



ANNUAL REPORT

2023-24

ABOUT CANSUPPORT

Legal Status	Registered Society (Societies Registration Act of 1860) Registration Number S-30499 Date 08.11.1996	Statutory Auditors	S. Sahoo and Co 14, Palam Marg, Vasant Vihar, Delhi 110057
Income Tax Registration U/s 12-A	DIT (E) 96-97/466/96/516 Date 13.02.1997, Revalidated on 28.05.2021	Non - FCRA Bankers	Kotak Mahindra Bank Plot No.5, Green Park, Main Market New Delhi 110016
Income Tax Exemption U/s 80-G (50% Tax Exemption to Donor)	DIT (E) 2008-09/C-466/540 Date 04.06.2008, Revalidated on 28.05.2021		HDFC Bank LTD. D-1 Shopping Centre #2, Vasant Vihar New Delhi 110057
FCRA Registration	231660040 Date 14.03.2000, Renewed on 01.04.2022		Indian Overseas Bank Sector 12, R.K Puram New Delhi 110022
MCA (CSR) Registration	CSR00000673 Issued on 06.04.2021	FCRA Bankers	State Bank of India New Delhi Main Branch, 11 Parliament Street New Delhi 110001
Permanent Account Number	AAATC3017F		Standard Chartered Bank M Block Market, Building No - 39 Greater Kailash Part 2 New Delhi 110048
TAN Number	DELC07112A		
Registered Office	60/2D, Indian Oil Bhawan Compound, Yusuf Sarai, New Delhi-110016 Ph: 011-41010537, 41010538		

MANAGING COMMITTEE 2023-24 (as on 31.03.2024)



Harmala Gupta, Honorary Founder - President

Cancer survivor and pioneer in cancer support services in India; Founder Cancer Sahyog and Founder President, Cancer Care India; Former Board Member, International Association for Hospice and Palliative Care.



Manmohan Malhoutra, Honorary Treasurer

Ex IAS; Trustee of Indira Gandhi Memorial Trust and Jawaharlal Nehru Memorial Fund.



Radhika Shapoorjee, Honorary Secretary

Reputation and risk management expert; Founder & CEO of Mediation Mantras (mediation consultancy); Former President of Hill+Knowlton Strategies South Asia; Aspen fellow; Jury member at Cannes Festival of PR and Advertising.



Dr Bhawna Sirohi, Honorary Member

Consultant Medical Oncologist for GI & Breast Cancers; Medical Director, Balco Medical Centre, Raipur; Secretary – EBMT Committee on Nuclear accidents; President, Oncology Section – Royal Society of Medicine; Honorary Consultant, Queen Mary University London.



Mohini Daljeet Singh, Honorary Member

Social worker and Educationist; Trustee Max India Foundation; Former CEO, Max India Foundation.



Prerna Tandon, Honorary Member

Operations, Transformation, People & Growth Professional; Independent Director on corporate boards; Held leadership roles at Price Waterhouse; USAID, GE Capital, Infosys, ANZ Bank and State Street Corporation.



Ravi Bhoothalingam, Honorary Member

Founder and Chairman of Manas Advisory, a Consultancy practice focusing on Leadership Coaching as well as on business and cultural relations with China, Mongolia and Myanmar; Former President of The Oberoi Group of Hotels.



Vishal Sood, Honorary Member

Software Engineer and MBA from Ahmedabad; Experienced in investment banking, private equity and software development; Presently working with Elevation Capital, a venture capital firm.

Sub-committees of the Managing Committee

Operations & Research	Fundraising & Finance	Communication & Outreach	People
Harmala Gupta (Convenor)	Mohini Daljeet Singh (Convenor)	Radhika Shapoorjee (Convenor)	Ravi Bhoothalingam (Convenor)
Dr Bhawna Sirohi	Manmohan Malhoutra	Dr Bhawna Sirohi	Harmala Gupta
Manmohan Malhoutra	Prerna Tandon	Harmala Gupta	Prerna Tandon
Ravi Bhoothalingam	Ravi Bhoothalingam	Mohini Daljeet Singh	Radhika Shapoorjee
	Vishal Sood	Vishal Sood	

MESSAGE FROM THE FOUNDER - PRESIDENT



Much has happened this past year at CanSupport and I would like to draw your attention to a few highlights through this annual report. The six month pilot project undertaken by CanSupport in Gurugram, in the adjoining state of Haryana, has the potential of being a trailblazer. The purpose was to evaluate the efficacy of delivery of CanSupport's home-based palliative care model when integrated into the public health care system.

Towards this end, a memorandum of understanding was signed, mid-year, between the Director General of Health Services (DGHS) Haryana and CanSupport and work began. At the conclusion of the pilot, CanSupport sought the assistance of a leading consulting firm to prepare a report for Niti Aayog, the apex policy planning think tank of the government of India. They did this pro bono for which we are most grateful.

Based on this experience, which confirmed the adaptability and efficacy of CanSupport's home-based model of care, we have resolved to expand our footprint across India, beginning with the states in the north where we are already present. We look forward to collaborating with partners, private and public, to accomplish this.

It would be remiss of me not to acknowledge the crucial

support we received for this project from Dr Sonia Trikha, the then DGHS Haryana, and Dr Virender Yadav, Civil Surgeon Gurugram. Without them the pilot could not have got off the ground.

Another memorable activity during the year was the involvement of the Managing Committee (MC) in an exercise to draw up a five year strategic plan for CanSupport. Over the course of several months, and under the able guidance of Sunil Nehru, an old friend of CanSupport, the apex goals were identified and the outline of the plan is now ready for execution.

Here I would like to express my appreciation to members of our MC for contributing their energy, time and expertise throughout the year to ensure that CanSupport fulfils its mission to play a leading role in palliative care in India.

This has included the setting up of sub-committees to focus on critical areas such as people management and resource mobilization. Ravi Bhoothalingam, Mohini Daljeet Singh, Radhika Shapoorjee and Prerna Tandon deserve special mention for their contributions which have inspired the entire team.

The release of a special publication by CanSupport titled,

'Palliative Care Guidelines', at the annual conference of the Indian Association of Palliative Care (IAPC), was the culmination of twenty five years of experience gained in the field by our doctors, nurses and counsellors. It is a valuable reference for those working in palliative care in India.

Like every year, CanSupport's 'Walk for Life', held in February 2024, was well attended. What was special this time was that the Walk was also held in 14 school campuses testifying to its growing popularity. It is a great way of spreading the message of early detection of cancer and garnering support for those living with cancer.

We owe a deep debt of thanks to our donors and well wishers, both at home and abroad. Their generosity of spirit and involvement in our activities keeps us going. What is gratifying is the growing number of corporate employees who visit our day care to engage with children and adults under treatment. They provide a welcome distraction from the dreary world of hospital engagements.

I should also mention a new initiative undertaken by the CanSupport marketing team: the digital Sparkle Gift Card. It allows an individual to 'give' and the receiver to 'spend' on a cause that is close to their heart. This is but one of the many ways in which our dedicated and caring staff and volunteers contribute towards making CanSupport the wonderful organisation it is. We salute each one of them.

Finally, kindly note that CanSupport has moved its headquarters from Gulmohar Park to Yusuf Sarai in New Delhi. We look forward to seeing you there one of these days. Do visit us, interact with the staff and learn more about how you can become part of the CanSupport mission.

Warmly,
Harmala Gupta



We have resolved to expand our footprint across India, beginning with the states in the north where we are already present. We look forward to collaborating with partners, private and public, to accomplish this.

VISION

A caring and supportive society where people with cancer and their families live with dignity, hope and comfort.

MISSION

To enable people with advanced cancer and their families to make informed choices and decisions and to receive appropriate physical, emotional, social and spiritual support.

VALUES

The members of CanSupport:

- Aim for the highest professional and ethical standards of care,
- Respect and value the knowledge, skills & contributions of all in the organisation,
- Respect the rights, choices & confidentiality of patients and their families,
- Maintain transparency in interactions with patients, donors & well wishers, and
- Strive to be responsible stewards of resources.

WHAT WE DO

CanSupport is a group of Palliative Care experts committed to maximising quality of life with cancer in a meaningful and compassionate manner, whilst fully respecting the dignity of the individual. We follow a patient-centered philosophy where patient care preferences and goals are central to care provision.

We run the largest home based palliative care program in the country that has received national and international recognition as well as the prestigious Public Health Champion Award by the World Health Organization.

Our history is long and distinguished and now spans 27 years, during which time our contribution to the development of Palliative Care services can be seen across North India. Our wide-ranging programs are designed to help patients of all ages and cancers throughout their cancer journey; right from the day of diagnosis, across all curative therapies and as a continuum of care adapting to the unique needs in case cancer progresses into its terminal phase. The support extends even after the death of the patient through bereavement and rehabilitative support to the families.

Our highly skilled teams of doctors, nurses, counsellors and physiotherapists bring our care to the doorstep of patients too sick to travel and make regular visits providing medical, nursing and psychosocial support. We have licenses to procure and dispense oral morphine, thereby saving those under our care from unnecessary pain. Patients and their families also have access to Outpatient Clinics, Mobile Clinic, Tele-Consultation, Cancer Helpline, Day Care, Peer Support and Counselling Services, Patient Navigation, Resource Facilitation as well as Bereavement and Rehabilitation Support.

Our programmatic approach has a significant impact on all parameters of quality of life, be it physical, functional, emotional, interpersonal, or transcendental with practical ways in which patients can regain a sense of control and self-worth. It also empowers families to make informed

decisions around goals of care, equips them with caregiving and coping skills and organises resources to make a challenging journey manageable, meaningful and memorable for everyone.

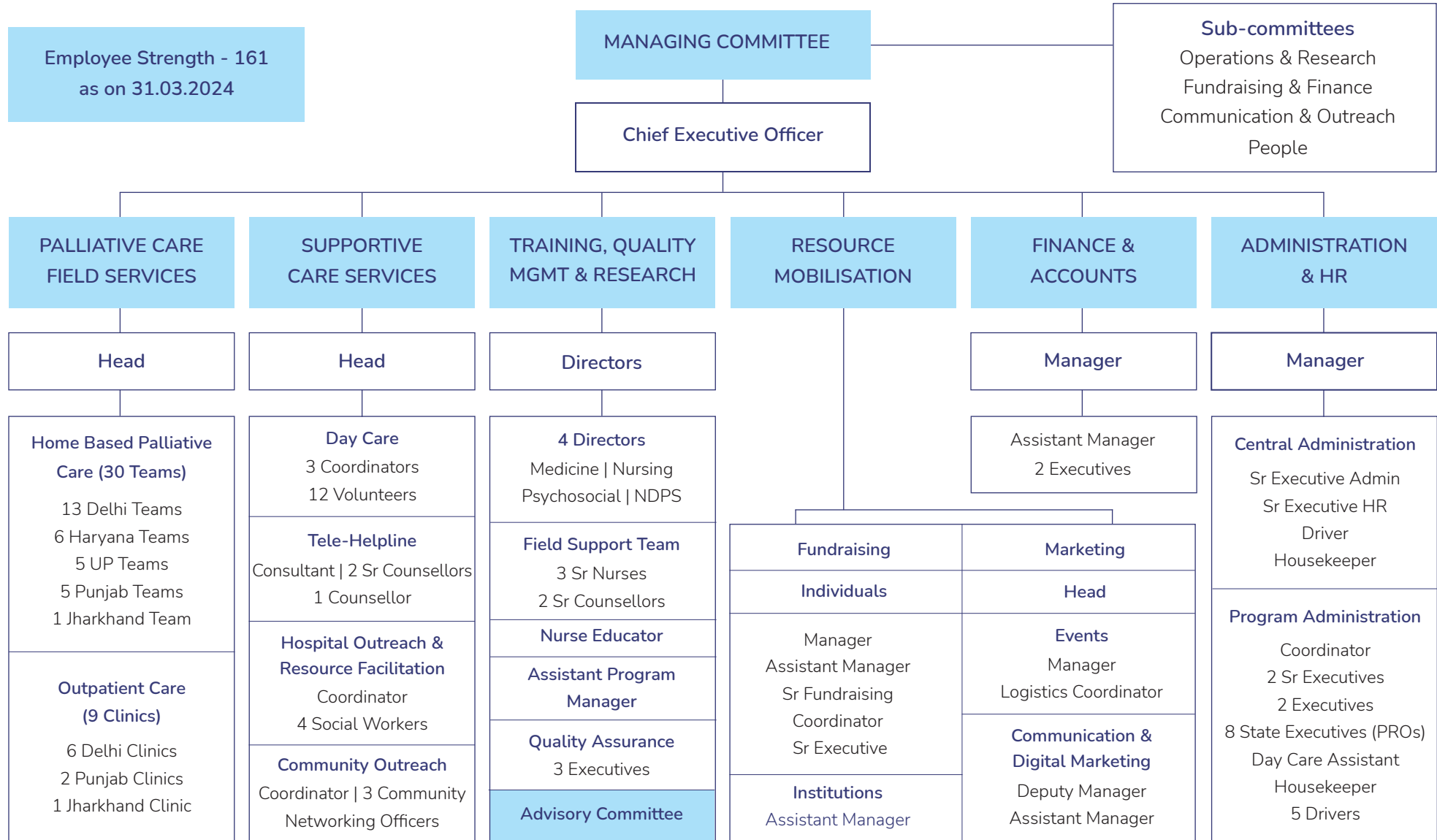
Our Palliative Care Model serves as a source of learning for many individuals and organisations focused on improving the quality of life of people with cancer and other serious illnesses.

While some organisations have drawn their inspiration and early ideas for development from CanSupport, others have been trained through capacity building collaborations.

We help fill a critical gap in services for the care of cancer patients, especially those who are poor or destitute. Our services are aimed at the less privileged and are therefore entirely free of charge.

STRATEGIC THEMATICS 2017-23	
<p style="text-align: center;">Operation Scale</p> <ul style="list-style-type: none"> ● Maximise the number of patients benefitting from Palliative Care services. ● Empower medical professionals & communities around caring for people with cancer. ● Establish capacity for provision of Palliative Care for non-cancer illnesses. 	<p style="text-align: center;">Sustainable Funding</p> <ul style="list-style-type: none"> ● Ensure that expansion of services is based upon sustainable and secure funding arrangements. ● Mobilise funds to cover 100% annual expense. ● Build reserves to maintain at least 110% of the annual budget in any given year.
<p style="text-align: center;">Internal Excellence</p> <ul style="list-style-type: none"> ● Strengthen the framework of internal excellence and quality of care through adoption of technical and managerial best practices. ● Safeguard & nurture the CanSupport work culture within teams. 	<p style="text-align: center;">Brand Leadership</p> <ul style="list-style-type: none"> ● Build the CanSupport Brand as the largest and most trusted organisation for Home Based Palliative Care for people with cancer in India.

ORGANISATION STRUCTURE (FY 2023-24)



ADVANCING TO AN INTEGRATED MODEL OF PALLIATIVE CARE IN DELHI

CanSupport invited a leading consulting firm to review its existing palliative care model in the National Capital Territory of Delhi and recommend ways to improve its productivity, effectiveness and cost-efficiency.

After much research, industry expert review and deliberation with implementation teams, a new integrated model of palliative care delivery in Delhi was introduced to match team expertise with patient needs. Changes were also made to allow for process optimization.

Delhi was divided into four operational regions (North, East, West and South) and an Area Centre set up per region. These four centres now offer integrated palliative care services comprising both home based and outpatient palliative care in their respective regions. The centres also operate with decentralized systems for program administration and data management.

All patient referrals from healthcare institutions, communities and other sources are directed to the Area Centre Outpatient Clinics, assessed at this single window and triaged for optimal care across palliative care facilities to be:

- continued to be cared at the outpatient clinic;
- referred to CanSupport's home based care for advanced illness and end of life care;
- referred to CanSupport's supportive care services, eg, day care, or financial / non-financial resource facilitation;
- referred to an external care facility eg hospice or tertiary hospital for interventional palliative care;
- received back from other facilities for outpatient care as patient becomes stable;
- other triaging considerations, as necessary.





HOME BASED PALLIATIVE CARE



CanSupport's Home Based Palliative Care Program is a pioneering model directed at patients suffering from advanced and terminal cancer.

The Program

CanSupport Home Based Palliative Care Program is a pioneering model directed at patients suffering from advanced and terminal cancer. It is the largest of its kind in the country and has been replicated in various states in collaboration with State Governments. The Model has also earned CanSupport the World Health Organization Public Champion Award in 2017 among many others honors.

The program makes the most practical and economic sense, especially for the underprivileged, saving huge sums otherwise spent in pursuit of unrealistic goals and unnecessary critical care costs. Its goals are extremely concrete: skilled pain and symptom management, supportive nursing care, psychological and spiritual care and a support system to sustain the individual's family as well as bereavement support and counselling. Professional multidisciplinary teams of doctors, nurses, counsellors and physiotherapists regularly visit patients registered with them in their homes, offering:

- Factual Information to demystify patient's illness and its like course in clear and understandable terms for informed decision making around goals of care.
- Pain and symptom management aimed at maximising comfort and quality of life.
- Physical therapy and rehabilitation in optimising functioning ability, maintaining or regaining physical independence and preserve the patient's autonomy.
- Comprehensive nursing care.
- Guidance and equipment support to achieve control and dignity in day-to-day activities.
- Empower and equip family caregivers in caring for their loved ones effectively at home.
- Psychological, emotional and spiritual support for both patients and families.
- Loss, Grief and bereavement counselling.
- Mobilising financial and practical resources through networking with government and civil society organisations
- Socio-economic rehabilitative support for destitute families.

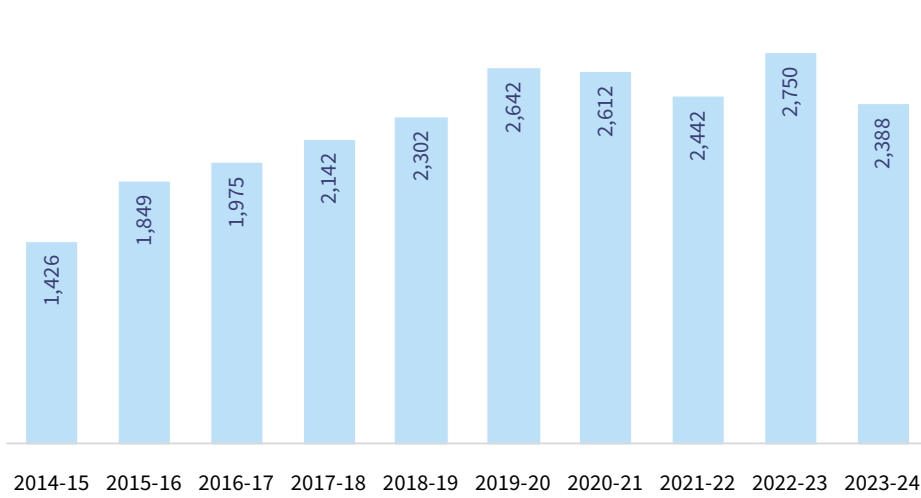
The teams are available on the telephone to patients and their families round the clock outside visiting hours.

Highlights

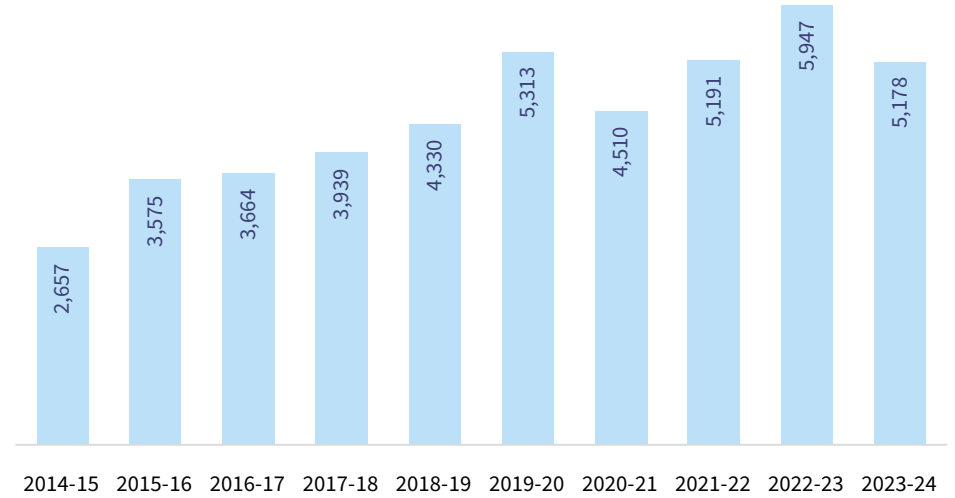
FY 2023-24 saw expansion of CanSupport Home Care Services to Jind district in Haryana and Mansa District in Punjab. Both centres were running at full capacity by the end of the year.

- With this expansion, CanSupport's Home Care Program covers five States in India through 30 home care teams: 13 in Delhi, 6 in Haryana, 5 in Punjab, 5 in Uttar Pradesh and 1 in Jharkhand.
- A total of 3,223 new patients (3,080 cancer and 143 non-cancer) were enrolled into the program.
- Patients were referred through Helpline (19%), healthcare institutions (73%) and word of mouth from the past and existing beneficiaries (8%).
- The teams served a total of 5,178 patients and about 16,000 family caregivers through 41,180 home visits in the year.
- The number of concurrent patients, being cared for at any given time, at the end of the financial year was 2,388. This was lesser than the last year as under the integrated model, about one-fourth patients from the total number were triaged to be cared for at the outpatient clinics.
- Teams also provided 29,750 consultations over phone/video calls outside working hours
- Physical therapy was also introduced at all Area Centres in Delhi and for patients in the national capital region, especially considering the higher uptake of non-cancer patients. The five physiotherapists made 5,940 home visits to help patients with fatigue management, improvement in physical function and independence in daily activities of living.
- According to Kuppuswamy Scale for assessment socio-economic status of patients was recorded to be 75% belonging to lower & upper-lower, 16% lower middle & middle, and 9% upper middle & upper income groups.
- We lost 2,503 patients with advanced disease out of which 90% died at home, 9% in hospital and 1% in hospice.
- 82% families received bereavement support and counselling for at least one month and upto six months after their loss. A total of 2,025 bereavement visits were made.
- 1,760 destitute patients/families received rehabilitative support (dry food ration, sewing machines, and hand carts for starting small enterprises).
- The Quality Assurance Executives made beneficiary feedback calls after every home care visit. 96% feedback call coverage totalling to 35,934 calls were achieved in the year with an average rate of 97% satisfaction with care.
- Family satisfaction with care was recorded at 93% positive while 7% remained neutral based on intensive 649 post-bereavement feedback visit surveys done by the Quality Assurance Executives. Both feedback methods gave very important insight to teams on the quality of service provided to the beneficiaries.
- Although the home visits were completely free of charge to the beneficiaries, each visit cost the organisation about Rs. 1,350, 17% lesser from the last year due to adoption of the integrated model.

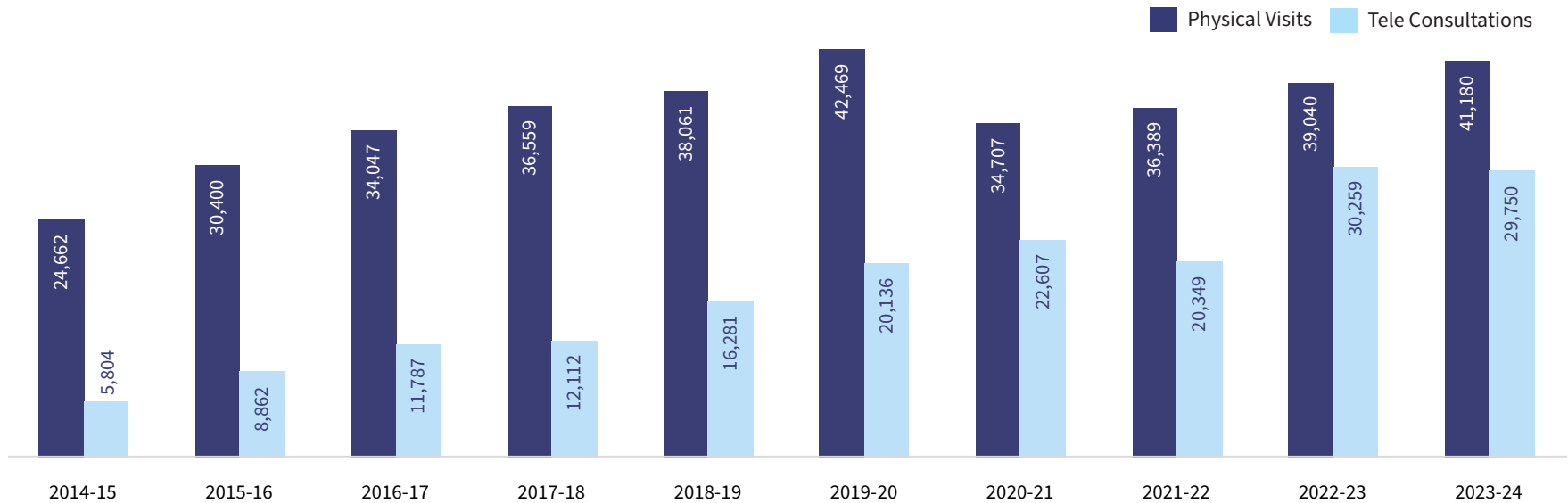
Concurrent Patients



Total Patients Looked After at Home



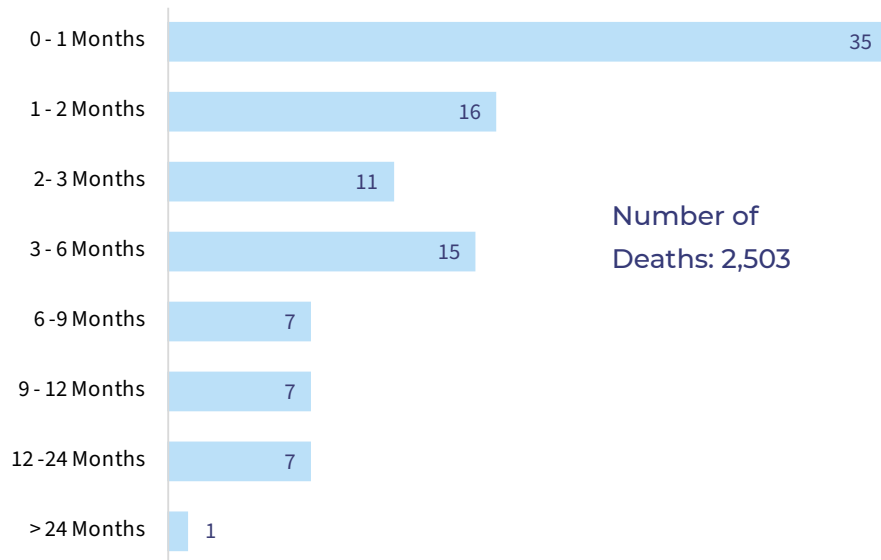
No. of Home Visits & Tele Consultations



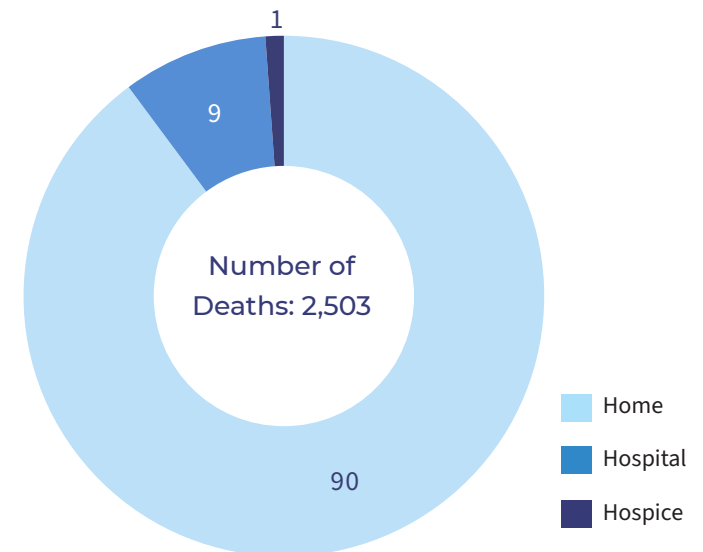
Key Outcome Indicators (%)

Patients with pain score ≤ 3 on 10	83	Patients with psychosocial pain score ≤ 3 on 10	92
Patients with nausea/vomiting ≤ 3 on 10	97	Caregivers reporting improved coping during patient's illness	99
Patients with breathlessness ≤ 3 on 10	98	Patient deaths at home	90
Bedridden patients with improvement in pressure sores	96	Beneficiary satisfaction with care in daily feedback calls	97
Patients with well managed malignant wounds	93	Caregiver satisfaction with care reported in post-bereavement questionnaire	93
Breast cancer patients who did not acquire lymphedema under care	96		
Breast cancer patients with lymphedema controlled under care	96		

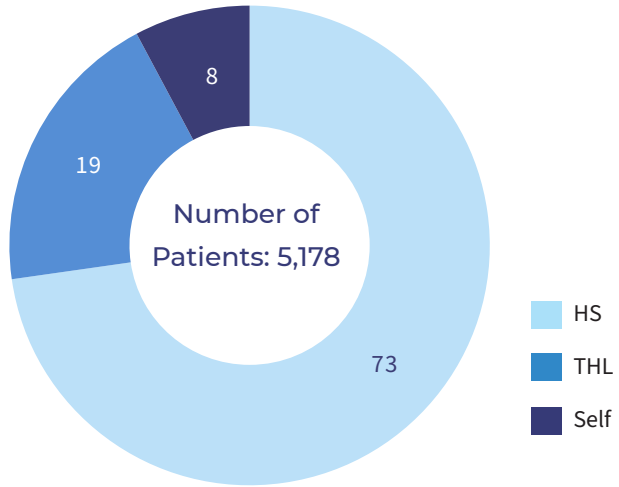
Duration of Care Received by Patients (%)



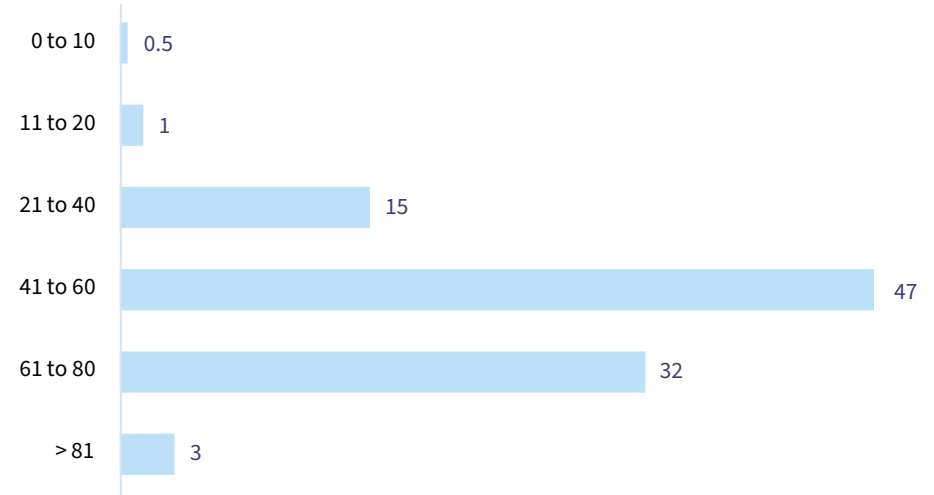
Place of Death (%)



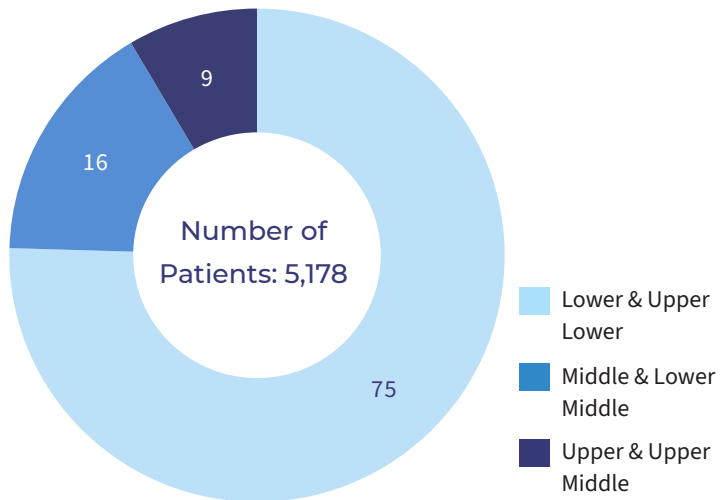
Source of Referrals (%)



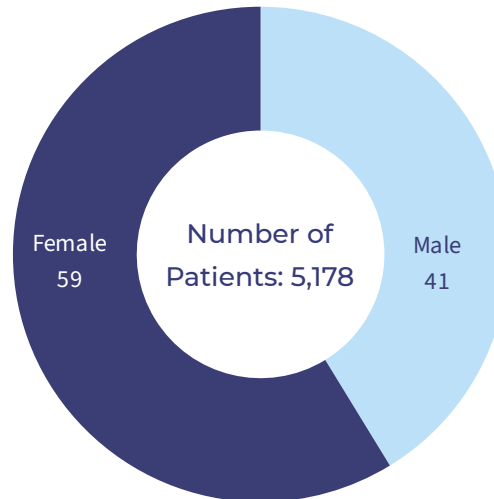
Age Distribution (%)



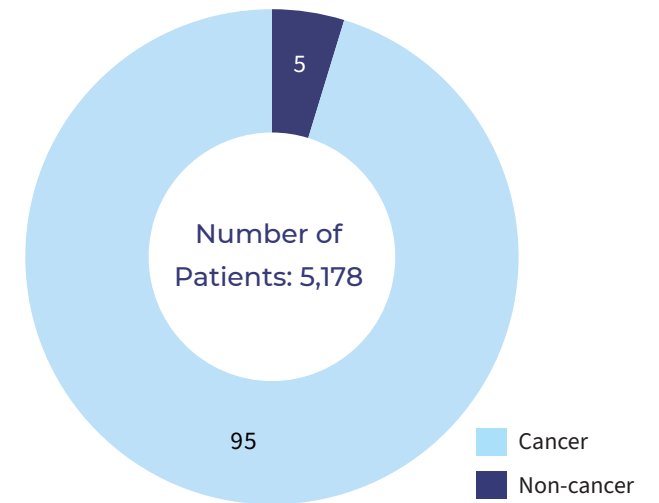
Socio-economic Status (%)



Gender (%)



Distribution of Cancer & Non-cancer Cases (%)





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The unique approach and impact of the Home Care Program led to CanSupport receiving the prestigious ‘Public Health Champion’ award conferred by the World Health Organization (WHO) in 2017.



OUTPATIENT PAIN AND PALLIATIVE CARE CLINICS

The Program

CanSupport Outpatient Clinics (OPC) were first launched in 2013 to extend palliative and supportive care beyond the ambit of home visits for patients who were mobile or were receiving active curative therapies in hospitals. More OPCs were added gradually to cover additional hospitals and geographies, including a first of its kind Mobile Palliative Care Clinic in 2021. These Clinics facilitate early intervention of Palliative Care in the cancer trajectory, enabling improved patient outcomes and continuity of care. Effective management of side effects enables patients to cope with their therapies and remain motivated to complete them. Comprehensive nursing care complemented with psychosocial and spiritual support to patients as well as their caregivers preserves the holistic nature of the care, even in an Outpatient set up.

Highlights

CanSupport made a strategic shift to an integrated model of palliative care in Delhi, resulting in opening new outpatient clinics at all its area centres. Patients referred from healthcare institutions, communities and other sources were assessed and triaged for optimal care across palliative care facilities. By the end of the year, CanSupport was running nine clinics across Delhi, Bathinda and Jamshedpur.

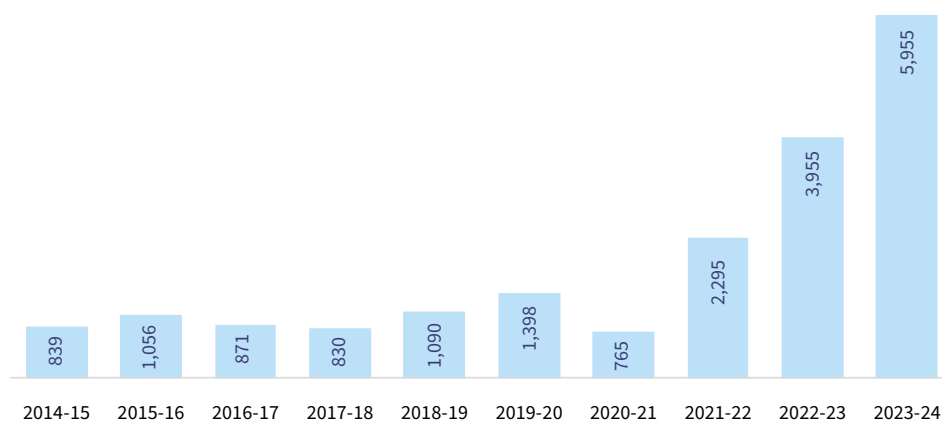
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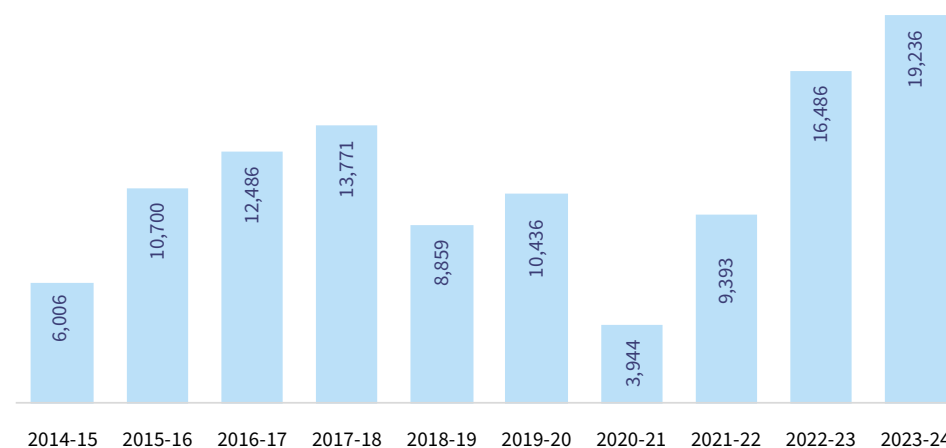
No.	OPC	Year Set Up	Key Hospitals Covered	Visits
1	East Delhi	2013	<ul style="list-style-type: none"> Delhi State Cancer Institute (East) Guru Tegh Bahadur Hospital Sir Sobha Singh Dharamshala 	2,101
2	South Delhi	2015	<ul style="list-style-type: none"> AIIMS Safdarjung Hospital Associated Dharamshalas 	2,963
3	Mobile Clinic	2021	<ul style="list-style-type: none"> Safdarjung Hospital Lok Nayak Jai Prakash Hospital 	7,372
4	Bathinda	2022	<ul style="list-style-type: none"> AIIMS 	897

No.	OPC	Year Set Up	Key Hospitals Covered	Visits
5	Bathinda	2022	<ul style="list-style-type: none"> Advanced Cancer Institute 	2,724
6	Jamshedpur	2022	<ul style="list-style-type: none"> Dharamshalas near Meherbai Tata Memorial Hospital 	707
7	West Delhi	2023	<ul style="list-style-type: none"> Delhi State Cancer Institute (West) 	1,163
8	North Delhi	2023	<ul style="list-style-type: none"> RGCIIRC, Rohini Dr Ambedkar Hospital 	912
9	North East Delhi	2023	<ul style="list-style-type: none"> Hospitals in Ghaziabad & Meerut 	397

New Patients Enrolled



Number of Patient Visits





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DAY CARE



The Day Care program gives children, teenagers and adults with cancer and their caregivers a secure and comforting platform with opportunities for self-expression under caring individuals.

The Program

The Day Care program gives children, teenagers and adults with cancer and their caregivers a secure and comforting platform with opportunities for self-expression under caring individuals.

The Day Care Centres run a weekly program for children and their parents/caregivers (CDC). Volunteers bring children from the Institute Rotary Cancer Hospital at AIIMS and Safdarjung Hospital. They engage in a variety of age appropriate creative and educational activities and emotional support. A breakfast program ensures children get appropriate nutrition to sustain their immunity. Parents connect with one another to seek advice or solicit support from volunteers specially trained to answer their inquiries. All attendees are served nutritious home cooked food.

Another session at the Day Care center focuses on distinct needs of teenagers and young adults (TDC). In addition to lending support for physical and emotional wellbeing, the purpose of the interactions is to help the grow into confident and self-sustaining young adults. The program offers a varied set of activities around healing and relaxation, health and nutrition, education and information and personality and skill development. A wide range of exposure trips helps in opening up their perspectives.

The centers also run a weekly session for adult patients (ADC) and their caregivers who are mostly from out of town and are temporarily residing in nearby dharamshala (government dormitories) during the course of their treatment. There is an acute feeling of isolation since they are away from home, in an alien city, fighting a disease that brings both fear and daily woes. A safe and caring environment and healing therapies offered by our volunteers lift their spirits, giving everyone a well-earned respite from the stress and strain of enduring an illness far away from home. Festivals are celebrated together, songs and stories are shared and a nutritious home-cooked meal ends the meaningful interaction.

Regular Day Care Activities

Art & Craft

Finger Painting
Paper Folding
Drawing & Coloring
Clay Modeling
Quilling
Wall Murals
Sculpting
Scrap Booking
Journaling
Crafting DIY Projects

Non-Formal Education

Fundamental Rights
of Children
Languages
Library
Excursions
Story Telling & Story
Creation
Reading & Writing
Literacy & Numeracy
Games & Puzzles
General Knowledge
Water Conservation
Computer Skills

Alternative Therapies

Chanting
Befriending
Yoga
Individual Counselling
Meditation
Group Counselling
Laughter Therapy
Peer Support
Sound Therapy
Motivational Talks
Accupressure
Many More

Fun Activities

Cartoons & Movies
Picnics
Music
Festival Celebration
Dance
Puppet & Magic Shows
Theatre
Games
Celebrating Strength
and Hope

Medical Counselling

Q&As with oncologists
Do's and Don'ts
during therapy
Management of Side
Effects of Therapy
Nutrition & Hydration
Survivorship Anxiety
Stress of Treatment



Festivals are celebrated together, songs and stories are shared and a nutritious home-cooked meal ends the meaningful interaction.

Special Activities in the Year

- The children got an opportunity to visit Rambo Circus which was full of fun and laughter. The children had a gala time.
- Visits by CSR partners saw their employees arranging games, puzzles, fun activities with the children, get to know about their life and challenges, encouraging and motivate them and also sharing meals with them. The partners were able to visualize the struggles cancer patients face and took back memories of warmth, care and compassion from the children.
- Blankets, warm caps, socks and sweaters were distributed to almost all attendees to help them cope up with the winters wherein they only have very little amenities in the dharamshalas.
- Volunteers completed 16 hours of training specially designed for them.
- Patients celebrated festivals with great fervour. They played Holi with rose petals and organic colours, celebrated Diwali by making diyas and made a stunning Christmas tree on Christmas.
- Patients participated in a special performance at the 'Walk For Life' on 4th February 2024 which was facilitated by Neerupama Vadera, Founder of ICANDOIT.
- Tanisa Foundation organised a number of activities throughout the year including a picnic for the day care children.

Day Care Statistics

Particulars	Children's Day Care	Teenager Day Care	Adult Day Care	Total
Day Care Sessions	46	47	47	140
Attending Patients	1,623	553	1,069	3,245
Attending Caregivers	1,490	-	800	2,290
Patients Receiving Daily Breakfast	1,623	553	-	2,176
Patients Receiving Daily Meals	2,932	1,064	2,202	6,198
Non-Formal Education Activities	61	53	-	114
Outdoor Activities	2	3	3	8
Emotional, Healing & Relaxation Therapy Sessions	31	34	46	111
One-on-one Counselling Sessions	91	72	30	193
Group Counselling Sessions	46	47	47	140



TELEPHONE HELPLINE (THL)

The Program

The Telephone Helpline is “the lifeline” of CanSupport. It provides information and emotional support to callers as well as facilitates networking and coordination with service providers for callers’ cancer and palliative care related needs. This is a confidential service that overcomes the barrier of physical distance and seeks to support the caller both empathetically and practically.

The Helpline is manned by trained counsellors who are equipped with information related to financial support, blood banks, cancer detection centres, hospitals, nursing bureaus, wigs, medical equipment and prostheses, ambulances, chemist shops, and other modes of assistance that may be useful to cancer patients, caregivers and families. The Helpline also provides prompt referrals to Palliative Care consultations and Home Care services. Our counsellors are available on the Helpline from Monday to Saturday (9:00 am to 6:00 pm).

CanSupport’s Palliative Telemedicine, launched in August 2022, offers palliative care consultation over phone/video calls to support patients who are outside our operational service geographies. The idea was based on the successful experience of the use of telemedicine by CanSupport during Covid and considering that India has very limited palliative care centres in North India.



The Telephone Helpline is “the lifeline” of CanSupport. It provides information and emotional support to callers as well as facilitates networking and coordination with service providers for callers’ cancer and palliative care related needs.

Highlights

- The Helpline serviced a record number of calls since its inception, totalling to 10,853 in the year.
- Number of caller needs fulfilled were 14,824 against the total 14,833 caller needs registered, making it a remarkable 99% need fulfilment rate.
- Face to face counselling was done for 262 callers in follow up to the call support.
- Palliative Telemedicine Unit serviced 2269 calls received from patients residing outside our operational areas in the country. Patients could

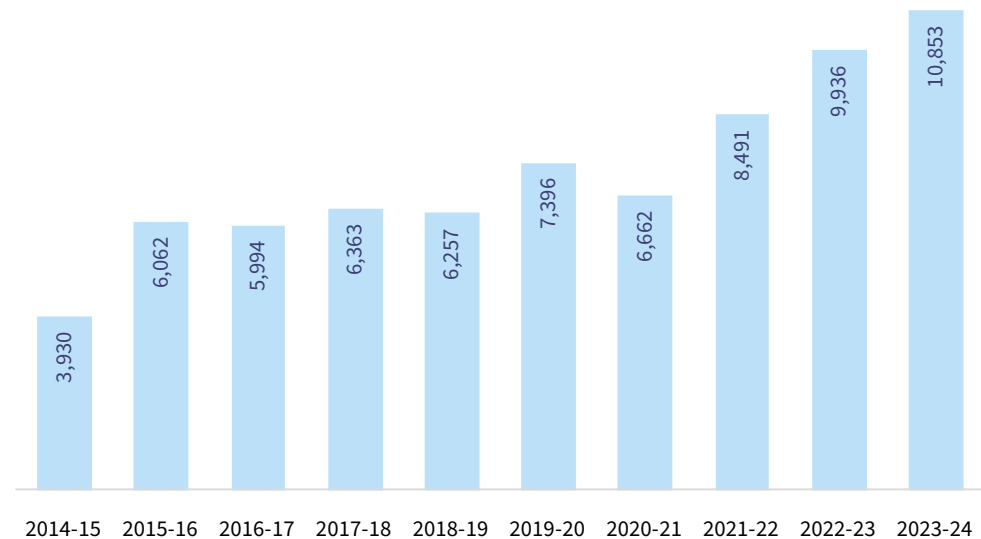
call, text, WhatsApp, video call or email to consult about their pain and symptom management.

- Two virtual Helpline Networking Meets were organised in the year to strengthen networks around cancer care and make resources for patients more comprehensive and accessible. Capacity building sessions were also a part of the two meetings including one by Shailaja Ranjan (Sumaitri) on 'How to help people in distress over calls' and another by Dr Keshav Sharma (Psycho Oncologist and Grief Therapist at Fortis) on 'Team Working in Helplines'

Statistics

Total calls serviced in the year	10,591
Average calls serviced per month	882
Caller needs registered	14,833
Caller needs fulfilled	14,824 (99%)
Face-to-face counselling sessions	262
Referrals to CanSupport services	1,178
Referrals for volunteer enrollment	14
Referrals for resource facilitation	285

Number of Calls Serviced





HOSPITAL OUTREACH & THIRD PARTY RESOURCE FACILITATION (TRF)

The Program

The Hospital Outreach program is implemented by Networking Officers based in various hospitals. They help cancer patients and accompanying caregivers navigate through the maze of cancer care, provide them with required information and steer them to pertinent resources as well as service referrals.

The Third Party Resource Facilitation program was added to the Hospital Outreach program in 2014 to address the much needed support required by cancer patients in form of financial aid for treatment, laboratory investigations and imaging tests as well as other non-financial resources and equipment. Our Social Workers mobilise these resources through various National and State Government schemes and network with other allied organisations.

“

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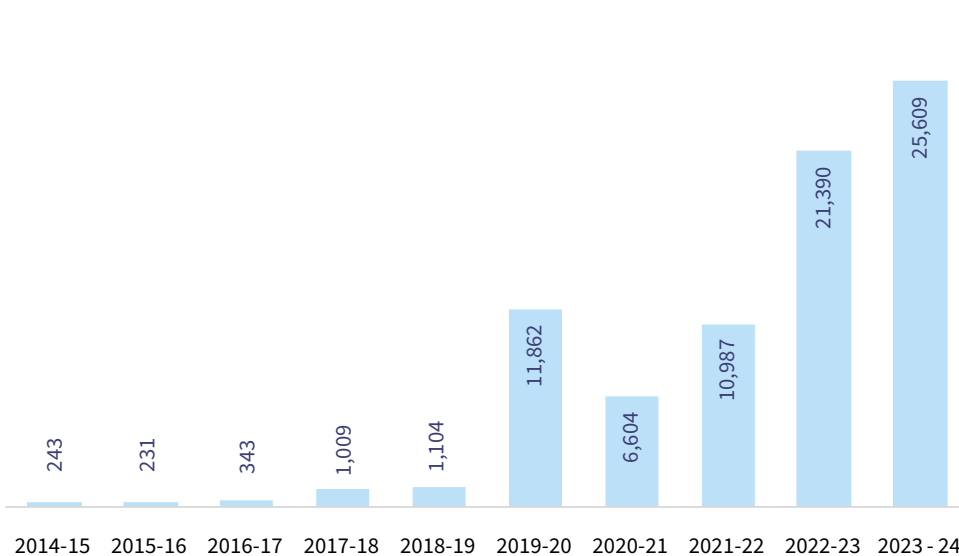
Highlights

- The Hospital Networking teams helped navigate 15,907 patients across 40 hospitals and mobilised 2,336 referrals for the Home Care teams. Five new hospitals were added to our hospital outreach in the year.
- Our collaboration with the Medical Social Service Unit at AIIMS through deployment of a dedicated social worker within the hospital premises continues to help us facilitate resources for many more patients in the year.
- 25,622 patients were enrolled in the program in the year, out of which we were able to support 25,609 cases (99%) in their resource requirements.
- Financial grants amounting to Rs 395 lakh were mobilised from Central and State Government Schemes for the economically backward patients.

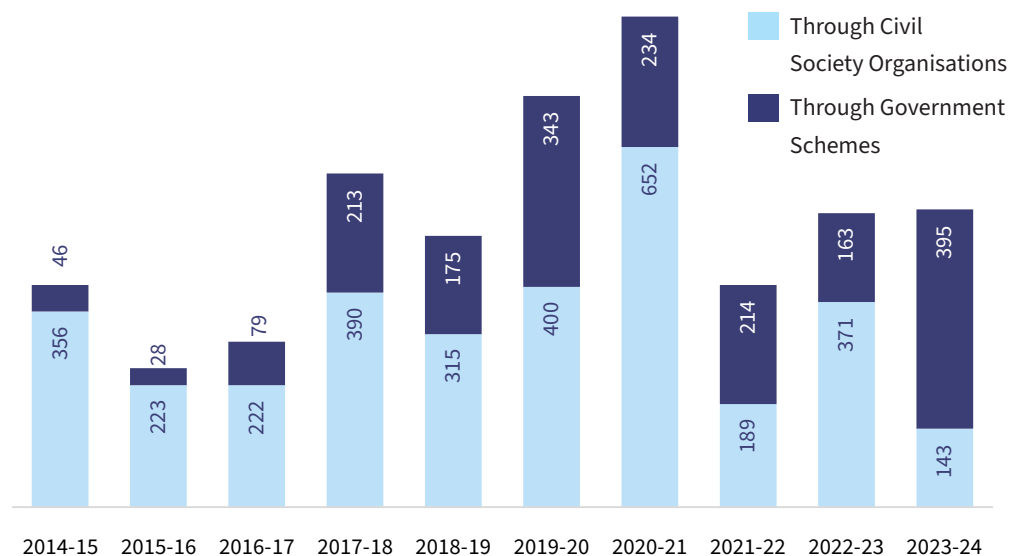
Some key govt schemes included Rashtriya Arogya Nidhi, Prime Minister Relief Fund, Delhi Arogya Nidhi, Chief Minister Fund, EWS Fund, etc.

- Other resources, including chemotherapy drugs, prosthetic limbs, lymphedema support garments and bras, wheel chairs, etc. were also mobilised for patients through various civil society networks. The valuation of these in-kind resources totaled to about Rs. 143 lakh.
- 314 patients were helped with direct financial support to purchase chemotherapy drugs under CanSupport’s Small Aid Fund.

Number of Patients Supported



Resources Mobilised (in lakh)





COMMUNITY OUTREACH AND AWARENESS (COR)

The Program

Community Outreach and Awareness program has been a core activity that goes together with Home Care services. The program is executed by a team of seasoned and competent Community Outreach Officers with the aim to disseminate basic yet vital information about cancer, palliative care and CanSupport's free of charge services to the most underserved communities like slums, villages, low income colonies and resettlement areas.

Key stakeholders of these communities are educated and empowered to identify people facing cancer and refer them to our helpline for timely guidance and support. IEC material in Hindi, Gurmukhi and English is distributed extensively for ready information. The team also organises regular awareness and screening sessions in these communities through our doctors, nurses and build effective networks for coordination across various care components.

“

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Highlights

- Under our 'Train the Trainer' program, 321 ASHA workers, 2,960 Aanganwadi workers and 624 Self Help Group women were trained as community trainers around community awareness and early cancer detection. The objective was to equip them with knowledge and necessary skills to sensitise other women and men in their communities in cancer prevention, screening and early diagnosis. CanSupport provided them with illustrated Flip Chart Books and other IEC material to aid them in their community education activities.
- Various cancer screening camps were held throughout the year in villages and slum communities with 1309 people screened for cancer with support of Rajiv Gandhi Cancer Institute & Research Centre, Rohini,
- The team also organized 41 cancer awareness sessions and screening camps in collaboration with RWAs, Clubs, Societies, Educational Institutions and several Corporates. 1,580 people were screened for cancer during the year.
- The team carried out 12 community promotion programs in collaboration with various NGOs and RWAs in Delhi-NCR. The objective of this program was to make people aware about benefits of Palliative care and to refer people to palliative care services early in the course of a serious illness.

Community Outreach Visits

Low Income Communities	595	RWAs, Panchayats and NGOs in the Communities	161
Aanganwadis	956	PMJAY Kendra	57
General Physicians	1,544	Religious Places	354
Laboratories, Diagnostic Centers & Chemist Shops	2,646	Dharamshalas	44
Government Dispensaries	120	Miscellaneous	541



The team carried out 12 community promotion programs in collaboration with various NGOs and RWAs in Delhi-NCR.



TRAINING, QUALITY MANAGEMENT AND RESEARCH UNIT (TQMRU)

The Program

CanSupport invests deeply in its people, both staff and volunteers; and therefore, learning and refining programs is an ongoing enterprise. While we engage in continuous capacity enhancement through studying and adopting best global practices and research tools, we also brainstorm with and obtain feedback from our stakeholders including specialists, beneficiaries and partners about ideas for improving the quality of our services, fitting them to the challenge areas and iterating them into promising solutions.

The Training, Quality Management and Research Unit is a special task force that is manned by the most experienced doctors, nurses and counsellors in the organisation to drive capacity building, quality assurance and technical excellence. The Unit focuses on comprehensive Mentoring and Monitoring activities across all programs. It intensively trains new recruits in delivery of quality palliative care and facilitates a continuous learning culture for all staff and volunteers to build on their knowledge and skills.

The Unit is engaged in carrying out research activities to enable new needs and trends to be identified and make care delivery more relevant and refined. In addition, it organises Palliative Care training courses for the wider healthcare fraternity to spread the vital message of palliative care.

“

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Highlights

A: CAPACITY BUILDING OF CANSUPPORT TEAMS

CanSupport offers its multidisciplinary teams of doctors, nurses, counsellors, physical therapists, social workers as well as volunteers enriching opportunities to hone their clinical skills, add to their current knowledge and build their capacity as world class professionals in this specialised care and also takes steps to nurture them as compassionate and empathetic human beings who effect holistic healing and bring peace with their therapeutic presence.

a. In-house Palliative Care Capacity Enhancement Sessions

A continuous confidence self-assessment, trainer audit and research led learning program was in place throughout to ensure focused learning and high quality care.

- Intensive capacity building courses, ranging from 4-10 weeks' duration, were conducted for the 50 newly appointed program staff, including 5 physiotherapists.
- A total of 96 capacity enhancement sessions were held by in-house and guest faculty, including 34 common sessions for the multidisciplinary teams and 62 for distinct professional groups.
- Out of the 96 sessions, 71 sessions focused on palliative care needs and interventions specific to cancer and the remaining 25 on other non-cancer serious illnesses.

b. External Faculty Palliative Care Training Sessions

	Trainer/Designation	Session(s)
1	Dr R.K. Mani Director Clinical Services & Consultant Pulmonologist, Yashoda Hospitals, Delhi	● Advance Care Directives (Living Will)
2	Dr Roop Gursahani HOD and Consultant Neurology PD Hinduja Hospital	● Basics of neurological palliative care
3	Dr Santosh Chaturvedi Former Dean & Senior Professor of Psychiatry, NIMHANS, Bengaluru	● Difficult communication with patients and caregivers in palliative care
4	Neelam Lall Nursing Faculty, Dr BRA-IRCH, AIIMS Delhi	● Management of ostomies
5	Dr Lipika Patra Consultant Palliative care Karunashaya Hospice Trust Bagchi, Orissa	● Medical management of constipation
6	Dr Archit Aggarwal Consultant Psychiatrist ESIC Hospital, Faridabad	● Session of the latest edition of International classification of Disorders and Diagnostical Statistic Manual
7	Vandana Mahajan Cancer Survivor & Counsellor	● Sexuality and Intimacy concerns in palliative care
8	Dr Megha Pruthi Additional Director & HOD, Pain and Palliative Medicine, Fortis Healthcare	● Management of Delirium in palliative care
9	Faculty from Cancer Institute Adyar, Chennai and Karunashraya Hospice Trust, Bengaluru	● 2-day Workshop on Palliative Care Counselling
10	Radhika Shapoorjee and Mehernosh Shapoorjee, Mediation Mantra	● Workshop on Crucial Conversational Skills, Difficult Confrontations and Conflict Resolution

c. Capacity Building of Supportive Care Programs and Head Office Teams

A total of 37 subject specific sessions were held for staff and volunteers engaged in CanSupport’s Supportive Care Services during the year. These included:

13 sessions for the Telephone Helpline

8 sessions for Hospital Outreach Team and Community Outreach Team

d. Participation in Forums and Conferences

Month/Year	Forum	Participation
Apr 2023	IAPC Delhi Chapter Conference	<ul style="list-style-type: none"> Panelist on discussion around ‘Various Palliative Care Delivery Models, Their Challenges and Possible Solutions’
Nov 2023	American Chambers of Commerce	<ul style="list-style-type: none"> Panelist on discussion ‘Enabling Innovations to Strengthen Cancer Care in India’
Nov 2023	IAPC Delhi Chapter Conference	<ul style="list-style-type: none"> Panelist on discussion ‘Palliative Conference Care: By All and For All
Feb 2024	IAPC International Conference, Ahmedabad	<ul style="list-style-type: none"> Release of CanSupport Publication: ‘Guidelines for Home Based and Outpatient Palliative Care Teams’ Faculty for session ‘Factors Affecting Spiritual and Existential Issues in Patients Suffering from Advance Diseases Oral Presentation: ‘CanSupport Mobile Palliative Care Clinic’ Panelists on various discussions

B: TRAINING & EDUCATION OF THIRD PARTY PROFESSIONALS

CanSupport imparts training and education to equip third party health and social care professionals, practitioners, students & interns with requisite knowledge, skills, and attitudes in Palliative Care. The training is tailored to their unique practice settings. The following training courses were held in the year:

a. Cansupport Certificate Courses:

Certificate Course in Palliative Medicine:

The four week program enables doctors to gain practical “hands on training” in delivery of palliative care in different settings – 16 doctors trained.

Certificate Course in Palliative Nursing:

The four week program is meant for nurses that enables them to gain theoretical and practical training in delivery of palliative care – 14 nurses trained.

Certificate Course in Palliative Counselling:

The eight-week intensive program is aimed at imparting practical knowledge and skills in delivering palliative care counselling – 14 counsellors trained.

Volunteer Training Program:

The 16-hour training program for volunteers is held at CanSupport and is certified by Indian Association of Palliative Care – 9 volunteers trained.

b. Annual Foundation Course in Palliative Care

CanSupport held its 21st Annual Foundation Course in Palliative Care in collaboration with Dr BRA-IRCH, AIIMS on the basic principles and practices of Palliative Care for healthcare professionals, students, interns and volunteers. The 2-day course, comprising of 18 modules, was held on March 11 and 12 at Jawaharlal Nehru Auditorium, AIIMS and was attended by 180 participants.

The inaugural ceremony was graced by Prof. Pravin Prakash, Principal Metro College of Nursing Noida; Prof. R. Sreeraja Kumar, Dean Sharda College of Nursing; KR Chawla, Deputy Drugs Controller, Delhi and Shri Balam Sahu, Asst. Drugs Controller, Delhi along with the Heads of the two organising institutions, Prof. Dr Sushma Bhatnagar (Dr BRI-IRCH, AIIMS) and Dr Ambika Rajvanshi (CanSupport).



c. National Fellowships in Palliative Medicine & Nursing

The National Fellowships in Palliative Medicine/Palliative Nursing are one year distance learning programs conducted by IPM Kozhikode, Calicut in association with Christian Medical Association of India (CMAI). CanSupport is one of the National Centres for the program.

d. Multi Thematic Workshops and Sessions in Palliative Care

In order to promote a learning experience in palliative care, CanSupport organises multiple introductory workshops and sessions across the country.



Two-day continuing hours education workshops for nursing students and faculty of:

- Sant Parmanand School of Nursing, Burari, Delhi
- Hindu Rao College of Nursing, New Delhi
- Balaji Action Cancer Hospital, New Delhi
- Panna Dai College of Nursing, New Delhi
- Apollo College of Nursing, Okhla, New Delhi
- Holy Family College of Nursing, Delhi
- Army College of Nursing, Dhaula Kuan, New Delhi

Introductory Palliative Care workshops:

- Valentis Hospital, Meerut | PGIMS, Rohtak
- Delhi School of Social Work, Delhi
- Bhim Rao Ambedkar College of Social Work, Delhi
- Rajiv Gandhi Cancer Institute and Research Centre, New Delhi
- Kailash Hospital, Noida
- Raj Kumari Amrit Kaur College of Nursing, New Delhi

Some organisations for which these were held in the year include:

- Goodera Foundation, Gurgaon
- King George's Medical College, Lucknow
- Kasturba Gandhi College of Nursing, Delhi
- Cipla Limited, Mumbai

C: RESEARCH

a. Research studies presented at forums:

Title: Mobile Palliative Care Clinic at Cansupport

Author: Dr Ravinder Mohan

Forum: IAPCON 2024, Ahmedabad



e. Invitation as Faculty

- by National Round Table for Cancer Care organised by ECHO India
- by Rajiv Gandhi Cancer Institute on the occasion of World Hospice and Palliative Care Day

f. Cancer & Palliative Care Awareness Sessions on Request

Cancer awareness sessions are held regularly to sensitise participants about various aspects of cancer, its prevention, early treatment and role of Palliative Care.



b. Research studies published in the year:

Title: Cultural adaptation of Patient Health Questionnaire (PHQ 9) for use in Palliative care settings.

Authors: Dr Tushti Bhardwaj (Dr Bhim Rao Ambedkar College, Delhi) & Dr Ishita Gandhi and Pallika Chaudhary (CanSupport)

Publication: Indian Journal of Palliative Care: Jan-Mar 2023 Issue

c. Research studies ongoing :

Title: Cancer Patients' Perspective on Attributes of Good Death in Palliative Care (End of Life Goals)

Authors: Arjun Verma (Ph.D. in Psychology, Amity, Noida) and Ashish Samuel and Mausumi Bhansali (CanSupport)

Title: 'Relaxation Adaptive-Movement Program: An Initiative in Stress Relief for Palliative Patients'

Authors: Zuleikha (Founder of The Storydancer Project) and Dr Ishita Gandhi and Pallika Chaudhary (CanSupport)

Title: Effect of the Integrative Oncology approach on the Quality of life and outcomes of treatment of Hematology Oncology patients at AIIMS enrolled in CanSupport

Principal Investigator: Dr Tulika Seth (Professor Hematology, AIIMS, New Delhi)

Other Investigators: Ms. Samara Mahindra (Founder and Director of CARER) and Dr Ishita Gandhi (CanSupport)

D: INTERNSHIPS AND OBSERVERSHIPS

65 interns were placed for internship at CanSupport from universities across India and the US from the following institutions:

- Delhi University (South Campus), New Delhi
- Delhi School of Social Work, Delhi
- Homi Bhabha National Institute, Mumbai
- Indira Gandhi National Open University (IGNOU), New Delhi
- Christian Nursing Medical College, Vellore
- Dr Bhim Rao Ambedkar College, Delhi
- University of Texas, (USA)
- Drexel University of Medicine, (USA)
- University of Wisconsin, (USA)
- University of Madison, (USA)
- University of North Carolina, (USA)
- University of San Diego, (USA)
- Loyola University, (USA)
- Pace University, (USA)
- University of Washington, (USA)



E: PILOT PROJECT TO INTEGRATE CANSUPPORT'S PALLIATIVE CARE MODEL IN THE PUBLIC HEALTH CARE SYSTEM

A notable initiative undertaken in the year was a six-month pilot project in Gurugram, Haryana. The project's goal was to assess the effectiveness of integrating CanSupport's home-based palliative care model into the public health care system. To facilitate this, an MOU was signed between the Director General of Health Services (DGHS) Haryana and CanSupport.

Upon completing the pilot, CanSupport enlisted a consultancy firm to prepare a report for Niti Aayog, the apex policy planning think tank of the GOI. The pilot confirmed the adaptability and efficacy of our home-based care model.

Encouraged by these results, we plan to expand our reach across India, starting with northern states where we already have a presence. We look forward to collaborating with both private and public partners to achieve this expansion.

We acknowledge the crucial support from Dr. Sonia Trikha, Former DGHS Haryana, and Dr. Virender Yadav, Civil Surgeon Gurugram. Their contributions were essential to the success of this pilot project.

A total of 199 trainees attended sessions in 4 separate batches and were trained in palliative care including Doctors, Nurses and Community Health Officers of PHC, CHC and District Hospitals.



CORPORATE SOCIAL RESPONSIBILITY - EMPLOYEE ENGAGEMENT ACTIVITIES

CanSupport has been organising Employee Engagement activities with companies since 2018. The employees have striven to give back to the society through both online and in-person activities.

CanSupport designs unique activities to compliment their skills and interests for a rewarding and meaningful experience with young and adult patients with cancer as well as with CanSupport staff and volunteers.

“
There is evidence to show that companies that help their employees volunteer for social causes develop an edge over others.



Adobe India
 Making soft toys for children with cancer at their office. Toys sent to the Day Care Centre for children to take home



Optum Global Solutions India Pvt. Ltd.
 An unforgettable day of dance and magic show for children visiting the Day Care



BARCO Electronic Systems Pvt. Ltd.
 Anger and Stress Management activity that offered practical tips on reducing office stress through mindfulness



Genpact
 Thoughtful gift of bicycles to help support ongoing education in the cancer journey of teenage patients



Kotak Mahindra Bank Ltd
Creative art and storytelling sessions for children at the Day Care



Formula Corporate Solutions India Pvt. Ltd.
An 'enchanted' day for children and their parents with a magic show and fun activities



MasterCard India
Mandala art and rhyming words for children; Education on banking, ATM usage, and government savings schemes for young adults



Pricol India
Cancer awareness and screening camp for Pricol employees organized by CanSupport



Cipla Limited
Sessions on how palliative care helps improve quality of life of people with serious illnesses and how Cipla is committed to ensuring access to this much needed care through its Foundation

“

We came together for a Special Cause, to create change and send smiles for cancer patients by partnering with CanSupport, an amazing organization founded by Harmala Gupta Ji.

- Adobe India

EVENTS

A Musical Evening to Celebrate World Hospice & Palliative Care Day

CanSupport commemorated the World Hospice & Palliative Care Day by organising a music concert on 3 October 2023 at the Baha'i House of Worship. Padma Shri awardee, Shubha Mudgal, renowned Indian musician, composer, singer, and multi instrumentalist, sang compositions by Bhakti poets and mesmerised the audience with her soulful and reverberating performance. She was accompanied by Dr Aneesh Pradhan on Tabla and Sudhir Nayak on Harmonium.

The event lived up to the theme of Compassionate Communities: Together for Palliative Care by bringing the community together in support of palliative care. The auditorium full of 450 people from all walks of life was a testimony to our work. A special 'Souvenir' was also released at the event.

Dr Vinod Kumar Paul, member of NITI Aayog where he leads the Health, Nutrition and HRD verticals was the Chief Guest at the event. In his address he congratulated CanSupport for its brilliant work over the last 27 years and emphasised on the need to make palliative care and integral part of our public health care system.

CanSupport's CSR partners - Kotak Mahindra Bank Ltd, G4S Secure Solutions India Pvt Ltd, Barco Electronic Systems Pvt Ltd, and Delhi Langar Seva Society and Prof Manju Jain who helped us establish our first Outpatient clinic in East Delhi were also felicitated at the event.

Harmala Gupta thanked Sophie Ahmed - longstanding Patron of the event, CSR partners, Event Partners and the audience for their steadfast support. She also thanked Shubha Mudgal and the accompanying musicians Dr Aneesh Pradhan and Sudhir Nayak for performing pro bono for CanSupport.

Pro bono Courtesies

Venue: Baha'i House of Worship | Moderator: Anjali Singh | Photography: Justin Rabindra



Events Sponsors, Supporters and Donors

Agro Life Science Corporation | Ankush Seth | Devats India Pvt Ltd | Gita Agarwal | Harish Narang | KIC Food Products Pvt Ltd | Kusum Avasthy Gupta | Marchers International Pvt Ltd | Ranjana Sethi | Shades of India | Surin RK Choudhari Trust | Vandana Aggarwal | Vitrana Healthcare LLP | Wembrace Biopharma Pvt Ltd

Charity Dinner and Dance, Chandigarh

A 'Charity Dinner & Dance' awareness and fundraising event was organized in Chandigarh on 15th December 2023. It was attended by about 100 people who came to show solidarity with the cause of palliative care and donated generously towards sustaining CanSupport's free services for the most needy.

Dr Balbir Singh, Honorable Health Minister, Govt of Punjab graced the event as the Chief Guest. He emphasized on the need and importance of palliative care in the field of health and readily expressed his support for CanSupport's plan for expanding its programs in the High cancer prevalence State of Punjab.

The event also had the inspiring presence of Dr Sonia Trikha, Member Haryana Public Service Commission and Shri Rajesh Khullar, Chief Principal Secretary to Haryana Chief Minister.



We are grateful to Mohini Daljeet Singh, CanSupport Managing Committee Member, for single-handedly planning and meticulously organizing the event

Event Sponsors

Shivalik Bimetal Controls Limited
ABS Foundation
Toppan Specialty Films

Pro bono Courtesies

Venue: Hyatt Regency, Chandigarh
Beverages: Diageo India

CanSupport 17th Walk For Life - Stride Against Cancer

Sunday, 4th February 2024 morning was greeted by rains, but nothing came in the way of 'CanSupporters', JLN Stadium came alive with the buzz, smiles, and footsteps of thousands of people gathered despite the rains to take part in CanSupport Walk for Life-Stride against Cancer 2024.

The Walk that commemorates World Cancer Day was supported by 'Sanjeevani United Against Cancer' - An Initiative by News18 Network, Federal Bank Hormis Memorial Foundation, TATA Trust and Fortis as the Principal Sponsor and SRF Ltd and Waters India Pvt Ltd as the CSR partners.

More than 6000 people from corporates, schools, colleges and individuals joined the biggest cancer awareness Walkathon in Delhi. It not only lived up to its spirit but also saw enthusiasm and energy this year like never before!

Guest of Honour and renowned journalist Rahul Shivshankar applauded the cancer survivors present at the venue. He said, "We all can get together and fight cancer if we actually know that it lives within us because it is certainly

around us". In her message to the participants Harmala Gupta, Founder-President of CanSupport said "CanSupport's annual Walk for Life is intended to draw attention to the need to stay a step ahead of cancer. Research shows that regular exercise, especially walking, is the best way to do this. When you do it for a cause the benefits multiply."

Much loved artists from the Film Industry: Dino Morea, Karan Singh Grover and Nikita Dutta were special guests. Eminent guests on the stage flagged off the Walk, beginning with a special Lap of Honour by survivors to give hope and courage and to send out the message that there is life beyond cancer. It was a sight to behold as one group of participants was followed by another, wave upon wave, displaying messages on beating cancer.

The Walk ended on a high note, with people dancing, smiling and taking pictures. We thank our sponsors, CanSupport staff, hundreds of volunteers and each and every participant, for making the Walk a huge success!

'On Campus Walks' were held by 14 schools through the months of February and March.





Special Scroll to "Sanjeevani United Against Cancer"- A CSR Initiative by News18 Network, Federal Bank Hormis Memorial Foundation, TATA Trust & Fortis.



Golden Scroll of Honour to our Largest CSR Partner Optum Global Solutions India Private Limited



Silver Scroll of Honour to our 2nd Largest CSR Partner Cipla Foundation



Silver Scroll of Honour to our 3rd Largest CSR Partner Tata Capital Limited



Silver Scroll of Honour to our Cancer Awareness CSR Partner SRF Limited



Silver Scroll of Honour to our Cancer Awareness CSR Partner Waters India Private Limited



Silver Scroll of Honour to our Cancer Awareness CSR Partner Waters India Private Limited



Silver Scroll of Honour to our Cancer Awareness CSR Partner Waters India Private Limited

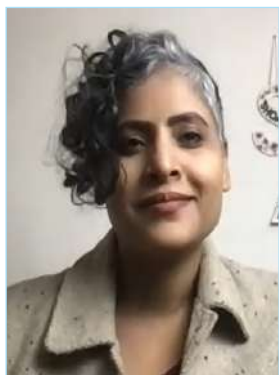


CanSupport 17th Walk For Life - Partners, Supporters & Participants

Special Pre-Walk Sessions



Video message from Padma Shri Awardee Anand Kumar (Founder of Super 30)



Interactive session with Anchal Sharma, cancer survivor and Founder of CanHeal & Meals Of Happiness



Facebook live session with Dr. Geeta Kadyapath, Max Super Specialty Hospital

Participating Academic Institutions

Ambience School, Gurgaon
Amity Institute of Molecular Medicine and Stem Cell Research
Apollo School of Nursing
Aseem Charitable Education Trust
Aseem's Library Baghpat
Aseem's Library Bright Orange Foundation
Aseem's Library Khushi Rainbow Home
Aseem's Library Kilkari Rainbow Home
Aseem's Library Pocketful of Sunshine
Aseem's Library St Stephen
Aseem's Library Tilak Vihar Community
Aseem's Library Ummeed Aman Ghar
Cambridge School, Noida
Cambridge School, Greater Noida
Cambridge School, IndiraPuram, Ghaziabad

Cambridge School, Srinivaspuri
DPS International Dasna, Ghaziabad
DPS International Edge, Gurugram
DPS International, Saket
FOSTIIMA Business School
Holy Family College of Nursing
Indian Institute of Management, Jammu
Indian Institute of Technology, Delhi
Jaspal Kaur Public School, Shalimar Bagh
Kailash College of Nursing
Mata Jai Kaur Public School, Ashok Vihar
Metro College of Nursing, Greater Noida
New Era Public School, Mayapuri
Rotaract Club Sri Aurobindo College
Rufaida College of Nursing
Saai Memorial Girls' School, Geeta Colony

Sharda University
Shiv Nadar School, Gurugram
Shri Khushal Das University
Holy Family College of Nursing
Indian Institute of Management, Jammu
Indian Institute of Technology, Delhi
Jaspal Kaur Public School, Shalimar Bagh
Step by Step School, Noida
Swami Shraddhanand College
The Frank Anthony Public School
The Shri Ram Millennium School, Faridabad
The Shri Ram Millennium School, Noida
The Shri Ram School Aravali
The Shri Ram School Mouslari
Uttarakhand Public School

Participating Corporates and other Groups

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Idemia India Foundation
Inner Wheel Club of Delhi, Mayur Vihar
Inner Wheel Club of Delhi, North
Inner Wheel Club of Delhi, Raisina Hills
Inner Wheel Club of Delhi, Rising Stars
Inner Wheel Club of Delhi, Sainik Farms
Inner Wheel Club of Delhi, Vasant Vatika
JVCC - Laughter Club, Noida
KPMG Foundation
Kusum Healthcare Pvt Ltd
Marsh McLennan, Mercer India
Optum Global Solutions (India) Pvt Ltd
QX Global Group Limited
Remembering Kalindi
Richmond Fellowship Society Delhi – Vishwas
Sentiss Pharma
Seva At Home India Pvt Ltd
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Anita Marwa	District Disaster Management	Delhi, Rising Stars	Prerna Tandon	Shirin Jain
Anjali Singh	Authority	Interem Relocations	Primus Super Speciality Hospital	Sleepy Owl Coffee
Anjana Bakht	Djembe Circle	Ishtihaar	Priya Jain	Som Mittal
Anubhuti Agrawal	Dr Kunti Sondhi Public	Kaveri Ganguli	Project Help	Sri Balaji Action Medical Institute
Anupama Mallik	Charitable Trust	Kumkum Kohli	Project Help (Usha Agrawal)	& Action Cancer Hospital
Anuradha Mittal	E Block Resident Welfare	Late Salma Merchant	PSRI Hospital	Sudha Tewari
Aseem’s Library	Society, GK 1	Malkit Law	Punam Narendra Singh	Sumita Rawlley
Ashna Kochar	Ela Trivedi	Mandeep Singh	R S Pharmaceutical	Sunil Kant Munjal
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Bhanu Seth	Gurmanak Singh	Monica Bhagat	Rashmi Sobti	UNIBIC Foods
Bhupinder Singh Gill	Harmala Gupta	Nadira Chaturvedi	Red Fort Chapter	Urban Mandi
Bisleri International	Harsharan Matharu	National Service Scheme	Roohi Thakur	Usha Agarwal
Bonn Nutrients	IT Tech Services	Neelam Mohta	Rotaract Club of Shri	Vani Subramanian
Border Security Force	Inner Wheel Club of Delhi,	Neena Singh	Aurobindo College	Vikram Tandon
Chitra Mehta	Vasant Vatika	Neerupama Vadera	Rotary Club Of New Delhi One	Vineet Taneja
Clownselors Foundation	Inner Wheel Club of Delhi, Midwest	Neeti Gupta	Royal Enfield	Vinita Idnani
Crazymee Design	Inner Wheel Club, Vasant Kunj	Nestle	Sai Aerobics Faridabad	Vinod Tiku
Delhi College of Photography	Inner Wheel Club of Delhi, North	New Delhi Municipal Council	Saket Riding Club	ZARIYA The Way of Serving

Participant Feedback

“Very well organized. Despite rain all events were executed so smoothly. I found the celebration of cancer survivors and their active participation most enjoyable. Felt so motivated.”

“The energy of the place was awesome. I enjoyed walking for the wonderful cause along with my school children.”

Annual Remembrance Day

The Remembrance Day is a poignant and heartfelt event dedicated to honoring the memories of loved ones who have passed away. This annual gathering brings together families, friends, caregivers, and the CanSupport community to celebrate the lives and legacies of those we have lost. It is a time for reflection, remembrance, and healing.

The primary purpose of this day is to provide a supportive environment where individuals can come together to share their grief, find solace, and draw strength from the community. This event underscores the importance of remembering our loved ones and recognizing the impact they have had on our lives.

It is also a powerful reminder of the enduring bonds we share with those we have lost. It is a day to celebrate their lives, cherish their memories, and find strength in the company of others. Through this event, CanSupport reaffirms its commitment to providing compassionate care and support to those navigating the difficult journey of grief and loss.



Remembrance Day, Delhi: Held on 25th November '23 at Centenary Methodist Church, Lodhi Road was attended by about 500 caregivers in memory of loved ones lost to cancer. Many caregivers came forward to express their gratitude to CanSupport and in particular the home care team that cared for them and their loved ones just like a family. It was a solemn ceremony that healed every one of their pain and loss.

Remembrance Day, Jamshedpur: 'Remembrance Day' was held for the first time in Jamshedpur on 1st September '23 at Pritpal Healing Garden. About 70 people participated in the event that included 40 caregivers. Many caregivers thanked the home care team and lit diyas in the memory of their loved ones. They also wrote messages on leaf cut outs and put them up on the 'Remembrance Tree'.

Remembrance Day, Bathinda: Remembrance Day also made its debut in Bathinda on 10th December '23, attended by around 150 caregivers. Many shared heartfelt stories and extended appreciation to the home care team for their unwavering support throughout their loved ones' cancer journeys.

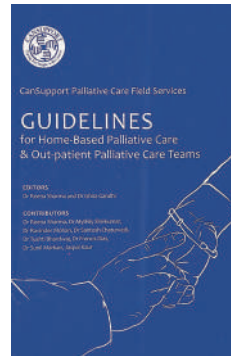
We Thank Our Remembrance Day Event Partners & Supporters:

Chitra Sadhwani	Manu Kapur	Ruchika Prasad
Jagmohan Singh Bhasin	Meena Prakash	Sandeep Sharma
Jessica Fernandes	Monika Mohale	Sangita Bansal
Jyoti Singh Bedi	Naman Gambhir	Seema Pal Roothaert
Kapil Kaul	Phool Dutt Gureja	Seema Sabharwal
Kotak Mahindra Bank Ltd	Pradeep Kumar Marwah	Shashi Goyal
Madhulika Agrawal	Rachna	Shiful Parti
Manish	Rama V Baru	
Manpreet Singh	Rani Goel	

OTHER HIGHLIGHTS

Launch of New CanSupport Publication

CanSupport's publication – 'Guidelines for Home Based Palliative Care and Out-patient Palliative Care Teams' was released at the International Conference of the Indian Association of Palliative Care (IAPCON) 2024, held in Ahmedabad in February 2024.



Making Gifting Meaningful!



CanSupport signed an MOU with Sparkle gift to kick start Sparkle Gift Cards venture. The Sparkle Gift Card is a unique gifting opportunity. It allows an individual to give the 'gift of giving', and the receiver gets to 'spend' on a cause that is close to their heart.

Recognitions for the Founder President

On 29 July 2023, Harmala Gupta was invited to the 11th Annual Conference of Association of Breast Surgeons of India (ABSICON) in Ahmedabad to deliver the prestigious 'Dr Ushalakshmi Oration' to share her journey of Cancer Survivorship. She was also felicitated for her contribution to the fields of Advocacy, Supportive Care and Awareness.



On 30 September 2023, 'The Brand Story' invited Harmala Gupta, to 'India Brand & Leadership Conclave' as a Social Guest & Panelist at an event held at ITC Sheraton, Saket. She was recognised & honored for her efforts that has paved the way for compassionate and supportive environment for cancer patients in India.



On 6 October 2023, at the Second International Conference of National Association of Palliative Care for Aayush & Integrative Medicine (NAPCAIM), Harmala Gupta was conferred the 'Lifetime Achievement Award for Services Rendered Towards Palliative Care'.



Invitation from Ministry of Science & Technology, GOI

In December 2023, Harmala Gupta was invited by the Department of Biotechnology, Ministry of Science & Technology, Government of India to join the National Cancer Innovation Leadership Initiative, as a member.

ADVISORY COMMITTEES

Palliative Care Advisory Committee

Dr Bhawna Sirohi	Medical Oncology
Prof Santosh Chaturvedi	Psycho Oncology
Prof BK Mohanti	Radiation Oncology
Dr Roop Gursahani	Neurology
Prof Mary Ann Muckaden	Pediatric Palliative Care
Dr Rakesh Garg	Palliative Medicine
Dr Sandhya Gupta	Palliative Nursing
Dr Rajib Dasgupta	Public Health
Dr Tushti Bhardwaj	Research

Supportive Care Coordination & Advisory Committee

Day Care Coordinators	Bineeta Malhotra Shubha Khanna Shweta Miglani
Peer Support Chief Facilitator	Rajni Bhagat Arora
Helpline Advisor	Usha Kala

Events Advisory Committee

Harmala Gupta	Radhika Shapoorjee	Mohini Daljeet Singh
Rajni Bhagat Arora	Nadira Chaturvedi	Other Event Specific Committee Members

Internal Ethics Committee (Research)

Dr Tulika Seth	Chairperson
Dr Ishita Gandhi	Secretary
Dr Ravinder Mohan	Member
Anjali Gopalan	Member
Dr Reena Sharma	Member
Dr Mythily Shivkumar	Member
Dr Renu Chopra	Member
Trideep Pais	Member

Internal Complaints Committee Sexual Harassment At Workplace

Kamlesh Choudhary	Chairperson
Kiran Gera	Member - Female Representative
Dr Ravinder Mohan	Member - Male Representative
Geetha Nambisan	Member - External

2 committee meetings and 1 awareness session held in the year

Child Safeguarding Committee

Savita Luka	Internal Member from Palliative Care Field Services (Female Representative)
Pukhraj Singh	Internal Member from Day Care Services (Male Representative)
Dr Megha Consul	External Member

2 committee meetings and 2 awareness sessions held in the year

Editorial Committee

Harmala Gupta	Rajni Bhagat Arora	Radhika Shapoorjee
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OUR STAFF

Head Office

CEO: Dr Ambika Rajvanshi

Resource Mobilisation

NS Anand	Head – Marketing & Public Relations
Navdha Bhardwaj	Manager – Individual Donor Relationship; and Manager – Events & Fundraising Campaigns
Manjusha Singh	Assistant Manager – Corporate Relationship
Bharat Garima	Assistant Manager – Communication & Digital Marketing
Savita Arora	Assistant Manager – Individual Donor Relationship
Rajesh Kumar	Sr Coordinator – Fundraising
Rajni Bhatia	Senior Executive – Individual Donor Relationship
Rinky Pal	Executive – Individual Donor Relationship

Training, Quality Management & Research

Dr Ishita Gandhi	Director – Palliative Medicine
Dr Ravinder Mohan	Director – NDPS Compliance
Savita Luka Masih	Director – Palliative Nursing
Anamika Pandey	Deputy Director – Psychosocial Counselling
Birbal Mahato	Assistant Manager – Programs
Sindhu Raj	Specialist Nurse & Trainer – Field Support Team
Jiji Thomas	Senior Nurse & Trainer – Field Support Team
Miniamma John	Senior Nurse & Trainer – Field Support Team
Manju Bhatnagar	Nurse Trainer
Babita	Senior Counsellor & Trainer – Field Support Team
Ashish Saimual	Senior Counsellor & Trainer – Field Support Team
Anju Sharma	Quality Assurance Executive
Ranjana Sethi	Quality Assurance Executive
Sonia Gandhi	Quality Assurance Executive

Supportive Care Services

Kiran Gera	Head (and Projects Manager)
Dr Anita Harish	Consultant Doctor on Palliative Telemedicine
Ratna Jajoria	Senior Counsellor – Telephone Helpline
Kamlesh Choudhary	Senior Counsellor – Telephone Helpline
Preeti Khanna	Counsellor – Telephone Helpline
Pallika Choudhary	Coordinator – Community Outreach Programs
Shashi Bharti	Coordinator – Hospital Outreach & Resource Facilitation
Ambika Semwal	Social Worker & Hospital Networking Officer
Mahesh Kumar	Social Worker & Hospital Networking Officer
Raj Kumar	Social Worker & Hospital Networking Officer
Dimpal	Social Worker
Bhim Kumar Manjhi	Community Networking Officer
Rohit Kumar	Community Networking Officer
Soban Singh	Community Networking Officer
Vivek Kumar Mishra	Day Care Assistant
Laxmi	Day Care House Keeper

Finance & Accounts

Renu Verma	Manager	Gaurav Kumar	Executive
Gaurav Singh Negi	Assistant Manager	Akshay Soam	Executive

Administration & Human Resources

Sushree Acharya	Manager
Jagdish Chander	Senior Executive (Administration)
Laxman S Rawat	Senior Executive (Human Resources)
Kartik Chauhan	Driver
Pinky	House Keeper

Palliative Care Field Centres & Outpatient Clinics

Doctors

Dr Ishita Gandhi (Sr Physician)	Dr Harmanjeet Singh	Dr Sanjay Sharma
Dr Ravinder Mohan (Sr Physician)	Dr Hasina Saikia	Dr Santha Swarupa
Dr Reena Sharma (Sr Physician)	Dr Manmohan Dogra	Dr Saurabh Sahay
Dr Aditi Sharma	Dr Pankaj Bhardwaj	Dr Sheetal Srivastava
Dr Anbin Thomas M. Boban	Dr Pawan Garg	Dr Smita Taneja
Dr Anjali Mookherjee	Dr Rajeev Sharma	Dr Sunil Markan
Dr Anita Harish	Dr Rajesh Bansal	Dr Tara Agarwal

Physiotherapists

Dr Bhavya Narain	Dr Kajal Maggo	Dr Salma Sattar
Dr Jainesh Kumar	Dr Muzzamil Ahmad Bhat	

Nurses

Ifthekar Bi (Sr Nurse)	Mahima Samuel	Samma George
Abhilasha Singh	Manju D Babu	Shashi Dass
Babli-I	Margaret Masih	Shimol T Mathew
Babli-II	Marykutty Joshi	Shobha Saran
Gracy Francis	Meera R Mohanty	Sini Kuriakose
Hardeep Kaur Nagra	Mini Sebastian	Suja Madhu
Hima Devi PS	Preti Rani	Sujata PK
Jinu Sebastian	Rajamma P	Susamma Mathew
Kamla Sarkar	Ramya Nair	Valsamma Varghese
Karmali KC	Rejani Pradeep	Veerpal Kaur
Kirti	Ritu Teena James	Geeta (Nursing Aide)
Kulvinder Kaur	Sahira	

Counsellors

Narinder Singh Gautam (Sr Counsellor)	Mamta Singh	Rajni Rajput
Pallika Choudhary (Sr Counsellor)	Maushmi Bhansali	Rekha Singh
Anita Saxena	Meena Sharma	Shailly Sharma
Balvinder Kaur	Mohd Asad	Snigdha Hans
Bulbul Gupta	Nazima Khatoon	Sunita Sharma
Jyotisna Rajpal	Pallabi Chatterjee	Surinder K Manjhi
Kanchan Pandey	Parminder Kaur	Usha Rani
Kiran Bisht	Pooja	
Laxmi Kumari	Poonam	

Nurse-Counsellors

Amandeep Kaur	Elizabeth Massey	Sonu
Chaitali Murmu	Kusum Lata	Suman Kataria
Charni Salim Masih	Manmohan Kaur	
Chetan Maya	Neetu	

Program Administration

Sandeep	Coordinator	N Gyaneshwar Rao	Public Relations Officer
Punit Kumar Sagar	Senior Executive	Pardeep Kumar	Public Relations Officer
Sagir Khan	Senior Executive	Sahil	Public Relations Officer
Sabir	Executive	Vikash	Public Relations Officer
Sonu Singh	Executive	Amit Rathi	Driver
Ajaypal Singh	Public Relations Officer	Inderjeet Singh	Driver
Avneesh Bhardwaj	Public Relations Officer	M Swaminathan	Driver
Avtar Singh	Public Relations Officer	Rajbir Singh	Driver
Mohit Kumar	Public Relations Officer	Ramji Lal	Driver

CanSupport Volunteers

CanSupport was started by a team of volunteers who built a compassionate and disciplined work culture. Our core volunteers guide our professional teams in providing excellent care and support to patients and families. They contribute their time and talents without any compensation. Many coordinate patient care programs or mentor staff. Others organize events, review publications, or mobilize resources to keep our services free of charge. Their generosity and kindness are invaluable gifts. We deeply appreciate their contributions.

Achala Kaul	Geetha Raghavan	Punam N Singh
Amy Potter	Gp Capt P Bhatia	Rajni Bhagat Arora
Anchal Bhalla	Justin Rabindra	Rashmi Sobti
Anita Marwaha	Kajal Aswani	Renu Mital
Anjali Singh	Kamal Mohan	Rohini Khullar
Anjana Bakht	Kaveri Ganguly	Seema Narang
Anju Abbot	Komal Mathur	Shubha Khanna
Anuradha Mittal	Mani Datta	Shweta Miglani
Ashna Kochar	Manju Dogra	Shweta Moolchandani
Ashwani Karha	Manju Rajpal	Shyam Gupta
Bhanu Seth	Meena Rastogi	Simran Preet
Bineeta Malhotra	Meenu Budhiraja	Sindhu K George
Chitra Mehta	Nadira Chaturvedi	Sumita Lahiri
Doll Singh	Navaz Z Aria	Suranjan Das
Dolly Randhawa	Neelam Mohta	Tina Rajan
Dr Upasna Mathur	Neeta Bhalla	Usha Agarwal
Era Singh	Nilima Chawla	Usha Kala
Gaurav Bhatia	Pragyan Patnaik	Vinita Idnani
Geeta Narula	Pukhraj Singh	Yashika



FINANCIAL REPORT

Main Accounting Policies & Notes on Accounts

Basis of Accounting

The financial statements are prepared in accordance with the historical cost basis. Income and Expenses are accounted on accrual basis following generally accepted accounting principles and practices as well as accounting standards issued by the Institute of Chartered Accountants of India.

Fixed Assets

Fixed assets are stated at cost charge. All fixed assets are taken on the stock register. Annual stock verifications are carried out. Valuation of assets received in kind is done as a nominal value.

Depreciation on fixed assets is charged on written down value method at rates, specified under the Income Tax Act, 1961.

Investments

Long term investments include Fixed Deposits of Public & Private Sector Banks. These are made after ascertaining the rate of interest offered by various banks and the period of investment. Investment decisions are taken by an Investment Committee, a sub-committee of the Managing Committee. Monthly review of Income-Expenditure is carried out. Any surplus in the savings bank account is invested in the Liquid-Deposit Account with the bank in order to earn maximum interest.

Taxes on Income

Taxes on Income Current tax is determined in accordance with applicable Income Tax laws of India. Tax is deducted at source from salaried and other

vendor bills as per the Income Tax rules. Form 16 is issued to employees & Form 16A to vendors annually.

Employee Provident Fund & Employees' State Insurance

Employee Provident Fund contributions are made as per EPF rules. There were a total of 85 employees covered under EPF as on 31.03.2024. Employees' State Insurance contributions are made as per the ESI rules. There was a total of 11 employees covered under ESI as on 31.03.2023.

Transparency Disclosures & Legal Compliances

- No remuneration, sitting fee, or any other form of compensation is paid to any member of the Managing Committee.
- No National or International Travel cost incurred by any CanSupport Member is borne by CanSupport.
- 100% Compliance with statutory requirements of the Income Tax Act, 1961 and the Foreign Contribution (Regulation) Act, 2010.
- All donor requirements are duly complied with.
- A rigorous bi-annual audit process is undertaken. The Statutory Auditor, with a fixed remuneration, is appointed at the Annual General Body Meeting.
- Auditor's Report and Balance Sheet are shared at the Annual General Body Meeting.

FCRA Compliances

Statutory provisions of Foreign Contribution (Regulation) Act, 2010 are duly complied with. Annual Return in form FC-4 is filed in accordance with FCRA rules. Foreign donations received are updated on MHA and CanSupport website quarterly.

Income & Expenditure

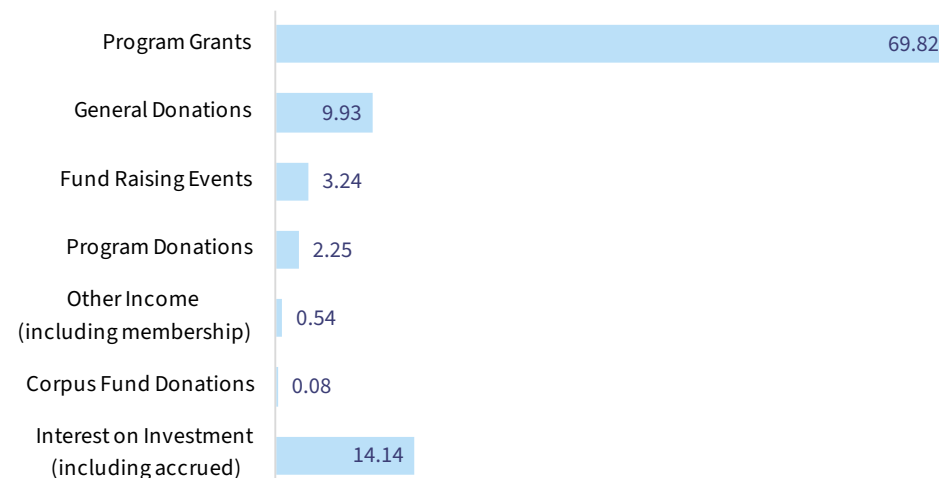
Income (in lakh INR)	FY 2023-24	FY 2022-23
Program Grants	1,122.85	786.07
Program Donations	36.14	23.48
General Donations	159.68	189.92
Corpus Fund Donations	1.24	4.12
Fund Raising Events	52.09	59.01
Other Income (including membership)	8.73	0.20
Interest on Investment (including accrued)	227.38	80.28
Total (A)	1,608.11	1,143.08

Expenditure (in lakh INR)	FY 2023-24	FY 2022-23
Patient Care Programs	1,051.79	829.00
Quality Management & Research	50.03	45.65
Awareness Programs	22.77	20.84
Marketing & Fundraising	73.29	55.50
Administration	89.05	84.10
Depreciation	0.62	0.72
Gratuity (including Liability)	14.34	8.78
Total (B)	1,301.89	1,044.59
Surplus (A-B)	306.22	98.49

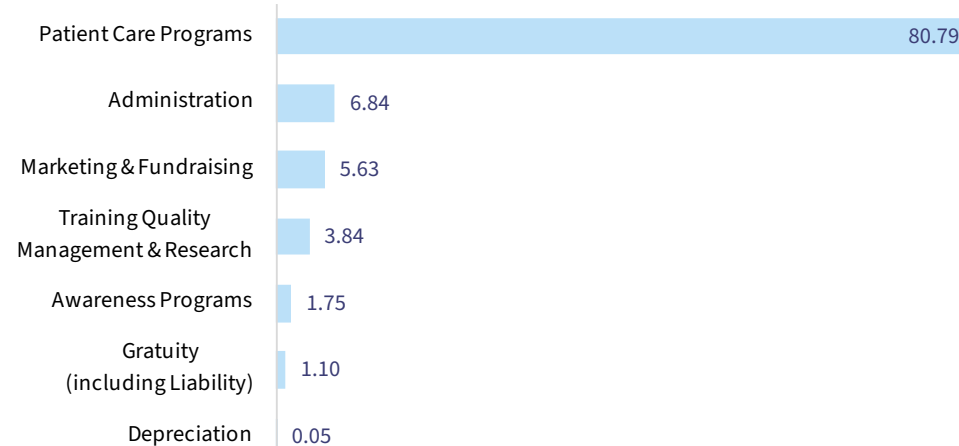
Surplus Includes

- Rs 227.38 lakh interest Income from investments (including accrued interest of Rs 57.84 lakh);
- Rs 1.24 lakh received in the Corpus Fund. This is not available for use but is invested to generate regular income as per GOI provisions; and
- Rs 77.60 lakh earmarked for FY 2024-25 towards ongoing projects.

Income (%)



Expenditure (%)

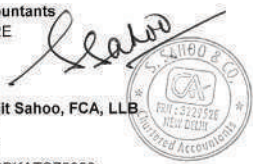


CanSupport
60/2D Yusuf Sarai, (Indian Oil Bhawan Compound) New Delhi-110016

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st MARCH 2024			
	SCHEDULE	F.Y. 2023-24	F.Y. 2022-23
I. INCOME			
Grant Income	[09]	112,284,576	78,607,782
Donation Received u/s 80G	[10]	22,459,342	25,042,856
Interest Income	[11]	22,738,419	8,028,394
Other Income		3,328,892	2,219,974
TOTAL		160,811,029	113,899,006
II. EXPENDITURE			
Palliative Care Field Services	[12]	93,224,229	70,852,864
Supportive Care Services	[13]	8,673,769	7,165,416
Administrative Expenses	[14]	8,905,395	8,410,862
Cancer Awareness Expenses		2,276,608	2,083,904
Quality, Management & Research		5,003,158	4,565,197
Communication & Publication		2,956,953	1,674,722
Fund Raising Activity		4,372,333	3,876,019
Provision for Gratuity		1,433,585	878,475
Non Recurring Expenses		3,281,116	5,082,179
Depreciation	[04]	2,055,579	1,800,287
Less: Depreciation Transferred to Asset Fund		1,993,577	1,728,105
TOTAL		130,189,148	104,461,821
III. EXCESS OF INCOME OVER EXPENDITURE	[I - II]	30,621,882	9,437,185
Significant Accounting Policies and Notes to Accounts	[20]		

The schedules referred to above form an integral part of the Income & Expenditure A/c.

For & on behalf :
S. Sahoo & Co
Chartered Accountants
Firm No. 322952E



CA (Dr.) Subhajt Sahoo, FCA, LLB
Partner
MM No. 057426
UDIN: 24057426BKATZ5950

Place: New Delhi
Date: 15-07-2024

For & on behalf :
CanSupport

Manmohan Malhoutra
Treasurer
CanSupport
60/2D, Yusuf Sarai
(Indian Oil Bhawan Compound)
New Delhi-110016

Dr. Ambika Rajvanshi
Chief Executive Officer

Chief Executive Officer
CanSupport
60/2D, Yusuf Sarai
(Indian Oil Bhawan Compound)
New Delhi-110016

CanSupport
60/2D Yusuf Sarai, (Indian Oil Bhawan Compound) New Delhi-110016

BALANCE SHEET AS AT 31st MARCH 2024			
	SCHEDULE	F.Y. 2023-24	F.Y. 2022-23
SOURCES OF FUND			
I. FUND BALANCES:			
a. General Fund	[01]	167,354,074	136,732,192
b. Corpus Fund	[02]	31,995,828	31,871,828
c. Asset Fund	[03]	10,519,578	9,500,410
II. LOAN FUNDS:			
a. Secured Loans		-	-
b. Unsecured Loans		-	-
TOTAL Rs.	[I + II]	209,869,480	178,104,430
APPLICATION OF FUND			
I. FIXED ASSETS			
Gross Block	[04]	22,728,669	20,595,729
Less: Accumulated Depreciation		11,817,147	10,641,373
Net Block		10,911,522	9,954,356
II. INVESTMENT			
	[05]	161,859,527	134,323,887
III. CURRENT ASSETS, LOANS & ADVANCES:			
a. Loans & Advances	[06]	6,331,598	4,905,779
c. Cash & Bank Balance	[07]	49,530,117	44,946,205
A		55,861,715	49,851,984
Less: CURRENT LIABILITIES & PROVISIONS:			
a. Current Liabilities	[08]	18,763,284	16,025,797
B		18,763,284	16,025,797
NET CURRENT ASSETS	[A - B]	37,098,431	33,826,188
TOTAL Rs.	[I+II+III]	209,869,480	178,104,430

Significant Accounting Policies and Notes to Accounts [20]

The schedules referred to above form an integral part of the Balance Sheet.

For & on behalf :
S. Sahoo & Co
Chartered Accountants
Firm No. 322952E

CA (Dr.) Subhajt Sahoo, FCA, LLB
Partner
MM No. 057426
UDIN: 24057426BKATZ5950

Place: New Delhi
Date: 15-07-2024

For & on behalf :
CanSupport

Manmohan Malhoutra
Treasurer
CanSupport
60/2D, Yusuf Sarai
(Indian Oil Bhawan Compound)
New Delhi-110016

Dr. Ambika Rajvanshi
Chief Executive Officer

Chief Executive Officer
CanSupport
60/2D, Yusuf Sarai
(Indian Oil Bhawan Compound)
New Delhi-110016

OUR PARTNERS, DONORS, SPONSORS AND SUPPORTERS

Home Care Program Partners

Ambience Interiors Pvt Ltd	Lal Family Foundation
Automat Industries Pvt Ltd	MK Hamied Foundation
Barco Electronic Systems Pvt Ltd	Optum Global Solutions (India) Pvt Ltd
BASAIID	SRF Limited
BCH Electric Ltd	Suri Seva Foundation
Cipla Foundation	Tata Capital Financial Services Ltd
G4S Secure Solutions (India) Pvt Ltd	Tata Capital Housing Finance Ltd
HelpAge India	Varian Medical Systems International India Pvt Ltd
IRCON International Ltd	Volkart Foundation Indian Trust
Kotak Mahindra Bank Ltd	

Home Care Program Supporters

Ania Loomba	Hisar Metal Industries Ltd
AVL India Pvt Ltd	Idemia Identity & Security India Pvt Ltd
Bharti Gupta Ramola	Malini Saran
Charities Aid Foundation America	Nissin ABC Logistics Pvt Ltd
Deep Kalra	Oyster Bath Concepts Pvt Ltd
End of Life Care International	Paramount Products Pvt Ltd
Essay Kalyan Nidhi	Punjab National Bank
External Affairs Spouses Association	QH Talbros Pvt Ltd
Chartable Trust	Real Time Data Services Pvt Ltd
Hari L Mundra	Salil Gupta
HelpYourNGO Foundation	Shankar Nath Acharya

Outpatient Care Program Partners and Supporters

Optum Global Solutions India Pvt Ltd
Peheil Foundation
Prof Manju Jain

Day Care Program Partners and Supporters

Epsilon Foundation
Formula Corporate Solutions India Pvt Ltd
Play Games 24x7 Pvt Ltd
Reliance Foundation
Sophie Ahmed

Telemedicine and Helpline Partner

Cipla Foundation

Resource Facilitation Program Partners

Blue Whale Advisory Services Pvt Ltd
Smriti Vohra Memorial Foundation

Awareness, Training, Education Partners

Dixon Technologies India Ltd (Sunil Vachani)
Lions Club of Fairlop
Pfizer Products India Pvt Ltd
Waters India Pvt Ltd

Home Care Program Donors (₹25,000 – ₹100,000)

Aakanksha Tiwari	Harmala Kaur Gupta	Rohini Khullar
Alka Gupta	Inder Pal Kaur	Rohit Madan
Amardeep Singh	Inner Wheel Club of Delhi,	Sai Narayan
Amitabha Bhattacharya	South	Sangeeta M Sahgal
Anil Kumar Nehru	Jatinder Kaur Mann	Savita Lokur
Anju Bhatnagar	Jyoti Singh Bedi	Sharad Malhotra
Annelita Ravinder Thadhani	K Renu Rao	Sharada Nagarajan
Anuradha Mittal	Kamal Mohan	Shivshankar Menon
Anurag Kumar	Krishnamoorthy Sridhar	Situ Puri
Apala Baduni	Leila Kabir Fernandes	Sujit Sen
Asha Jain	Malavika Talukder	Sushree Acharya
Ashok Kumar Nehru	Manjula	Vasundhara Nath
Bharat Tandon	Meena Prakash	Vatsala Balakrishnan
Bharti Gupta Ramola	Mrinal Misra	Vineet Jain
Bhawna Joshi	Namita Kataria	Vinita Idnani
Bina Aggarwal	Nandita Gupta	Vinod Kumar Tiku
Bindiya Rajani Tewani	Neeti Gupta	Wazida T Rahman
Chitra Iyer	Om Prakash	Yogesh K Mattoo
Dhruv Kalra	Pankaj Gupta	Yogeshwar S Kothiwal
Dipankar Gupta	Priya Jain	
Dr Ambika Rajvanshi	Priyanka Singh	
Dr Santha Swarupa	Punam Narendra Singh	
Dr Shashi Goyal	Punita Rastogi	
Ela Trivedi	R M Raina	
Gaurav Satija	Rahul Chodha	
Gita Sarup Mehta	Ramesh C Gupta	
Gunjan Sabherwal	Ramesh Varadarajan	

Day Care Programe Donors (> ₹10,000)

Amrita Das	Shibani Chawla
Ashutosh Kaul	Shivshankar Menon
Charities Aid Foundation America	Sriraghavendra R
Deepti Dhawan	Vishal Jain
Inner Wheel Club Of Delhi, Midwest	Yashdev Sharma
Sean Adams	

In-kind Medicines and Equipment (> ₹ 25,000)

Anjani Rani	Mission of Mercy Foundation
Ankur Public Charitable Trust	Moksha Fine Wovens
Ashutosh Nath Kaul	Optum Global Solutions
Casio India Co Pvt Ltd	India Pvt Ltd
Delhi Langar Seva Society	Prof Shreekant Gupta
Dr Ajay Sharma	Rotary Club of Delhi Regency Next
Sambal Foundation	Sakshi NGO
Embassy of Sweden	Sanjoy Ahuja & Vikram Bajaj
Humanity Trust	Subodh Maithani
Jay Prakash Bhardwaj	Unibic Food India Pvt Ltd
Khushboo Newtia	Usha Agrawal
Manavta Ek Ahsaas	Vasant Vihar Ladies Club
Meenakshi Dhingra	

Corpus Donations

Saroj Kumar Pradhan
Sunil Nehru

General Donations (₹100,000 and above)

Alpana Sharma	Salil Gupta
Anshul Sikri	Samita Shah
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Home Care patients and their families for donations
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Rajiv Gandhi Cancer Institute & Research Centre for conducting free cancer awareness and screening camps
Dharamshila Rahat Medical Centre for conducting free cancer awareness and screening camps
Capital League Private Wealth Management for managing our investments
Dr Ankur Puri for facilitating donations from the US through ICA (Indians for Collective Action)
Vishal Sood for website design and its maintenance
New Era Public School - Mayapuri for providing free premises for our West Delhi Home Care Centre
Delhi Langar Seva Society – Dry food ration for destitute families
Aseem Charitable Education Trust for supporting the library at the Day Care

Raj Singh's Journey Of Hope



Disclaimer: Photo used with permission from patient & family. Names changed on request.

Raj Singh, a 59-year-old businessman, has always been a pillar of strength for his family. He lives with his younger daughter, Meera, while his older daughter, Asha, resides abroad. However, life took an unexpected turn when he was diagnosed with cancer.

When the CanSupport team first visited Raj Singh, he was in a state of delirium and barely responsive. His condition was further complicated by an ongoing conflict with his wife, Suman, who now stayed separately, creating a rift in the family.

As Meera balanced her life around her father's care, the family was dealt another blow when Meera's only son, Arjun, a lively 2.5-year-old, was diagnosed with leukemia. The news shattered Meera, plunging her into a profound dilemma: should she prioritize her father's care or focus on her critically ill son?

Meera drew strength from her experience of caring for Raj Singh, but she knew she needed help to support both her father and her son. The CanSupport team recognized the family's precarious situation and counselled Meera to initiate a dialogue with her estranged mother, Suman, and persuade her to return to take care of Raj Singh.

Meera reached out to her mother and explained the gravity of the situation and convinced her to visit Raj. With Suman's visits, Raj Singh's condition showed signs of improvement. The renewed emotional connection between Raj Singh and his wife became a source of strength, contributing significantly to his recovery. This allowed Meera to redirect her energy and focus on Arjun's treatment, knowing her father was in capable hands.

Today Raj Singh's condition is better mainly due to his renewed emotional connection with his wife. Meera, now more at ease with her mother's involvement, is fully present for Arjun during his intense treatment.

The support from the CanSupport team had not only facilitated Raj Singh's recovery but also mended a fractured family. Raj Singh's story is a poignant illustration of the critical role that family counselling and mediation plays in palliative care.

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We thank Rajeshwar Susheela Dayal Charitable Trust for supporting the printing of this Annual Report