



CANSUPPORT

October - December 2025 | LXXIV

www.cansupport.org



From the CEO's Desk

Dear Friends,

As we walk into the new year, I would like to extend my wholehearted gratitude to everyone who contributed to moving our mission forward throughout 2025.

Our ability to provide free of charge palliative care to the most underserved is the direct result of your generosity. Your commitment strengthens every part of our organisation and allows us to continually improve the experience we provide.

Most importantly, I want to recognize our patients and their families for the trust they place in us during their most vulnerable moments and allow partnership in care. Concomitantly, I sincerely acknowledge our clinical and supportive care teams, operational staff, volunteers, and the Managing Committee for the heart, professionalism and care they bring every day.

Everyone deserves holistic, compassionate, and person-centered care when they are faced with their own or a loved one's serious illness. Unfortunately, too few receive it. I urge you to connect with our helpline to know more and find support.

This New Year, we renew our commitment to offering comfort, dignity, and compassion to those navigating serious illness. Our focus remains on ensuring peace, comfort, being truly heard and honoring life's meaningful moments.

On behalf of CanSupport, I wish you a wonderful start to 2026.

Sincerely,
Dr Ambika Rajvanshi

Mobile Clinics Launched with Optum

With the support of Optum Global Solutions India Pvt. Ltd., CanSupport proudly unveiled two new Mobile Palliative Care Clinics (MPCCs), marking a significant step towards expanding access to compassionate and holistic healthcare. These mobile clinics have further enabled our teams to reach a greater number of underserved cancer patients and their caregivers, extending essential palliative care services directly into the community. The mobile clinics have been deployed to support patients from ESIC, Basaidarapur and Lok Nayak Jaya Prakash (LNJP) Hospital with more hospitals to be added.



This collaboration combines Optum's resources with CanSupport's expertise to get comprehensive care to those who need it most. We are deeply grateful for the partnership and continued support in strengthening community-based care.



Cipla Foundation Partners Meet

The Cipla Foundation's 2nd Annual Partners Meet 2025 was held in Mumbai, bringing together 115 participants from over 35 organisations representing 38 cities across India.

Anchored around the theme "Empathy, Equity, and Excellence – Strengthening Palliative Care through Partnerships," the meet focused on advancing palliative care through shared learning and the exchange of best practices. Dr. Ambika Rajvanshi, CEO, attended the event along with Dr. Udit Joshi, Dr. Priya Singh (Pune), Birbal Mahato, and Rakesh Kumar (Shimla). Dr. Rajvanshi was a panellist in the session titled, "Taking Palliative Care beyond Cancer," where she highlighted the distinct approaches in the delivery of home-based care for patients with cancer and other serious illnesses, as well as the needs of their caregivers.



collaboration and co-learning among doctors, nurses, social workers, and program leaders, all united in the goal of strengthening a more inclusive and compassionate palliative care ecosystem.



PROGRAM HIGHLIGHTS

October - December 2025

Home Care

- Teams: **47**
- Home Visits: **16,394**
- New Patients Enrolled: **1,166**
- Concurrent Patients Under Care: **3,608**



Day Care

- Sessions held: **59**
- Patients attended to: **1,576**
- Caregivers attended to: **1,091**



Outpatient Clinics

- Teams: **10**
- New patients enrolled: **1,653**
- Patient visits: **8,803**



Resource Facilitation

- New patients enrolled: **1,512**
- Patients facilitated: **1,469**
- Funds mobilised for tests and treatments from Central and State Governments: **₹ 39.74 lakh**
- Resources mobilised in-kind for patients through various networks worth: **₹ 1.75 crore**



Telephone Helpline

- Information Calls Served: **1,751**
- Service Referrals Extended: **259**



HOME CARE SERVICES

Patients and families continue to receive compassionate care & guidance from the Home Care teams across 7 states in India.



PROGRAM HIGHLIGHTS

October - December 2025



DAY CARE



Book Launch by Bookaroo Club

Ramendra Kumar, an award-winning Indian author, released his book, 'Coping with Cancer' at one of the Day Care sessions. Although, he primarily writes fiction for children and young adults, the new book is a 'courageous exploration of the human psyche in the face of adversity' being a cancer survivor himself. It offers strategies for people who have been diagnosed with cancer, and their caregivers, on ways to cope.



Cultural Experience for the Attendees

Tanisa Foundation organised a special presentation by artist Smt. Silica Samal from 'Kathak ke Kareeb' to perform for patients and caregivers. The audience was mesmerised by her expressive movements and elegant storytelling, creating moments of joy, calm, and connection. The performance was warmly received, leaving everyone uplifted.



Engagement with School Students

Students from GD Goenka School, East Delhi, joined a session to interact meaningfully with patients and caregivers. They gained valuable insights into CanSupport's work, the services we provide, and the vital role palliative care plays in enhancing patient care and quality of life. The interaction fostered awareness and compassion among the youth.



Puppet Show Brings Smiles to our Young Patients

A delightful animal-themed puppet show was organised for our young patients. Accompanied by their caregivers, the kids thoroughly enjoyed the lively storytelling, laughter-filled moments, and interactive adventures of the colourful hand puppets. The activity created a cheerful atmosphere, giving everyone a joyful break filled with fun and imagination.

COMMUNITY OUTREACH (COR)

Introductory sessions for ASHA and Anganwadi workers were organised in Khed, Pune to enhance understanding of palliative care and CanSupport's services. Conducted at the Primary Health Centres in Amboli and Pait, the sessions also proved informative for Medical Officers, volunteers, and other healthcare staff, fostering greater awareness and collaboration in community-based care.

An awareness session was conducted for the staff of Carrefour Trading Asia Ltd. in Gurugram, where employees gained insights into the organisation's work, the incidence of cancer in India, and the importance of prevention and early awareness.

Continuing our commitment to the prevention of cervical cancer, CanSupport, in collaboration with Ircan International Limited, successfully conducted the second round of free of charge HPV vaccination for girls aged 9 to 14 years. This phase focused on administering the vaccine's second dose, completing the immunisation schedule. The camps were organised in partnership with the NGOs Chetnalaya and Samarpan Foundation, enabling smooth outreach and community participation. Through this collective effort, 134 girls received the vaccine, reinforcing the importance of early prevention and accessible healthcare for young adolescents.



Organise an Awareness Session and/or Cancer Screening Camp in your community!

Contact: navdha@cansupport.org | 9599558368

TRAINING, EDUCATION & RESEARCH

Training of Government Healthcare Personnel in Patiala

The follow-up phase of the training on 'Integration of Palliative Care into the Public Health System' was successfully completed through a combination of in-person and virtual training sessions led by Dr. Ravinder Mohan, Dr. Reena Sharma, Dr. Smita Taneja, Dr. Ishita Gandhi, Savita Luka, and Mausumi Bhansali. These interactive engagements helped reinforce key concepts and practical approaches for integrating palliative care services at Public and Community Health Centres, marking a significant step forward in strengthening accessible and compassionate care for the city.



CME organised at IGMCS, Shimla

A Continuing Medical Education (CME) program was held at Indira Gandhi Medical College & Hospital (IGMC), Shimla, with 124 participants including doctors, nurses, and students. The event featured Dr. Sudhir Sharma (AIMSS, Chamiana) and other distinguished speakers. From CanSupport, Dr. Sushant Thakur, nutritionist Deepti Bhardwaj, and Counsellor Renu Thakur delivered key sessions. Dr. Manish Gupta, Professor and Head, Department of Radiotherapy & Oncology, acknowledged the valuable support of CanSupport and Cipla Foundation in promoting palliative care.

Training for Nurses in Meerut

A Continuing Nursing Education (CNE) workshop was organised at Panna Dhai Maa Subharti College of Nursing by Dr. Smita Taneja, along with Savita Luka and Sajani Shrestha. The session was attended by 117 participants, including the Principal and other faculty members, and nursing students. The session provided an overview of key objectives with a focus on end-of-life care. Participants were introduced to the fundamentals of palliative care and essential nursing practices, highlighting the importance of compassionate, patient-centered care.



Participation in Nursing Faculty Development Program

Savita Luka attended a Faculty Development Program organised by the Indian Association of Palliative Care (IAPC) in Anand, Gujarat. The program aimed at sharpening the skills of the nursing faculty across India, together with inducting and training new members in delivering more effective lectures. It also focused on standardising the delivery of core IAPC nursing modules and strategising to ensure and maintain optimal quality. The sessions provided valuable insights into nursing education and designing and delivering impactful presentations.

Palliative Care Workshop at Gurugram University

An introductory workshop on Palliative Care was conducted at Shree Guru Gobind Singh Tricentenary (SGT) University, Gurugram for undergraduate dental and nursing students. The attendees were sensitised to the principles and approaches within dental practice through dedicated sessions taken by Dr. Ishita Gandhi, Dr. Aditi Sharma, Anamika Pandey, and Sister Miniamma John making it an informative interaction for future professionals.



MoU signed with Dr. Bhim Rao Ambedkar College

CanSupport has established collaboration with Dr. Bhim Rao Ambedkar College (University of Delhi), Yamuna Vihar by signing a Memorandum of Understanding (MoU) for the purposes of research, education, and spreading awareness about palliative care. CanSupport has partnered previously with the college as well for a joint research project to enable students and researchers to gain experience, and collaborative academic work which has resulted in publications such as a manuscript in the Indian Journal of Palliative Care.

EMPLOYEE ENGAGEMENT ACTIVITIES



Staff members at **Adobe Noida** came together with great enthusiasm for the “Toy for Joy” activity to make handmade soft toys for the young patients in our Day Care program. Everyone infused creativity, care and warmth into their creations, and the true reward was seeing the bright smiles on the children’s faces as they received these heartfelt gifts.

To commemorate 'Pink October', 15 female employees from **BorgWarner India Pvt. Ltd.** engaged in meaningful interactions with some of our breast cancer patients. They listened to their personal cancer journeys. The exchange fostered empathy, learning and connection, making it a truly heartwarming experience for all who were part of the session.

WHAT IS CANCER?

- Cancer is abnormal growth of cells
- In our body, cells die and are replaced by new cells all the time.
- The death of old cells and the birth of new cells is strictly regulated by certain processes
- When these regulating mechanisms fail, cells begin to multiply at a very high rate and produce tumors.

A virtual breast cancer awareness session was conducted for **Standard Chartered**, with over 180 participants from across India and South Asia. Led by Dr. Savera Ahmed, the interactive session fostered meaningful dialogue on early detection, prevention and wellbeing. The organisation expressed sincere appreciation for the initiative, highlighting it as an important step towards nurturing a more compassionate, informed and health-conscious workplace.



An awareness session followed by a comprehensive screening camp was organised at **Worxpertise**, Gurugram, in collaboration with Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC). The session sensitised employees to incidence of cancer, risk factors, warning signs and preventive measures. More than 120 staff members availed themselves of the free of charge tests, reinforcing employee wellbeing and early detection for better health outcomes.



Gaurav Agarwal from Tata Power, has continued with the series of customised skill and leadership development sessions for CanSupport’s program administration officers and staff as part of the **Tata ProEngage** engagement. The varied sessions, which have included actionable topics such as 'Team Building & Leadership' and 'Skill Development & Its Stages', have been highly motivating and have contributed to measurable improvements in participants’ personal effectiveness and professional capabilities. Through practical examples, structured guidelines and interactive discussions, participants gained a clear understanding of how to apply these concepts in their daily work, strengthening collaboration and leadership within the team. The enthusiastic response reflects the value of the initiative, with employees keenly looking forward to further learning opportunities in the series.



Staff members from **Barco Electronic Systems (P) Ltd.** and **Selan Exploration Technology Limited** joined sessions to learn more and interact with the attendees. They took part in the activities and experienced how the sessions benefit the patients and caregivers during treatment and recovery.

EMPLOYEE ENGAGEMENT PROGRAM

Get an activity organised for your employees/staff where they can participate in fun yet meaningful engagements with our employees or cancer patients in our care or we can hold a session for them.

For further details: Call 9818566052 or write to inst.relations@cansupport.org

OTHER HIGHLIGHTS

Charity Dinner in Delhi

To mark World Hospice and Palliative Care Day, one of the most significant global observances, CanSupport hosted a Charity Dinner to raise awareness and engagement around palliative care within the community. The event was held at the Civil Services Officers' Institute (CSOI), Chanakyapuri, and brought together supporters and well-wishers for an evening dedicated to the cause.

The event was supported by Hari Charan Halwasiya Charity Trust and Centre for Sight, with Redcliffe Labs as the Healthcare Associate. A special highlight of the evening was a photo exhibition featuring selections from 'Touching Lives' by Barbara Hind, capturing powerful moments from CanSupport's early years of service. A 'Souvenir' and a collection of impact stories titled, 'Winners of Life', were also released. The gathering provided a warm and meaningful platform for dialogue and solidarity, and was well received by the guests. We remain grateful for the generous contributions and continued support extended by all who attended.



'Remembrance Day' Gatherings

Remembrance Day gatherings were held for Delhi West Zone, Amritsar, and Bathinda which brought together family members and caregivers of patients who had been under CanSupport's care. In Delhi, the assembly was held at New Era Public School, Mayapuri, while the Amritsar meet took place at Bhavan's SL Public School, with a similar commemorative event hosted in Bathinda.

Across all three gatherings, families came together to honour and remember their loved ones through heartfelt stories, personal tributes, and shared memories. Many spoke movingly about their journeys, recalling moments spent together and reflecting on the support they received during difficult times. Several testimonies highlighted how CanSupport became an integral part of their families through the course of care, making each of these gatherings deeply emotional and meaningful. The events offered a shared space for remembrance, connection, and gratitude creating a touching and supportive environment for all who became part of the meetings.



Meeting with Punjab Health Minister

Dr. Ravinder Mohan and Dr. Harbans Singh Sran from the Patiala centre, met Punjab's Minister of Health & Family Welfare, Dr. Balbir Singh, to discuss strengthening palliative care services in the state. The Hon'ble Minister emphasised the government's commitment to ensuring quality and comprehensive healthcare for patients with serious and terminal illnesses. He stressed the need to develop a Standard Operating Procedure (SOP) for the smooth functioning of palliative care OPDs and home-based services so that patients receive timely and better care. He further directed that lists of patients needing home-based palliative care should be regularly shared with the care teams.



CanSupport at India International Trade Fair

CanSupport participated in the Health Pavilion at the India International Trade Fair (IITF) 2025 in collaboration with the National Programme for Palliative Care (NCPCC), Ministry of Health and Family Welfare at Pragati Maidan, New Delhi. The team focused on raising awareness about palliative care and CanSupport's services. Staff members engaged with visitors from diverse backgrounds, highlighting the role of palliative care in pain management and end-of-life support. Many visitors sought further information and expressed interest in staying connected and supporting the cause.



Memorandum Signed with IOCL

CanSupport signed a Memorandum of Agreement with Indian Oil Corporation Ltd. (IOCL) under its CSR initiative to support the continued expansion of our reach in Punjab and enhance community-based palliative care services. The partnership will help strengthen outreach and improve quality of life for patients and families in need across the region. The agreement was formally exchanged in Bathinda between CanSupport's Managing Committee Member, Mohini Daljeet Singh and Ashutosh Gupta, ED&SH, IOCL Punjab, who conveyed sincere gratitude for IOCL's support and their commitment.





DONOR FEATURE

CASIO INDIA CO., PVT. LTD.



CanSupport's collaboration with Casio under the Swasthya Shiksha Initiative has emerged as a meaningful partnership aimed at strengthening preventive health awareness among young people from socioeconomically disadvantaged communities. The initiative focuses on educating students in government schools across Delhi-NCR on cancer awareness, the importance of the HPV vaccine, and essential hygiene practices.

As part of this joint effort, a specially designed guide on staying healthy and cancer-free was developed and integrated into the programme, enabling structured and age-appropriate learning. Interactive sessions conducted under the initiative have ensured high student engagement and practical understanding of key health concepts.

To date, the programme has successfully reached 25 schools and benefited approximately 10,250 students, equipping them with vital knowledge that can support healthier life choices and early prevention. Schools covered under the initiative include MCD School, Sarai Kale Khan; Sarvodaya Kanya Vidyalaya, Bakhtawarpur (North West Delhi); Government Girls and Boys Senior Secondary School, Badarpur; PM SHRI Kendriya Vidyalaya, Sector 4, R.K. Puram; and Sarvodaya Kanya Vidyalaya, Chirag Delhi.

This impactful collaboration with Casio reflects the shared commitment of both organisations to expand access to preventive health education and empower young people with knowledge that can positively shape their futures.



VOLUNTEER FEATURE

Neeta Bhalla began her journey with CanSupport in 2018 after learning about the organisation through her house help. Deeply moved by the impact of the work being done, she reached out to contribute in any way she could. Neeta soon became actively involved in weekday sessions, working closely with women participants and creating handmade bags that helped raise funds for them and other patients and caregivers. Save for the break due to the pandemic, Neeta eagerly resumed her association and got back to supporting day care sessions. A committed advocate for volunteering, Neeta has also inspired others to join the cause, not only in day care activities but also for CanSupport's vital telephone helpline. Her dedication and enthusiasm continue to strengthen the spirit of service within the organisation.



Volunteer with CanSupport

Looking to make a meaningful difference in the lives of cancer patients and their families? Volunteer with CanSupport and offer emotional support, companionship, and practical assistance where it matters most. You can support day care sessions, help organise awareness and fundraising events, or contribute your skills in content creation, administration, and creative projects. No special skills are required — just your time, compassion, and willingness to help. If you have a few hours to spare, join us and be part of a cause that truly makes an impact.

Contact: Navdha Bharadwaj | navdha@cansupport.org | 9599558368

Words of Appreciation for Our Teams

"We wanted to express our heartfelt gratitude for the extraordinary care you continue to extend to my father, Mr. Shyam Ji Saxena, throughout his cancer journey. The warmth, patience, and respect with which you assist him speaks volumes about the values you stand for. May you all get further strength, joy, and the continued ability to touch many more lives as you have touched ours."

- For a Delhi Team from The Saxena Family

"The team was really supportive throughout my father's 6 months long battle with cancer. Dr. Monga advised us and initiated the visits along with the team. They visited regularly and provided not just professional medical support but also emotional and mental counselling. Your presence ensured that he remained comfortable till his passing for which we will forever be grateful."

- For Bathinda Team from Sharon Kansal

"Words can't express how much CanSupport means to our family! The way the team took care of my dad during his fight with cancer is unbelievable. Really very thankful to the doctors for their most sincere and selfless efforts to make him feel better. You guys are amazing."

- For a Delhi team from Ajay Wadhwa, a caregiver

"I would like to express my deepest thanks to the team for their care, compassion, and presence through the most difficult chapters of our lives. My heart is filled with a lot of respect and gratitude towards them as they helped us in taking care of my mother in her last days. The guidance, patience, and constant support from the team means more than words can say. They not only cared for my mother with dedication but also extended comfort and understanding to me as a caregiver too."

- For Warje Team from Jennifer Morais, Daughter of Carmeline Morais

CanSupport Helpline Numbers: 011- 41010539 / 9899011212, Monday to Saturday - 9 am to 6 pm
Saath Saath National Palliative Care Helpline : 1800-202-7777. Monday to Saturday - 10 am to 6 pm

WE THANK OUR DONORS AND SUPPORTERS

GRANTS & DONATIONS RECEIVED FROM OCTOBER TO DECEMBER 2025

₹ 1,00,000 and above

- Alkem Foundation
- Barco Electronic Systems Pvt Ltd
- Casio India Co Pvt Ltd
- Cipla Foundation
- Formula Corporate Solutions India Pvt Ltd
- G4S Secure Solutions (India) Pvt Ltd
- Great Eastern Foundation
- HT Parekh Foundation
- Jeannie Mulford
- Kotak Mahindra Bank Ltd
- Malini Saran
- Nissin ABC Logistics Pvt Ltd
- Optum Global Solutions (India) Pvt Ltd
- Prerna School of Inspiration
- QH Talbros Pvt Ltd
- Rajeev Kumar
- Rajiv Chopra
- SCA Ecode Solutions Pvt Ltd
- Dixon Technologies India Ltd
- Suri Seva Foundation
- Swarn Vohra Memorial Foundation
- UK Online Giving Foundation
- Vaha Foundation
- Volkart Foundation Indian Trust
- Waters India Pvt Ltd

₹ 50,000 to ₹ 99,999

- Anupama Sharma
- Bhai Sahib Ditta Mal & Sons Charitable Trust
- Harinder Kaur Charitable Trust
- Indians for Collective Action
- Kakade Swarup
- Krishna Kathuria
- Mann Educational Society
- Metta Foundation
- Mridul Saxena
- Rakesh Sharma
- Saroj Kapoor
- Shanta Bhalla
- Sudha Tewari
- Vijay Kumar Gupta

In-Kind Medicines, Equipment and Rehabilitation Materials

- MCKS Food for Hungry Foundation Delhi
- Bina Aggarwal
- Neeraj
- Selan Exploration Technology Ltd
- Shree Chaturbhuj Foundation
- Sneha Gandhi
- The British School

Wish List

Requirements	Frequency	Quantity
Adult Diapers (Sizes: L,XL,XXL)	Monthly	200 packets each
Kids' Diapers (Sizes: S,M,L)	Monthly	100 packets each
Sattu (1/2 kg each)	Quarterly	400 packets
Dry Fruits (Almond, Cashewnut, Walnut - 100 gms each)	Quarterly	100 packets

For details: **Rajni Bhatia 9667718209**



**GIFTING
MADE
PURPOSEFUL!**

Sparkle Gift Cards (SGC) has launched an exclusive 'Collaborative Gift Card'

For directly supporting us:

- Visit sparklegiftcards.com/giftcards
- Click on 'Collaborative Card' from the four options, and
- Select CanSupport!

Scan & Assist
CanSupport



Special Thanks!

Mr. Atul Gandhi and Dr. Ankur Puri have been steadfast supporters of CanSupport from overseas, consistently championing the organisation's mission over the years. Through dedicated fundraising initiatives and proactive outreach within their personal and professional networks, they have not only mobilised vital financial support but also helped in spreading awareness about the importance of palliative care.

Their efforts have helped extend CanSupport's reach, enabling more patients and families to access compassionate, holistic care during some of the most challenging moments of their lives. By actively engaging their communities and advocating for the cause beyond borders, Mr. Gandhi and Dr. Puri continue to play a meaningful role in strengthening CanSupport's impact and advancing the vision of accessible palliative care for all who need it and we are grateful to them for their steadfast trust.

Livelihood Support

A cancer diagnosis can suddenly take away a patient's ability to work - and with it, their family's only source of income. For many of the people CanSupport serves, this means losing not just financial stability, but also independence and dignity. With your support, we can continue to help patients procure pushcarts and sewing machines which enable them to restart small livelihoods and get enabled to earn for their families again.

A modest intervention can make a life-changing difference: restoring self-reliance, reducing dependency, and giving patients the pride of supporting themselves even during treatment. Let us bring self-sufficiency and hope to someone in need!



Scan the code to learn more about how you can help or contact Navdha +91 9599558368 navdha@cansupport.org