



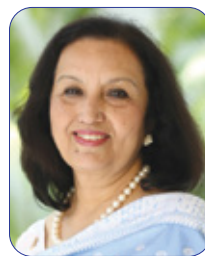
ANNUAL REPORT 2022 - 2023

MANAGING COMMITTEE 2022-23 (as on 31.03.2023)



Harmala Gupta, Honorary Founder-President

Cancer survivor and pioneer in cancer support services in India; Founder of Cancer Sahyog, first cancer support group in India; Founder President, Cancer Care India; Former Board Member, International Association for Hospice and Palliative Care.



Mohini Daljeet Singh, Member

Social worker, and educationist; Trustee Max India Foundation; Former CEO, Max India Foundation.



Manmohan Malhoutra, Honorary Treasurer

Ex IAS; Trustee of Indira Gandhi Memorial Trust and Jawaharlal Nehru Memorial Fund.



Prerna Tandon, Member

Senior Operations, Transformation, People and Growth Professional; passionate about Corporate Social Responsibility (CSR) Corporate Diversity, SDG/ESG, Financial literacy and Impact Investing; Independent Director on corporate boards; Held Business Leadership roles at Price Waterhouse; USAID, GE Capital, Infosys, ANZ Bank and State Street Corporation.



Radhika Shapoorjee, Honorary Secretary

Reputation and risk management expert; Founder & CEO-Mediation Mantras, a mediation consultancy; Former President of Hill+Knowlton Strategies South Asia; Aspen fellow; Jury member at Cannes Festival of PR and Advertising.



Ravi Bhoothalingam, Member

Founder and Chairman of Manas Advisory, a Consultancy practice focusing on Leadership Coaching as well as on business and cultural relations with China, Mongolia and Myanmar; Former President of The Oberoi Group of Hotels.



Dr Bhawna Sirohi, Member

Consultant Medical Oncologist for GI & Breast Cancers; Medical Director, Balco Medical Centre (A Unit of Vedanta Medical Research Foundation), Raipur Chhattisgarh, India; Secretary- EBMT Committee on Nuclear accidents; President, Oncology Section – Royal Society of Medicine; Honorary Consultant, Queen Mary University London, UK.



Vishal Sood, Member

Software Engineer and MBA from Ahmedabad. Experienced in investment banking, private equity and software development. Presently working with a venture capital firm, Elevation Capital (formerly SAIF Partners).

INVESTMENT & RESOURCE SUB - COMMITTEE

Harmala Gupta

Ravi Bhoothalingam

Manmohan Malhoutra

Vishal Sood

MESSAGE FROM FOUNDER - PRESIDENT



The year gone by has been satisfying on many counts for CanSupport. The biggest relief has been the resumption of in person versus online activities.

The home care programme continued its planned expansion. We now have teams in Jamshedpur, in the state of Jharkhand, as well as in Rohtak and Sonapat in Haryana. An out-patient clinic has been added to our home care services in Bhatinda, Punjab. The home care teams continue to be appreciated and applauded for their selfless commitment to the care of patients and their families. The testimonies we receive from the users are heartfelt and moving. Our day cares are fully functional, with patients and their caregivers meeting in person with our caring volunteers as they did before the pandemic.

CanSupport fundraisers and celebrations held during the year saw well wishers and supporters attend in large numbers. The highlights were the musical concert held on World Hospice & Palliative Care Day in New Delhi, Remembrance Day events held in cities where our home care teams currently operate, and the Walk for Life held on the newly renamed Kartavya Path after a hiatus of three years. It was a pleasure to attend these events and once again experience the enthusiasm of the participants as well as share in their joys and sorrows.

I congratulate the CanSupport executive team for organizing activities under the employee engagement programme. A number of corporates and institutions partnered with us in meaningful ways. We thank all our CSR partners, old and new, for their invaluable grants. We also warmly acknowledge the donations we have received from individuals and institutions both at home and abroad.

Kudos to the CEO of CanSupport, Dr Ambika Rajvanshi, and her executive team for having met all the targets for the financial year 2022-23. We would also like to appreciate the unstinting efforts of our volunteers who add so much to the quality of life of our patients and their caregivers. We are delighted that a number of new volunteers joined us this past year.

CanSupport's Managing Committee continues to guide and lead from the front. In the coming year it will be involved in a five year planning exercise along with the executive team. Exciting days lie ahead.

Best wishes.

Harmala Gupta

MESSAGE FROM THE CEO



We are delighted to share this Annual Report with you and provide an overview of the amazing work that has occurred in the last 12 months.

Throughout the year, our Patient Care and Support Programs continued to evolve and innovatively adapt to meet the patient and family needs. This year we delivered care to the highest number of people ever: 89,408 (61,971 patients and 27,437 family caregivers) at different stages of their cancer journey through our varied programs.

This was 43% higher than the previous year. More importantly, we stayed true to our vision of honouring life and dignifying death where no detail or wish was too small when improving quality of life.

At the same time our support teams impressed us by the thoughtfulness and creativity brought to each of their departments to deliver our care both efficiently and ethically. Thanks to our fundraising and communications teams working closely with our corporate partners and individual donors, we were able to not only meet expansion plans but also innovate to fulfil complex needs. Owing to disciplined administration and accounting, our overhead spent was limited to 8.2% of the total expenditure.

I congratulate my entire Executive Team for their exemplary leadership and acknowledge the incredible work of all 220 people at CanSupport, staff and volunteers, who believe that palliative care can make each day count irrespective of the depths of suffering.

At CanSupport, the strength of the team is each individual member and the strength of each member is the team. We are grateful to our Managing Committee who, through their stewardship and wisdom, guided us through our business plan and ensured that we remained driven by our purpose, inspired by those we serve, technology-supported in our practice, data-evidenced in our impact, and deeply networked across our community to meet diverse needs.

We are indebted to our valued patients and their families. They are the reason why we do what we do. We are always blessed to meet and engage with the many people we care for each day. Lastly, we thank all who gave so generously to move our mission forward. We trust that as you peruse this report you will get a glimpse of how your contribution is being used to provide a vital and valuable service.

We also take this time to remember, Bina Akhtar and Parni Rao, our beloved colleagues who passed away last year. They dedicated their life to palliative care and believed that "good death was nothing but a good life till the very end".

Sincerely,

Dr Ambika Rajvanshi

ABOUT CANSUPPORT

Legal Status	Registered Society (Societies Registration Act of 1860) Registration Number S-30499 Date 08.11.1996
Income Tax Registration U/s 12-A	DIT (E) 96-97/466/96/516 Date 13.02.1997, Revalidated on 28.05.2021
Income Tax Exemption U/s 80-G (50% Tax Exemption to Donor)	DIT (E) 2008-09/C-466/540 Date 04.06.2008, Revalidated on 28.05.2021
FCRA Registration	231660040 Date 14.03.2000, Renewed on 01.04.2022
MCA (CSR) Registration	CSR00000673 Issued on 06.04.2021
Permanent Account Number	AAATC3017F
TAN Number	DELC07112A
Registered Office	A-2, Gulmohar Park, Opp. Kamala Nehru College New Delhi - 110049 Ph: 011-41010537, 41010538
Statutory Auditors	S. Sahoo and Co 14, Palam Marg, Vasant Vihar, Delhi 110057
Non - FCRA Bankers	Kotak Mahindra Bank Plot No.5, Green Park, Main Market New Delhi 110016
	HDFC Bank LTD. D-1 Shopping Centre #2, Vasant Vihar New Delhi 110057
	Indian Overseas Bank Sector 12, R.K Puram New Delhi 110022
FCRA Bankers	State Bank of India, New Delhi Main Branch, 11 Parliament Street New Delhi 110001
	Standard Chartered Bank M Block Market, Building No - 39, Greater Kailash Part 2, New Delhi 110048

VISION

A caring and supportive society where people with cancer and their families live with dignity, hope and comfort.

MISSION

To enable people with advanced cancer and their families to make informed choices and decisions and to receive appropriate physical, emotional, social and spiritual support.

VALUES

The members of CanSupport

- Aim for the highest professional and ethical standards of care,
- Respect and value the knowledge, skills & contributions of all in the organization,
- Respect the rights, choices & confidentiality of patients and their families,
- Maintain transparency in interactions with patients, donors & well wishers, and
- Strive to be responsible stewards of resources.

WHAT WE DO

CanSupport is a group of Palliative Care experts committed to maximising quality of life with cancer in a meaningful and compassionate manner, whilst fully respecting the dignity of the individual. We follow a patient-centered philosophy, where patient care preferences and goals are central to care provision.

We run the largest home based palliative care program in the country that has received recognition and Public Health Champion Award by the World Health Organisation.

Our history is long and distinguished and now spans 26 years, during which time our contribution to the development of Palliative Care services can be seen across North India. Our wide-ranging programs are designed to help patients of all ages and cancers throughout their cancer journey; right from the day of diagnosis, across all curative therapies and as a continuum of care adapting to the unique needs in case cancer progresses into its terminal phase. The support extends even after the death of the patient through bereavement and rehabilitative support to the families.

Our highly skilled teams of doctors, nurses and counsellors bring our care to the doorstep of patients too sick to travel and make regular visits providing medical, nursing and psychosocial support. We have licenses to procure and dispense oral morphine thereby saving those under our care from unnecessary pain. Patients and their families also have access to Outpatient Clinics, Mobile Clinic, Tele-Consultation, Cancer Helpline, Day Care, Peer Support and Counseling Services, Patient Navigation and Resource Facilitation as well as Bereavement and Rehabilitation Support.

Our programmatic approach has a significant impact on all parameters of quality of life, be it physical, functional, emotional, interpersonal, or transcendental with practical ways in which patients can regain a sense of control and self-worth. It also empowers families to make informed decisions around goals of care, equips them with caregiving and coping skills and organizes resources to make a challenging journey manageable, meaningful and memorable for everyone.

Our Palliative Care Model serves as a source of learning for many individuals and organizations focused on improving the quality of life of people with

cancer. While some organisations have drawn their inspiration and early ideas for development from CanSupport, others have been trained through capacity building collaborations.

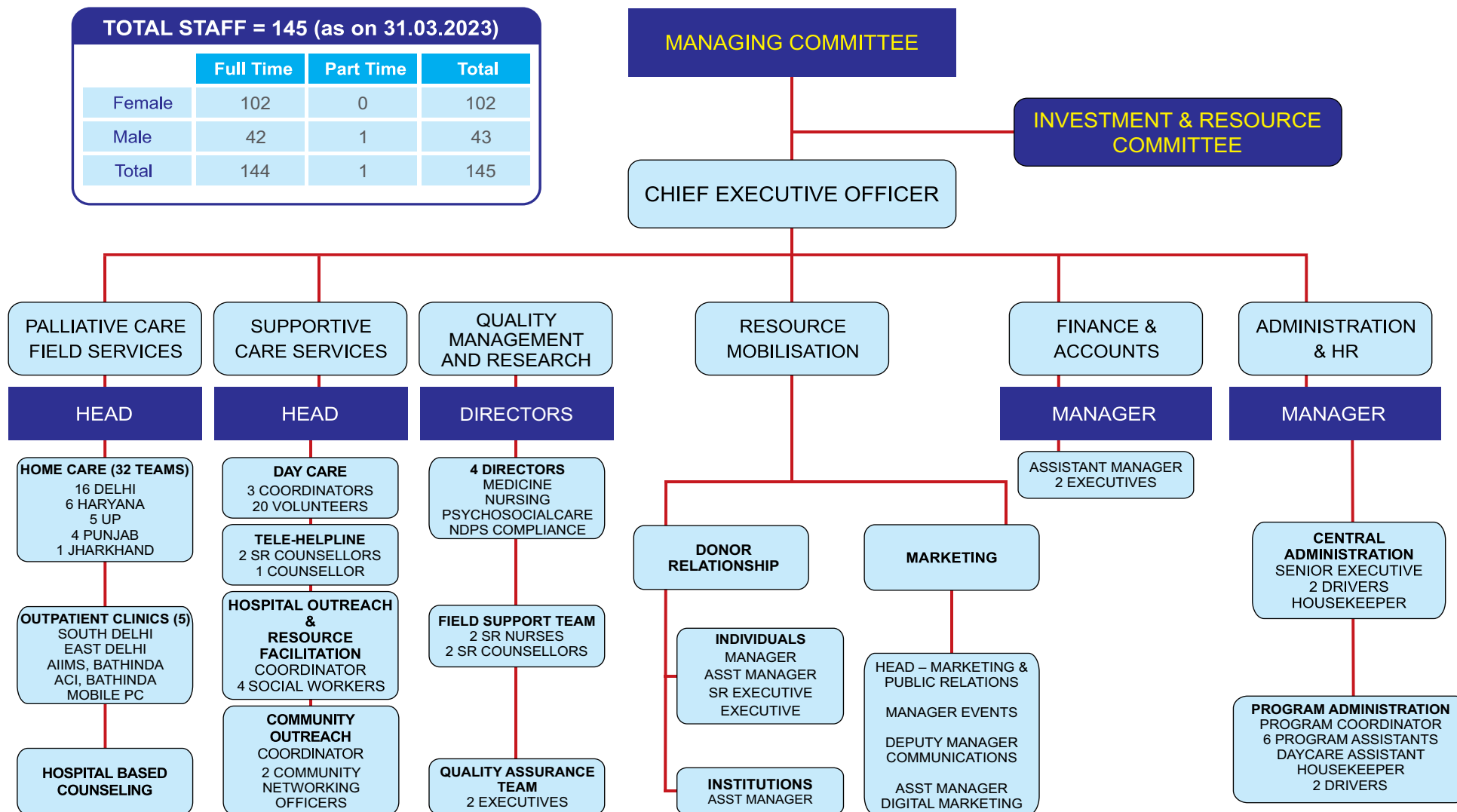
We help fill a critical gap in services for the care of cancer patients, especially those who are poor or destitute. Our services are aimed at the less privileged and are entirely free of charge.

STRATEGIC THEMATICS 2017 - 2023

OPERATIONAL SCALE	SUSTAINABLE FUNDING
<ul style="list-style-type: none">• Maximise the number of patients benefitting from Palliative Care services.• Empower medical professionals & communities around caring for people with cancer.• Establish capacity for provision of Palliative Care for non-cancer illnesses.	<ul style="list-style-type: none">• Ensure that expansion of services is based upon sustainable and secure funding arrangements.• Mobilise funds to cover 100% annual expense.• Build reserves to maintain at least 110% of the annual budget in any given year.
INTERNAL EXCELLENCE	BRAND LEADERSHIP
<ul style="list-style-type: none">• Strengthen the framework of internal excellence and quality of care through adoption of technical and managerial best practices.• Safeguard & nurture the CanSupport work culture within teams.	<ul style="list-style-type: none">• Build the CanSupport Brand as the largest and most trusted organization for Home Based Palliative Care for people with cancer in India.

ORGANISATION STRUCTURE FY 2022-23

TOTAL STAFF = 145 (as on 31.03.2023)			
	Full Time	Part Time	Total
Female	102	0	102
Male	42	1	43
Total	144	1	145



HOME BASED PALLIATIVE CARE

The Program

CanSupport Home Based Palliative Care Program is a pioneering model in North India directed at patients suffering from advanced and terminal cancer. It is the largest of its kind in the country and has been replicated in various states in collaboration with State Governments. The Model has also earned CanSupport the World Health Organization Public Champion Award in 2017 among others honors.

The program makes the most practical and economic sense for the underprivileged, saving huge sums otherwise spent in pursuit of unrealistic goals and unnecessary critical care costs. Its goals are extremely concrete: skilled pain and symptom management, supportive nursing care, psychological and spiritual care and a support system to sustain the individual's family as well as bereavement support and counselling. Professional multidisciplinary teams of doctors, nurses and counsellors regularly visit patients registered with them in their homes, offering:

- Factual Information to demystify patient's illness and its like course in clear and understandable terms for informed decision making around goals of care.
- Pain and symptom management aimed at maximising comfort and quality of life.
- Comprehensive nursing care.
- Guidance and equipment support to achieve control and dignity in day-to-day activities.
- Empower and equip family caregivers in caring for their loved ones effectively at home.
- Psychological, emotional and spiritual support for both patients and families.
- Loss, Grief and bereavement counseling.
- Mobilising financial and practical resources through networking with government and civil society organisations.
- Rehabilitative support for destitute families.

The teams are available on the telephone to patients and their families round the clock outside visiting hours.

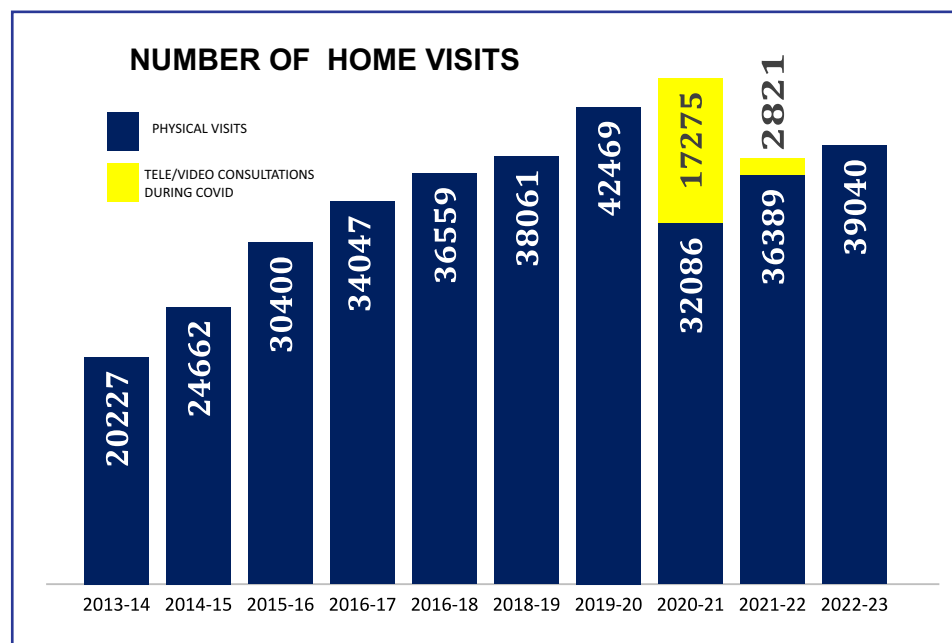
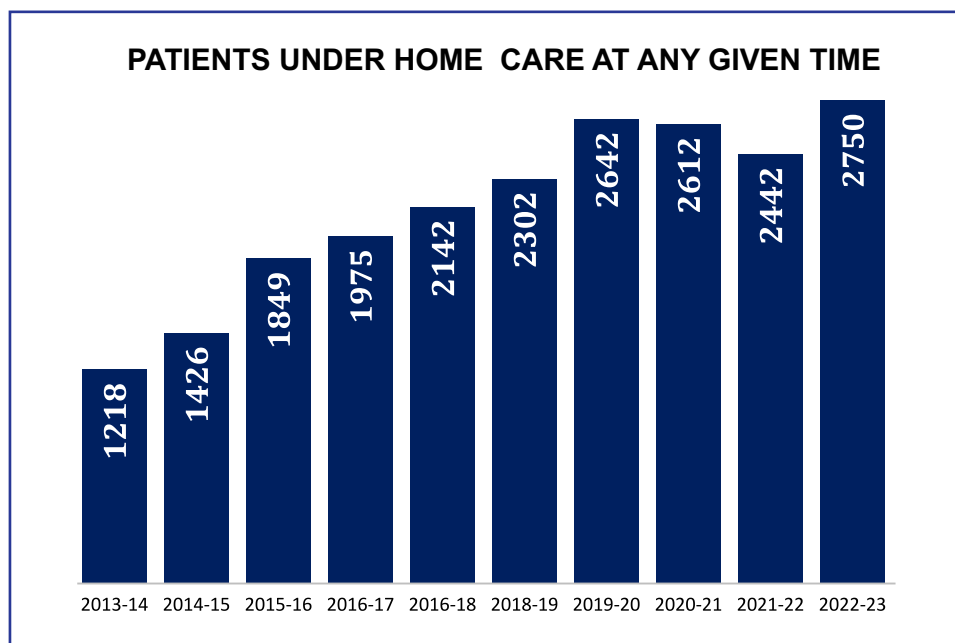
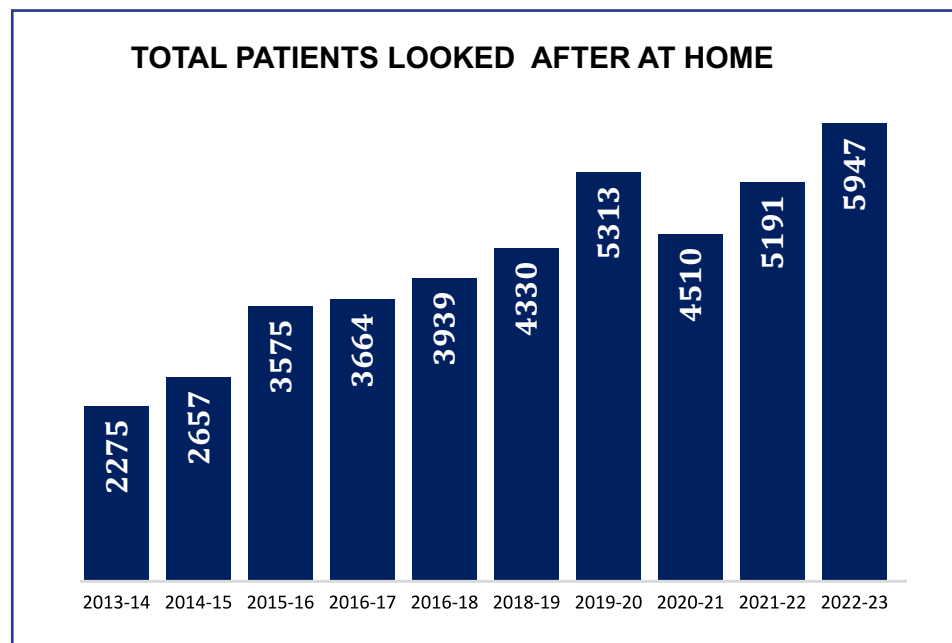
Highlights FY 2022-23

FY 2022-23 saw expansion of CanSupport Home Care Service early in the year, starting with the launch of Pritpal CanSupport Home Palliative Care Services in Jamshedpur, Jharkhand followed by establishment of centres in Rohtak and Sonipat in Haryana. All three centres were running at full capacity by the end of the year.

- With this expansion, CanSupport's Home Care Program now covers five States in North India through 32 home care teams: 16 in Delhi, 6 in Haryana, 4 in Punjab, 5 in Uttar Pradesh and 1 in Jharkhand.
- A total of 4,016 new patients (3,942 onco and 74 non onco) were enrolled into the program.
- Patients were referred through Helpline (72%), Direct Hospital calls (19%) and word of mouth from the past and existing beneficiaries (9%).
- The teams served a total of 5,947 patients and about 18,000 family caregivers through 39,040 home visits in the year. The number of concurrent patients, being cared for at any given time, at the end of the financial year was 2,750.
- According to Kuppuswamy Scale for assessment socio-economic status of our HC patients was recorded at 75% lower & upper-lower, 18% lower middle & middle, and 7% upper middle & upper income groups.
- We lost 2,782 patients with advanced disease out of which 86% died at home, 12% in hospital and 2% in hospice. There were more deaths in the hospital than usual this year due to added health complications caused by Covid-19.
- 74% families received bereavement support and counselling for one to six months after their loss. A total of 2,093 bereavement visits were made.
- 1,362 destitute patients/families received rehabilitative support (dry food ration, sewing machines, and hand carts for starting small enterprises). Since many of our patients had lost their livelihood due to the pandemic, dry food ration was distributed to patients and families 10 times the usual number.
- The Quality Assurance Executives made 96% beneficiary feedback calls after home care visits.
- Beneficiary satisfaction with care was recorded at 93% positive while 7% remained neutral (based on 35,934 feedback calls made by Quality Assurance executives immediately after home care visits and 649 post-bereavement feedback visits). This exercise gave very important feedback to teams on the quality of service given to the beneficiaries. Integration of patient transportation support was one of the most suggested program improvement ideas.
- Although the home visits were completely free of charge to the beneficiaries, each visit cost the organisation about Rs. 1,550.

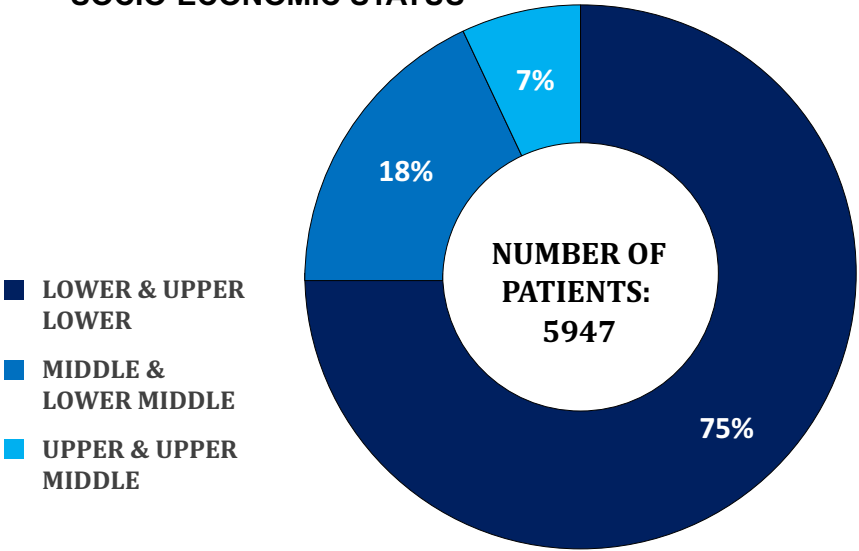
HOME CARE STATISTICS

KEY OUTCOME INDICATORS	
Patients with pain score ≤ 3	77 %
Patients with nausea/vomiting ≤ 3	97 %
Patients with breathlessness ≤ 3	97 %
Bedridden patients with improvement in pressure sores	95 %
Patients with well managed malignant wounds	92 %
Breast cancer patients who did not acquire lymphedema under care	94 %
Breast cancer patients with lymphedema controlled under care	97 %
Patients with psychosocial pain score ≤ 3	92 %
Caregivers reporting improved coping during patient's illness	96 %
Patient deaths at home	94 %
Beneficiary satisfaction with care in daily feedback calls	95 %
Caregiver satisfaction with care reported in post-bereavement questionnaire	94 %

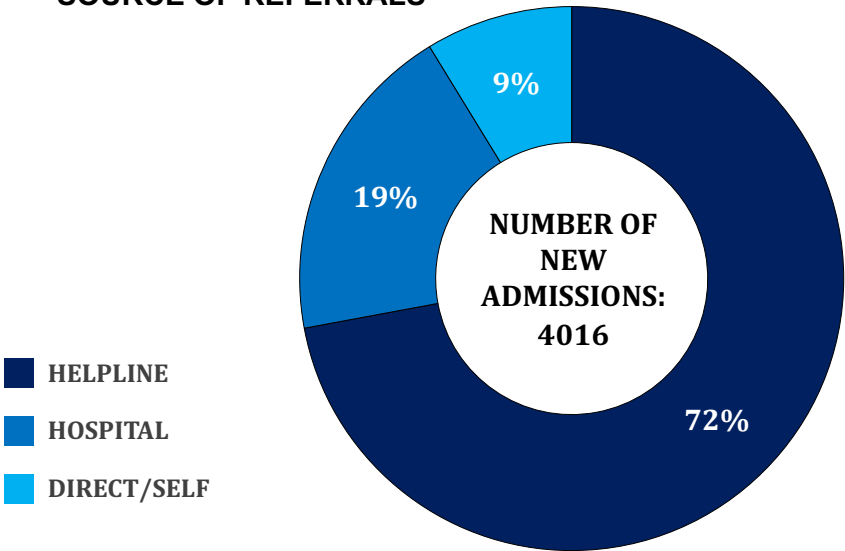


HOME CARE STATISTICS

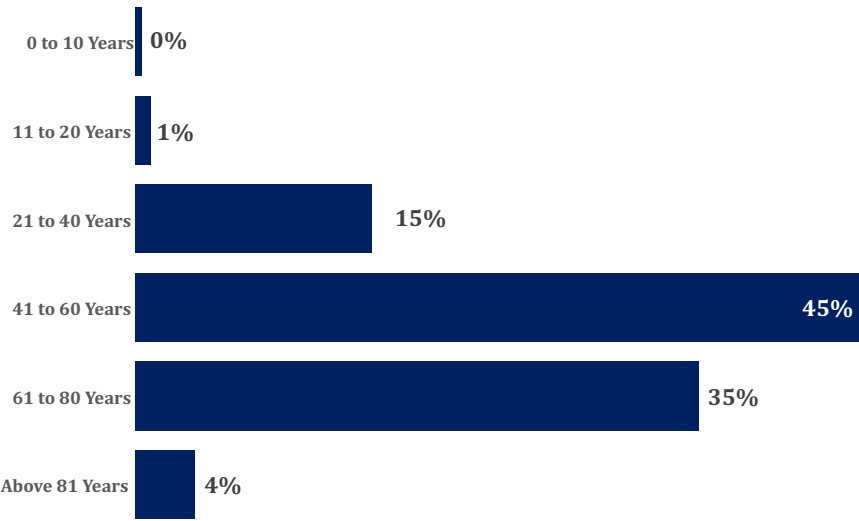
SOCIO-ECONOMIC STATUS



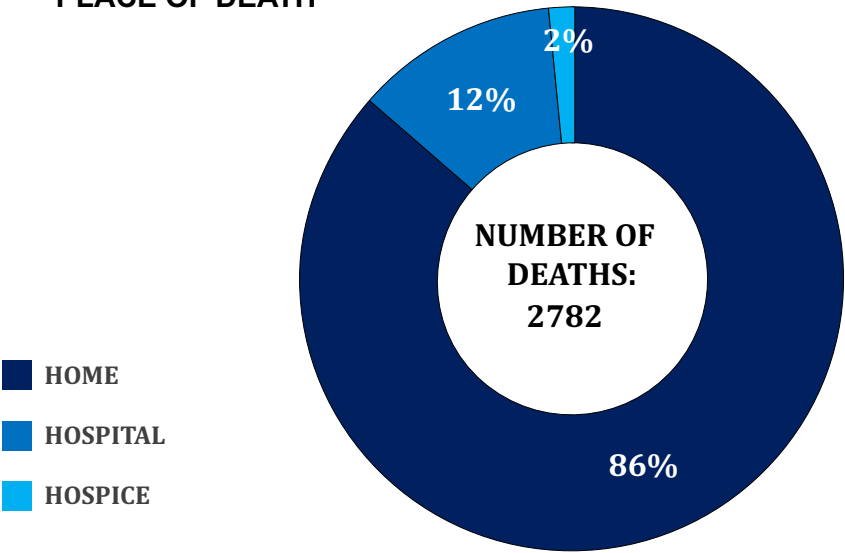
SOURCE OF REFERRALS



AGE DISTRIBUTION



PLACE OF DEATH



HOME CARE



HOME CARE



OUTPATIENT PAIN AND PALLIATIVE CARE CLINICS

The Program

CanSupport Outpatient Clinics (OPC) were first launched in 2013 to extend palliative and supportive care beyond the ambit of home visits for patients who were mobile or were receiving active curative therapies in hospitals. More OPCs were added gradually to cover additional hospitals and geographies, including a first of its kind Mobile Palliative Care Clinic in 2021.

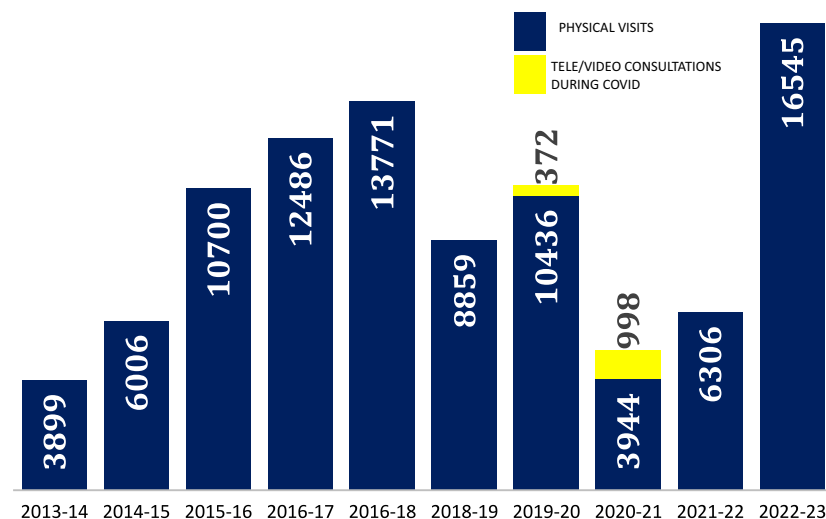
These Clinics facilitate early intervention of Palliative Care in the cancer trajectory, enabling improved patient outcomes and continuity of care. Effective management of side effects enables patients to cope with their therapies and remain motivated to complete them. Comprehensive nursing care complemented with psychosocial and spiritual support to patients as well as their caregivers preserves the holistic nature of the care, even in an Outpatient set up.

Highlights FY 2022-23

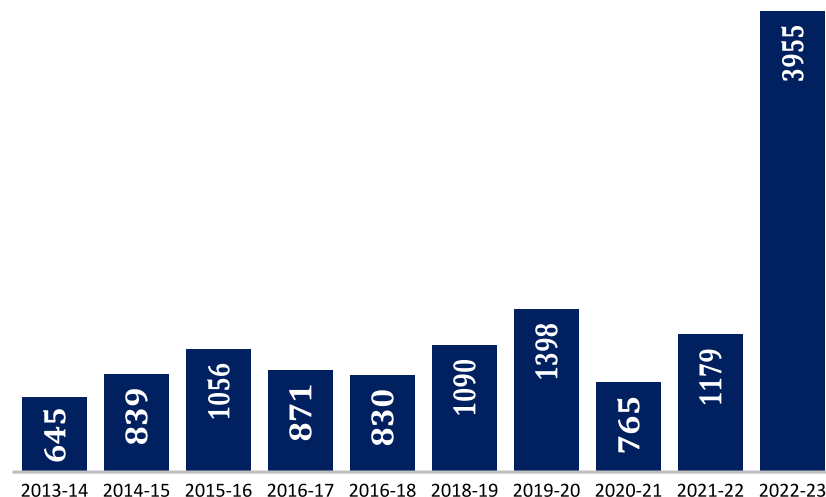
In addition to the two existing OPCs in Delhi, two new Outpatient Clinics were established in Bathinda (Punjab) in collaboration with (and in the premises of) AIIMS, Bathinda and Advanced Cancer Institute, Bathinda. Outpatient services were also offered by the home care team at two shelter homes near Tata Meherbai Hospital in Jharkhand.

S No	OPC	Set Up Year	Key Hospitals Covered	Visits Serviced
1	East Delhi	2012	<ul style="list-style-type: none"> Delhi State Cancer Institute Guru Tegh Bahadur Hospital Sir Sobha Singh Dharamshala 	4,481
2	South Delhi	2015	<ul style="list-style-type: none"> All India Institute of Medical Sciences Safdarjung Hospital Associated Dharamshalas 	4,375
3	Bathinda	2022	<ul style="list-style-type: none"> All India Institute of Medical Sciences 	347
4	Bathinda	2022	<ul style="list-style-type: none"> Advanced Cancer Institute 	1,552
5	Jamshedpur	2022	<ul style="list-style-type: none"> Dharamshalas near Meherbai Tata Memorial Hospital 	245

NUMBER OF PATIENT VISITS



NUMBER OF NEW PATIENTS ENROLLED



OUTPATIENT CLINICS



MOBILE PALLIATIVE CARE CLINIC (MPCC)

The Program

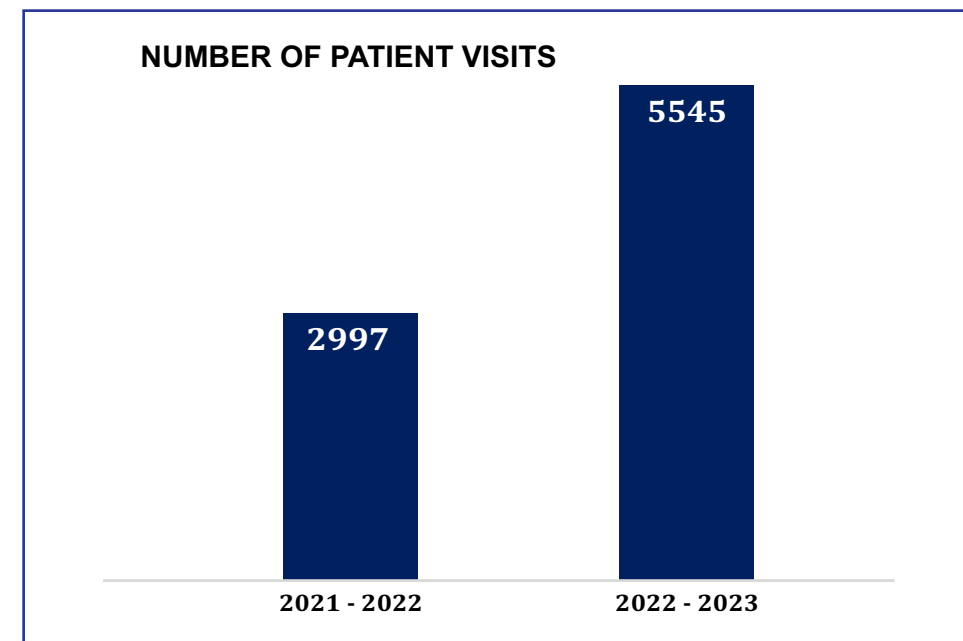
As an extension to the Outpatient Clinics, CanSupport's one of its kind Mobile Palliative Care Clinic is stationed outside Safdarjung Hospital every Monday-Wednesday- Friday and outside Lok Nayak Jai Prakash Hospital every Tuesday-Thursday, coinciding with the respective hospital's chemotherapy and radiotherapy clinic days. Consequently, patients receive the benefit of services of both facilities on the day that they come for treatment.

The Mobile Clinic has a palliative care physician, nurse and counsellor as well as a social worker to offer comprehensive care to patients and their caregivers in a one-window set-up. Similar to the Outpatient Clinics, the MPCC ensures patients and families have access to information to help them make informed decisions about treatment & care goals.

- The medical team prepares patients for various treatment modalities, manages pain and symptoms associated with the disease, mitigates side effects of cancer treatments and offers comprehensive nursing care as well simple skills to empower caregivers in caring for their patients.
- The counsellor offers support with emotional, social and spiritual pains and in addition works to find ways of coping and self-care for the caregivers.
- The social workers facilitates mobilisation of financial aid and other resources through government schemes and other organisations for ongoing treatment.
- The hospital networking officer helps patient navigate the maze of cancer treatment for seamless care.

Highlights FY 2022-23

- Started at the height of the second Covid wave in April 2021, the clinic has witnessed increasing patients and received admirable response from both the hospitals and visiting patients.
- In the FY 2022-23, MPCC served a total of 5,545 patient visits.



PROGRAM EXPANSION FY 2022-23

HOME BASED PALLIATIVE CARE

Jamshedpur, Jharkhand

Pritpal CanSupport Home Palliative Care Service was launched at Jamshedpur with support from Suri Seva Foundation and in collaboration with Meherbai Tata Memorial Hospital and Tata Main Hospital in June 2022. The new team serviced 134 patients in the year through 647 home visits.



Bathinda, Punjab

A second team was added in Bathinda, Punjab in October 2022 to cover the growing demand and increasing number of patient referrals into our program. Patient referrals were received from local Panchayats as well as AIIMS and Advanced Cancer Institute in Bathinda. The new team serviced 136 patients in the year through 647 home visits.



Rohtak, Haryana

Rohtak became the third district in Haryana to be covered under our Home Care service. The new operation was launched in the district in June 2022 with support from Cipla Foundation and in collaboration with Pandit BD Sharma University of Health Sciences and PGIMS, Rohtak. The team looked after 154 patients in the year through 1,065 home visits.



Sonipat, Haryana

Our fourth district in Haryana to be serviced by home based palliative care services was Sonipat in Haryana. A new centre and team was established in Sonipat in October 2022 with support from Cipla Foundation. The new team cared for 97 patients in the year through 544 home visits.



PROGRAM EXPANSION FY 2022-23

OUTPATIENT PAIN & PALLIATIVE CARE CLINICS

Advanced Cancer Institute, Bathinda, Punjab

CanSupport operationalised its first integrated pain and palliative care outpatient clinic co-located inside the premises at the Advanced Cancer Institute AIIMS Bathinda, Punjab in April 2022. This clinic enabled patients to access palliative care in the same location and time as their oncologists at ACI for coordinated care. The clinic serviced 1,552 patient visits in the year.



AIIMS Bathinda, Punjab

CanSupport was invited to start another co-located pain and palliative care outpatient clinic at AIIMS Bathinda, Punjab in May 2022 towards earlier goals of care conversations, improved relationships with oncologists and referrals to palliative care earlier in the course of cancer care. The clinic serviced 347 patient visits in the year.



Jamshedpur, Jharkhand

In November 2022, Home Palliative Care Service in Jamshedpur added an Outpatient Service to cater to two shelter homes near Tata Meherbai Hospital. The team runs an OPC within these two shelter homes twice a week to provide symptom management, free medication, nursing care and psychosocial counselling.

PALLIATIVE TELE-MEDICINE

A Palliative Telemedicine Unit was launched at CanSupport in July 2022 to offer palliative care consultation and support over telephone/video calls to patients who are outside its operational service geographies. The idea was based on the successful experience of the use of telemedicine by CanSupport during Covid and considering that India has very limited palliative care centres in North India. Patients can call, text, WhatsApp, video call or email to take consultation for pain and symptom management.

DAY CARE

The Program

The Day Care program gives children, teenagers and adults with cancer and their caregivers a secure and comforting platform that provides opportunities for self-expression under caring individuals.

The Day Care Centre runs a weekly program for children and their parents/caregivers (CDC). Volunteers bring children from the Institute Rotary Cancer Hospital (IRCH) at AIIMS and Safdarjung Hospital for 3-4 hours. The patients/caregivers engage in a lot of creative and educational activities at the centers and receive nutritional supplements as well as age-appropriate emotional support. This also allows them to connect with one another to seek advice or solicit reassurance from our volunteers specially trained to answer their inquiries. All attendees are served nutritious home food.

Another weekly session at the Day Care center focuses on teenagers and young adults (TDC). This program concentrates on the distinct age-appropriate needs of teenage patients. In addition to lending support for physical and emotional wellbeing that forms the core of our Day Care program, our wish is to help the teenagers grow into confident and self-sustaining young adults. Towards this end, the program offers a varied set of activities that lay stress on healing and relaxation, health and nutrition, education and information and personality and skill development. A wide range of exposure trips helps in opening up their perspectives.

The center also runs a weekly Day Care for adults (ADC). They welcome cancer patients and their caregivers who are from out of town and are temporarily residing in nearby dharamshala (government dormitories) during the lengthy course of their treatment. There is an acute feeling of isolation since they are away from home, in an alien city, fighting a disease that brings both fear and daily woes. The easy and caring atmosphere of the Day Care and healing therapies offered by our volunteers lifts their spirits, giving everyone a well-earned respite from the stress and strain of enduring an illness far away from home. At the end of Day Care, a nutritious home-cooked meal is also provided to the patients and caregivers.

Highlights FY 2022-23

Post the pandemic, Day Care resumed from April 2022 with full swing, bringing big smiles on the faces of patients and caregivers that showed how happy they were to be back in person at the centre. Except for the two months of May & June when we had to once again stop Day Care activities due to a spike in Covid 19 infections, activities were fully operational with a variety of fun, recreational, educational and motivational sessions.

Daily breakfast continued to be provided to young patients in the form of eggs, bananas and milk supplement in addition to the afternoon meals, satttu, and dry fruits. Other essential items such as blankets, umbrellas, warm vests, flasks, kettles, slippers were given to the patients on need basis. Apart from regular activities such as art & craft, fun, therapy and one-on-one or group counselling sessions, some special activities were held:

- Naad Yoga sessions for adults by the Naad yoga team to help patients relax and destress.
- Screening of animation films, puppet shows and magic shows, which the children had not enjoyed in a long time.
- Outdoor activities in nearby parks were organized for the children including games, infotainment activities, swings and rides, etc.
- An outing was arranged for the older kids at Café Culture for a fun meal.
- A team from Sociwind supported Day Care by holding a Nukkad Natak and other fun activities for the children.
- Talks by Nutritionists from AIIMS helped the parents to plan the diet for their children. The Nutritionist also addressed queries to their satisfaction.
- Mural painting in the children's reading room.
- Library books, painting books, story books, magazines were available in plenty to make use of by the children. They were encouraged to read the books both at the centre as well as carry them home.
- A group of Day care patients very enthusiastically learnt and performed a dance at the Walk for life event held in February.

DAY CARE STATISTICS

Particulars	CDC	TDC & ADC	TOTAL
Day Care Sessions	40	37	77
Attending Patients	1,251	1,074	2,325
Attending Caregivers	1,437	0	1,437
Patients Receiving Weekly Nutrition Support	1,231	1,074	2,305
Patients Receiving Daily Meals	1,526	1,112	2,638
Non-Formal Education Activities	8	1	9
Outdoor Activities	3	3	6
Emotional, Healing & Relaxation Therapy Sessions	14	15	29
One-on one Counselling Sessions	118	51	169
Group Counselling Sessions	26	22	48



REGULAR DAY CARE ACTIVITIES

Art & Craft	
Finger Painting	Paper Folding
Drawing & Coloring	Clay Modeling

Non-Formal Education	
Syllabus Matter & Homework	Languages
Library	Excursions
Story Telling & Story Creation	Reading & Writing
Literacy & Numeracy Games	General Knowledge
Soft Skills	Computer Skills

Fun Activities	
Cartoons & Movies	Picnics
Music	Festival Celebration
Dance	Puppet & Magic Shows
Theatre	Games

Therapies	
Motivational Talks	Counselling
Chanting	Befriending
Yoga	Individual Counseling
Meditation	Group Counselling
Laughter Therapy	Peer Support
Sound Therapy	Accupressure



DAY CARE



TELEPHONE HELPLINE (THL)

The Program

The Cancer Helpline is “the lifeline” of CanSupport. It provides information and emotional support to callers as well as facilitates networking and coordination with service providers for callers’ cancer and palliative care related needs. This is a confidential service that overcomes the barrier of physical distance and seeks to support the caller both empathetically and practically.

The Helpline is manned by trained counsellors who are equipped with information related to financial support, blood banks, cancer detection centres, hospitals, nursing bureaus, wigs, medical equipment and prostheses, ambulances, chemist shops, and other modes of assistance that may be useful to cancer patients, caregivers and families. The Helpline also provides prompt referrals to Palliative Care consultations and Home Care services. Our counsellors are available on the Helpline from Monday to Saturday (9:00 am to 6:00 pm).

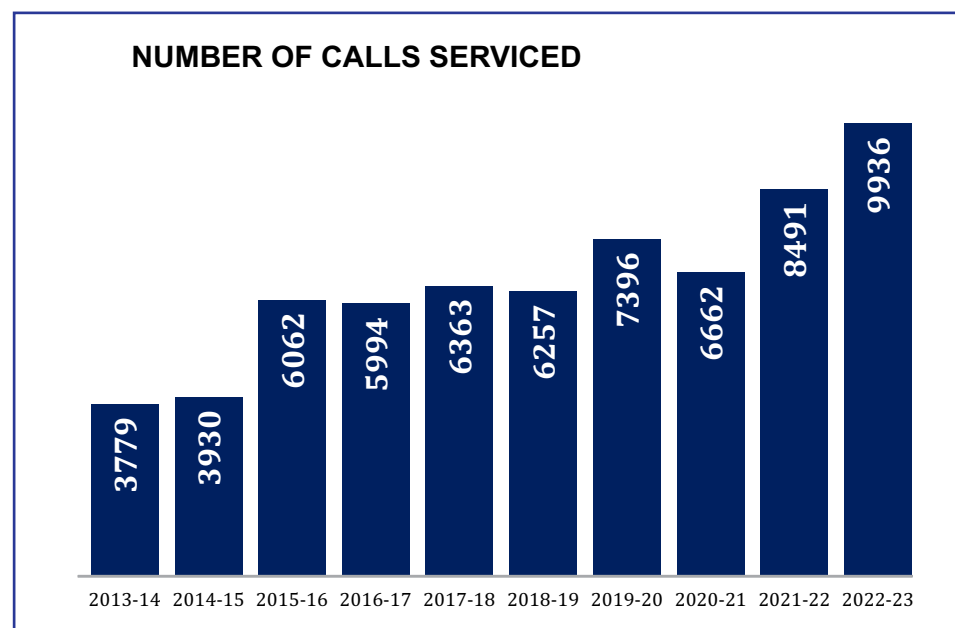
Highlights FY 2022-23

- The Helpline serviced a record number of calls received and serviced since its inception, totalling to 9,936 in the year.
- Number of caller needs fulfilled were 12,295 against the total 12,308 caller needs recorded, making it a remarkable 99% need fulfilment rate.
- In addition, face to face counselling was done for 336 patients/caregivers in follow up to the call support.
- THL counsellors also pitched in to extend psychosocial support to patients and their caregivers who visited the Outpatient Clinic in South Delhi.
- Two virtual Helpline Networking Meets were organised in the year to strengthen networks around cancer care and make resources for patients more comprehensive and accessible. Capacity building sessions were also a part of the two meetings.
- The first virtual Helpline Networking Meet happened on 29 Sep 2022 and

was attended by representatives of six NGOs with helplines. Shailaja Ranjan (Sumaitri) delivered a session on ‘how to help people in distress over calls’.

- The second virtual Helpline Networking Meet happened on 31 January 2023, attended by members of eight NGOs with helplines. The meet included a session on ‘Team Building’ by Dr Keshav Sharma, a Psycho Oncologist and grief therapist at Fortis.

Total calls serviced in the year	9,936
Average calls serviced per month	707
Caller needs recorded	12,308
Caller needs fulfilled	12,295 (99%)
Face-to-face counselling sessions	271
Referrals to CanSupport services	1,371
Referrals for volunteer enrollment	8
Referrals for resource facilitation	323



HOSPITAL OUTREACH & THIRD PARTY RESOURCE FACILITATION (TRF)

The Program

The Hospital Outreach program entails our Networking Officers based in various hospitals. They help cancer patients and accompanying caregivers navigate through the maze of cancer care, provide them with required information and steer them to pertinent resources as well as service referrals.

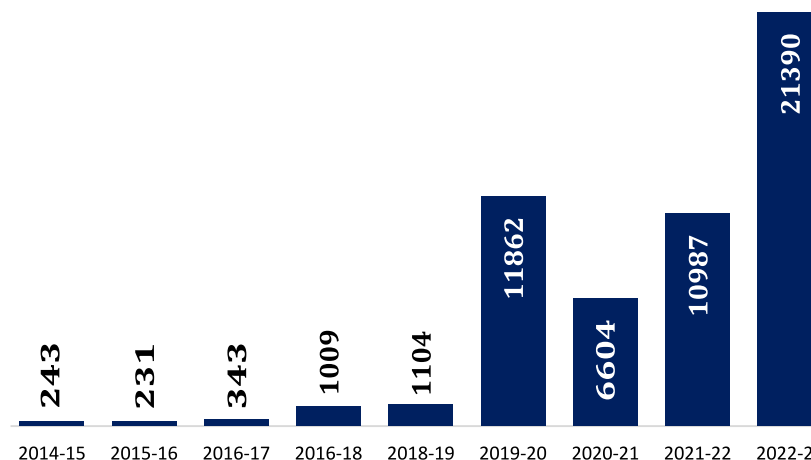
The Third Party Resource Facilitation program was added to the Hospital Outreach program in 2014 to address the much needed support required by cancer patients in form of financial aid for treatment, laboratory investigations and imaging tests as well as other non-financial resources and equipment. Our Social Workers mobilise these resources through various National and State Government schemes and network with other allied organizations.

Highlights FY 2022-23

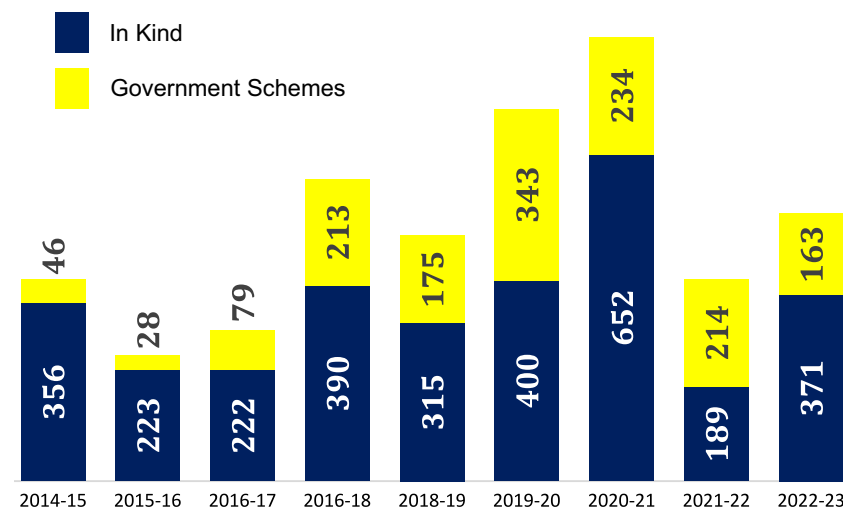
- The Hospital Networking teams helped navigate 12,677 patients across 28 hospitals and mobilised 3,015 referrals for the Home Care teams. Five new hospitals were added to our hospital outreach.
- Our collaboration with the Medical Social Service Unit at AIIMS through deployment of a dedicated social worker within the hospital premises continues to help us facilitate resources for many more patients in the year.
- We enrolled 21,733 patients this year under the TRF program, double the previous year.
- Out of these, we were able to support 21,390 cases (98%) in their resource requirements.
- Financial grants amounting to Rs 163 lakh were mobilised from Central and State Government Schemes for the economically backward patients. Some key govt schemes included Rashtriya Arogya Nidhi, Prime Minister Relief Fund, Delhi Arogya Nidhi, Chief Minister Fund, EWS Fund, etc.
- Other resources, including chemotherapy drugs, prosthetic limbs, lymphedema support garments and bras, wheel chairs, etc. were also mobilised for patients through various civil society networks. The valuation of these in-kind resources totaled to about Rs. 371 lakh.
- Numerous patients were navigated through the new COVID-19 referral systems established in various healthcare institutions by State Governments in Delhi, Haryana, Punjab and Uttar Pradesh.



NUMBER OF PATIENTS SUPPORTED



GRANTS & RESOURCES MOBILISED (IN LAKH)



COMMUNITY OUTREACH AND AWARENESS (COR)

The Program

Community Outreach and Awareness program has been a core activity that goes together with Home Care services. The program is executed by a team of seasoned and competent Community Outreach Officers with the aim to disseminate basic yet vital information about cancer, palliative care and CanSupport's free of charge services to the most underserved communities like slums, villages, low income colonies and resettlement areas.

Key stakeholders of these communities are educated and empowered to identify people facing cancer and refer them to our helpline for timely guidance and support. IEC material in Hindi, Gurmukhi and English is distributed extensively for ready information. The team also organises regular awareness and screening sessions in these communities through our doctors, nurses and build effective networks for coordination across various care components.

Highlights FY 2022-23

- Under its 'Train the Trainer' program, 478 ASHA workers, 1,167 Aanganwadi workers, 624 Self Help Group women were trained as community trainers around early cancer detection. The objective was to equip them with knowledge and necessary skills to sensitise other women and men in their communities in cancer prevention, screening and early diagnosis. CanSupport provided them with illustrated Flip Chart Books and other IEC material to aid them in their community education activities.
- Throughout the year various cancer screening camps were held in the community with the support of Rajiv Gandhi Cancer Institute & Research Centre, Rohini, to benefit people and make them aware about early diagnosis of cancer. Through this initiative, 1,656 people were screened for cancer.

- The team carried out 14 community promotion programs in collaboration with various NGOs and RWAs in Delhi-NCR. The objective of this program was to make people aware about benefits of Palliative care and to refer people to palliative care services early in the course of a serious illness.

Community Outreach Visits	
Low Income Communities	246
Aanganwadis	156
General Physicians	934
Laboratories, Diagnostic Centers & Chemist Shops	1,510
Government Dispensaries	21
RWAs, Panchayats and NGOs in the communities	24
PMJAY Kendra	10
Religious Places	180
Miscellaneous	152



REHABILITATION SUPPORT

The Program

CanSupport provides rehabilitation support to destitute cancer patients and their caregivers to tide over their economic crisis, especially where the chief or sole bread earner in the family is not able to earn due to their illness. Many underprivileged patients are in a physical condition to take up any manner of an income generation activity and the rest of the family is usually too engaged in their caregiving process to make any earning possible.

The support may include, among other facilitation:

- Six-month supply of dry food ration for the family.
- Helping start an income generation activity for the family through equipment support; eg, push cart for a food stall, sewing machine, printing machine, rickshaw, rental and startup material for a cloth store, etc.
- Vocational training of family members through an academy and subsequent placement in pertinent industries.
- Mobilising government social schemes for girl children, widows, elderly, etc.

Highlights

FY 2022-23

- Dry Food Ration support extended to 1,352 families.
- Income Generation opportunities extended to 10 families.



QUALITY MANAGEMENT AND RESEARCH UNIT (QMRU)

THE PROGRAM

CanSupport is committed to invest deeply in its people, both staff and volunteers; therefore, learning and refining programs is an ongoing enterprise. While we engage in continuous capacity enhancement through studying and adopting global best practices and research tools, we also brainstorm with and obtain feedback from our stakeholders including specialists, beneficiaries and partners about ideas for improving the quality of our services, fitting them to the challenge areas and iterating them into promising solutions.

The Quality Management and Research Unit is a special task force that is manned by the most experienced doctors, nurses and counsellors in the organisation to drive capacity building, quality assurance and technical excellence. The Unit focuses on comprehensive Mentoring and Monitoring activities across all programs. It intensively trains new recruits in Palliative care delivery and facilitates a continuous learning culture and opportunities for all staff and volunteers to build on their knowledge and skills.

The Unit is engaged in carrying out research activities to enable new needs and trends to be identified so that new field services might be developed. In addition, it organises Palliative care training courses for wider medical fraternity to spread the vital message of Palliative care.

Highlights FY 2022-23

{A} CAPACITY BUILDING OF CANSUPPORT TEAMS

CanSupport offers its teams of doctors, nurses and counselors enriching opportunities to hone their clinical skills, add to their current knowledge and build their capacity as world class professionals in this specialised care and also takes steps to nurture them as compassionate and empathetic human beings who effect holistic healing and bring peace with their therapeutic presence.

a. In-house Palliative Care Capacity Enhancement Sessions

A continuous confidence self-assessment, trainer audit and research led learning program was in place to ensure focused learning and high quality of care.

- Intensive capacity building courses, ranging from 4-10 weeks duration, were conducted for the 20 new program staff appointed in the FY 2022-23.
- A total of 158 capacity enhancement sessions were held by in-house and guest faculty, that included 38 sessions for the multidisciplinary teams and 120 for distinct professional groups.
- Out of the 158 sessions, 93 focused on Palliative Care interventions specific to cancer, 26 sessions aimed at building capacity around Palliative Care for End-stage organ diseases, and 28 on neurological illnesses.



b. External Faculty Palliative Care Training Sessions

S. No.	Trainer/Designation	Session(s)
1	Dr Amod Manocha, Assistant Professor, Department of Onco Anesthesia and Palliative Medicine National Cancer Institute (Jhajjar), AIIMS Delhi	<ul style="list-style-type: none"> Role of cannabis in Advanced Cancer
2	Dr Rakesh Garg, Additional Professor, Department of Onco Anesthesia and Palliative Medicine - IRCH AIIMS Delhi	<ul style="list-style-type: none"> End of life Counselling- Medical and Psychological Aspects Futile interventions at End of life in palliative care
3	Dr Bhawesh Pangaria, Senior Resident, AIIMS Delhi	<ul style="list-style-type: none"> Symptom Management in Dementia
4	Dr Neha Singh, Senior Resident, Department of Onco Anesthesia and Palliative Medicine, AIIMS Delhi	<ul style="list-style-type: none"> Symptom Management in Parkinson's Disease & Related Neurological Conditions Spiritual issues in Palliative Care
5	Dr Tushti Bhardwaj, Professor, Social Work Department, Dr B R Ambedkar College	<ul style="list-style-type: none"> Distress of Caregivers of Advanced Dementia Patients
6	Sudeshna Saha, Gerontologist	<ul style="list-style-type: none"> Distress of Care Givers of advanced Dementia Patients
7	Dr Leena V Gangoli, Senior Medical Officer, Sukoon Nilaya Palliative Care Centre, Mumbai Department	<ul style="list-style-type: none"> Sexually Inappropriate Behavior in Dementia patients

c. Capacity Building of Supportive Care Programs and Head Office Teams

A total of 25 subject specific sessions were held for staff and volunteers engaged in the Supportive Care Services during the year. These included:

- 20 sessions for the Telephone Helpline
- 5 sessions for Hospital Outreach Team and Community Outreach Team

d. Participation in Forums and Conferences

- Dr Ishita Gandhi and Dr Reena Sharma were invited to attend the first Quality Improvement (QI) Conference QICON 2023 organised by the National Cancer Grid India- EQUiP Stanford India Collaborative. With sessions focused on brainstorming to enhance QI culture in India, establishing QI Hubs, collaborations, QI publications and for planning QI based multicentric projects. CanSupport was recognised as a QI hub by NCG.
- Harmala Gupta and a team of senior Staff from CanSupport attended the IAPCON (International Conference of Indian Association of Palliative Care) held in Bangalore in February 2023. Presenters from CanSupport included:

Presenter	Topic of Presentation
Dr Ishita Gandhi	Management of fungating wound with Honey Dressing.
Narinder Gautam	Spiritual Concerns of cancer patients in community Palliative care setting in India: Experiences from CanSupport services.
Pallika Choudhary	Cultural Adaptation of Patient Health Questionnaire in Hindi for use with cancer patients in a Palliative Care setting.



{B} TRAINING & EDUCATION OF THIRD PARTY PROFESSIONALS

CanSupport imparts training and education to equip third party health and social care professionals, practitioners, students & interns with requisite knowledge, skills, and attitudes in Palliative Care. The training is tailored to their unique practice settings. The following training courses were held in the year:

a. CANSUPPORT CERTIFICATE COURSES:

- Certificate Course in Palliative Medicine :

The four week program enables doctors to gain practical “hands on training” in delivery of Palliative Care in different settings. 4 doctors were trained.

- Certificate Course in Palliative Nursing :

The four week program is meant for nurses that enables them to gain theoretical and practical training in delivery of palliative Care. 14 nurses were trained.

- Certificate Course in Palliative Counselling :

The eight-week intensive program is aimed to impart practical knowledge and skills in delivering Palliative Care counselling. 2 Counsellors were trained.

- Volunteer Training Program

The 16-hour training program for volunteers is held at CanSupport and is certified by Indian Association of Palliative Care. Due to Covid uncertainty last year, this program was deferred.

b. ANNUAL FOUNDATION COURSE IN PALLIATIVE CARE

CanSupport conducts a 2-day Annual Foundation Course in collaboration with AIIMS every year on basic principles and practices of Palliative Care for healthcare professionals, students, interns and volunteers. After a gap of three years, due to Covid 19, CanSupport's 22nd Foundation Course in Palliative Care was held on March 15 and 16 at Jawaharlal Nehru Auditorium, AIIMS. The two day Foundation Course was held in collaboration with IRCH Pain and Palliative Care Unit, AIIMS, headed by Prof. Dr Sushma Bhatnagar. The Guests of Honour included: Prof. Raminder Kalra, from Holy Family College of Nursing Delhi, Prof. Rajeshwari Jayaraj from Santosh College of Nursing Ghaziabad and Prof. Sunita Shrivastava from Amity University College of Nursing Manesar, Gurugram. 150 people received training under this Foundation Course that was conducted by renowned faculty in Palliative care from the two organising Institutes and others.



c. NATIONAL FELLOWSHIPS IN PALLIATIVE MEDICINE AND PALLIATIVE NURSING

The National Fellowship in Palliative Medicine/Nursing is a one year distance learning program in Palliative Medicine/Nursing conducted by IPM Kozhikode, Calicut in association with Christian Medical Association of India (CMAI).

d. MULTI THEMATIC WORKSHOPS AND SESSIONS IN PALLIATIVE CARE

In order to promote a learning experience in palliative care, CanSupport organises multiple introductory workshops and sessions across the country.

- Two-hour introductory Palliative care workshop for doctors, nurses, counsellors, social workers and volunteers were held at RML Hospital, SGT University, IGNOU, KIIT University, Dharamshila Rahat Hospital, Subharti University, Meerut, Jag Pravesh Chandra Hospital and Saket Court.
- Two days' Continuing Hours Education (CNE) workshop for students nurses, nurses. 3 workshops were held:
 - » Ruffaida College of Nursing
 - » Salokaya Nursing College
 - » HelpAge India



- Online sessions on Palliative Care for healthcare professionals were held for:
 - » Dr Bhubaneshwar Borooah Cancer Institute
 - » Pallium India
 - » Office of DM Shahdara
 - » Indian Association of Palliative Care



e. INVITATION AS FACULTY

- by PHD Chamber of Commerce as an associate for a conference titled 'Decoding the Myths of Cancer' on World Cancer Day. Dr Ravinder Mohan was also invited to speak on 'Role of Palliative Care in Cancer' in a panel discussion held at the conference.
- by International Patient Union for a day long conference to formulate Healthcare guidelines.

f. CANCER AWARENESS SESSIONS ON REQUEST

Cancer awareness sessions are held regularly to sensitise participants about various aspects of cancer, its prevention, early treatment and role of Palliative Care. Some entities for which these were held include:

SE2 Digital Service LLP, Vaco Binary Semantics, Sakhi One Stop Centre, Madan Mohan Malviya Hospital, Malviya Nagar, Sakhi Centre, Sangam Vihar, Barko Co. Noida International University, Varian Medical System, HDFC Bank, Rook V K Jain Foundation, Jagravesha Chandra Hospital, East Delhi, DELSA.



{C} RESEARCH

a. Research studies presented at forums:

- Title: Management of fungating wound with honey dressing
Author: Dr Ishita Gandhi
Forum IAPCON 2023
- Title: Spiritual Concerns of cancer patients in a community Palliative Care setting in India: Experiences from CanSupport Services
Author: Narender Gautam
Forum: IAPCON 2023



b. Research studies published in the year:

- Title 'Improving Delirium Assessment in Palliative Homecare – A Quality Improvement Project at CanSupport'
Authors: Dr Ishita Gandhi, Dr Reena Sharma
Publication: Indian Journal of Palliative Care: Jan-Mar 2023 Issue.

c. Research studies ongoing :

- Title: Cancer Patients' Perspective on Attributes of Good Death in Palliative Care (End of Life Goals)
Authors: Arjun Verma (Ph.D. in Psychology from Amity, Noida) & CanSupport
- Title: 'Relaxation Adaptive-Movement Program: An Initiative in Stress Relief for Palliative Patients'
Author: Zuleikha of The Storydancer Project & CanSupport

d. Collaboration :

- CanSupport has collaborated with Cicely Saunders Institute & Dr Bhim Rao Ambedkar College for research on "Home based palliative care for cancer patients in the community: a cohort study of patients supported by CanSupport".

{D} INTERNSHIPS AND OBSERVERSHIPS

116 interns were placed for internship at CanSupport from universities across India and the US from the following institutions:

- Christ University, Bengaluru
- NMIMS, Mumbai
- Dr Bhim Rao Ambedkar College, Delhi
- Indira Gandhi National Open University (IGNOU)
- Amity University, Noida
- IRCH/AIIMS, Delhi
- All India Institute of Medical Sciences, Deoghar, Jharkand
- Dr S N Medical College, Jodhpur, Rajasthan
- Homi Bhabha Cancer Hospital & Research Centre Muzzaffarpur, Bihar
- Mahatma Gandhi Medical College & Hospital, Jaipur, Rajasthan
- JLN Medical College, Ajmer, Rajasthan
- Subharti Medical College, Meerut
- Rajendra Institute of Medical Sciences, Ranchi, Jharkhand
- All India Institute of Medical Sciences, Deoghar, Jharkhand
- Lady Hardinge Medical College, Delhi
- Michigan State University College of Human Medicine
- University of Texas, USA
- Drexel University College of Medicine, USA
- Ohio State University, USA
- University of Texas Medical Branch at Galveston, USA
- Pennsylvania State University, USA
- University of Nebraska, Nebraska, USA
- Princeton University, New Jersey, USA
- New College of Florida, USA
- University of Washington, Tacoma, USA
- Western Reserve University, Cleveland, Ohio, USA



CORPORATE SOCIAL RESPONSIBILITY - EMPLOYEE ENGAGEMENT ACTIVITIES

CanSupport's Employee Engagement Program designs unique activities with company employees to suit their skills and interests for a rewarding and meaningful experience with young and adult patients with cancer as well as with CanSupport staff and volunteers.

Highlights FY 2022-23

Post Covid, the FY 2022-23, saw many in person as well as some online employee engagement activities happening that included:

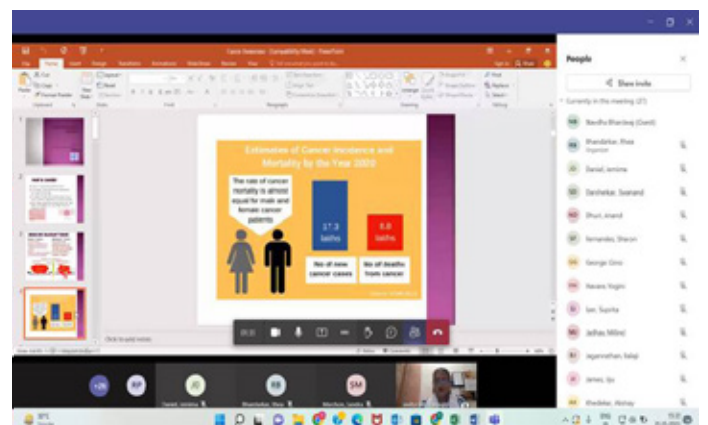
- CanSupport organised an online sessions on cancer awareness for the employees of Ambuja Cement Foundation, SE2 Digital Service LLP, Barco Electronic Systems Pvt Ltd, Varian Medical Services & HDFC Bank –North Region
- 18 employees from Tata Capital Finance Services group from its various offices across Delhi visited CanSupport's South Delhi Day Care to celebrate late JRD Tata's birthday with Day Care children. It was an informal interactive session between the employees and the patients where Day Care children Paid shradhanjali to JRD Tata by offering flower petals on his photo along with Tata Finance employees. They also colored a sketch of JRD Tata and received gifts like a steel tumbler, key chain, an umbrella and were treated to pizzas and cold drinks. The children were also shown a film on JRD Tata.
- To mark Breast Cancer Awareness month, an online session on Breast Cancer was held for the employees of Varian Medical System. 40 employees joined the session. Another online session on Breast Cancer titled 'Cancer Prevention to Palliation' was held for the female employees of HDFC bank, North Region.
- Parth Agarwal and Tiyaisha Mitra from McKinsey India conducted an online session on 'Problem Solving' for CanSupport staff.
- In November, an Awareness and Fundraising session for Adobe employees was organized. About 70 Adobe employees joined the session and learnt about self-care and the spirit of never losing hope. Dr Ishita Gandhi, Director Palliative Medicine, made a presentation on 'Prevention to Palliation' Ratna Jajoria, counsellor also shared her story of survivorship. Adobe employees designed and made e cards for cancer patients to cheer them up. These cards were later printed and are used to encourage Home Care patients.
- In January, Zinnia Digital Services LLP employees visited Day Care. It was a beautiful sight to see them spend time with our Day Care patients, play games with them, shower them with gifts! It was a fun day for everyone, full of laughter

and smiles!

- Two day Palliative Care awareness Session for HelpAge India was held in February and was attended by Helpage India staff comprising doctors, paramedics, pharmacists, office attendants and drivers.
- On 6 February, 15 employees from Optum Global Solutions India Private Limited visited Day Care at CanSupport. The employees conducted a session on yoga, chanting of 'om', and a puppet show which was thoroughly enjoyed by Day Care adults and children and their caregivers. The employees also spent time talking to some of the caregivers and listened to their stories of hope and courage despite undergoing the trauma of suffering from a terminal illness. The goodies pack and lunch was distributed to all the attendees and the session left everyone with beaming smiles on their faces.
- More than 2,500 employees from Optum Global Solutions (India) Pvt Ltd, Roop V K Jain Foundation, Genpact, Shangri La Eros, New Delhi, Ambience Interiors, Putnam, Tata Capital, Kusum Healthcare, Varian Medical System, S.S. Rana & Company, Shades of India, Agape Blessed Foundation Trust, Cipla Limited, Voice of Heart, KPMG, CP Wholesale India Pvt Ltd, IDEMIA, Rajiv Gandhi Cancer Research Institute, Spark Ventures, Jalvayu Vihar Laughter Club participated in our Walk for Life Event, showing solidarity with survivors and raising awareness around support for cancer patients and their families.



EMPLOYEE ENGAGEMENT ACTIVITIES



A MUSICAL EVENING TO CELEBRATE WORLD HOSPICE & PALLIATIVE CARE DAY

On Sunday, 9 October 2022, CanSupport partnered with Dharamshila Rahat Medical Centre for 'Healing Hearts and Communities – A Music Concert' by the renowned ghazal singer Dr Radhika Chopra to celebrate World Hospice & Palliative Care Day 2022, at NCUI Auditorium, Delhi.

This year's World Hospice & Palliative Care Day theme being 'Healing Hearts and Communities', the event was titled the same and was aimed at bringing people in the community together.

The Chief Guest was Dr Sushma Bhatnagar - the Chief at Dr BR Ambedkar Institute Rotary Cancer Hospital, AIIMS Delhi and the President of Indian Association of Palliative Care, In her keynote address Dr Bhatnagar said, "The care that CanSupport teams give to those living with cancer, in their homes is unimaginable. Every doctor, nurse and counsellor at CanSupport is very disciplined and respectful towards everyone. That's what every patient wants – Respect. This is what Palliative Care is about."

Other prominent people to attend the event were – Dr Suversha Khanna, the founder of Dharamshila Rahat Medical Centre, Sophie Ahmed, the former Managing Committee member of CanSupport, Dr Ambika Rajvanshi, the CEO of CanSupport and the RWA presidents of many colonies in South Delhi around CanSupport's Palliative Care Training center and headquarters in Gulmohar Park. The event was attended by about 500 people including 50 of our home care patients and their caregivers.

Dr Radhika Chopra, the renowned ghazal singer who sang at the event pro bono, mesmerized the audience not only with her flawless singing but also with her warmth. During her performance she praised CanSupport and its work and appealed to the audience to support and donate to CanSupport generously. We thank Dr Radhika Chopra for supporting our mission.

A special Souvenir was also released at the event that carries articles on the importance and benefits of Palliative Care.

Leading up to the event, CanSupport with Dharamshila Rahat Medical Centre, organised free cancer awareness talks and screening camps in many residential colonies including Gulmohar Park, Panchsheel Park, Sarvodaya Enclave and Greater Kailash 1 with the help of their respective RWAs. These camps were greatly appreciated and beneficial for the residents.

The event was hugely successful and lived up to its theme of 'Healing Hearts and Communities'. Each attendee went back feeling refreshed and uplifted.

We thank Dharamshila Rahat Medical Centre for sponsoring the event.

We are also grateful to Sophie Ahmed for her gracious presence and generous donation.



We thank our World Hospice and Palliative Care Day Event Partners & Supporters:

Amyyra Diagnostics	K I C Food Products Pvt Ltd	Tanu Monga
Bryan Pharmaceuticals	Magnus Air Control	Usha Chopra
Chawla Art Gallery	Marchers International Pvt Ltd	Vaco Binary Semantics L L P
Chhaitanya Diagnostics Pvt Ltd	R S Pharmaceutical	Vandana Chawla
Devats (India) Pvt Ltd	Ramesh Chander	Vasantha Suresh Bharucha
Doux Amour	Ramkrishna Choudhari Trust	Vitrana Healthcare L L P
Dr Poonam Batra Dental Clinic	S K Pharma	Wembrace Biopharma Pvt Ltd
Garg Medicos	Sarika Ahuja	Yogesh Sethi
Grover Associates	Sophie Ahmed	Special thanks to Nadira Chaturvedi & Justin Rabindra
Housing Development Finance Corporation Ltd.	Shalini Khanna	
I T Tech Services	Sri Jagannath Charitable Cancer Institute & Research Center	
Ishwar Dass Rajkumar		
Jewellers M Raj Sons		

EVENTS

CANSUPPORT WALK FOR LIFE – STRIDE AGAINST CANCER 2023

On Sunday, 19 February, thousands of people gathered to take part in CanSupport Walk for Life-Stride against Cancer 2023 event. The event was held in association with PHD Chamber of Commerce and Industry.

More than 5,000 people that included corporates, institutions, schools, colleges and individuals came to join in the biggest cancer awareness Walkathon in Delhi – this being the 16th Walk that commemorates World Cancer Day not only lived up to its spirit but also saw greater enthusiasm and energy this year than ever before.

Starting with an energizing performance by the Djembe Circle group members playing their Djembe drums and some Zumba moves by Sai Aerobics that warmed up everyone, Zuleikha of The Storydancer project touched everyone's hearts with her mesmerizing dance performance. The final dance performance by cancer patients who come to CanSupport's Day Care was the most moving and inspiring.

The chief guest at the event was Dr Randeep Guleria, former Director of AIIMS, Delhi and Chairman of Internal Medicine, Respiratory & Sleep Medicine at Medanta, Gurugram. The Guest of Honour was - Dr Anand Prakash Maheshwari - Former Head of the largest paramilitary force in the world - The Central Reserve Police Force (CRPF).

Speaking on the occasion, Chief Guest Dr Randeep Guleria, Chairman, Institute of Internal Medicine and Respiratory and Sleep Medicine, Medanta, congratulated CanSupport for its brilliant work and said that the Walkathon is significant as this prompts us to get back on course in terms of palliative care and early diagnosis & prevention of cancer especially after the Pandemic.

Harmala Gupta, Founder-President of CanSupport said, "CanSupport's Walk for Life began with the intention of breaking the silence, isolation and myths around cancer. Today, it is a joyous event as young and old and those living with cancer walk, run and dance together in a defiant spirit of celebration".

The Walk was flagged off by Dr Randeep Guleria. It was a sight to behold as one large group of participants followed by another, like wave upon wave, holding cancer awareness placards and shouting "We support CanSupport".

At the event, CanSupport honoured Cipla Foundation by awarding them CanSupport Walk for Life 2023 Golden Scroll that was received by Binu Nair, Head of Cipla Foundation.

Silver Scroll of Honour was also presented to Optum Global Solutions India Private Limited in recognition of its support to our Home Care programs across the worst affected areas of Delhi and Punjab. Optum Global Solutions India Private Limited also won the trophy for the largest participating corporate in the Walk. 600 Optum employees joined the Walk.

The trophy for the largest participating Academic Institution was awarded to Pathways School, Gurgaon, Haryana.

The Shri Ram School, Aravali, won the trophy for the largest participating Academic Institution walking in their own campus.

The trophy for an individual who raised the highest amount of pledges and donations for the Walk, was presented to Dr Anita Marwah and finally the trophy for the largest Volunteer Group went to the Rotaract Club of Sri Aurobindo College and Rotaract District 3,011.

We thank each CanSupport staff, hundreds of volunteers and each and every participant, for making the Walk a huge success.



GLIMPSES OF CANSUPPORT WALK FOR LIFE – STRIDE AGAINST CANCER



GROUPS TAKING PART IN THE WALK



We acknowledge and thank all CanSupport Walk for Life 2023 Partners & Supporters

Corporates & Other Groups	Academic Institutions				
Ambience Interiors Pvt Ltd	Aashray Juneja, Indian Navy School	RR College of Nursing, Gurugram	Anuradha Puri	IWC of Delhi Vasant Kunj	Rotaract Club Sri Aurobindo College
Agape Blessed Foundation Trust	Amity University College of Nursing, Gurugram	Rotaract Club Sri Aurobindo College	Arti Punj	IWC of Delhi Vasant Vatika	Rotaract District 3011
Cipla Limited	Amity University, Noida	Rufaida College of Nursing	Assem's Library	Jaideep Singh Dang	Sai Aerobics
CP Wholesale India Pvt Ltd	Apollo School of Nursing	SGT College of Nursing	Bhupinder Singh Gill	Jainsons Castors and Industrial Products	Secmeds Medical Second Opinion
Dr Bakshi's Healthcare Private Limited	DPS International Edge, Gurugram	Sharda College of Nursing	Bineeta Malhotra	Kamal Mohan	Shirin Jain
Embassy of Belgium	DPS International Dasna, Ghaziabad	Shiv Nadar School, Gurugram	Bisleri	Kavery Gangully	Shubha Khanna
Embassy of Columbia	FOSTIIMA Business School	Step by Step School, Noida	Biz Gurukul	Kuashik Choudhary	Shweta Moolchandani
Genpact India Pvt Ltd	Galgotia University College of Nursing, Greater Noida	Swami Shraddhanand College	Build Kraft India	Lion Pratibha Agrawal MJF	Som Mittal
Idemia	Holy Family College of Nursing	Syadwad Institute of Higher Education & Research College, Bagpat	Central Public Works Department	Liones Harsharan Kaur	Tata 1mg Technologies Pvt Ltd
KPMG Foundation	Institute of Paramedical Sciences & Research	The British School	Central Reserve Police Force	Manju Rajpal	Tattvalogy
Kusum Healthcare Pvt Ltd	Jaspal Kaur Public School, Shalimar Bagh	The Frank Anthony Public School	Chitra Mehta	Max Super Specialty Hospital, Saket	Tea Gallery
Ladies Association Panchsheel Enclave	New Era Public School, Dwarka	The Shri Ram School, Aravali	Clownselors	Medanta Mediclinic	Tinatoons
Laughter Club, Jalvayu Vihar	New Era Public School, Mayapuri	The Shri Ram School, Mousari	Dabur	Ministry of Home Affairs	Unibic
Lioness Club Pragati	Noida International University, College of Nursing	Other Supporters & Partners	Delhi Police	Mona Bhatia	Urban Mandi
New Zealand High Commission	PGIMS, Rohtak	555 Soaps	Delhi Traffic Police	Mother & Child Hospital	Usha Agrawal
Optum Global Solutions (India) Pvt Ltd	Pathways School, Gurugram	Achala Kaul	Diya and Ritwick	Nalini Sehgal	Usha Rani Sharma
Rajiv Gandhi Cancer Institute & Research Centre	Pathways School, Noida	Ajit Singh's NSS Group	Djembe Drummers	New Delhi Municipal Council	Vinita Idnani
Remembering Kalindi	Prince Public School, Budhvihar	Anjali Singh	DLSLA	Nilima Chawla	Vinod Dhamija
Roop VK Jain Foundation		Anjana Bakht	Doll Singh	PHD Chamber of Commerce and Industry	Special thanks to:
SS Rana & Co		Anubhuti Agrawal	Dr Malkit Law	Prama Bhandari	Manju Bhatnagar
Shades of India		Anuradha Mittal	Dr Anita Marwah	Prerna Tandon	Tina Rajan
Shangri-La - Eros Hotel			Ela Trivedi	Project Help	Zuleikha of The Storydancer Project
SmartAnalyst / Putnam Inzio Group			Emerging Securities Pvt Ltd	Radhika Shapoorjee	Justin Rabindra
Spark Ventures			FOSTIIMA Business School	Redfort Chapter Delhi, India HOG	All Volunteers, Events & Communication Team
Tata Capital Limited			Geetha Raghavan	Renu Mittal	
Varian Medical Systems			Gita Aggarwal	Ritika Pathak	
Voice of Heart			Gitanjali Puri	Roop VK Jain Foundation	
			Harmala Gupta		
			Interem Relocation		
			Ishtihaar		

ANNUAL REMEMBRANCE DAY

Remembrance Day, CanSupport's annual event was held on December 17 at Baha'i House of Worship, Delhi. It was attended by around 600 people that included 450 caregivers who had lost their loved ones to cancer during the last one year.

CanSupport holds this event every year to give an opportunity to the families to come together to offer Shradhaanjali to their loved ones and help the grieving families find a closure. Its also an opportunity for CanSupport to recognize and appreciate the efforts put in by its home care teams for their selfless dedication and spirit.

The event started with a recorded video message by Harmala Gupta, she welcomed and thanked all the caregivers who had come to attend the event and praised the CanSupport staff for their hard work and selfless spirit.

N S Anand - Head Marketing & Public Relations thanked and welcomed all the caregivers to the event to pay tribute to their loved ones. In his address he spoke about the four universal sufferings of Birth, Ageing, Sickness and Death, as identified by Gautam Buddha and added that these four sufferings are common to all humanity irrespective of color, caste or social status and it brings the entire humanity at the same level.

Savita Luka – Head Palliative Care Field Services, called all the home care staff on the stage and thanked them for their dedicated spirit.

Many caregivers were then invited to the podium to share their memories. Each of them thanked the home care team, for supporting them, guiding them in their difficult time when even close family and friends didn't care.

This was followed by a short prayer meeting inside Lotus temple. Later, outside in the lawns, the caregivers lit diyas, wrote messages to their loved ones. Amy Potter, CanSupport volunteer who created the beautiful 'Remembrance Tree' assisted caregivers in putting up the messages on the tree. The backdrop of the illuminated Lotus temple, diyas and the tree, touched everyone's heart and brought peace to all those present.

We thank all the caregivers, staff and volunteers for making this the most wonderful Remembrance Day ever.



REMEMBRANCE DAY, AMRITSAR

This year, for the first time CanSupport also held 'Remembrance Day' in Amritsar. The event was held at S.L Bhawan School and was attended by around 65 caregivers who shared remembrances of their loved ones and relived some of their wonderful memories. Many caregivers came forward to thank the CanSupport home care team in Amritsar for the support it provided them during their tough time.

We thank S.L. Bhawan School, Amritsar and Rotary Club, Amritsar for supporting us in holding this event.



We thank our Remembrance Day Event Partners & Supporters:

Anup Kumar Adlakha	Neeru Magoon	TS Mohan Krishnan
Anurag Kumar	Parmod Puri	Usha Jain
Dinesh Chandra Singhal	Rupali Srivastav	Vikas Singh
Lt Col Gen Sk Sharma	Savita Lokur	Vineet Taneja
Madhav Kumar	Siddhartha Dubey	Vinod Dhamija
Mukesh Tyagi	Sukriti Kumar	Wg Cdr Pankaj Dua
Nand Prakash Sharma	Sumita Rawlley	

CANSUPPORT ADVISORY COMMITTEES

PALLIATIVE CARE ADVISORY COMMITTEE	
Dr Bhawna Sirohi	Oncology
Prof Santosh Chaturvedi	Psycho Oncology
Prof BK Mohanti	Radiation Oncology
Dr Roop Gursahani	Neurology
Prof Mary Ann Muckaden	Pediatric Palliative Care
Dr Rakesh Garg	Palliative Medicine
Dr Sandhya Gupta	Palliative Nursing
Dr Rajib Dasgupta	Public Health
Dr Tushti Bhardwaj	Research
INTERNAL ETHICS COMMITTEE (RESEARCH)	
Dr Tulika Seth	Chairperson
Dr Ravinder Mohan	Secretary
Anjali Gopalan	Member
Dr Reena Sharma	Member
Dr Mythily Shivkumar	Member
Dr Renu Chopra	Member
Trideep Pais	Member
INTERNAL COMPLAINTS COMMITTEE (SEXUAL HARASSMENT AT WORKPLACE)	
Kamlesh Choudhary	Chairperson
Kiran Gera	Female Representative
Dr Ravinder Mohan	Male Representative
Madhu Bala	External Member

CHILD SAFEGUARDING COMMITTEE	
Savita Luka	Internal Member from Palliative Care Field Services (Female Representative)
Pukhraj Singh	Internal Member from Day Care (Male Representative)
Dr Megha Consul	External Member
SUPPORTIVE CARE SERVICES COORDINATION & ADVISORY COMMITTEE	
Day Care Coordinators	Bineeta Malhotra
	Shubha Khanna
	Shweta Miglani
Peer Support Chief Facilitator	Rajni Bhagat Arora
Helpline Advisor	Usha Kala
EVENTS ADVISORY COMMITTEE	
Harmala Gupta	Mohini Daljeet Singh
Radhika Shapoorjee	Rajni Bhagat Arora
Bhanu Seth	Nadira Chaturvedi
Other Event Specific Committee Members	
EDITORIAL COMMITTEE	
Harmala Gupta	Nilima Chawla
Rajni Bhagat Arora	Radhika Shapoorjee
Tina Rajan	

CANSUPPORT STAFF as on March 31st 2023

HEAD OFFICE

CHIEF EXECUTIVE OFFICER	
Dr Ambika Rajvanshi	
RESOURCE MOBILIZATION	
NS Anand	Head – Marketing & Public Relations
Navdha Bhardwaj	Manager – Individual Donor Relationship; and Manager – Events & Fundraising Campaigns
Manjusha Singh	Assistant Manager – Corporate Relationship
Bela Sharma	Deputy Manager – Communication & Digital Marketing
Bharat Garima	Assistant Manager – Communication & Digital Marketing
Savita Arora	Assistant Manager – Individual Donor Relationship
Rajni Bhatia	Senior Executive – Individual Donor Relationship
Rinky Pal	Executive – Individual Donor Relationship
FINANCE & ACCOUNTS	
Renu Verma	Manager
Gaurav Singh Negi	Assistant Manager
Gaurav Kumar	Executive
Mohit Gahlaut	Executive
ADMINISTRATION AND HUMAN RESOURCES	
Sushree Acharya	Manager – Administration & HR
Sagir Khan	Senior Executive – Administration
Ramji Lal	Driver
Rajbir Singh	Driver
Laxmi	House Keeper

QUALITY & RESEARCH MANAGEMENT UNIT	
Savita Luka Masih	Director Palliative Nursing; and Head – Palliative Care Field Services
Dr Ravinder Mohan	Director – NDPS Compliance; and Senior Palliative Care Doctor
Anu Paul	Deputy Director – Psychosocial Counselling
Birbal Mahato	Assistant Manager – Programs
Sindhu Raj	Specialist Nurse & Trainer – Field Support Team
Jiji Thomas	Senior Nurse & Trainer – Field Support Team
Pallika Choudhary	Senior Counsellor & Trainer – Field Support Team
Narinder Singh Gautam	Senior Counsellor & Trainer – Field Support Team
Anju Sharma	Quality Assurance Executive
Ranjana Sethi	Quality Assurance Executive

SUPPORTIVE CARE SERVICES	
Kiran Gera	Head – Supportive Care Services; and Project Manager
Ratna Jajoria	Senior Counsellor – Telephone Helpline
Kamlesh Choudhary	Senior Counsellor – Telephone Helpline
Preeti Khanna	Counsellor – Telephone Helpline
Rajvinder	Coordinator – Hospital Outreach & Third Party Resource Facilitation
Shashi Bharti	Social Worker & Hospital Networking Officer
Mahesh Kumar	Social Worker & Hospital Networking Officer
Rekha Rani	Social Worker & Hospital Networking Officer
Dimpal	Social Worker
Narender Raghuvanshi	Coordinator – Community Outreach
Bhim Kumar Manjhi	Community Networking Officer
Rohit Kumar	Community Networking Officer
Vivek Kumar Mishra	Office Assistant
Pinky	House Keeper

CANSUPPORT STAFF as on March 31st 2023

PALLIATIVE CARE FIELD CENTRES & OUTPATIENT CLINICS

DOCTORS	
Dr Anbin Thomas M Boban	Dr Rajeev Sharma
Dr Anita Harish	Dr Rajesh Kumar Verma
Dr Hasina Saikia	Dr Ravinder Mohan
Dr Jyoti Singhal	Dr Sanjay Sharma
Dr Ishita Gandhi	Dr Santha Swarupa
Dr Manmohan Dogra	Dr Saurabh Sahay
Dr Pawan Garg	Dr Smita Taneja
Dr Pratap Chand	Dr Sunil Markan

NURSES		
Rukmini P (Senior Nurse)	Manpreet Kaur	Saramma George
Iftekhar Bi (Senior Nurse)	Margaret Masih	Shashi Dass
Abhilasha Singh	Marykutty Joshi	Shilpa Mashi
Amandeep	Meenakshi	Shobha Saran
Hardeep Kaur Nagra	Meera Rani Mohanty	Sini Kuriakose
HimaPS	Mini Sebastian	Suja Madhu
Kamla Sarkar	Miniamma John	Sunita Sharma
Karmali KC	Poonam Sagar	Thresiamma Joseph
Kirti	Puneet Devi	Valsamma Varghese
Koshal	Rajamma P	
Krishnapriya P	Ramya Nair	Geeta (Nursing Aide)
Mahima Samuel	Rejani Pradeep	
Manju Bhatnagar	Ritu Teena James	
Manju Dinesh Babu	Sahira	

NURSE - COUNSELLORS	
Chaitali Murmu	Manmohan Kaur
Charni Salim Masih	Sonia
Elizabeth Massey	Sonu
Karnail Kaur Mangat	

COUNSELLORS		
Anil Sharma (Sr Counsellor)	Kumari Jyoti	Renu Rajput
Anamika	Laxmi Kumari	Shashi Bhandari
Anjana	Mausumi Bhansali	Shailly Sharma
Babita	Meena Sharma	Simranjeet Kaur
Balvinder	Nazima Khatoon	Surender Manjhi
Jyoti Joshi	Parminder Kaur	Usha Devi
Jyotsna Rajpal	Pooja	
Kanchan Pandey	Rajni Rajput	

PROGRAM ADMINISTRATION	
Sandeep	Program Administration Coordinator
Punit Kumar Sagar	Senior Program Assistant
Jagdish Chander	Senior Program Assistant
Avneesh	Public Relations Officer
Avtar Singh	Public Relations Officer
Mohit	Public Relations Officer
Sabir	Office Assistant
Amit Rathi	Driver
Inderjeet	Driver
Swaminathan	Driver

We pay tribute to Bina Akhtar, Senior Counsellor and a beloved colleague, who passed away on 10 January 2023. She had been a part of the CanSupport family for more than 11 years. Full of life, with a joyful demeanor, she was greatly admired for her caring and respectful behavior towards everyone. She will be missed by one and all.



CANSUPPORT VOLUNTEERS

CanSupport was started by a team of volunteers that painstakingly built a caring and heart-led work culture centered around harmonious, compassionate, and disciplined team work. Our core volunteers continue to steer our professional teams in delivering the best possible care and support to our patients and their families as well as share their time and talents in raising friends and funds for our work without any compensation. Many of them coordinate and facilitate patient care programs or mentor our staff through technical, hard and soft skills. Others help in by planning and organizing events, reviewing our publications or mobilizing vital resources so our services remain free to our patients. Your generosity, compassion and kindness are the most expensive gifts we have. We acknowledge and thank you for your many contributions that are valued beyond any words.

Abha Sanghi	Harpreet Sayal	Rajni Bhagat Arora
Achala Kaul	Jyoti Nariman	Rashmi Sobti
Aditi Jain	Justin Rabindra	Rekha Mitra
Amy Potter	K Yoga Poojitha	Renu Mital
Anchal Bhalla	Kajal Aswani	Rohini Khullar
Anjali Singh	Kamal Mohan	Sagarika Das
Anjana Bakht	Kaveri Ganguly	Seema Narang
Anju Abbot	Komal Mathur	Shalini Kataria
Anuradha Mittal	Mani Datta	Shirin Jain
Arti Punj	Manju Rajpal	Shubha Khanna
Ashna Kochar	Meena Rastogi	Shweta Miglani
Bhanu Seth	Meenakshi	Shweta Moolchandani
Bineeta Malhotra	Meenu Budhiraja	Shyam Gupta
Chitra Mehta	Mona Bhatia	Simran Preet
Doll Singh	Nadira Chaturvedi	Sindhu K George
Dolly Randhawa	Navaz Z Aria	Sunita Shakdhar Menon
Dr Nidhi Aggarwal	Neelam Mohta	Suranjan Das
Dr Upasna Mathur	Neeta Bhalla	Tina Rajan
Era Singh	Nilima Chawla	Usha Agarwal
Gaurav Bhatia	Nimishya Joon	Usha Kala
Geeta Narula	Pragyan Patnaik	Vikram Bajaj
Geetha Raghavan	Pukhraj Singh	Vinita Idanani
Gita Agarwal	Punam Narendra Singh	Viraj Engineer
Gp Capt P Bhatia	Rajeev Gupta	

FINANCIAL REPORT FY 2022-23

Main Accounting Policies & Notes on Accounts

Basis of Accounting

The financial statements are prepared in accordance with the historical cost basis. Income and Expenses are accounted on accrual basis following generally accepted accounting principles and practices as well as accounting standards issued by the Institute of Chartered Accountants of India.

Fixed Assets

Fixed assets are stated at cost charge. All fixed assets are taken on the stock register. Annual stock verifications are carried out. Valuation of assets received in kind is done as a nominal value.

Depreciation on fixed assets is charged on written down value method at rates, specified under the Income Tax Act, 1961.

Investments

Long term investments include Fixed Deposits of Public & Private Sector Banks. These are made after ascertaining the rate of interest offered by various banks and the period of investment. Investment decisions are taken by an Investment Committee, a sub-committee of the Managing Committee. Monthly review of Income-Expenditure is carried out. Any surplus in the savings bank account is invested in the Liquid-Deposit Account with the bank in order to earn maximum interest.

Employee Provident Fund & Employees' State Insurance

Employee Provident Fund contributions are made as per EPF rules. Annual statement of the EPF is handed over to each employee at the end of the Financial Year. There were a total of 93 employees covered under EPF as on 31.03.2023. Employees' State Insurance contributions are made as per the ESI rules. There was a total of 26 employees covered under ESI as on 31.03.2023.

Taxes on Income Current tax is determined in accordance with applicable Income Tax laws of India. Tax is deducted at source from salaried and other vendor bills as per the Income Tax rules. Form 16 is issued to employees & Form 16A to vendors annually.

INCOME AND EXPENDITURE FY 2022-23

Taxes on Income

Current tax is determined in accordance with applicable Income Tax laws of India. Tax is deducted at source from salaried and other vendor bills as per the Income Tax rules. Form 16 is issued to employees & Form 16A to vendors annually.

Transparency Disclosures & Legal Compliances

- No remuneration, sitting fee, or any other form of compensation is paid to any member of the Managing Committee.
- No National or International Travel cost incurred by any CanSupport Member is borne by CanSupport.
- 100% Compliance with statutory requirements of the Income Tax Act, 1961 and the Foreign Contribution (Regulation) Act, 2010.
- All donor requirements are duly complied with.
- A rigorous bi-annual audit process is undertaken. The Statutory Auditor, with a fixed remuneration, is appointed at the Annual General Body Meeting.
- Auditor's Report and Balance Sheet are shared at the Annual General Body Meeting.
- Revenue Recognition: Unrestricted project donations received under 80G are recognized on the basis of receipt. Grants received during the year are recognized as income on accrual basis, over the period on the basis of the period of assistance agreed with the donor. Foreign contributions are accounted for on the basis of the credit advice received from the bank.

FCRA Compliances

Statutory provisions of Foreign Contribution (Regulation) Act, 2010 are duly complied with. Annual Return in form FC-4 is filed in accordance with FCRA rules. Foreign donations received are updated on MHA and CanSupport website quarterly.

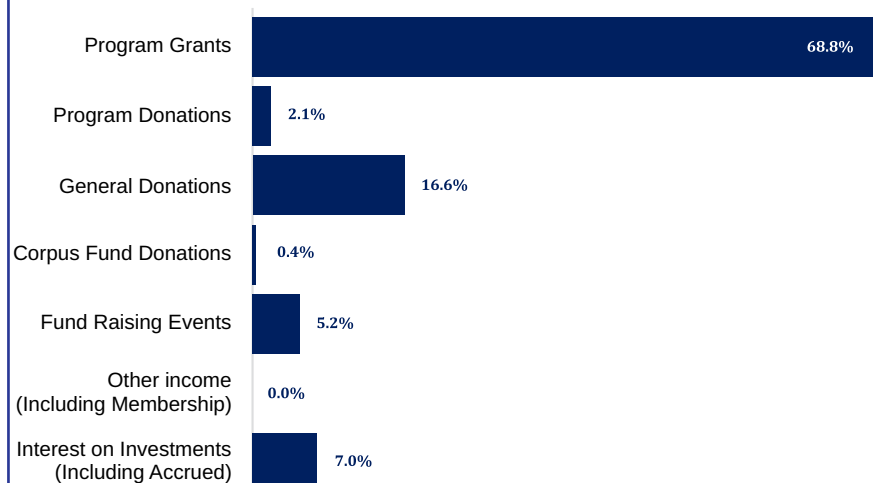
INCOME (in lakh INR)	FY 2022-23	FY 2021-22
Program Grants	786.07	700.05
Program Donations	23.48	40.56
General Donations	189.92	211.97
Corpus Fund Donations	4.12	2.29
Fund Raising Events	59.01	36.78
Other Income (including membership)	0.20	2.45
Interest on Investment (including accrued)	80.28	84.28
Total	1,143.08	1,078.38

EXPENDITURE (in lakh INR)	FY 2022-23	FY 2021-22
Patient Care Programs	829.00	671.97
Quality Management & Research	45.65	38.99
Awareness Programs	20.84	1.94
Marketing & Fundraising	55.50	37.10
Administration	84.10	78.27
Depreciation	0.72	0.84
Gratuity (including Liability)	8.78	29.36
Total	1,044.59	858.47

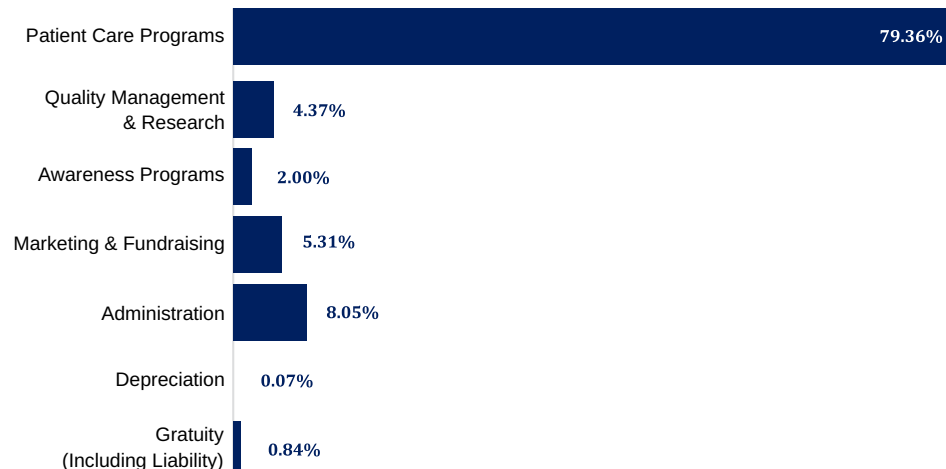
Surplus Includes

- Rs 57.84 lakh as accrued interest on investment,
- Rs 4.12 lakh received as income in Corpus Fund. This is not available for use but is invested to generate regular income as per GOI provisions, and
- Rs 61.96 lakh earmarked for FY 2023-24 towards ongoing projects.

INCOME



EXPENDITURE



CANSUPPORT A-2, Gulmohar Park, Opposite Kamla Nehru College NEW DELHI-110049

BALANCE SHEET AS AT 31 st MARCH 2023			
	SCHEDULE	F.Y. 2022-23	F.Y. 2021-22
SOURCES OF FUND			
I. FUND BALANCES:			
a. General Fund	[01]	13,67,32,192	12,72,95,007
b. Corpus Fund	[02]	3,18,71,828	3,14,59,728
c. Asset Fund	[03]	95,00,410	61,46,336
II. LOAN FUNDS:			
a. Secured Loans		-	-
b. Unsecured Loans		-	-
TOTAL Rs.	[I + II]	17,81,04,430	16,49,01,071
APPLICATION OF FUND			
I. FIXED ASSETS			
Gross Block	[04]	2,05,95,729	1,55,13,550
Less: Accumulated Depreciation		1,06,41,373	88,41,086
Net Block		99,54,356	66,72,464
II. INVESTMENT	[05]	13,43,23,887	12,29,01,584
III. CURRENT ASSETS, LOANS & ADVANCES:			
a. Loans & Advances	[06]	61,33,951	48,63,070
c. Cash & Bank Balance	[07]	4,49,46,205	4,59,99,644
A		5,10,80,156	5,08,62,714
Less: CURRENT LIABILITIES & PROVISIONS:			
a. Current Liabilities	[08]	1,72,53,969	1,55,35,691
B		1,72,53,969	1,55,35,691
NET CURRENT ASSETS	[A - B]	3,38,26,188	3,53,27,023
TOTAL Rs.	[I+II+III]	17,81,04,430	16,49,01,071

Significant Accounting Policies and Notes to Accounts [20]
The schedules referred to above form an integral part of the Balance Sheet.

For & on behalf:
S.SAHOO & CO.
Chartered Accountants
Firm No. 322952E



CA Subhajit Sahoo, FCA, LLB
Partner
MM No. 057426
UDIN: 23057426BGTJMU9267

Place: New Delhi
Date: 09.08.2023

For & on behalf:
CANSUPPORT

M. Malhotra

Manmohan Malhotra
Treasurer

Treasurer
CanSupport
A-2, Gulmohar Park
(Opp. Kamla Nehru College)
New Delhi-110049

Dr. Ambika Rajvanshi

Chief Executive Officer

Chief Executive Officer
CanSupport
A-2, Gulmohar Park
(Opp. Kamla Nehru College)
New Delhi-110049

CANSUPPORT
A-2, Gulmohar Park, Opposite Kamla Nehru College
NEW DELHI-110049

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st MARCH 2023			
	SCHEDULE	F.Y. 2022-23	F.Y. 2021-22
INCOME			
Grant Income	[09]	7,86,07,782	7,00,04,844
Donation Received u/s 80G	[10]	2,50,42,856	2,79,57,899
Interest Income	[11]	80,28,394	84,27,532
Other Income		22,19,974	12,18,878
Cansupport Home Care Project fund		-	-
TOTAL		11,38,99,006	10,76,09,154

EXPENDITURE			
Project Related Expenses			
Palliative Care Field Services	[12]	7,06,52,864	5,75,23,698
Supportive Care Services	[13]	71,65,416	62,79,083
Cancer Awareness Expenses		20,83,904	1,94,134
Quality, Management & Research		45,65,197	38,99,250
Communication & Publication		16,74,722	8,90,401
Fund Raising Activity		38,76,019	28,20,354
Administrative Expenses			
Provision for Gratuity	[14]	84,10,862	78,26,947
Non Recurring Expenses		50,82,179	33,93,340
Depreciation	[04]	18,00,287	10,21,022
Less: Depreciation Transferred to Asset Fund		17,28,105	9,36,927
TOTAL		10,44,61,821	8,58,47,068

III EXCESS OF INCOME OVER EXPENDITURE [I - II] 94,37,185 2,17,62,086

Significant Accounting Policies and Notes to Accounts [20]

The schedules referred to above form an integral part of the Income & Expenditure A/c.

For & on behalf:
S.SAHOO & CO.
Chartered Accountants
Firm No. 322952E



CA Subhajt Sahoo, FCA, LLB
Partner
MM No. 057426
UDIN: 23057426BGTJMU9267

Place: New Delhi
Date: 09.08.2023

M. Malhotra
Mannohan Malhotra
Treasurer

Dr. Ambika Rajvanshi
Chief Executive Officer

Treasurer
CanSupport
A-2, Gulmohar Park
(Opp. Kamla Nehru College)
New Delhi-110049

Chief Executive Officer
CanSupport
A-2, Gulmohar Park
(Opp. Kamla Nehru College)
New Delhi-110049

CANSUPPORT
A-2, Gulmohar Park, Opposite Kamla Nehru College
NEW DELHI-110049

RECEIPTS & PAYMENT ACCOUNT FOR THE YEAR ENDED 31st MARCH 2023			
	SCHEDULE	F.Y. 2022-23	F.Y. 2021-22
RECEIPTS			
Opening Balance :			
Cash in Hand		54,115	50,264
Cash at Bank		4,59,45,529	2,92,36,620
Donation Received u/s 80G	[15]	2,50,42,856	2,79,57,899
Grant Received	[16]	7,86,07,782	7,00,04,844
Corpus Received		4,12,100	2,29,000
Interest Income		33,27,055	90,83,621
Other Income		22,19,974	12,18,878
Loan & Advances Received		8,39,802	2,42,105
TOTAL Rs.		15,64,49,214	13,80,23,231

PAYMENT			
Project Related Expenses			
Palliative Care Field Services	[17]	6,89,02,864	5,75,23,698
Supportive Care Services	[18]	71,65,416	62,79,083
Cancer Awareness Expenses		20,83,904	1,94,134
Quality, Management & Research		45,65,197	38,99,250
Communication & Publication		16,74,722	8,90,401
Fund Raising Activity		38,76,019	28,20,354
Administrative Expenses			
Gratuity Expenses	[19]	84,10,862	78,26,947
Loan and Advances Paid		17,50,000	29,35,766
Non Recurring Expenses		11,54,325	41,04,806
Investment Made During the Year		50,82,179	33,93,340
		68,37,521	21,55,808

Closing Balance

Cash in Hand	[08]	98,506	54,115
Cash at Bank		4,48,47,699	4,59,45,529

TOTAL Rs. 15,64,49,214 13,80,23,231

Significant Accounting Policies and Notes to Accounts [20]
The schedules referred to above form an integral part of the Receipts & Payment A/c.

For & on behalf:
S.SAHOO & CO.
Chartered Accountants
Firm No. 322952E



CA Subhajt Sahoo, FCA, LLB
Partner
MM No. 057426

Place: New Delhi
Date: 09.08.2023

M. Malhotra
Mannohan Malhotra
Treasurer

Dr. Ambika Rajvanshi
Chief Executive Officer

Treasurer
CanSupport
A-2, Gulmohar Park
(Opp. Kamla Nehru College)
New Delhi-110049

Chief Executive Officer
CanSupport
A-2, Gulmohar Park
(Opp. Kamla Nehru College)
New Delhi-110049

A SALUTE TO OUR PARTNERS, DONORS, SPONSORS AND SUPPORTERS FY 2022-23

HOME CARE PROGRAM PARTNERS
Ambience Interiors Pvt Ltd
Association for Basic Aid (BASAID)
Barco Electronic Systems Pvt Ltd
Charities Aid Foundation America
Cipla Foundation
Dixon Technologies India Ltd
Dr Krishna's Cancer Healer Center Pvt Ltd
G4S Secure Solutions (India) Pvt Ltd
HelpAge India
Kalpataru Trust
Kotak Mahindra Bank Ltd
Lal Family Foundation
Lions Club of Fairlop, UK
Meenakshi Devi Mattoo Charitable Trust
Optum Global Solutions (India) Pvt Ltd
Prof Manju Jain
QH Talbros Pvt Ltd
Roop VK Jain Foundation
SRF Foundation
Suri Seva Foundation
Tata Capital Financial Services Ltd
Tata Capital Housing Finance Ltd
Varian Medical Systems International India Pvt Ltd
Volkart Foundation Indian Trust

HOME CARE PROGRAM SUPPORTERS	
AVL India Pvt Ltd	Kajaria Ceramics Ltd
Cargill India Pvt Ltd	Malini Saran
Essay Kalyan Nidhi	Multi Creations Pvt Ltd
Formula Corporate Solutions India Pvt Ltd	Online Giving Foundation
Hari L Mundra	Real Time Data Services Pvt Ltd
Hissar Metal Industries Ltd	Svam Toyal Packaging Industries Pvt Ltd
International Finance Corporation	

OUTPATIENT CARE PROGRAM PARTNERS
NTT Data Information Processing Services Pvt Ltd
Nissin ABC Logistics Pvt Ltd

TELEPHONE HELPLINE PARTNER
Cipla Foundation

RESOURCE FACILITATION PROGRAM PARTNERS
Automat Industries Pvt Ltd
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- New Era Public School - Mayapuri for providing free premises for our West Delhi Home Care Centre.
- Home Care patients and their families for donations.
- Aseem Charitable Education Trust for supporting the library at the Day Care.
- Vishal Sood for website design and its maintenance.
- Delhi Langar Seva Society – Dry ration for destitute families.
- Dharamshila Rahat Medical Centre for conducting free cancer awareness and screening camps.
- Rajiv Gandhi Cancer Institute & Research Centre for conducting free cancer awareness and screening camps.

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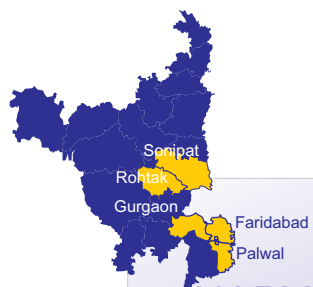
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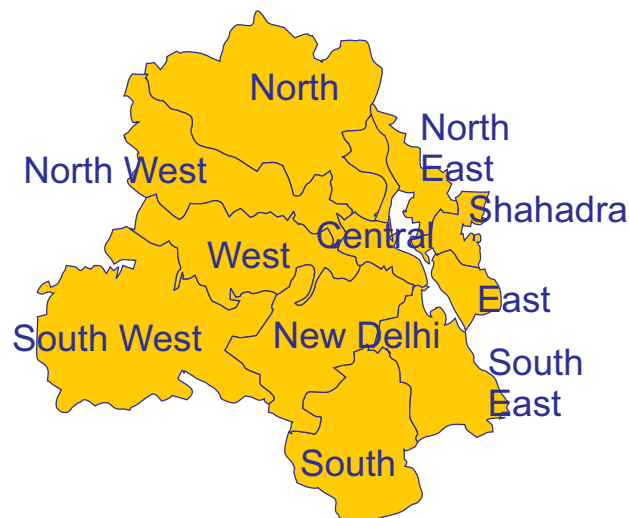
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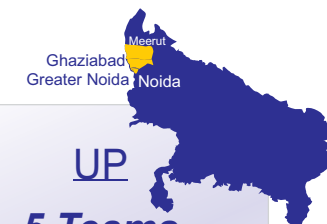
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