

CARSUPPORT

December 2024 - March 2025 | LXX

www.cansupport.org



From the CEO's Desk

Dear readers,

I am excited to share our latest Newsletter with you, highlighting the amazing work that has taken place at CanSupport over the past four months. Among a varied set of activities across our 11 programs, you will also find a detailed feature on our 18th Walk for Life - Stride against cancer event, held to commemorate World Cancer Day, that witnessed more than 6000 incredible people uniting as a powerful and inspiring community against cancer at the Jawaharlal Nehru Stadium.

During this period, our Patient Care and Support Programs have continued to evolve and innovatively adapt to meet the patient and family needs. More importantly, we stayed true to our vision of honouring life and dignifying death where no detail or wish was too small when improving quality of life.

The last quarter of the Financial Year was also dedicated towards preparedness for launching our Palliative Care Program in Maharashtra, the 7th State in India where CanSupport's direct services can be seen. In a one-of-a-kind palliative care transition, Cipla Cancer and AIDS Foundation handed over its full Home Care program in Pune, complete with its teams and nearly 900 patients into the care of CanSupport. This passage, held with the blessings of the Managing Committee of CanSupport and Trustees of and Cipla Foundation, set forth an exemplary account of how meticulous planning, purposeful alignment and effective coordination can ensure a smooth and seamless experience for patients and their families.

As we close the Financial Year 2024-25, we thank all who contributed towards moving our Mission forward. We are indebted to our valued patients and their families. They are the reason why we do what we do. We are always blessed to meet and engage with the many people we care for each day.

Looking ahead to the new financial year, we are confident that driven by the feedback of those we serve and those who guide us, we are in the right strategic shape to navigate the coming year.

Affectionately, Dr. Ambika Rajvanshi

CanSupport Pune Launched

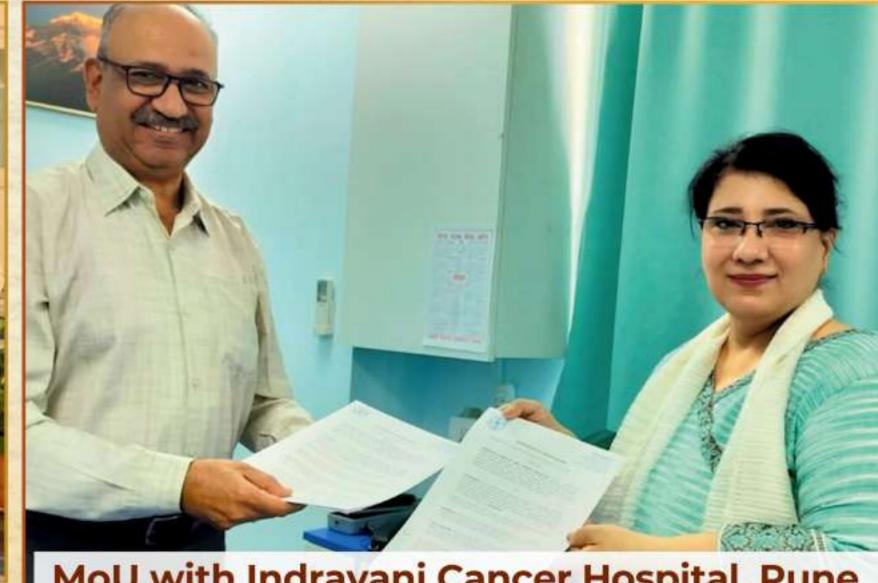
CanSupport has now expanded its operations to Pune, Maharashtra as well after almost a year of rigorous planning, extended discussions, and commendable efforts of all involved - the implementation and training teams from both New Delhi and Pune, and the Cipla Palliative Care & Training Centre (CPC) team. We extend our sincere gratitude to the Trustees of the Cipla Foundation and particularly acknowledge the valuable support of Anurag Mishra, Head of the Foundation. The centres have been set up in four locations and the initiative will cover five talukas in Pune District - Pune City, Haweli, Khed, Bhor, and Purandar.

We have also entered into a partnership with Indrayani Hospital and Cancer Institute wherein the Trustees have offered us free premises to operate a pain and palliative care clinic. We are grateful to Dr. Sanjay Deshmukh, Managing Trustee and Brig. Dr. Rajeev Joshi, Medical Director for their trust and backing.

We are all aware that incidence of cancer is on the rise in the country, and it causes tremendous physical, and emotional suffering not only to the patient but also to their caregivers. Therefore, if you or a loved one or any acquaintance who is living with cancer in Pune, please reach out to us on 9266682182 as our team is always there to assist and guide.







MoU with Indrayani Cancer Hospital, Pune





PROGRAM HIGHLIGHTS

December 2024 - March 2025

Home Care

• Teams: 35

Home Visits: 16,353

• New Patients Enrolled: 1,354

• Concurrent Patients Under Care: 2,982



Resource Facilitation

- New patients enrolled: 1,071
- Patients facilitated: 959
- Funds mobilised for tests and treatments from Central and State Governments: ₹ 52.31 lakh
- Resources mobilised in-kind for patients through various networks worth: ₹ 74.09 lakh

Day Care

- Sessions held: 65
- Patients attended to: 1,774
- Caregivers attended to: 1,260

Outpatient Clinics

- Teams: 8
- New patients enrolled: 1,964
- Patient visits: 9,591

Telephone Helpline

- Calls Served: 2,021
- Service Referrals Extended: 350





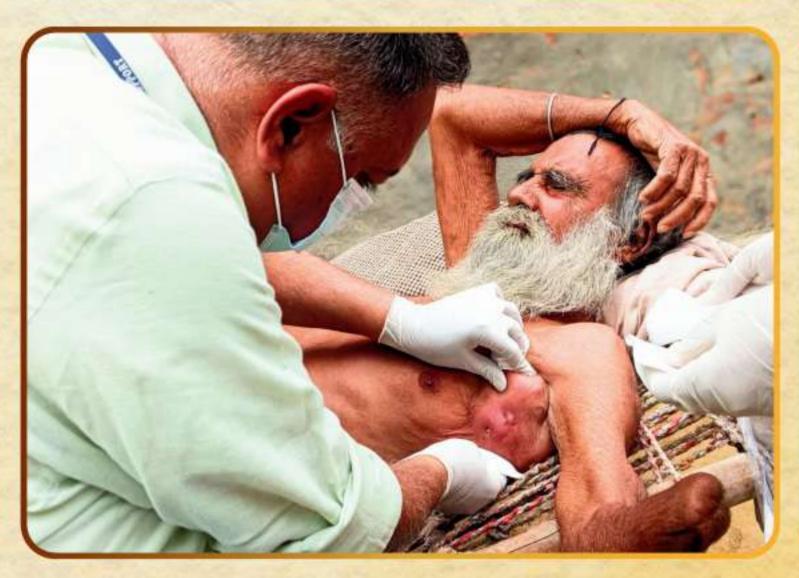
HOME CARE SERVICES

The Home Care teams continue to provide compassionate care and vital guidance to patients and their families.

























PROGRAM HIGHLIGHTS

December 2024 - March 2025



DAY CARE

The Day Care attendees from varied age groups got to relax, exercise, acquire a range of skills and reenergise themselves through an array of recreational and educative activities conducted as part of the program. They took part in sessions aimed towards learning with fun, be it art & craft projects to enhance creativity or preparing quick & easy food to gain information on health and nutrition. They got to interact with visitors, other patients and their wards, received counselling, and also had several stimulating days out for park outings for change of environment. These were all made possible with contributions from generous donors, supporters such as Tanisa Foundation, Anchal Chopra Bhalla and several others, and facilitated by our diligent volunteers.













COMMUNITY OUTREACH (COR)









The COR Team continues to spread awareness and understanding of cancer prevention and early detection methods among the public and encourage greater participation from people in the community through holding awareness sessions and free of charge screening camps.

As part of our collaborative with Ircon International Limited, a session was held at Urban Primary Health Centre (UPHC) in Sheetla Colony, Gurugram where around 40 participants, comprising of ASHA and Anganwaadi workers and Auxiliary Nurse Midwives, gained vital information. Cancer screening camp was organised there as well and in Pancha Wali Colony in collaboration with Fairlop Lions Club (UK), and Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC). Almost 60 locals turned up for these screenings and among them 14 pap smear tests were conducted.

The team also arranged for a meeting between ASHA workers and Medical officer in Purkhas Primary Health Centre (PHC) in Sonipat, Haryana. Furthermore, for World Cancer Day, a virtual session on cancer risk factors including harmful use of alcohol, tobacco use, unhealthy diet, and physical inactivity was conducted for about 450 people of all ages and backgrounds for PLAN India's program.

Organise an Awareness Session and/or Cancer Screening Camp in your community (Society/RWA/Office/School/College).

Contact: navdha@cansupport.org | 9599558368

CANSUPPORT NEWS



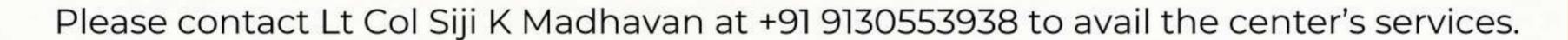
HP Government launches Compassionate Care initiative

The year started with the Chief Minister of Himachal Pradesh, Thakur Sukhvinder Singh Sukhu, flagging off the initiative to deliver home-based palliative care to cancer patients and other terminally ill individuals unable to access hospitals. A part of the Pain and Palliative Cell established under the Department of Radiotherapy and Oncology at Indira Gandhi Medical College & Hospital (IGMC) Shimla, in collaboration with the Cipla Foundation, CanSupport's team is enthused about bringing compassionate care to the patients in the region.

MOU signed with Military Hospital, Meerut

Military Hospital (MH), Meerut has signed an agreement with CanSupport and jointly inaugurated a 10 bed geriatric and palliative care ward for armed forced servicepersons, their families, and veterans (including former Army, Navy, and Air Force personnel). At the new ward, both cancer and non-cancer patients will be able to avail free of charge palliative care services. Starting with adults, over time these will be extended to paediatric patients as well. A workshop introducing Palliative Care was also conducted to share about our cause and why it is essential.

Brig. Vikram Patra, Commandant at the hospital, shared, "This is a much needed service to improve the quality of life of our colleagues and our veterans. We had realised the imminent need for an in-patient facility to complement the home-based service and decided to formalise our association with CanSupport."







Testimonials from a Patient and Caregivers of Our Beneficiaries

Kind words from a caregiver of one of our beneficiaries

"The CanSupport team has been visiting every week. They are so good. Dr. Sanjay Sharma is a available for consultations any time of the day. And he never sounds impatient or irritated when we bombard him with questions. Such a good human being. The nurse and the social workers who come once a week are also kind and caring. The fact that CanSupport has been able to maintain this quality of service for so many years is incredible."

Mansa Team acknowledged by one of our patients, Bantu Mohal

"Heartfelt appreciation for Dr. Rajesh Bansal & Team,

I would like to express my sincere gratitude to Dr. Rajesh Bansal, Sister Karnail Kaur Mangat, and Counsellor Chetan Maya for their exceptional care and support. Their guidance throughout my treatment has been invaluable, and I appreciate their dedication and expertise. Their professionalism is truly commendable, and I deeply admire the way you and your team has been guiding us through every step of the process.

The team's coming to my home for assistance was incredibly thoughtful and made a significant difference in ensuring comfort and proper care. Beyond medical care, the support provided by Dr. Bansal and the team has been truly uplifting. Their reassuring words patience, and understanding have given me the confidence to stay positive. Their encouragement has made a tough time much easier to navigate, and I am immensely thankful for their kindness.

Furthermore, I am also pleased to share that my ongoing treatment is progressing well, thanks to their attentive approach. I highly recommend the team for their compassion and commitment to well-being of patients like me."

Appreciation for Sonipat Team from Manmeet Kaur, a caregiver

"I want to express my deepest gratitude to Dr. Anindya Bhalla, along with Mr. Sonu and Ms. Suman, for the exceptional care and compassion you provided to my mother during her final days. Your presence not only eased her pain but also brought comfort to our family during an incredibly difficult time. We are also deeply grateful for how you ensured that all necessary medicines and equipment were made available on time, making it possible for her to remain as comfortable as possible.

Doctor's guidance ensured that she received the best possible care, allowing her to spend her last days with dignity and peace. His prompt advice to visit her the day before she passed gave us the chance to be with her one last time, a moment we will forever cherish. That call to see her ensured that we could hold her hand, speak with her, and be by her side when it mattered the most.

CanSupport's commitment to palliative care is truly invaluable, and I am forever grateful for the care, empathy, and respect you showed my mother. Thank you for being a pillar of support when we needed it the most."

CanSupport Charity Dinner & Dance - USA & Chandigarh

A Charity Dinner was organised in **USA** during the holiday season by Atul Gandhi, Founder & CEO of Seva At Home, to raise awareness about CanSupport and funds for the cause. Harmala Gupta virtually addressed the contributors at the gathering and shared what we have been empowered to accomplish thanks to the generosity and steadfast backing of our supporters.



The **Chandigarh** edition of the Charity Dinner & Dance took place at Whispering Willows in Zirakpur where about 75 CanSupporters got together to raise contributions for our cause. The guests generously donated towards helping the patients in our care. Harmala Gupta addressed the gathering and shared regarding the developments that have been made. We are thankful to Shivalik Bimeral Controls Limited for being the Principal Supporter and also to Diageo India, Jewellers Khannasons, Parvaa, Kaveri, Snaan, and Sage & Herbs for their support. Ms. Mohini Daljeet Singh, our managing committee member, dedicatedly put in her efforts which made it a successful event and we are truly grateful. The evening helped in not only raising awareness about CanSupport, but provided an avenue to discuss prospective collaborations and future activities as well.







'Remembrance Day' Gatherings held in Delhi



Family and friends of beneficiaries who had been in CanSupport's care from East and West Sectors of Delhi got together at Centenary Methodist Church, Lodhi Road and National Spiritual Assembly, Baha'i House respectively to pay tributes to those they had lost to cancer and to remember and share the fond memories they would forever hold dear. Several attendees came forward to express their gratitude to CanSupport, particularly the Home Care teams that visited them and over the course of tending to their loved ones became extended family members. The doctors, nurses, and counsellors were present to lend strength to those in attendance. We are all grateful to get the opportunity to host the caregivers and families of patients who we had, and continue to have, the honour of easing pain and suffering of.







To stay updated about the latest news regarding CanSupport, please follow us on Social Media where we regularly share about the work being done across the nation.

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Waters™ csr Partner



The 18th edition of the annual CanSupport Walk for Life - Stride against Cancer was successfully organised at Jawaharlal Nehru (JLN) Stadium where thousands of participants enthusiastically joined in to not just walk for the cause, but sprint in the inaugural 5KM run as well. The balmy morning saw an ever so diverse mix of more than 6,000 CanSupporters comprised of people from schools, colleges, universities, educational institutions, corporates, and other organisations in addition to our consistently passionate team of volunteers and staff members. Everyone walked and ran zealously and resounding chants of 'We Support CanSupport' filled the air. Marchers held placards with slogans which displayed messages of hope, resilience, and encouragement for those fighting the disease. The venue had strategically placed banners imparting important information on topics like cancer awareness, early detection, and preventive measures.



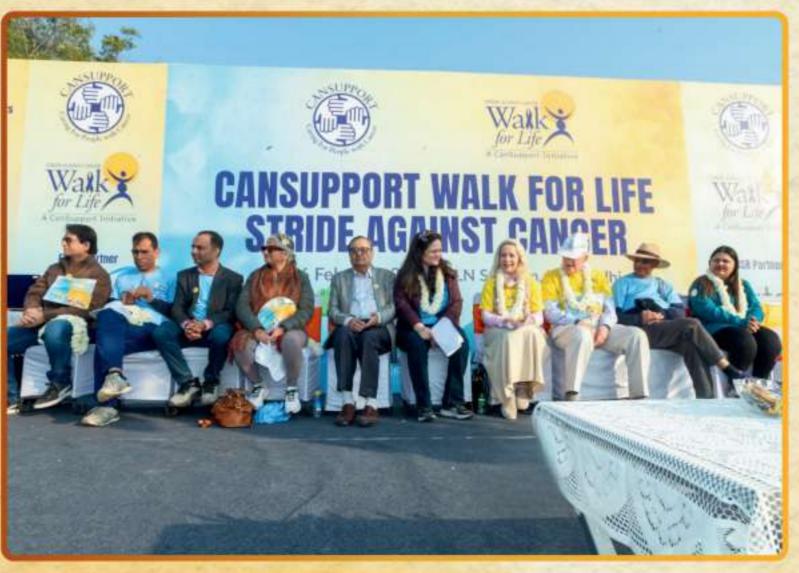




The event commenced with Radhika Shapoorjee, Member of CanSupport's Managing Committe, sharing a message from Founder-President, Harmala Gupta. She stated, "It is a time to share experiences, meet with friends, both old and new, and honour those who are living with cancer as well as remember those who are no longer with us. More than anything else, however, it is a call to urgent action. We know that cancer is the second leading cause of death worldwide and that it is on the march in our part of the world. What we also know is that it can be kept at bay if we adopt a healthy lifestyle. Besides eating right, regular exercise is one of the most powerful weapons we have and the Walk is to remind us that we must use it for our benefit."

Former Amabassador of the US to India, David Mulford and his wife, and the patron of the event, Jeannie Mulford were joined by dignitaries such as Dr. Pramod Kumar Julka, Vice-Chairman Oncology, Max Institute of Cancer Care; Dr. Y Suresh Reddy, Director SRF Foundation, the Event Partner; and Vikas Khatri, Regional Manager (F&A) Waters India Pvt. Ltd., the CSR Partner.







The eminent guests flagged off the Walk starting with a special Lap of Honour with the cancer patients and caregivers who are in our care to instill courage in not just their hearts, but also to inspire others to persevere and keep the indomitable spirit alive.





CANSUPPORT WALK FOR LIFE STRIDE AGAINST CANCER 2025



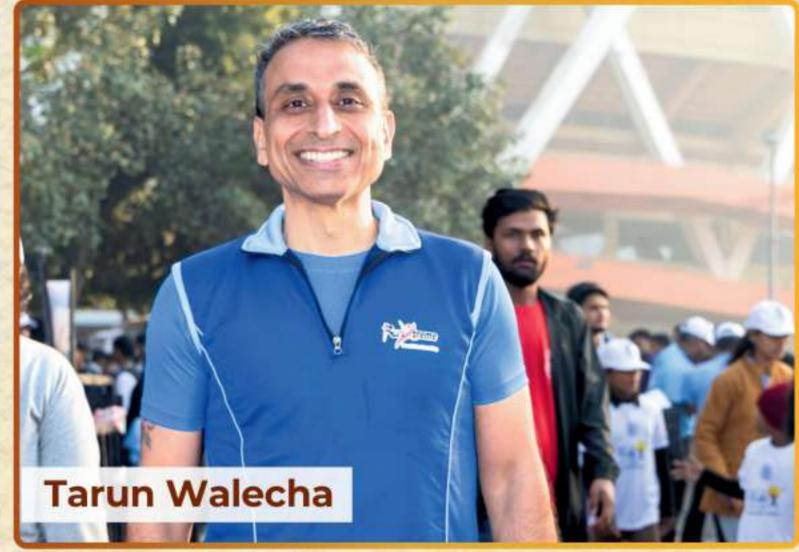




This year, we introduced a 5KM Run as well which got several runners enthused to participate and sprint for the cause. Tarun Walecha, an avid marathoner and endurance athlete, helped in spreading the word so we are thankful to him. Some of the young runners were pumped to clinch the inaugural trophy. Eventually, we had our Winners in both the categories. Sahil Kumar, a student who had travelled all the way from Saharanpur, won amongst the Men, and Kavita Gupta Rajput came first from the Women. The walkers cheered them on as they walked with their friends, family members, or groups encouraged by the combined fervour of supporting those who are in urgent need of help.







Acknowledging our long-standing supporters who have enabled us to progress, we awarded some of our partners. The Silver Scroll of Honour was presented to Cipla Foundation accepted by Janardhan Pakhare, CSR Program Manager. A Scroll of Honour was given to SRF Limited, the Event Partner, which was received by Dr. Y. Suresh Reddy, Director, SRF Foundation. Vikas Khatri, Regional Manager (F&A), Waters India Pvt. Ltd., the CSR Partner, also accepted a Scroll of Honour. We recognised ZS Associates India Private Limited for 'Largest Volunteer Group: Corporate' with Eshita Jaggi, India CSR Volunteering & Health Projects Lead accepting it and Tanisa Foundation as 'Day Care Support Partner' as well by presenting them with trophies as tokens of our appreciation.















CANSUPPORT WALK FOR LIFE STRIDE AGAINST CANCER 2025

We further presented trophies for 'Largest Participating Corporate Institution' to Idemia India Foundation'; 'Largest Participating Academic Institution at the Venue' to Pathways School, Baliawas, Gurugram; 'Largest Volunteer Group' to Aayozak Foundation; 'Highest Pledge Raising Individual' to Purushottam Maheshwari; 'Special Awards' to Sampann Sewa Sankalp Foundation and Delhi College of Photography (DCOP); and 'Special Recognition' to Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC).



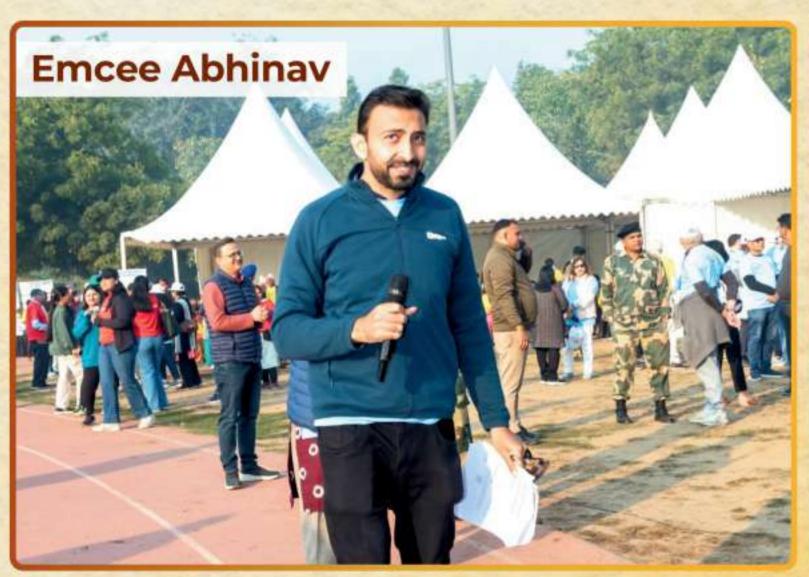








The event was interspersed with peppy performances by Music Factory, Sai Aerobics, and Delhi Drum Circle who got everyone moving. The Border Security Force (BSF) brass band kept the walkers and runners motivated with their inspiring tunes when they began and even as they finished. Zuleikha from The Storydancer Project delivered a sweet and mesmerising performance. Emcee Abhinav kept the crowd going as everyone got to engage in fun activities and games too and as the event culminated, the walk-a-thon revellers had beaming smiles and a spring in their steps with many already looking forward to the next one to happen on February 1, 2026.















CANSUPPORT WALK FOR LIFE STRIDE AGAINST CANCER 2025

CANSUPPORT THANKS ALL OF OUR PARTNERS, PARTICIPANTS & SUPPORTERS

Event Partner

SRF Ltd

CSR Partner

Waters India Pvt Ltd

Participating Corporates and other Groups

- Adobe
- · Ashray: A Ray of Hope
- Astitva Foundation
- Automat Industries Private Limited
- Cipla Limited
- Dataflow Services India Private Limited
- Genpact India Pvt Ltd
- Green Greater Noida Club
- Hyatt Regency Delhi
- Idemia India Foundation
- Inner Wheel Club of Delhi, Mayur Vihar
- · Inner Wheel Club of Delhi, North
- Inner Wheel Club of Delhi, Raisina Hills
- Inner Wheel Club of Delhi, Rising Stars
- Inner Wheel Club of Delhi, Sainik Farm
- Inner Wheel Club of Delhi, Vasant Vatika
- Inner Wheel Club of Noida, Elite
- JVCC Laughter Club, Noida
- KJS Concrete Pvt Ltd
- KPMG Foundation
- Kusum Healthcare Pvt Ltd
- Mansukh Finvest Limited
- Mercer
- Metta Foundation
- Meyraki Global
- Seva At Home India Pvt Ltd
- Shades of India
- Shangri-La Eros Hotel
- Siemens Healthineers
- SS Rana & Co
- Tata Capital Limited
- ZS Associates India Private Limited

Participating Academic Institutions

- Amity Institute of Molecular Medicine and Stem Cell Research
- Aseem's Library Baghpat
- Aseem's Library Khushi Rainbow Home
- Aseem's Library Kilkari Rainbow Home
- Aseem's Library Madarsa
- Aseem's Library Nizamuddin
- Aseem's Library Pocketful of Sunshine
- Aseem's Library St Stephen
- Aseem's Library Tilak Vihar Community
- Aseem's Library Ummeed Aman Ghar
- Ashoka University
- Cambridge Foundation School
- Chetanalaya
- Chinmaya Vidyalaya
- FOSTIIMA Business School
- G. L. Bajaj University
- Holy Family College of Nursing

- Jaspal Kaur Public School, Shalimar Bagh
- Management Education Research Institute
- Mira Model School
- Noida International University College of Nursing
- NTPC School of Business
- O.P. Jindal Global University, Sonipat
- Pathways School, Gurugram
- Pathways School, Noida
- Pathways World School, Aravali
- Pearl Academy
- Plan India
- · Saai Memorial Girls' School, Geeta Colony
- Sant Nirankari Public School, Govind Puri
- Saraswathi College of Nursing, Hapur
- Social Action Mobilizer
- · Step by Step School, Noida
- St. Martin's Diocesan School, Delhi Cantt.
- Swami Shraddhanand College
- The Frank Anthony Public School
- · Vidya & Child
- Vinay Nagar Bengali School

Schools - On-Campus Walk

- Cambridge School, Greater Noida
- Cambridge School, Indirapuram, Ghaziabad
- Cambridge School, Noida
- Cambridge School, Srinivaspuri
- DPS International Edge, Gurugram
- Mata Jai Kaur Public School, Ashok Vihar
- New Era Public School, Mayapuri
- Richmond Fellowship Society Vishwas
- The Shri Ram Millennium School, Faridabad
- The Shri Ram Millennium School, Noida
- The Shri Ram School, Aravali
- The Shri Ram School, Moulsari

Partners & Supporters

- Aayozak
- ABS Association of British Scholars
- Achala Kaul
- Ambassador David Mulford and Mrs. Jeannie Mulford
- Amar Fruit Wala
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- Aseem Charitable Education Trust
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- Bisleri International
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- Border Security Force
- Chitra Mehta
- Cornitos

- Delhi College of Photography
- Delhi Drum Circle
- Delhi Fire Service
- Delhi Police
- Delhi Traffic Police
- Dharamshila Narayana Superspeciality Hospital
- Ela Trivedi
- Emerging Securities Pvt Ltd
- Gita Aggarwal
- Gurmanak Singh
- Harmala Gupta
- Inner Wheel Club of Delhi, Midwest
- Inner Wheel Club of Delhi, Vasant Kunj
- Inner Wheel Club of Delhi, Vasant Vatika
- Interem Relocations
- Ishtihaar
- Kavita AgarwalKawal Sarbjit Singh
- Dr. Kunti Sondhi Public Charitable Trust
- Max Institute of Cancer Care, Lajpat Nagar
- Meena Rastogi
- Miezu
- Monica Malhotra
- Music Factory
- Nadira Chaturvedi
- Neelam Mohta
- Nestle
- Nilima Chawla
 Patients for Patient Safety Foundation (PFPSF)
- Prama Bhandari
- Prerna Tandon
- Priya Jain
- Project Helr
- Project HelpPSRI Hospital
- Punam Narendra Singh
- Purushottam Maheshwari
- Purusnottam Man
- Rajni Bhagat AroraRashmi Sobti
- Renu Mital
- Ritu Agrawal
- Dr. Ritu Aggarwal
- Royal MavericksSai Aerobics, Faridabad
- Shirin Jain
- Sindhu K George
- Som Mittal
- Swarn Vohra Memorial Foundation
- Swarn vonra Memoriai Foundation
 The Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC)
- The Storydancer Project
- Usha Agarwal
- Usha Chopra
- Vandana ChawlaVinita Idnani

Highlights from Walk for Life 2025

Check Out all the

Scan to View

CanSupport Helpline Numbers: 011- 41010539/ 9899011212, Monday to Saturday - 9 am to 6 pm Saath Saath National Palliative Care Helpline : 1800-202-7777. Monday to Saturday - 10 am to 6 pm





TRAINING, EDUCATION & RESEARCH

CanSupport at IAPCON 2025



CanSupport participated in the 32nd International Conference (IAPCON) organised by the J&K chapter of the Indian Association of Palliative Care (IAPC) and All India Institute of Medical Sciences (AIIMS), Jammu. This year's theme was 'Evidence Based Palliative Care' and the Pre-Conference workshop was held on 30th January followed by the conference from 31 January to 2 February.

Dr. Reena Sharma, Senior Palliative Care Physician & Trainer, joined Dr. Arjun Devarajan, Section Head of

Medical Services, Senior Palliative Care Physician, Pallium India as a lead faculty for the workshop titled, "Home is Where the Care Is: Establishing Palliative Home Care." They presented on topics focusing on needs, barriers and opportunities which exist in Homecare in Palliative Care together with the essentials required, navigating regulations and other learnings with diverse models. These were followed by interactive group activity and a Q&A round. The team further included Dr. Smita Taneja, Senior Palliative Care Physician, who also presented about 'Prognostication' during another session, Dr. Ravinder Mohan, Director NDPS Compliance, who co-chaired a session on 'Introducing Palliative Care in Healthcare Systems' as well, and NS Anand, Head-Marketing & PR. During the conference, Savita Luka, Director Palliative Nursing, served as a panellist for a session titled, 'The Elephant in the Room: Addressing Sexual Issues in Quality Care.' Physiotherapist Kajal delivered an effective poster presentation. Dr. Sharma, judged a round of the poster presentations. Anamika Pandey, Deputy Director Psychosocial Counselling, and Dr. Savera Ahmad, Doctor on Palliative Care Field Services, actively attended the varied sessions and gained valuable insights.

Overall, the team had a fruitful time getting to learn and connect with the palliative care community across India and abroad.



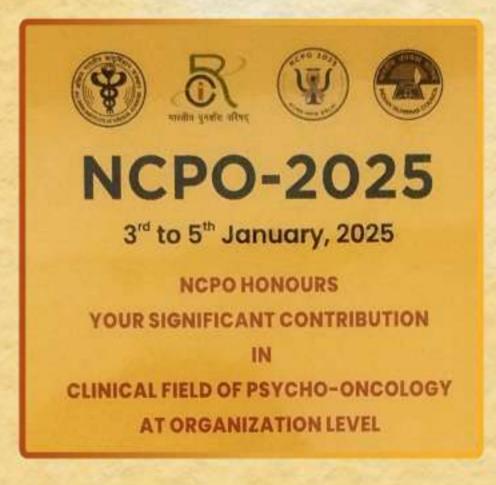






CanSupport at NCPO 2025, AIIMS

CanSupport participated in the 1st National Conference on Psychotherapeutic Assessments and Interventions in Psycho-oncology (NCPO-2025) organised at AIIMS, New Delhi. Savita Luka presented a brief on CanSupport followed by an address on organisational contribution to colleges. We were also recognised for our contribution towards the clinical field of psycho-oncology as an organisation.







Harmala Gupta's article in Indian Express

The Indian Express featured Harmala Gupta's Opinion piece titled 'Dignity at the end' under 'Why India needs to invest in Palliative Care.' The articles stressed upon the need for inclusion of end-of-life care in the public healthcare system, especially with the rise in incidences of non-communicable diseases.



Scan to read the full article



TRAINING, EDUCATION & RESEARCH



CME & CNE Trainings organised at AIIMS, New Delhi

CanSupport held the 22nd Annual Palliative Care Continuing Medical Education (CME) and Continuing Nursing Education (CNE) at All India Institute of Medical Sciences (AIIMS), New Delhi in collaboration with Institute Rotary Cancer Hospital (IRCH), AIIMS.

The carefully designed modules were skillfully presented by the assigned experts and guests speakers. The sessions surely enhanced the knowledge and skills of the healthcare professionals who joined which included doctors, nurses, counsellors, and social workers.







CNE Workshop in Greater Noida



CanSupport conducted a 3-day Workshop on Palliative Care at GNIOT's Gopabandhu Institute of Medical Science and Research (GIMSAR), Greater Noida where 39 nursing students enhanced their knowledge and skills

MOU signed with IILM, Greater Noida



CanSupport has signed a Memorandum of Understanding (MOU) with IILM University, Greater Noida for facilitating further collaboration like hands-on-training and awareness programmes for students and other initiatives.

Introductory Workshops & Sessions organised

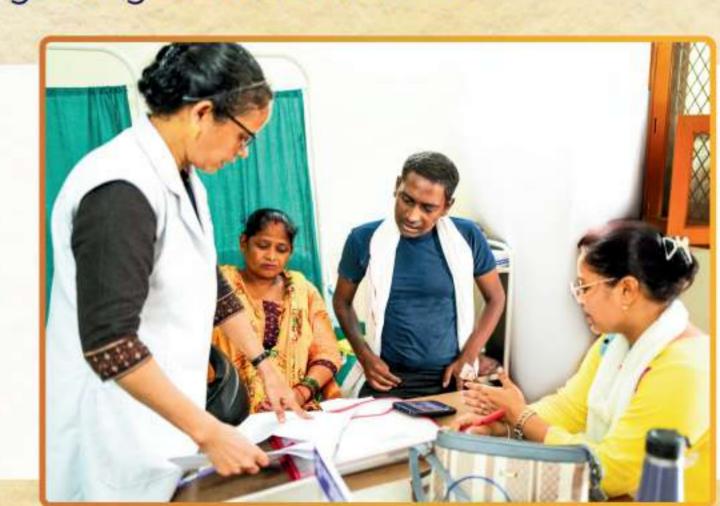


The team conducted introductory workshops on palliative care for around 55 students, and faculty members of Kailash College of Nursing, Greater Noida, and 45 staff nurses and doctors at Sri Balaji Action Cancer Hospital, Paschim Vihar, New Delhi. They all got to learn about the essential nature of end of life care for patients.

An awareness session was also organised for students at GL Bajaj Institute of Management (GLBIM), Greater Noida where Dr. Aditi Sharma shared crucial information regarding cancer awareness.

Hospital Based Counselling

CanSupport started Hospital Based Counselling in April last year at Delhi State Cancer Hospital (East Delhi). In the course of the year, we have expanded to six locations which are - Delhi State Cancer Hospital (West Delhi), ESI Hospital (Basaidarapur, North-West Delhi), Safdarjung Hospital (South Delhi), PGIMS (Rohtak, Haryana), and NCI-AIIMS (Jhajjar, Haryana). A total of 6,077 counselling sessions were taken which benefitted the patients and their wards.



CanSupport Helpline Numbers: 011- 41010539/ 9899011212, Monday to Saturday - 9 am to 6 pm Saath Saath National Palliative Care Helpline: 1800-202-7777. Monday to Saturday - 10 am to 6 pm



EMPLOYEE ENGAGEMENT ACTIVITIES



ZS Associates organises 'Toy for Joy' & attend Day Care

Employees from ZS Associates India Private Limited, Gurugram enthusiastically participated in making holiday season themed stuffed toys for the young patients as part of the 'Toy for Joy' activity. They all enjoyed the process of making the sweet snowmen and stockings that surely brought smiles upon the kids' faces. They attended a cancer awareness session and learned about work done by CanSupport in the field of palliative care as well.

They also joined and excitedly engaged with the attendees of a Day Care session to learn more about their experiences.









SCA Health's staff fulfill Christmas
Wishes of Young Ones

Adobe India hosts event for children







Young patients from our Day Care had shared their wishes on a 'Wish Tree', and the team at SCA Health (India), Noida came together to be their Santa Claus and sent the gifts which brought much joy to the attendees as they received them with beaming faces.







Adobe India organised their 'Project Smile Community League 2025' where some of our Day Care attendees got to participate in a variety of fun indoor and outdoor games with kids from other NGOs. They got to engage in stimulating activites and enjoyed themselves.

CANSUPPORT EMPLOYEE ENGAGEMENT PROGRAM

You can also get an activity organised for your employees/staff where they can participate in fun yet meaningful engagements with our employees or cancer patients in our care or we can hold a session for them.

For further details: Call 9818566052 or write to inst.relations@cansupport.org





DONOR FEATURE

GREAT EASTERN FOUNDATION (GEF)

CanSupport is deeply grateful to the Great Eastern Foundation (GEF) for their generous grant that supported our Free Palliative Telemedicine & Cancer Helpline Services from November 2024 to March 2025.

Thanks to GEF's contribution, we were able to continue offering free, accessible palliative care consultations and emotional support to patients and caregivers across India. During this five-month period, our trained doctors and helpline counselors responded to over 4,000 calls—helping individuals navigate the challenges of cancer with compassion, clarity, and care. The support included expert advice on pain and symptom management, as well as practical referrals to cancer-related services such as diagnostic centers, blood banks, hospices, support groups, and more.



The telemedicine service is a lifeline, especially for those residing in remote or underserved areas who cannot travel for medical assistance. It empowers families with timely information, helps patients cope with fear and uncertainty, and allows for informed decision-making during critical moments.

This partnership with GEF enabled CanSupport to continue bridging crucial service gaps in cancer care—reaching people when they felt most lost, afraid, or alone. It is through such meaningful collaborations that we are able to uphold our commitment to ensuring that no one faces cancer alone.

We thank the Great Eastern Foundation for believing in our mission and for standing beside us in our efforts to bring hope, comfort, and dignity to those affected by cancer.

BENEFACTOR FEATURE

"I first came across CanSupport three years ago in a newspaper article that highlighted their incredible work in the field of palliative care. Since then, through Automat Industries and the Automat Foundation, we have been proud CanSupporters.

What stood out to me about CanSupport was their unwavering commitment to providing free, compassionate care to individuals battling cancer—many of whom are in the most vulnerable stages of life. Having seen the profound impact of such illnesses not only on patients but also on their families and caregivers, I deeply value the role CanSupport plays in offering dignity, comfort, and hope when it is needed most. Supporting them is more than an act of charity; it is a reflection of our shared responsibility to care for one another. Their dedicated team brings both medical and emotional support to those who might otherwise face their struggles alone.

It is truly heartening to know that our contributions help empower them to continue this vital work. Every effort matters, and I am honoured to be associated with an organisation that brings light, relief, and compassion to so many lives."

Ruchi Jain - Director, Automat Industries Private Limited



Help Cancer Patients Receive Free Palliative Care

- 1 Home Care Patient's Monthly Nutrition ₹430
- 1 Patient's Monthly Symptomatic & Supportive Medicines ₹840
- 1 Patient's Monthly Pain Management Medicines ₹950
- 1 Patient's Monthly Rehabilitation with Prosthetics ₹1000
- 1 Home Care Visit ₹1,350
- 1 Patient's Monthly Ration (Food Supplies & Supplements) ₹2,000



Please Scan to make your contribution

For more information and CSR partnership: 9818566052 or write to inst.relations@cansupport.org

For Individual Donations:

9667718209 or write to rajni@cansupport.org



WE THANK OUR DONORS AND SUPPORTERS

GRANTS & DONATIONS RECEIVED FROM DECEMBER 2024 TO MARCH 2025

₹ 1,00,000 and above

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- Purushottam Maheshwari
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In-Kind Medicines, Equipment and Rehabilitation Materials

- Ankit Ashutosh Kaur
- Amar Fruits
- ATTICUS Foundation
- Avichal Jain
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- Bisleri
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- MCKS Food for Hungry Foundation Delhi
- Mohd Saroj
- Poonam Suri
- Rajesh Yadav
- Rajni Bafna
 Rotary Club of Delhi Regency Next
- Seema Lal Patna

Wish List

Requirements	Frequency	Quantity
Folding Umbrellas	URGENT	200
Thermos Flasks	URGENT	720
Electric Kettles	Annually	180
Balanced Meals for Patients	Weekly	₹120 per portion
Diet Namkeen/ Salted Peanuts	Monthly	480 packets
Sanitary Pads (Size: XL)	Monthly	100 packets
Adult Diapers (Sizes: L,XL)	Monthly	100 packets each
Kids' Diapers (Sizes: S,M,L)	Monthly	150 packets each
Livelihood Support for Rehabilitation (Pushcart, Sewing machine etc.) - 3 per month	Monthly	₹15,000 per patient

For any details: Rajni Bhatia 9667718209



GIFTING MADE PURPOSEFUL!

Sparkle Gift Cards (SGC)
has launched an exclusive
'Collaborative Gift Card'

For directly supporting us:

- Visit <u>sparklegiftcards.com/giftcards</u>
- Click on 'Collaborative Card'
- from the four options
- Lastly, select the first one for CanSupport, and that's all!

Scan & Assist CanSupport





VOLUNTEER WITH CANSUPPORT

Want to make a difference in the lives of those battling cancer by providing emotional support, companionship, and assistance to patients and their families? Then, the Volunteering Opportunities at CanSupport are for **you**!

Our dedicated volunteers form the backbone of our mission. Being one, you can support our day care team with the sessions or assist in organising awareness and fundraising events. You can also offer your skills in areas like content creation, administration, or creative projects.

If you have some spare time, please consider joining us. No special skill is required and everyone can contribute with a precious donation of their time for the cause.

Get in touch: Navdha Bharadwaj | navdha@cansupport.org | 9599558368





www.cansupport.org



