



CANSUPPORT

April - June 2026 | LXXVI

www.cansupport.org



From the CEO's Desk

Dear Friends,

Time has flown as we wrap up the first quarter of the fiscal year!

These past three months have been filled with meaningful conversations and care steeped in compassion — all made possible by the remarkable community at CanSupport.

In this edition of our newsletter, you will find highlights of the key milestones we've reached together. We understand that no two care journeys are the same. That is why our focus remains on creating individualized care plans tailored to each person's unique needs and goals. Whether it is managing pain, coordinating nursing care, or simply offering a reassuring presence, our teams work tirelessly to ensure that dignity remains at the heart of every moment.

In the coming months, we will continue to learn, grow and expand our impact as we choose more projects of purpose — guided by partners and well-wishers like you who share our passion for this mission.

Warmly,
Dr. Ambika Rajvanshi

Developments across States

Over the last quarter, further progress has been made in Haryana, Punjab, and Maharashtra.

With support from Alkem Foundation, the centre in **Jind** was inaugurated. Dr. Ramesh Panchal, Deputy Civil Surgeon, Government of Haryana, attended the inauguration as the Chief Guest and expressed his appreciation of the effort.

In **Patiala**, a new Outpatient Clinic has been started at Mata Kaushalya Government Hospital and it has already started serving the patients in need of urgent palliative care. Dr. Harbans Singh Sran has been proactively engaged with the hospital's oncologist to manage the referrals.

Dr. Sran also accompanied Dr. Ravinder Mohan and Savita Luka from Delhi team to meet with Punjab Health Minister, Dr. Balbir Singh. The Principal Health Secretary, Director of Health Services, Civil Surgeon from Patiala, and other officials from health ministry were also present for the presentation. During the meeting, it was emphasised that the services should reach as many as possible with focus on training strategies.

In **Pune**, an MoU was signed with Gramin Rugnalaya, Jejuri in Purandar, following which the Outpatient Clinic was inaugurated. As the Bhor & Purandar team continually strive to serve the community through encouraging new enrolments and increasing registrations, the facility has become instrumental in extending compassionate care to patients in need. By addressing their pain and symptoms, and providing emotional and psychological support to their caregivers and families, the team is making a difference in the region. Regular activities such as an awareness session at Purandar Panchayat Samiti and regular follow-ups have been making a positive impact for those who require urgent care.



Jind



Patiala



Meeting with Punjab Health Minister



MoU signed with Gramin Rugnalaya



Inauguration of Jejuri OPC



Jejuri OPC in operation



PROGRAM HIGHLIGHTS

April - June 2026



Home Care

- Teams: **48**
- Home Visits: **17,621**
- New Patients Enrolled: **1,397**
- Concurrent Patients: **3,963**



Resource Facilitation

- Patients Facilitated: **1,620**
- Funds mobilised for tests and treatments from Central & State Governments: **₹ 43.67 lakh**
- Resources mobilised in-kind for patients through various networks worth: **₹ 39.27 lakh**



Day Care

- Sessions Held: **76**
- Patients Attended to: **2,315**
- Caregivers Attended to: **1,422**



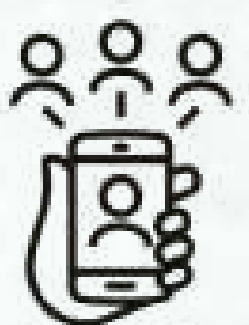
Outpatient Clinics

- Teams: **10**
- New Patients Enrolled: **1,649**
- Patient Visits: **8,711**



Hospital Based Counselling

- Number of Hospitals: **5**
- Patients Counselling: **3,245**



Telephone Helpline

- Information Calls Served: **1,991**
- Service Referrals Extended: **389**

HOME CARE SERVICES

Patients and families continue to receive compassionate care & guidance from the Home Care teams across 7 states in India.



For any assistance or to refer someone who requires support, , please contact:
011-4101 0539 / 98990 11212, Monday to Saturday - 9 am to 6 pm

PROGRAM HIGHLIGHTS

April - June 2026



DAY CARE



Delhi South Area Centre

The Centre hosted a variety of engaging and supportive activities for patients and the caregivers.

Laughter Therapy and light stress-relief sessions helped participants relax, connect, and boost their mental and emotional health. Interactive music and movement sessions led by Dr. Abhiruchi Tuli and Shilpa Dance Studio provided energetic, stress-free entertainment.

Tanisa Foundation brought joy to young attendees with balloon animals, and doodle pads, while Aseem's Library and Bookaroo hosted engaging sessions on art, craft, and storytelling.

To protect vulnerable patients and caregivers traveling to and from hospitals during summer heatwaves and monsoon downpours, practical essentials, including umbrellas and comfortable slippers were distributed.



Delhi North Area Centre

The Centre in Rohini also provided essential support and engaging experiences for patients and caregivers.

Attendees found creative relief, comfort and social connection in form of peer support by engaging in stimulating activities with others sharing similar journeys.

Participants maintained their physical well-being through light exercises and proper nutrition ensuring health and wellness. Umbrellas, generously donated by a supporter, were distributed to offer respite in the hot months as well.

Delhi East Area Centre

The Centre offered a holistic blend of physical, emotional, and social support for the patients and caregivers throughout the month with varied sessions.

The ICANDOIT Theatre Group and dedicated volunteers kept participants active and stress-free through laughter therapy, fun games, and other engaging activities.

Beyond receiving refreshments and enjoying activities, participants built meaningful connections with volunteers, gaining practical advice, heartfelt encouragement, and renewed strength to navigate their care journeys.

Attendees received guidance on gentle exercises and targeted movements to relieve ongoing treatment side effects such as stiffness and pain while building a strong foundation for smoother long-term recovery.



Jamshedpur Centre

Since its launch in February this year, Jamshedpur Day Care has quickly become a vital haven for patients and caregivers from local settlements and nearby hospitals.

The community continues to expand as attendees form meaningful, supportive connections with one another. Each session offers a range of uplifting experiences, from creative, joy-sparking workshops and stress-relieving activities to nourishing refreshments. Together, these thoughtful efforts provide participants with essential comfort, physical relief, and a welcome chance to breathe a little easier.

If you, or someone you know, would like to participate in, volunteer, or support the day care sessions, please contact:
kiranger@cansupport.org | 99103 75965

COMMUNITY OUTREACH (COR)

Activities from Delhi-NCR

The teams actively worked with community workers across multiple regions to strengthen outreach, spread information about cancer, and palliative care awareness.

In Haryana's **Sonipat** district, an impactful session for around 50 ASHA workers was conducted. Given their pivotal role in community healthcare, they were equipped with vital knowledge on early cancer detection, symptom recognition, and CanSupport's free of charge palliative care services to help connect local patients with support.

In **Jind**, the team interacted with workers at the Kinana Primary Health Sub Center and met with the block-level coordinator to share information about regional services and build referral networks.

One of the **Delhi** teams held a cancer awareness session at Vriddha Mitra, an initiative of Society of Community Health Oriented Operational Links (SCHOOL), focused on an age-friendly ecosystem for the elderly. Around 25 attendees, including center staff, gained vital cancer awareness and pledged to share CanSupport's work within their network.

Activities from Pune

The Pune teams further expanded community outreach and strengthened institutional ties.

An interactive session was held for medical officers, nurses, and staff at the Sub-District Hospital in Bhore, highlighting the importance of palliative care and the free-of-charge services we offer for patients in need.

Introductory workshops were held across Bhore Zila Parishad, Dehugaon, Jejuri, and Saswad on the importance of palliative care. Additionally, the team collaborated with the Bajaj Finserv & IHMP health initiative in Pune and Pimpri-Chinchwad, training their ASHA workers and receiving patient referrals for underserved communities.

The teams also connected with Primary Health Centres in Loni Kalbhor, Manjari Khurd, and Dehugaon, local bodies in Bhore, and the Rural Hospital in Alandi. Outreach efforts also extended to organizations, including Apna Ghar Ashram in Hinjawadi, Bajaj Finserv's mobile clinic, and Chaitanya NGO in Khed.



Sonipat



Jind



Bhore



Dehugaon



Delhi



Delhi



Khed



Alandi

To Organise an Awareness Session and/or Cancer Screening Camp in your community, please contact:
navdha@cansupport.org | 95995 58368

Words of Appreciation for Our Teams

"We are very grateful to Dr. Pallavi and Ashwini for visiting my mother-in-law at our home. They were very professional, polite and kind towards her, and gave excellent advice and support to us. We cannot thank you enough for all the help."

- Ravi Ghooi (Pune)

"A special thanks to Sister Raji, Abhilasha, Sister Ramya, Dr. Kirthana, Dr. Ishita Gandhi, and, last but not the least, Dr. Reena Sharma. Thank you to the Team for being a call away when we needed you."

- Rajni, Rajinder & Family (Gurugram)

"Excellent service rendered by CanSupport! I would like to thank you for the support given to my bedridden mother. The staff, especially Dr. Rakesh's behaviour, was very calm and cooperative. The nurse and counsellor were nice as well. Keep this up!"

- V A Bedi (Hisar)

"मैं कंचन पांडे जी के प्रति अपना हार्दिक धन्यवाद व्यक्त करना चाहता हूँ। उन्होंने न केवल अपने कार्य के प्रति पूरी जिम्मेदारी दिखाई, बल्कि मेरे और मेरे पेशेंट की हर संभव सहायता भी की। उनका व्यवहार बेहद विनम्र, सहयोगपूर्ण और संवेदनशील रहा। कठिन समय में उन्होंने जिस प्रकार से हमारा मार्गदर्शन और सहयोग किया, वह वास्तव में सराहनीय है। ऐसे कर्मचारी किसी भी संस्था की सबसे बड़ी ताकत होते हैं। उनकी मेहनत, समर्पण और सकारात्मक सोच ने हम पर बहुत अच्छा प्रभाव छोड़ा है। मैं दिल से कंचन पांडे जी का धन्यवाद करता हूँ और आशा करता हूँ कि उन्हें उनके उत्कृष्ट कार्य के लिए उचित सम्मान और प्रशंसा अवश्य मिलेगी।"

- प्रवीण शुक्ला

"Thanks to Dr. Rashi for everything she did for us. The support from her, as well as the Delhi West Area team, helped us immensely without which we would have kept struggling and running from pillar to post. Whenever we needed guidance and assistance, they were there. We are truly grateful for the kindness and compassion you showed us and for standing by us during the difficult time."

- From a patient's caregiver (Delhi)

TRAINING, EDUCATION & RESEARCH

ELNEC Training held in Shimla

A comprehensive two-day End-of-Life Nursing Education Consortium (ELNEC) Training Programme was organised at the Tertiary Care Cancer Centre (TCCC) at IGMC Shimla, with support from Cipla Foundation, for its Nursing Officers. The event commenced with a welcome address by Dr. Manish Gupta (HOD, TCCC) and was inaugurated by Chief Guests Dr. Sita Thakur (Principal, IGMC) and Neeraj Kumar Gupta (Additional Director, H.A.S.). Distinguished guests, including Hanife MacGamwell (Honorary Head and Instructor for ELNEC USA in India), were felicitated. Expert trainers from AIIMS Jodhpur and AIIMS Delhi led interactive sessions for around 175 enthusiastic nursing officers. Participants gained vital practical insights in key areas of palliative care, such as symptom management, compassionate communication, ethical decision-making, and grief counseling, empowering them to enhance end-of-life patient support.



Trainings in Bathinda

Dr. Ravinder Mohan, Savita Luka, and Pallika Choudhary led the Bathinda follow-up theoretical and virtual training. Using an interactive blend of lectures, storytelling, role-plays, and real-life scenarios, the team focused on crucial skills like breaking bad news and emotional management, keeping participants energized throughout for expanding their knowledge base.

The team also hosted an introductory half-day workshop at G.N.M. Training School, reaching around 200 ANM (Auxiliary Nurse Midwifery), GNM (General Nursing and Midwifery), and B.Sc. Nursing students, and faculty members. For many students, this served as an introduction to palliative care, sparking enthusiastic discussions and a strong eagerness to learn more.



CNE Trainings in Delhi-NCR

The training team organised two-day Continuing Nursing Education (CNE) workshops on palliative care. Sessions were hosted at SGT University in Gurugram (attracting 180 B.Sc. students and faculty) and the College of Nursing at Kasturba Hospital, Delhi (with 86 attendees).

Led by experts including Dr. Ravinder Mohan, Dr. Savera Ahmed, Savita Luka, Mausumi Bhansali, Sajani Shreshtha, and Physiotherapist Mohd. Kashif, both workshops engaged participants in vital topics and sparked strong interest in future opportunities.



Research Milestone in Palliative Care

The Global Public Health journal (PLOS) has published the paper on the psychometric evaluation of the Hindi Integrated Palliative Outcome Scale (IPOS) accomplished through contributions from Dr. Tushti Bhardwaj, Rachel L. Chambers, Harry Watson, Irene J. Higginson, Mevhike B. Hocaoglu from King's College London and Dr. Ambika Rajvanshi and Dr. Reena Sharma from CanSupport. The study, conducted with 240 adults receiving home-based palliative care through CanSupport, validates the Hindi IPOS as a reliable, person-centered tool to assess physical, emotional, and care-related concerns in resource-limited settings. This publication marks a significant contribution to palliative care research, and we look forward to continued collaboration in advancing the field.



Strengthening Partnerships in Psychosocial Neuropalliative Care

CanSupport formalised two significant partnerships to enhance its psychosocial and palliative care services to strengthen our commitment to holistic, compassionate care for patients and their families. An MoU with Connecting Trust will support the delivery of emotional wellbeing initiatives, including awareness sessions and training facilitators in Mindfulness-Based Active Listening (MBAL). The collaboration will also ensure access to a Distress Helpline for individuals needing immediate emotional support. Additionally, CanSupport has partnered with the Institute of Human Behaviour and Allied Sciences (IHBAS), Shahdara, a leading tertiary care institute in mental health and related sciences. Under this agreement, CanSupport will extend home-based palliative care services to their bedridden patients.



For any queries regarding training and research, please contact:
savita.luka@cansupport.org | 98184 47782

EMPLOYEE ENGAGEMENT ACTIVITIES



Sentiss Foundation at Day Care

Dr. Ajay Dangi and psychology students from IILM University, Greater Noida, led an inspiring 'Mindfulness' session at our Day Care gathering. As part of their academic intervention program, the visitors actively interacted with patients and caregivers, building meaningful connections while learning firsthand about CanSupport's work.



Blood Donation Drive by ZS Associates

In a noble initiative aimed at supporting community healthcare, ZS Associates organized successful blood donation camps across its Noida and Gurugram premises. Demonstrating strong corporate social responsibility, enthusiastic staff members donated vital blood, while medical personnel maintained strict safety protocols throughout the event.



Session by IILM University

Dr. Ajay Dangi and psychology students from IILM University, Greater Noida, led an inspiring session on 'Mindfulness.'

EMPLOYEE ENGAGEMENT PROGRAM

Get meaningful activities organised for your employees/staff where they can engage with our employees or patients in our care. CanSupport can also hold sessions for them on cancer awareness and other vital topics.



Scan to Learn More

OTHER HIGHLIGHTS

Participation in Optum Meet

Optum hosted a dynamic Social Responsibility Meet at its Gurugram office to celebrate the transformative power of collaborative partnerships. The session served as a key platform for the partners supported by Optum, including CanSupport, to showcase their work and the tangible results of the ongoing alliances. Representing CanSupport, Dr. Ambika Rajvanshi, Dr. Udit Joshi, Dr. Jyoti Jethwani, and Birbal Mahato met with Optum CEO Patrick Conway and senior executives to present our palliative care field operations and demonstrate how our joint efforts are benefitting lives in the community. Markedly, Dr. Rajvanshi inaugurated the 'CSR Wall' at the event as a permanent symbol of our unified commitment to social good.

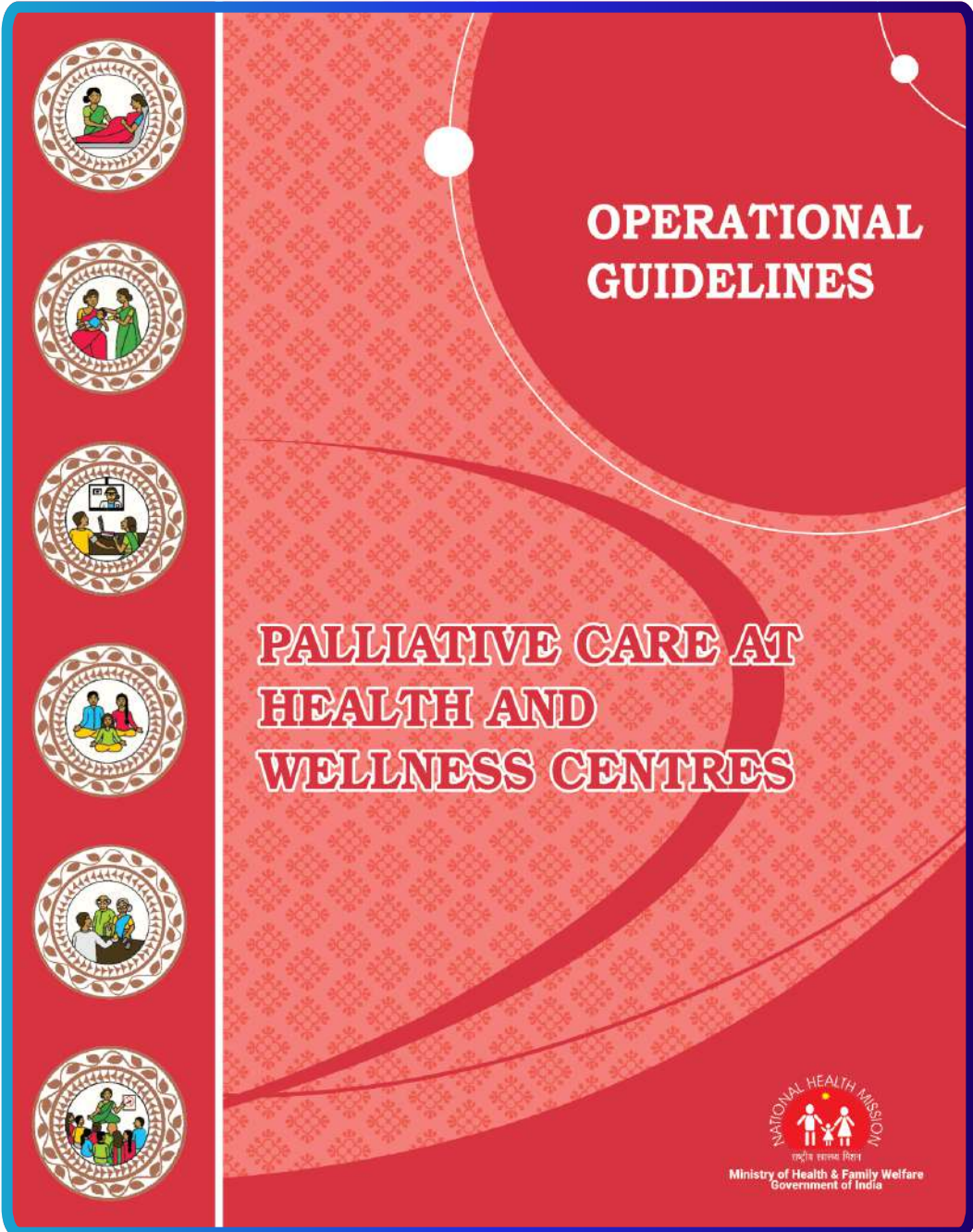


Contribution to a Government Publication

The Ministry of Health & Family Welfare (MoHFW), Government of India, has officially published the Operational Guidelines for Palliative Care at Health and Wellness Centres (HWCs). This key publication provides a comprehensive framework to seamlessly integrate palliative care into primary healthcare services across the country as part of the Ayushman Bharat program. The initiative aims to make compassionate, quality, and specialized care accessible at the community level for patients facing life-limiting illnesses. Harmala Gupta and Dr. Ravinder Mohan contributed significantly to this milestone as part of the expert group, helping shape the policies and strategies that will drive palliative care delivery at the grassroots.

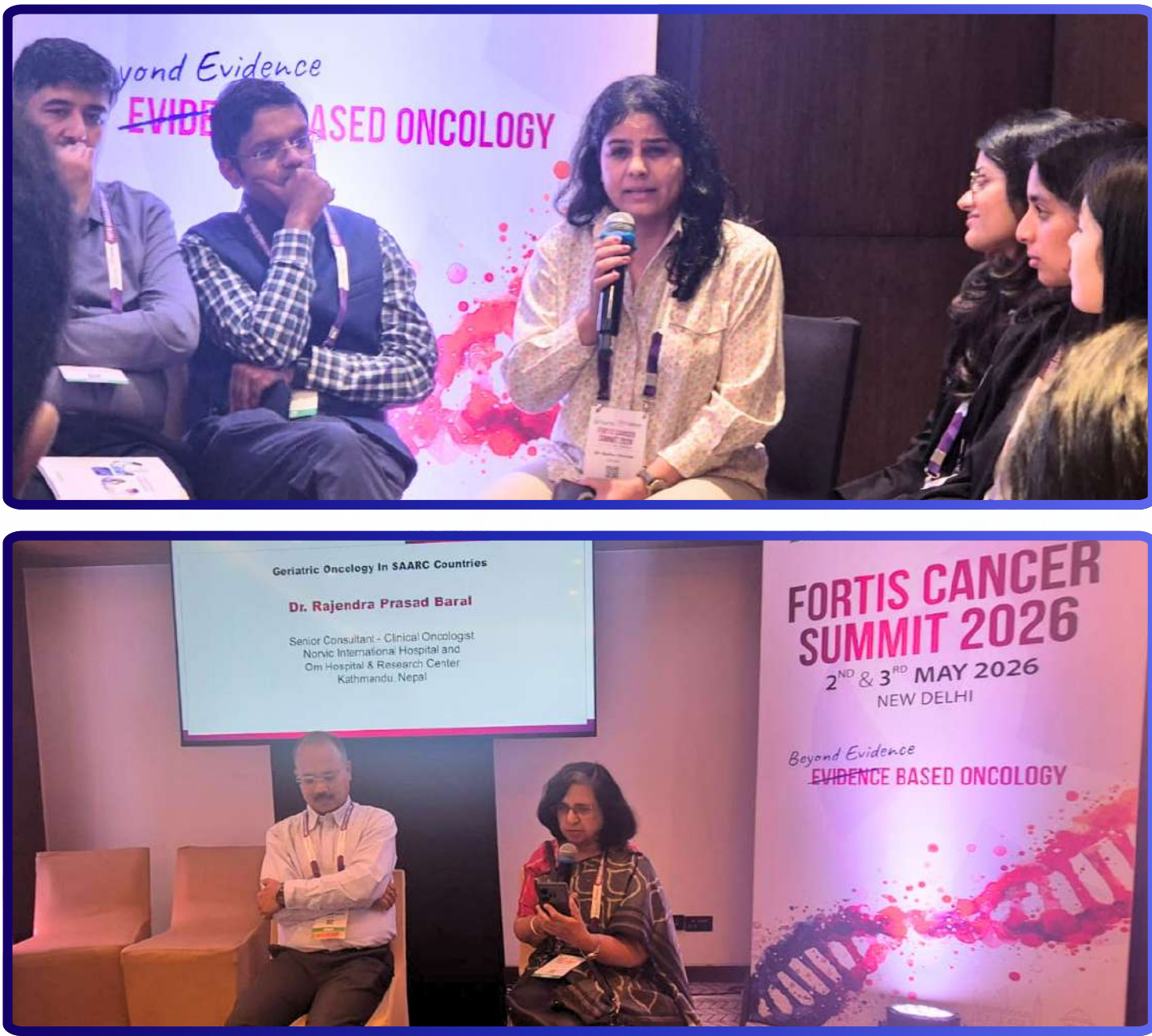


Scan to read or download the manual



CanSupport at Fortis Cancer Summit

Dr. Reena Sharma and Keshav Sharma represented CanSupport at the 2nd Fortis Cancer Summit in New Delhi, themed 'Beyond Evidence-Based Oncology.' The event brought together leading national and international oncology experts to foster collaborative learning and multidisciplinary dialogue. Keshav Sharma served as a speaker and panelist for the discussion, "Does early integration of Palliative Care improve survivorship outcome?", highlighting how early palliative support enhances symptom management, emotional well-being, caregiver support, and overall quality of life. Dr. Reena Sharma chaired a session on Geriatric Oncology delivered by Dr. Rajendra Prasad Baral. Overall, the summit provided valuable networking opportunities with industry leaders while reinforcing the essential role of psycho-oncology and palliative care within holistic cancer treatment.



Participation in Patient First Summit in Hyderabad

CanSupport participated as a Supporting Partner at the 5th Patient First Summit & 3rd Smart Hospitals Summit organized by the Integrated Health & Wellbeing (IHW) Council in Hyderabad, which brought together policymakers, healthcare leaders, patient advocacy organisations, clinicians, and industry experts from Apollo Hospitals, Thyrocare, Niramai, Jhpiego, Boehringer Ingelheim and otehr notable organizations. Dr. Udit Joshi co-led the session, "Voices That Matter: Patient Expectations from Bladder Cancer Treatment" alongside Dr. Nikhil Ghadyalpatil (Apollo Health City), advocating for quality of life, patient autonomy, caregiver support, and early palliative care. The event featured the launch of 'Amplifying Patient Voices in Metastatic Bladder Cancer,' a white paper highlighting challenges such as diagnostic delays, caregiver stress, fragmented care pathways, and financial toxicity, whilst providing actionable policy recommendations.



Inauguration of Geriatric & Palliative Care Ward in Meerut

CanSupport participated in the inauguration of the new 'Geriatric and Palliative Care Ward' at Military Hospital (MH) Meerut. Envisioned by Maj. Gen. Sumit Rana (GOC, West UP Sub Area) and Brig. (Dr.) Vikram Patra (Commandant, MH Meerut), the ward aims to serve as as a safe haven for the elderly and a centre of excellence in line with international standards. With distinguished military guests, the program also featured a special panel discussion and an advanced training session.



VOLUNTEER FEATURE



I am Anju Abbott and I started my journey with CanSupport as a volunteer at the East Delhi centre. Being associated with CanSupport has been a deeply meaningful and enriching journey for me. Supporting patients and their families, even in small ways, has taught me the true value of compassion, empathy, and human connection. Although I have been living in Bangalore for the past few years, distance has never diminished my commitment to the Day Care programme. In fact, this work has never felt like a responsibility or a burden. I feel grateful to contribute alongside such dedicated volunteers and staff, and the courage and resilience of our patients continue to inspire me every day.



Volunteer with CanSupport

Volunteer with CanSupport and offer emotional support, companionship, and practical assistance where it matters most. You can support day care sessions, help organise awareness and fundraising events, or contribute your skills in administration, and creative projects. No special skills are required - just your time, compassion, willingness to help, and a few hours to spare. So, join us and make a meaningful difference in the lives of cancer patients & their families.

Contact: Navdha Bharadwaj | navdha@cansupport.org | 95995 58368

Be a part of our mission.
Make a difference.

Explore our open roles and connect with us for meaningful career opportunities.



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WE THANK OUR DONORS AND SUPPORTERS

GRANTS & DONATIONS RECEIVED FROM APRIL TO JUNE 2026

₹ 1,00,000 and above

- Alkem Foundation
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- Astrazeneca Pharma India Ltd
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- Blue Whale Advisory Services Pvt Ltd
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₹ 50,000 to ₹ 99,999

- Anju Gupta Memorial Trust
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In-Kind Medicines, Equipment and Rehabilitation Materials

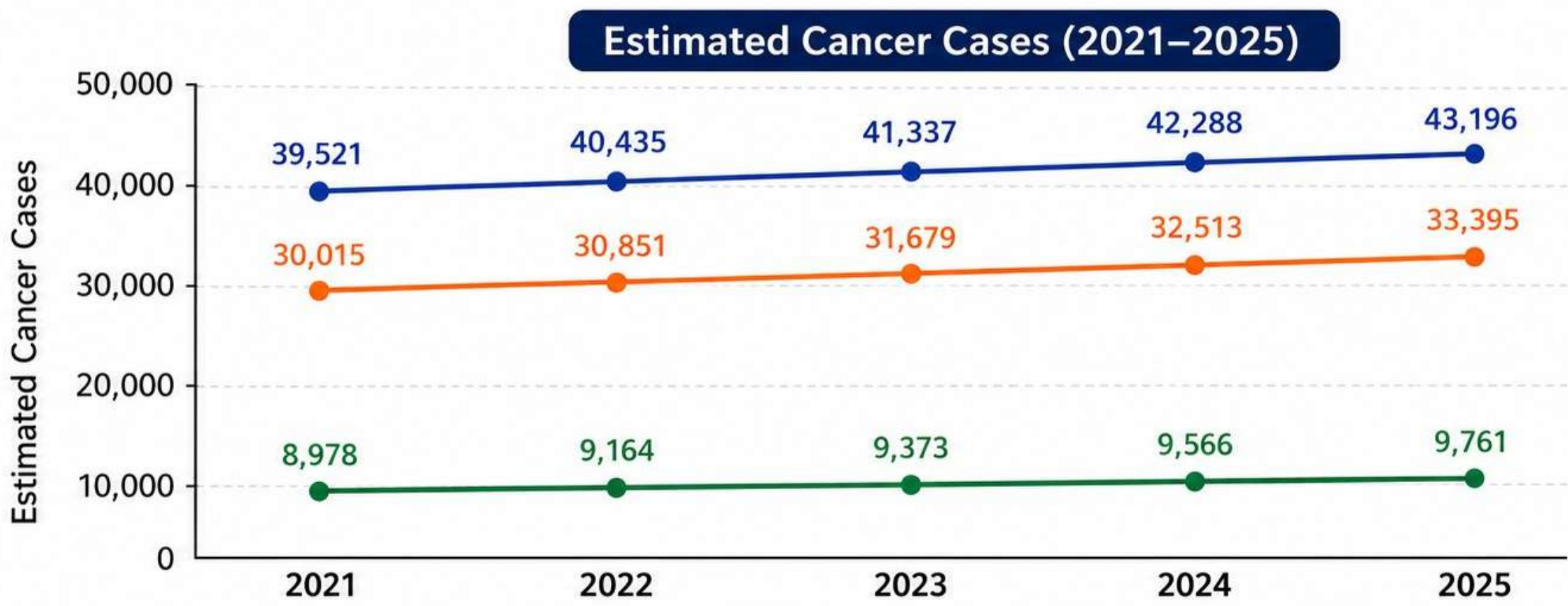
- Atticus Foundation
- InnerWheel Club of Delhi Midwest
- Innerwheel Club of Delhi south
- MCKS Food for Hungry Foundation Delhi
- Rajni Bafna
- Rajni Bhagat Arora
- Rotary Club of Delhi Khubsurat
- Suresh Chandar
- Vandana Singal

Wish List

Requirements	Frequency	Quantity
Thermal Flasks	URGENT	200
Transparent Water Bottles	URGENT	200
Dry Fruits (250 gms each)	Monthly	20 packets
Children's Books (Hindi)	Monthly	40
Magazines (Hindi)	Monthly	40
Colouring Books	Monthly	40
Crayon Sets	Monthly	40
Spoons	Annually	100
Forks	Annually	100
Bowls	Annually	100
Sectioned Plates	Annually	100
Trays	Annually	20
Crockery Sets	Annually	100
Water Glass Sets	Annually	100
Hand Towels	Annually	150

For any further details, please contact: **Rajni Bhatia 96677 18209**

Estimated cancer cases in North India rise nearly 10% over 5 years; Haryana sees sharpest spike



Punjab

39,521 → 43,196
+3,675 | +9.3%



Haryana

30,015 → 33,395
+3,380 | +11.3%



Himachal Pradesh

8,978 → 9,761
+783 | +8.7%



Haryana recorded the highest increase over 5 years, with a rise of 11.3%, followed by Punjab (9.3%) and Himachal Pradesh (8.7%).

Source: ET TNN



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Sparkle Gift Cards (SGC) has launched an exclusive 'Collaborative Gift Card'

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- Visit sparklegiftcards.com/giftcards
- Click on 'Collaborative Card' from the four options, and
- Select CanSupport!

Scan & Assist
CanSupport



Livelihood Support

A cancer diagnosis can suddenly take away a patient's ability to work - and with it, their family's only source of income. For many of the people CanSupport serves, this means losing not just financial stability, but also independence and dignity. With your support, we can continue to help patients procure pushcarts and sewing machines which enable them to restart small livelihoods and get enabled to earn for their families again.

A modest intervention can make a life-changing difference: restoring self-reliance, reducing dependency, and giving patients the pride of supporting themselves even during treatment. Let us bring self-sufficiency and hope to someone in need!

Scan the code to learn more about how you can help or contact
Navdha +91 95995 58368 navdha@cansupport.org



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