**Message from Founder President**

“As CanSupport celebrates its twenty-fifth anniversary, it is hard to believe that what began in 1996, in New Delhi, as a well-meaning effort by a few volunteers has today resulted in a well-established organization that runs the largest home-based palliative care programme in the country.

I thank all those, too numerous to mention by name, who were and/or continue to be part of this eventful journey. CanSupport is what it is today primarily because of your selfless dedication and your belief in what we stood for and sought to accomplish.

Importantly, the values we espouse, and the approach we adopted, have stood the test of time and have lent themselves well to adaptation and innovation. Our model has been successfully replicated in different parts of the country. I have no doubt that in time palliative care will become part of general healthcare and will be accessible to all our fellow citizens.

Let us then look ahead and rededicate ourselves to our worthy mission to bring care of high quality, imbued with love and compassion, closer to those who have serious health related suffering. Once again, thank you for your continuing commitment and support. I can assure you that it is greatly valued and appreciated.”

Harmala Gupta

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**Staff & Volunteers Celebrate 25 years of CanSupport**

Staff & volunteers celebrated 25 years of CanSupport on June 6 at India International Centre (IIC). Anuradha Mittal, one of the senior-most volunteers at CanSupport facilitated Harmala Gupta, the Founder President of CanSupport and presented her with a bouquet of flowers!

35 staff members who have worked for over 10 years at CanSupport were acknowledged and presented trophies for their dedicated service. A combined trophy was also presented to all CanSupport volunteers for their dedicated efforts over the past 25 years.

Harmala Gupta had also penned down a special letter for all staff and volunteers, thanking them for their sincere efforts over the past 25 years. This letter was printed in silver ink and was presented to all staff and volunteers along with a 25th Anniversary memento. We thank Dr Shantha Swarupa for sponsoring the cost of their printing.

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**Premiere of 'Watch Over Me' Film**

Watch Over Me, a documentary film by Farida Pacha, was also premiered on the same day at IIC. Many people from around the world attended the premiere on Zoom.

We are extremely grateful to Farida Pacha, a national award-winning documentary filmmaker and her team for capturing the essence of CanSupport and what we do every day to uplift the spirits of our patients in the film Watch Over Me which has won The Grand Jury Documentary Award at the Movies that Matter Film Festival held in The Netherlands and German Star of India at the Indian Film Festival Stuttgart in Germany in 2021 besides being nominated and screened at various film festivals around the world.

A panel discussion followed the film screening. The panel included Harmala Gupta, Farida Pacha, online from Zurich, the entire home care team featured in the film - Sini Kuriakose, Maniamma R, Dr Reena Sharma - and Hanif, one of the patients shown in the film.
Launch of Jamshedpur and Rohtak Home Care Centres

Launch of Pritpal CanSupport Home Palliative Care Service in Jamshedpur

On June 1, CanSupport launched ‘Pritpal CanSupport Home Palliative Care Service’ in Jamshedpur supported by Michigan based Suri Seva Foundation. This is a free of charge service for cancer patients in Jamshedpur that is going to make available medical, nursing and psychosocial support to them in their homes.

Chanakya Chaudhary, Vice President, Corporate Services, Tata Steel was the chief guest at the inauguration held at the Centre for Excellence (CFE). Other prominent people to attend the inauguration were: Ruchi Narendran, Dr R N Sharma, Chairman, MTMH, Dr Sujata Mitr, Director, MTMH, Dr Sudhir Rai, GM, Tata Main Hospital, Tarun Daga, MD, Tata Steel Utilities & Infrastructure Services Ltd, Kulvin Suri of Suri Seva Foundation and the CanSupport team from Delhi and Jamshedpur.

Harcharan Singh Suri, the founder of Suri Seva Foundation sent in a message to mark the inauguration and said, "Home based Palliative Care is the need of the hour and in CanSupport, the Foundation has a worthy and accomplished partner who has been in this field for over 25 years."

Launch of Rohtak Centre with Support of Cipla Foundation

Starting June, CanSupport also launched its Rohtak Center for providing free of charge home based palliative care to cancer patients in Rohtak, Haryana with support of Cipla Foundation. The centre has started with one home care team. Home visits started from day one and 37 patients were enrolled under the home care program in the first month.

We thank Dr Anita Saxena Vice-Chancellor of Pt BD Sharma University of Health Sciences, Rohtak; Dr Vivek Kaushal, HOD Radiation Oncology, Dr S S Lochab – Medical Director; Dr Ishwar Singh- Medical superintendent and Dr Sanjeev Prasad – Oncology Surgeon for their wholehearted inpatient referral. CanSupport’s senior mentoring and monitoring team is handholding actively to help the new centre team function efficiently and efficaciously.
CanSupport opened two new Outpatients Clinics, both in Bathinda - at Advanced Cancer Institute, and AIIMS in March and May respectively. The OPC in Advanced Cancer Institute is operational on Mondays, Thursdays, Fridays and the OPC in AIIMS is open on Tuesdays and Wednesdays. Both the OPCs provide free of charge palliative care to cancer patients visiting the hospital for pain and symptom control management, of any side effects, nursing care, and counselling.

**NEW OUTPATIENT CLINIC (OPC) LAUNCHES**

OPC at Advanced Cancer Institute, Bathinda

OPC at AIIMS, Bathinda

CanSupport’s East OPC has also moved inside Delhi State Cancer Institute, Delhi from April 25. It operates Monday to Friday, 9 am to 5 pm and offers palliative care services to cancer patients. We are grateful to Dr Kishore Singh, Director DSCI, and other staff at DSCI for their support.

**Other Program Highlights**

**Delhi’s EAST OPC Finds New Premises inside Delhi State Cancer Institute (DSCI)**

CanSupport’s East OPC has also moved inside Delhi State Cancer Institute, Delhi from April 25. It operates Monday to Friday, 9 am to 5 pm and offers palliative care services to cancer patients. We are grateful to Dr Kishore Singh, Director DSCI, and other staff at DSCI for their support.

**Free Cancer Screening Camp**

On March 3, the Community and Hospital Outreach teams at CanSupport in collaboration with Rajiv Gandhi Cancer Institute organised a free cancer screening camp at Sakhi One Stop Centre under District Magistrate South. 149 women from various self-help groups were screened for breast and cervical cancer. The camp was organised at Madan Mohan Malviya Hospital in Malviya Nagar. We thank Priyanka Kumari, Additional District Magistrate, for gracing the event as the Chief Guest.

**Help a Cancer Patient Receive Free Palliative Care**

Cost per visit per patient:
1 Visit @ ₹ 1600- ; 4 Visits in a month @ ₹ 6400/-
12 Visits in 3 months @ ₹ 19200/-(The cost includes visits by a team of doctor, nurse and counsellor, transportation, medication, nursing supplies and medical equipment)

**Corporates and Businesses:**
For more information and CSR partnership contact:
Navdha @ 959958368 or write to
navdha@cansupport.org

**For Individual Donations:**
Call Donor Relation Team @ 9667718209 or write to rajni@cansupport.org
Home Based Palliative Care

30 TEAMS
Comprising of doctors, nurses and counsellors. Home Care teams operate through 15 Home Care centers across 5 states of India

989 New patients enrolled

Outpatient Clinics

4 Outpatient Clinics in Delhi and Punjab

276 New patients enrolled

1691 Patient visits

Mobile Palliative Care Clinic

1 Team

423 New patients enrolled

1279 Patient visits

Telephone Helpline

3948 Calls served

604 Service referrals extended

Resource Facilitation

6549 New patients enrolled

6516 Patients successfully facilitated

53 Lakh
Mobilized for tests and treatments from Central and State Government Schemes

1 Crore 38 Lakh
Worth of resources mobilized in-kind for patients through various networks

TRAINING AND EDUCATION

Global Online Session on Delirium
CanSupport was invited to conduct a session on Delirium at an online training program organised by Trivandrum Institute of Palliative Sciences (TIPS) with ECHO International (Extension of Community Healthcare Outcomes) to enable medical professionals to inculcate the principles of palliative care in their medical practice. Dr Ishita Gandhi from CanSupport took the two-hour session which was attended by 56 nurses from India, Uzbekistan, Uganda, Sri Lanka, Yemen and South Sudan.

Workshop on Palliative Care
Amity University College of Nursing invited CanSupport for a workshop on Palliative Care. The two-day online workshop titled ‘Continuing Nursing Education on Palliative Care’ was conducted by Savita Luka for about 183 nursing students and faculty members on 24-25 March.

Certificate Courses in Palliative Nursing & Palliative Medicine
CanSupport also ran its one-month Certificate course in Palliative Medicine and Nursing in February and March. Four newly inducted doctors and nurses at CanSupport and successfully completed the course.

Intern, Ryan Wilkins
CanSupport engaged an international intern, Ryan Wilkins, a second-year medical student at the Medical University of South Carolina for a four-week virtual internship under the mentorship of Dr Ambika Rajvanshi - CEO, CanSupport. Ryan's project involved issues around advocacy in palliative care.

Panel Discussion on 'Cancer Burden In India'
Harmala Gupta was invited for a panel discussion organised by Varian Medical Systems, titled ‘Cancer Burden in India’ which was broadcast on Times Now on the 16th and 17th of April as well as on ET Now on the 24th of April.
In March, Day Care activities resumed in person with the support of Play Games 24x7 at both the South and East Delhi Day Care centres. Starting with Holi celebration with flowers, the regular tradition at CanSupport to storytelling sessions, games, art and craft and various other activities planned and conducted by our Day Care volunteers. We also thank Play Games 24 x 7 Pvt Ltd for helping us procure a TV and reclining chairs for CanSupport’s South Day Care centre.

**Launch of Kala Shakti Program**

In June, CanSupport & District Magistrate Shahdara, have collaborated to start ‘Kala Shakti’, a skill development and income generation program for our cancer patients and their caregivers. This initiative is aimed at helping our patients and their caregivers become economically strong and independent by giving them skills training in sewing, plumbing, electrician, music and dance. At the launch of this program at our EAST OPC centre, 40 patients/caregivers registered for the same on that very day.

**Day Care Makes a Fresh Start**

In March, Day Care activities resumed in person with the support of Play Games 24x7 at both the South and East Delhi Day Care centres. Starting with Holi celebration with flowers, the regular tradition at CanSupport to storytelling sessions, games, art and craft and various other activities planned and conducted by our Day Care volunteers. We also thank Play Games 24 x 7 Pvt Ltd for helping us procure a TV and reclining chairs for CanSupport’s South Day Care centre.

**Presentation Made to Barco**

Dr Ambika Rajvanshi, CEO CanSupport made a presentation to the new international CEO – Charles Beauduin – and the leadership team of Barco Electronic Systems on the impact of our home-based palliative care program in Noida, UP. CanSupport was subsequently awarded a CSR grant by the company for its Noida and Delhi teams for FY 2022-23.

**Wellness Session for CanSupport Staff**

A ‘Wellness Session’ for CanSupport staff was organised to help destress everyone and learn destressing techniques. The session was full of activities that everyone enjoyed. We thank Ambika Chawala - Clinical Psychologist and Kashika Gulati and Kanika Bhalla - Counselling Psychologists from Dr Bakshi’s Healthcare Private Limited for conducting this session in our office.

**Ashoka University Students Help Raise Funds for Day Care Patients**

We thank Ashoka University students for helping us raise funds for our Day Care patients by putting up a games stall at the college festival. We especially thank Udayan Mehra for leading this initiative. The students also carried out a week long donation drive in the campus and collected dry fruit and personal hygiene items for our Day Care patients.
WE THANK OUR DONORS AND SUPPORTERS

The Invincibles

Surjan Das & Dr Ankur Puri

Surjan Das, our new volunteer at CanSupport, has closely witnessed the pain, and challenges of people and families living with cancer. Having lost both his parents to this disease, he decided to use his expertise in marketing and digital marketing to help CanSupport expand its reach to all those who need palliative care. We cannot thank him enough for guiding and supporting our Events & Marketing team with his extraordinary positive approach, zest and sincerity. Thank you, Surjan, we appreciate your efforts and guidance!

Dr Ankur Puri, Pulmonologist in Greensburg, Pennsylvania is our advocate and local champion in the US. He promotes the cause of CanSupport amongst the US citizens to direct them to donate to ICA (Indians for Collective Action, a charity based in California, US): https://icaonline.org/ US citizens can now donate to CanSupport through this platform if they need a 501c3 tax exemption. We highly appreciate and thank Dr Arun Puri for his commitment and for giving his precious time to the cause of CanSupport as our champion in the US.

Donations received from February 2022 - June 2022

Donation amount

Rs. 1,00,000 and above

- AKM Systems Pvt Ltd
- Agilent Technologies (International) Pvt Ltd
- Ambience Interiors Pvt Ltd
- Augustine Eustace Souza
- Automat Industries Pvt Ltd
- Bharti Gupta Ramola
- Cargill India Pvt Ltd
- Cipla Foundation
- Dalmia Manav Seva Trust
- Dipankar Gupta
- Dr Roshan Lal Aggarwal & Sons Pvt Ltd
- Dr R Krithiga
- G4S Secure Solutions (India) Pvt Ltd
- John L Bissell Foundation
- Harcharan Singh
- Hari L Mundra
- Harmala Kaur Gupta
- HelpAge India
- Jiv Daya Foundation
- Kotak Mahindra Bank Ltd
- Lal Family Foundation
- Madhu Pathak
- Manju Kapur Dalmia
- Meenakshi Devi Mattoo Charitable Trust
- Nissin ABC Logistics Pvt Ltd
- Ojos Developers Pvt Ltd
- Paramount Products Pvt Ltd
- Paresh Nath
- Pehel Foundation
- Pfizer Products India Pvt Ltd
- Play Games 24x7
- Poonam Jain
- Prof Manju Jain
- Rajeshwar Susheela Dayal Charitable Trust
- Real Time Data Services Pvt Ltd
- Sanjiv Seth
- Shakuntla Rajeshwar

Rs. 50,000 to Rs. 100,000

- Shankar Acharya
- SRF Welfare Trust
- Sunil Nehru
- Sunil Vachani
- Supriya Guha
- Suri Seva Foundation
- Varian Medical Systems International (India) Pvt Ltd

Rs. 10,000 and above

- Anchal Bhalla (Tastesutra)
- Delhi Langar Seva Society
- Dr Poonam Varma
- Ruchika Rathi
- The Good Food Project
- Vikram Bajaj

In Kind Donation valued at Rs. 1,00,000 and above

- Inner Wheel Club of Delhi New Friends
- Riya Malhotra
- Rotary Club Of Delhi Sadarjung
- Ruchi Nanda
- Shayam Sunder Gupta
- Vinita Idnani

In Kind Medicines and Equipment

- Aman Dogra
- Ashok Kumar Narula
- Chitra Iyer
- DAV Public School
- Deepak Jethanand Babani
- Hari Ram Manaklta Memorial Trust
- Kabir Rustogi
- Mandakini Surie
- Metta Foundation
- Oli India Ltd
- Pamela Malhotra
- Raghav Nanda
- Rotary Club of Delhi Millennium
- Rupendra Singh
- Sai Narayan
- Synthetic Inter Dyechem Pvt Ltd
- Taneja Service Station
- Tony Alex
- Vinita Randane

Every Donation Matters!

CanSupport Helpline Numbers - Delhi: 011- 41010539/ 9899011212 | Amritsar: 9501887956 | Bathinda: 9315905178 | Meerut: 8826576722
Dr Narottam Puri and Madhu Puri, CanSupport’s regular donors recently celebrated their 50th wedding anniversary and asked their friends and relatives to donate to CanSupport instead of buying them gifts. Indeed, a wonderful way to celebrate their life together!

Wish List

- 1 litre glass bottles (40 Nos)
- 10 litre Mayur jugs (40 Nos)
- A4 size sheets (10 packets)
- Wall fans (4 Nos)
- Umbrellas (300 Nos)
- Steel spoons (5 dozen)
- Flask & Electric kettles (100 each)
- HP/Espon color printers (2 Nos)
- Disposable paper cups (1000 Nos)
- Tea cups (12 dozen)
- Pencils & Erasers (100 each)
- Sattu 500 grams (250 packets)
- Raisins, Almonds & Walnuts (2 kgs each)
- Parle G Biscuits 200 grams (800 packets)
- Medicines (Contact the team for the list)

Funds raised from such initiatives are used towards our home care services for cancer patients. We encourage and invite individuals and organizations to help us raise much needed funds through friends, family, school, college or the workplace. You may contact our donor relation team @ 9667718209 for any information.

Head Office and Palliative Care Training Centre
A-2, Gulmohar Park
New Delhi - 110049
Ph: 011-41010537
E: info@cansupport.org

Amritsar Centre
Amritsar Sewa Samiti,
Beri Gate Hospital, Inner Circular Road, Beri Gate,
Amritsar - 143001

Bathinda Centre
Mata Ram Devi Dispensary,
Mandir Complex, Ganpati Enclave, Dabawali Road,
Bathinda - 151001

Jamshedpur Centre
Meherbai Tata Memorial Hospital
Stocking Road, North Town
P.O. Bilaspur,
Jamshedpur, Jharkhand 831001

Rohtak Centre
House No. 1, Second Floor
Omaxe City Delhi Road
Rohtak, Haryana - 124001

Varian Medical Systems International Private Ltd is our new CSR partner. We thank Malti Sachdev, Pradeep Khanna and Vineet Gupta from Varian Medical Systems for attending the premiere of Watch Over Me and presenting a cheque for our home care project at the event venue.

We thank SRF Welfare Trust for giving us a grant to purchase a vehicle to CanSupport to further our Home Care project and buy equipment to upgrade our Palliative Care Training Centre.

We thank Ambience Interiors Pvt Ltd for giving us an additional grant towards IT support for our palliative care teams.

We thank Delhi Langar Seva Society & The Good Food Project for providing Dry food ration Support to our destitute Home Care / Day Care patents.

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