singh, who led the Day Care activity from the front for so many years, substantially expanding and strengthening its work before passing on the baton to the new Coordinators, Bhanu Seth and Bineeta Malhotra.
## STAFF as on 31-03-2019

### HEAD OFFICE

<table>
<thead>
<tr>
<th>CHIEF EXECUTIVE OFFICER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Ambika Rajvanshi</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>RESOURCE MOBILIZATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suchi Kapoor</td>
</tr>
<tr>
<td>Chief Marketing Officer</td>
</tr>
<tr>
<td>Navdha Sharma</td>
</tr>
<tr>
<td>Manager – Individual Donor Relationships</td>
</tr>
<tr>
<td>Savita Arora</td>
</tr>
<tr>
<td>Assistant Manager – Individual Donor Relationships</td>
</tr>
<tr>
<td>Rajni Bhatia</td>
</tr>
<tr>
<td>Executive – Individual Donor Relationships</td>
</tr>
<tr>
<td>Ramanpreet</td>
</tr>
<tr>
<td>Assistant Manager - Corporate Marketing</td>
</tr>
<tr>
<td>Chandamita Das</td>
</tr>
<tr>
<td>Manager - Events</td>
</tr>
<tr>
<td>Paul Daniel Lakra</td>
</tr>
<tr>
<td>Assistant manager - Digital Marketing &amp; Communication</td>
</tr>
<tr>
<td>Ravi</td>
</tr>
<tr>
<td>Logistics Coordinator - Events</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ADMINISTRATION, HR AND FINANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Renu Verma</td>
</tr>
<tr>
<td>Manager</td>
</tr>
<tr>
<td>Sushree Acharya</td>
</tr>
<tr>
<td>Consultant - Administration &amp; HR</td>
</tr>
<tr>
<td>Gaurav Singh Negi</td>
</tr>
<tr>
<td>Sr. Executive - Accounts</td>
</tr>
<tr>
<td>Amit Sharma</td>
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<tr>
<td>Executive - Accounts</td>
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<tr>
<td>Sagir Khan</td>
</tr>
<tr>
<td>Executive – Administration</td>
</tr>
<tr>
<td>Ramji Lal</td>
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<tr>
<td>Driver</td>
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<tr>
<td>Rajbir Singh</td>
</tr>
<tr>
<td>Driver</td>
</tr>
<tr>
<td>Laxmi</td>
</tr>
<tr>
<td>Housekeeper</td>
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</tbody>
</table>

### PALLIATIVE CARE AND TRAINING CENTRE

<table>
<thead>
<tr>
<th>KNOWLEDGE, TRAINING, EDUCATION AND RESEARCH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Ravinder Mohan</td>
</tr>
<tr>
<td>Head</td>
</tr>
<tr>
<td>Savita Luka Masih</td>
</tr>
<tr>
<td>Chief Nurse Trainer</td>
</tr>
<tr>
<td>Bina Akhtar</td>
</tr>
<tr>
<td>Chief Counselor Trainer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PALLIATIVE CARE FIELD SERVICES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Reena Sharma</td>
</tr>
<tr>
<td>Head</td>
</tr>
<tr>
<td>Dr Francis Dias</td>
</tr>
<tr>
<td>Senior Doctor – Field Support Team</td>
</tr>
<tr>
<td>Rugmini P</td>
</tr>
<tr>
<td>Senior Nurse – Field Support Team</td>
</tr>
<tr>
<td>Sindhu Raj</td>
</tr>
<tr>
<td>Senior Nurse – Field Support Team</td>
</tr>
<tr>
<td>Pallika Chaudhary</td>
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<tr>
<td>Senior Counselor – Field Support Team</td>
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<tr>
<td>Narender Gautam</td>
</tr>
<tr>
<td>Senior Counselor – Field Support Team</td>
</tr>
<tr>
<td>Kiran Gera</td>
</tr>
<tr>
<td>Project Manager</td>
</tr>
<tr>
<td>Birbal Mahato</td>
</tr>
<tr>
<td>Assistant Program Manager</td>
</tr>
<tr>
<td>Vijay Pawar</td>
</tr>
<tr>
<td>Pharmacist</td>
</tr>
<tr>
<td>Poonam</td>
</tr>
<tr>
<td>Quality Assurance Executive</td>
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<tr>
<td>Navita Singh</td>
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<tr>
<td>Punit</td>
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<tr>
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<tr>
<td>Sandeep</td>
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<tr>
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<tr>
<td>Mahesh Kumar</td>
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<tr>
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<tr>
<td>Bhim Kr. Manjhi</td>
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<tr>
<td>Community Networking Officer</td>
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<tr>
<td>Rohit</td>
</tr>
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<table>
<thead>
<tr>
<th>SUPPORTIVE CARE SERVICES</th>
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<tbody>
<tr>
<td>Ratna Jajoria</td>
</tr>
<tr>
<td>Senior Executive–Telephone Helpline</td>
</tr>
<tr>
<td>Kamlesh Choudhary</td>
</tr>
<tr>
<td>Senior Executive–Telephone Helpline</td>
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<tr>
<td>Divya Sharma</td>
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<tr>
<td>Executive – Telephone Helpline:</td>
</tr>
<tr>
<td>Rajvinder</td>
</tr>
<tr>
<td>Coordinator – Third Party Resource Facilitation</td>
</tr>
<tr>
<td>Shashi Bharti</td>
</tr>
<tr>
<td>Asst Social Worker–Third Party Resource Facilitation</td>
</tr>
<tr>
<td>Rekha Rani</td>
</tr>
<tr>
<td>Hospital Networking Officer</td>
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<tr>
<td>Geetesh</td>
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<tr>
<td>Amit Rathi</td>
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<tr>
<td>Driver</td>
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<tr>
<td>Vivek</td>
</tr>
<tr>
<td>Office Assistant</td>
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<tr>
<td>Pinky</td>
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<tr>
<td>Housekeeper</td>
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</table>
# FIELD CENTRES

## DOCTORS

<table>
<thead>
<tr>
<th>Field Centre</th>
<th>Doctor 1</th>
<th>Doctor 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amritsar</td>
<td>Dr. Gaurav Sharma</td>
<td>Dr. Sahira</td>
</tr>
<tr>
<td>Bathinda</td>
<td>Dr. Rajesh Bansal</td>
<td>Dr. Hardeep Kaur</td>
</tr>
</tbody>
</table>

## COUNSELORS

<table>
<thead>
<tr>
<th>Field Centre</th>
<th>Counselor 1</th>
<th>Counselor 2</th>
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<tbody>
<tr>
<td>Amritsar</td>
<td>Anamika</td>
<td>Meena Sharma</td>
</tr>
<tr>
<td>Bathinda</td>
<td>Anil Sharma</td>
<td>Nazima</td>
</tr>
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## NURSES

<table>
<thead>
<tr>
<th>Field Centre</th>
<th>Nurse 1</th>
<th>Nurse 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amritsar</td>
<td>Shalini Kumar</td>
<td>Charni Salim Masih</td>
</tr>
<tr>
<td>Bathinda</td>
<td>Hardeep Kaur Nagra</td>
<td>Margaret</td>
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</table>

## OUTPATIENT CLINIC TEAM

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>Doctor</td>
<td>Dr. Ram Gopal Verma</td>
</tr>
<tr>
<td>Nurse</td>
<td>Shalini Kumar</td>
</tr>
<tr>
<td>Counselor</td>
<td>Babita</td>
</tr>
<tr>
<td>Nursing Ass.</td>
<td>Geeta</td>
</tr>
<tr>
<td>Office Ass.</td>
<td>Sabir</td>
</tr>
<tr>
<td>Driver</td>
<td>Inderjeet Singh</td>
</tr>
</tbody>
</table>
A SALUTE TO OUR PARTNERS, DONORS, SPONSORS AND SUPPORTERS FY 2018-19

PALLIATIVE CARE FIELD SERVICES

Home Care Program Partners
Adobe Foundation
Barco Electronic Systems Pvt. Ltd.
Boeing International Corporation India Pvt. Ltd.
Cipla Foundation
G4S Secure Solutions (India) Pvt. Ltd.
GMR Varalakshmi Foundation
Gunvati J. Kapoor Medical Relief Charitable Foundation
HelpAge India
John & Editha Kapoor Charitable Trust
Kotak Mahindra Bank Ltd.
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Malini Saran
Max India Foundation
Medtronic Foundation
Om Kalyan Charitable Trust
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Volkart Foundation Indian Trust

Home Care Program Supporters
Anupam Suri
Asian Consulting Engineers Pvt. Ltd.
EASA Charitable Trust
HelpYourNGO Foundation
Sharat Kumar Charitable Trust
Splendour Properties Ltd.
Taurus Asset Management Company Ltd.
UK Online Giving Foundation

In-Kind Food, Medicines & Medical Equipment (valued at > Rs. 25,000)
Dr. M.P. Singh
Renu Mittal
Sanjay Seth
SS Jain
Tarun Mehta
Vinod Kumar

In-Kind Furniture & Office Equipment (valued at > Rs. 10,000)
Anil Gupta
Ambience Interiors Pvt. Ltd.
Amit Idnani and Vinita Idnani
British High Commission Charity Fund
Jiv Daya Foundation
Lions Club of Shakti
Manmohini Rastogi
Preeti
Ruchi Jain
Toy Bank
William Grant and Sons

Outpatient Clinic Program Partners
Jiv Daya Foundation
Kiran Jain & Prof Manju Jain
PNB Housing Finance Ltd.

Remembrance Day
Venue Courtesy: Bahá’í House
A SALUTE TO OUR PARTNERS, DONORS, SPONSORS AND SUPPORTERS FY 2018-19

SUPPORTIVE CARE SERVICES

Day Care Program Partners
Boeing International Corporation India Pvt. Ltd.
Hisar Metal Industries Ltd.
John L. Bissell Foundation
Nissin ABC Logistics Pvt. Ltd.
Ramboll India Pvt. Ltd.

Day Care Programme Donors (> Rs. 10,000)
Bhai Sahib Ditta Mal & Sons Charitable Trust
Chitra Mehta
Fresenius Kabi India Pvt. Ltd.
Gita Sarup Mehta
Juhi Kilachand
Kshitij Sobti
Manju Kapur Dalmia
Pramod Kumar Gupta
Ritu Bedi
Sharan Umrao Singh
Sunil Bahree
Vicky Dhingra

Day Care Outing Activity Supporter (>Rs. 10,000)
Angels Network
GMR Varalaxmi Foundation
Optum Global Solutions (India) Pvt. Ltd.
Reema Pandoh & Rajesh Pandoh
Rhea Kukreja
Sapna & Ajay Walia

In-Kind Food & Nutrition Supporters
(valued at >Rs. 10,000)
Amar Fruits
Anu Wadhwa
Anuradha Mittal
Asha Behl
Chandra Kanta Chugh
Divya
Inner Wheel Club
Isha Jind
Juhi Kilachand
Jyoti Choudhary
Kapilism_K9
Meeshu Jain
Mukund Choudhary
Nandini Verma
Niti Sarin
NSS Hansraj College
Pinky Kochar And Sahib Kochar
Rajesh and Reema Pandoh
Rasoi on Wheels
Rohini Khullar
Saroj Malhotra
Shelly Mahajan
Shivani bhandari
Shweta Miglani
Sudheer Kaur
Vasant Vihar Ladies Club
Youth Icon

Telephone Helpline Partners
PNB Housing Finance Ltd.

Third Party Resource Facilitation Partners
Jiv Daya Foundation

Training, Education & Awareness Partners
Cipla Foundation
Indo American Cancer Association
Oil and Natural Gas Corporation Limited
Rohini Khullar

Anndaan by Sh. MH Dalmia at our Day Care and Outpatient Centers.
A SALUTE TO OUR PARTNERS, DONORS, SPONSORS AND SUPPORTERS FY 2018-19

EVENTS

WORLD HOSPICE & PALLIATIVE CARE DAY

Performance Courtesy: Dhruv Sangari and ‘Rooh’
Venue Courtesy: Baha’i House of Worship
Event Supporter: Sophie Ahmed
Souvenir Sponsors:
Asian Consulting Engineers Pvt. Ltd.
CDR Kailash Narain Datt
Classic Consultancy & Services
Colonel’s Kababz
Devats (India) Pvt. Ltd.
Garg Medicos
Gaylord Restaurant
Jewellers M Rajsons
KIC Food Products Pvt. Ltd.
Marchers International Pvt. Ltd.
Modi – Mundi Pharma Pvt. Ltd.
Nalini Mahajan
Pankaj Khanna
PP Rolling Mills MFG Co. Pvt. Ltd.
Sarika Ahuja
Shibani Chawla
SN Global
Usha Chopra
Vandana Chawla

SOUL FEST

Venue Courtesy: British High Commissioner’s Residence
A Tiny Mistake
Acupressure Therapy
Alternate Healing
Ammantare by Anubha Rajpal
Atelier VVGMS
Auric
Bela’s SPICEJAR
Bien Manger
Biosgoop (The Theatre of fashion)
Blistati
Bodhisattva PS
Bombay Toastee
Celeste
Chitty Chui
ClownSelors
Colonel’s Kababz
Cornitos Nacho Crisps
Courtyard memories
Daughter of a Carpenter
Dazzle by Sonia
Dcode
Design I care
Earthy tales
Entwined Diamond Jewellery
EUDORA Tea (Brand of R & G)
Gelato Vinto
Hema’s South Indian
Himalayan Bio Organic Foods Pvt. Ltd.
House of KISH
Hypnotize and Be Happy!
Indo German Natural Health
INFRES Methodex Pvt. Ltd.
Integral Symphony Orchestra
It’s the mudslingers
Jain Jewelznantiq
Jaypore
Joypur Jewels
Kiara Soul Kitchen
Kora by Divine Design
Lakshanya
Lions Clubs
Mahabelly
Mandothiya Pearls & Chikankari
Moksha
Mrinalini
Mystic Studio
Naani ki Matthi
Navaz Aria Couture
Nishkara
NuAge Health Devices
O’ My! By Anju Goyal
Queen Bee
Rubaai by Rubaina
Ruh by Ruchi Tandon
Sabr Jootis: A Grounded Affair
Shades of India
Slow Made India
Sommer Home
Talk Happy Therapy
Tarot card reader
The Arjan Vir Foundation
The Clay Company
The Kalaa Store
The pink elephant
The Stitching Project
Vismaya Collection
Waffle Wallah
Weaverstory.com
Yummsy Food

WALK FOR LIFE-STRIDE AGAINST CANCER

Associate Partner:
ONGC Limited
Supporters:
CORE Diagnostics; QXXY Healthcare;
Border Security Force
Long Standing Supporters:
Boeing International Corporation India Pvt. Ltd.
Max India Foundation
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GENERAL DONATIONS
Rs. 200,000 and above
Dalmia Manav Sewa Trust
Deepak Karan H. P. Ltd.
Dipankar Gupta
Rita Bhagwati
SRF Welfare Trust
Rs. 25,000-Rs. 200,000
ABS Mercantiles Pvt. Ltd.
Air Marshal Denzil Keelor
Akshita
Ania Loomba
Anjana Bakht
Anubhuti Agrawal
Arun Rastogi
Ashok Kumar Nehru
Babu Ram Govila
Bharti Gupta Ramola
Concierge Association of North India
DPS International
Dr. Hemant Kumar
Ela Trivedi
Geeta Bahri
Gita Agarwal
Gita Sarup Mehta
Govind Pathak
Hari L. Mundra
Harish Malhotra
Harjeet Sikand
Harmala Kaur Gupta
Indu Singh
Jatinder Kaur Mann
K. Renu Rao
Karuna Kaushik
Kiranjit Singh
Kiran Tellis
Madhu Bala Sood
Manish Sharma
Manju Vaish
Manmohini Rastogi
Manoj Gupta
N. Nagaraj
Nayana Dhavan
Neeti Gupta
Next Wave India
Nina Puri
Pathways School
PJ Education Services Pvt. Ltd.
Poornam Jain
Prabhakar Ghaite
Pushkar Mehra
Rajeshwar Susheela Dayal
Charitable Trust
Rajiv Singh
Rita Bhagwati
Roli Books Pvt. Ltd.
Rupendra Singh
Sanjiv Seth
Saral S. Tandon
Saroj Jain
Satya Devi Malhotra
Sh. Ramesh Chand Gupta
Sharad Malik
Shirin Jain
Shobhna Suri
Shri Ganga Foundation
Shubham Aggarwal
Sitaram Jindal Foundation
Startosphere Hub LLP
Sudesh Mehta
Sudha Tewari
Sudhanva Deshpande
Supriya Guha
Swati Anand
Synthetic Inter Dyechem
Udayan Lall
Unique Agencies
Upasana Sharma
Vatsala Balakrishnan
Wazida Tabassum Rahman

CORPUS DONATIONS
Rs. 200,000 and above
Shades of India
Preeta Shivdev Singh
Jainmini Bhagwati
Harmala Kaur Gupta
Rs. 25,000 – Rs. 200,000
Rewa Nanda
Rita Bhagwati
Sunil Nehru
Syed Khalid Husain
Syed Tariq Husain
SPECIAL THANKS TO
- Our Auditors – S Sahoo and Co.
- Capital League Private Wealth Management for managing our investments
- New Era Public School - Mayapuri for providing free premises for our West Delhi Home Care Centre
- Home Care patients and families for donations
- SOIL Students for helping us in Fundraising
- Ishtihaar and Tinatoons (Tina Rajan) for pro bono designing of our publications
- Aseem Charitable Education Trust for supporting the library at the Day Care
- Vishal Sood for our website design and its maintenance
- CanSupport Editorial Committee: Harmala Kaur Gupta, Radhika Shapoorjee and Rajni Arora for editing our communication material and publications

WE ARE GRATEFUL FOR EVERY DONATION IN CASH OR IN KIND THAT HELPED MOVE OUR MISSION FORWARD